

# PROPOSALS

## Proposal 1: Organizing Open-Mic Sessions at the counselling center

### Objective :

There is usually a stigmatic mindset among the students about the counselling centre. To remove that stigma and make the place cheerful, an Open-Mic Session will be organized monthly on a Saturday. This is because the counselling centre remains closed on that day.

### Purpose :

Each session will be addressing a separate mental health issue. At these events, the participating students will spend time within the counselling centre which will make them comfortable with the area. The different events, on the other hand, will remove their misconceptions about the counselling centre.

### Plan of Action :

- Firstly, according to the schedule of that month, a particular Saturday will be fixed to organize the Open-Mic Session.
- Then a form will be circulated among the students which will basically help to know who is willing to perform.
- According to the responses, a schedule will be prepared for the different events and will be released timely.
- After that, according to the permission and capacity of the counselling centre, the logistics (chairs, mics etc) will be arranged that will be needed for Saturday Night.
- The different events will include jamming sessions, open mic events, elocution etc.
- The events will be organized with the help of all the welfare related students on campus.

### Impact :

- All of these will give students more confidence to go to the counselling centre and will make it more approachable.
- Due to the stigmatic mentality, many students who suffer from serious mental health issues did not go to the counselling centre for help, would now be able to go there without any doubt and fear.

## Groundwork:

- I spoke with the secretary who organized the Open-Mic Sessions of Samyog to understand the logistics and challenges they faced.
- I had discussions with the counsellors in the counselling centre and took their feedback on this proposal, and they welcomed it.

## Proposal 2: CAREER GUIDANCE

### Objective :

In order to help students make the right choice about their future in a particular career path and get proper guidance, a channel and platform will be created. This will enable the juniors to successfully pave a path in their respective fields.

### Purpose :

The sole purpose of this proposal is to help bridge the gap between the students who are currently exploring various career opportunities (mentees) and experienced and knowledgeable students who have already passed this stage (mentors). This programme will also create a great opportunity to bring together students of the different batches.

### Plan of Action :

- Firstly, we will collect the responses of people who are willing to share their experiences and help the junior batches. These people may be alumni or current students who have already done well in their fields.
- After collecting that data we will organize them into different profiles like research, core engineering, software, consulting, data, finance etc.
- Then we will circulate a form to obtain the responses of the students who are willing to take the guidance for their career.
- We will then assign the mentees to the relevant mentors in their respective fields.
- There will be an open platform on discord where people can ask their doubts and questions to anyone and people who are aware of the things will respond.
- There will be a team of students who always keep track of the questions and make sure the questions are answered.
- The summary of the frequently asked questions will be published among the students community to reach a greater number of students.

### Impact :

This mentorship programme will help the students in getting aware and improving the skills needed for their chosen career path easily. Also, the experiences will give them a real-life picture, so that they can analyze the situation much better.

Hesitation to ask or reach out will be resolved and answering questions in minimum time shall help and boost the confidence of people a lot.

### Groundwork :

- I spoke to some placement committee members about the programme.
- I had discussions with many seniors and got positive feedback.
- Some professors also encouraged me and gave their inputs.

## Proposal 3: Encouraging the culture of Group Studies and Group Discussions

### Objective :

To foster the culture of group discussion and group studies on the campus and expose the student community to their benefits, group discussions and group study sessions will be frequently organized.

### Purpose :

These group discussions will be of great help for the students that are academically weak or need a little extra help. The main purpose of the group discussion sessions is to increase interactions among students and also among the seniors and juniors.

### Plan of Action :

- Firstly, a Google form will be released before every session to get the responses of the students who are willing to be part of that particular session.
- Next after getting the responses, the venue and time will be notified to all the willing students by mail.
- Along with that central resources for every department will be provided to the students through the drive link.
- At the time of sessions and till the end there will be moderators who will manage the whole sessions.
- Groups willing to be part of this program will be given absolute freedom and also those who are unable to be a part of a group and want to be part of the group will be assigned a group and make sure their necessities are fulfilled.
- If any kind of materials like white boards, sketch pens etc... are needed and will be provided.
- The venues for these group studies will be the most common areas on the campus which are suitable for studies or discussions and if needed special permission will be taken by the administration to make sure students do not face any issues.

### Impact :

This makes the students come out and interact with the fellow students. These group discussion sessions will not only help the academically weak students, but also it will increase the intra-departmental interaction. Also, a student will know the experience of their seniors from the same department which will help them in their future career as well.

### Groundwork :

- I spoke to many of my seniors about the feasibility of the proposal and received good feedback.
- I also spoke to the welfare groups on campus to understand the issues and problems related to academics and the mindset of students to approach or be part of a group in the domain of studies.
- Inputs are provided by both the groups and also received good feedback.