

# Proposals

## Himadri Pandya

# PROPOSAL 1

## Increasing accessibility of Counselling Services

Motivation: Due to the hectic academic schedule and other commitments, students are often in a state of mental strain and face mental health issues. These problems can be easily resolved by consulting an expert and seeking therapy.

Despite knowing that they need the help of a counselor for these matters, they are unable to obtain the services being offered by the Counselling Centre due to lack of awareness and prevailing stigma around mental health. This makes them aversive towards talking about mental health and reaching out for help.

Description: These are the measures that we propose to solve this problem.

### 1. Monthly counsellor visits in Halls of Residence

- A counsellor will visit every Hall of Residence on a monthly basis.
- The General Secretary, Students' Welfare of the hall will be responsible for scheduling the sessions according to the situation of the hall.
- The role of the General Secretary, Students' Welfare, Technology Students' Gymkhana will be to coordinate the visits and ensure that the setup functions smoothly.

### 2. Increasing the number of counsellors in the Counselling Centre

- The Counselling Centre has limited staff and this makes it difficult to schedule regular appointments.
- Increasing the number of counsellors will make the counselling services easily accessible.

### 3. Opening the Counselling Centre on Sundays

- Opening the Counselling Centre on Sundays will increase its accessibility as students are bound to be freer on Sundays.

# PROPOSAL 2

## Gender Sensitization

Motivation: As we move forward in time, we should encourage inclusion and diversity not only in thoughts but also in actions, speech, and behavior. This proposal aims at sensitizing students towards the LGBTQIA+ community and educating them about non-binary genders.

### Description:

Gender Sensitization is a basic requirement to understand the sensitive needs of a particular gender. It helps us to examine our personal attitudes and beliefs and question the 'realities' that we thought we knew.

#### 1. Workshops and Discussions

- Conducting workshops by various organizations that work in the field enables students to know the reality outside campuses as well.
- Sessions of debate, discussions, seminars, and conferences will help enable spreading awareness about the issue further.

#### 2. Gender Issues Week

- Dedicating a week to raise awareness regarding gender sensitization.
- Beginning a week dedicated to talking about gender issues and organizing competitions will help in fostering an inclusive environment.
- Photography, debates, and other events could be organized to talk about the issue.

#### 3. Annual Production

- Cultural performances such as dance, drama, poetry, elocution, music nights, etc can gather an audience and attract attention towards important issues like gender sensitization.
- This production would be open to everyone, regardless of other commitments, and would encourage people who are less involved on campus to interact with others and participate in socio-cultural activities.

# PROPOSAL 3

## Comprehensive Department wise Repository

Motivation: It is quite common for students to experience academic concerns at some point during college or throughout their college career. It requires a considerable amount of time and effort to find specific department-related material which hampers the efficiency of a student.

### Description:

The repositories will serve as not just online document storage facilities, they serve as a platform to disseminate the research output and make sure the information is available for open access. It will be a collection of department-wise materials segregated into theory and lab.

1. Department-wise segregated repositories.
  - Its implementation offers students with 24×7 access to completely digitalized repositories and vast educational resources from anywhere and at any time.
  - Reduces the workload of students by allowing them to manage departmental resources more effectively.
2. Department wise categorizing the study materials for labs as well as theory classes.
  - It helps to keep all of the records in a catalog, which helps to keep things streamlined and makes it easier to quickly locate the right study material.
  - Previous lab inferences can help reduce the time taken to record the observations and allow the researchers to focus on the new conclusions.
3. Storing the published research papers by students of that department, for the current students to get the idea of future research scopes/projects.
  - Availability of published research papers could provide students the inspiration to carry forward the research that has already been undertaken.
  - It expedites the process of conducting background research when a student wishes to work on a research project in some specific domain.

**NAME: HIMADRI PANDYA**

**ROLL NUMBER: 20ME10047**

**HALL: SAROJINI NAIDU/INDIRA GANDHI HALL OF  
RESIDENCE**

**YEAR: SECOND**

**COURSE: BACHELOR OF TECHNOLOGY**

**DEPARTMENT: MECHANICAL ENGINEERING**