**Proposals**
**By:**
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**Contesting for the post of :**
**General Secretary Sports and Games**
**Technology Students' Gymkhana**
**Indian Institute of Technology Kharagpur**

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**Proposal 1:Establishing of Running Club**

**Introduction:**
Creation of a Running Club under Technology Students Gymkhana, Indian Institute of Technology Kharagpur to promote fitness and motivate students to take up running. Running is an excellent form of exercise that offers numerous health benefits. We believe that creating a community of runners can encourage more students to adopt this healthy lifestyle.

**Objectives:**
The primary objectives of the Running Club are:
● To promote running as a form of exercise and sport among the student community in IIT Kharagpur.
● To organize and participate in running events, both within and outside the campus, to showcase the talent and potential of the runner's community at IIT Kharagpur.
● To provide resources and support to students interested in running as a sport and competing at a higher level.
Activities:
To achieve the objectives of the Running society, we will undertake various activities, such as:
● Organizing regular group runs within the campus, at designated times and locations, for members to come together and run as a community.
● Conducting training sessions and workshops on running technique, injury prevention, and nutrition for members to improve their running abilities.
● Organizing and participating in running events, such as marathons and charity runs, to raise awareness about the importance of fitness and healthy living
● Collaborating with other running communities and organizations to expand the reach of the society and promote running as a sport.
● Conducting major events such as 'RUN KGP RUN,' which will invite inter IIT team players and the general population of the campus to run together. This event will be conducted annually and will be a great opportunity for students to showcase

their running talent while promoting a culture of fitness and healthy living on the campus.

**Structure:**
The running society will be governed by a committee of student volunteers who will be responsible for the day-to-day management of the society. The committee will consist of Governors, with at least two years of academic experience, and members, with at least one year of academic experience. The Governors will oversee the functioning of the society and guide the members in their activities.
The selection of governors and the members will be based on a set of criteria, including their performance in their respective sports. The Governors will be selected based on their academic performance, sports achievements, leadership qualities, and overall contribution to the campus community. The members will be selected based on their

sports achievements, communication skills, and ability to work in a team.

The members will organize and conduct various activities, such as group runs, training sessions, and events. They will also recruit new members and ensure the active participation of existing members. The members will report to the Governors and work closely with them to achieve the objectives of the club**.**

**Conclusion:**
In conclusion, we believe that creating a running club in IIT Kharagpur under the Technology Students Gymkhana will significantly promote fitness and healthy living among students. The society will provide a platform for students to come together and engage in regular running activities. It will also provide resources and support to those interested in running as a sport.

**Proposal 2: Introduction of archery in our institute and conducting Open IIT for Archery**

**Introduction:**

Archery has a long and rich tradition in India, dating back to ancient times. It played a crucial role in battles and is also an important part of many Indian festivals and rituals. India has its own unique archery techniques, including the use of longbows and composite bows. Modern Indian archers have won medals at international events.

**Aim:**
- The aim of introducing Archery in your institute can be to promote a healthy and active lifestyle among students, provide them with an opportunity to learn a new skill, and encourage teamwork and cooperation.

- The Open IIT Archery Tournament aims to provide a platform for Archery enthusiasts to showcase their skills and compete with others. The tournament will also help promote the sport and encourage more people to take it up. This tournament will provide a healthy and competitive atmosphere for the players to enhance their playing skills and learn from each other.

**Groundwork**: I have conducted a survey google sheet regarding archery if introduced as sports will be interested to play. 280 people filled the sheet out of which 268 were highly interested to take up archery.

**Current Scenario**: Archery workshops were organised for the students of IIT Kharagpur and outside participants during the Annual Sports festival of IIT Kharagpur til 2012, but unfortunately after that Achery has not been played after that.

**Workflow:**
- Setting up an Archery Range: The first step in introducing Archery in my institute that I would take  be to set up a safe and secure Archery range. This can be done either outdoors at TATA Sports Complex on Slot bases.

- Equipment: Once the range is set up, you'll need to acquire the necessary equipment, including bows, arrows, targets, and protective gear.

- Training: It's important to provide students with proper training on Archery techniques, safety guidelines, and equipment usage. I will hire a professional coach or conducting training sessions by experienced Archers.

- Practice Sessions: After the students are trained, organize regular practice sessions, so they can practice their skills, hone their technique, and build confidence.

- Competitions: Finally, you can organize Archery competitions within the institute or with other schools or colleges to encourage students to test their skills and compete in a friendly and healthy environment.

**Benefits:**

- Physical Fitness: Archery is a great way to promote physical fitness, as it requires strength, stamina, and flexibility.

- Mental Focus: Archery requires a lot of concentration, focus, and mental discipline, which can help students improve their mental agility and focus.

- Teamwork: Archery can be a great way to promote teamwork and cooperation among students, as they learn to work together to achieve common goals.

- New Skill: Introducing Archery in your institute can provide students with an opportunity to learn a new skill, which can help them build confidence and self-esteem.

- Stress Relief: Archery can be a great way to relieve stress and promote relaxation, as it requires a lot of mental focus and concentration**.**

**Budget:**
Bows :18000(INR)
Arrows: 2000(INR)
Board: 10000(INR)
Safety equipments:5000(INR)

**Proposal 3: Re Establishment of "Shaurya"**

**Aim:**
- **To foster a spirit of camaraderie and sportsmanship among participants from different colleges and universities across India.**

- **To encourage the development of physical fitness and well-being among students.**

**Current Scenario:**"Shaurya" was started in 2008 and was discontinued after 2012 due to injuries caused to Inter IIT Players due to its timeline. Past general secretaries have proposed the idea of re-establishment of "Shourya"  but due to some reason it was not passed by the administration.

**Introduction:**

**The Shaurya event will be entirely organised by the Fest Organising Committee, which will consist of three primary teams:**
- **Core team**
- **Web team**
- **Design team**
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**The following sports events will take place during the fest  :-**
- **Cricket**
- **Football**
- **Hockey**
- **Volleyball**
- **Tennis**
- **Basketball**
- **Athletics**
- **Swimming**
- **Water polo**
- **Weightlifting**
- **Archery**
- **Table tennis**
- **Chess**
- **Badminton**
- **Squash**

**Benefits:**
- Increased student engagement and participation in sports and athletic activities, leading to better health outcomes and overall well-being.
- Enhanced campus culture and community spirit, as students from different backgrounds come together to participate in a shared event.
- Improved networking opportunities for students, as they connect with peers and professionals from other colleges and universities across India.
- Positive publicity for the institute, as "Shaurya" is a well-known and respected event in the academic and sports communities in India.
- Potential for increased revenue for the institute, as "Shaurya" can attract sponsors and generate income from ticket sales and other sources.