Proposals

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Contesting for the post of

General Secretary Students' Welfare 2023 - 2024

Proposal 1 : CDC Volunteers

Motivation

The time of placements and internships is one of the most hectic and important parts of a student's journey as a part of this institute. Students are forced to stay in the vicinity of the Nalanda Academic Complex because of the system of random calling. During this time students can definitely use the help of volunteers who will help them with any last minute problems, including missing documents or food.

Aim

The proposal is the introduction of a Volunteer program that will train the interested volunteers of a junior batch so that they can help their seniors with the problems faced during this period.

This will also help the volunteering juniors as they get a first hand experience of how the entire duration of placements and internships takes place.

Implementation

The following steps can be taken for implementation of this idea:-

- 1. A Google form will be released for the students of the senior batch to find out about the problems faced by students during placements and internship interviews.
- 2. A Google Form will be circulated among students of the junior batch so that we can find all the interested volunteers.
- 3. These volunteers will be briefed about the problems and will also be provided with some basic training to tackle these problems.
- 4. A team of 25(variable) volunteers will be present in the Nalanda Classroom Complex to help students with any issue that they might face.
- 5. These volunteers will be provided with ID Cards, and upon verification with their institute ID cards, they will be allowed individuals to enter the Nalanda Classroom Complex.
- Volunteers will be provided with certificates recognized by the Technology Students' Gymkhana and Career Development Centre.

Motivation

Mental Wellness is an important aspect of every person's life and ensuring good mental health is extremely important especially when we are at such a turning point of our life. Increasing mental wellness is extremely important as even a slightest amount of awareness and empathy can completely change another person's life.

Aim

The idea is to introduce compulsory mental health sessions and gatekeeper's training for all the wing representatives, Governors and Heads of all the societies and clubs and for anyone interested in attending those sessions. Such sessions will help in increasing their understanding about the mental health issues the student community is facing and can help them in identifying any such problems they might observe among their batchmates and juniors.

Implementation

This idea can be implemented as follows:-

- A compulsory session will be conducted at the start of the academic year, as well as voluntary sessions to be conducted regularly throughout the year, to increase awareness regarding such issues and steps to follow in case they identify anyone suffering from any kind of mental health issues.
- 2. These regular Gatekeeper's Training will be conducted while in contact with respective Halls of Residence. Every month, each hall will be allotted a slot for the Gatekeeper's Training session, where they can train boarders of their hall of residence. This will ensure a bigger task force for the General Secretary of the hall to monitor any such possible cases, with the help of the Counsellors of the Counselling Centre.
- 3. In case any student is identified by a Gatekeeper, such cases shall be reported to the General Secretary Students' Welfare, Technology Students' Gymkhana who will further pass that information to the General Secretary Students' Welfare of the Hall of Residence (or other concerned close points of contact to the student) of the student's Hall of Residence. This will ensure that the student can be closely monitored for their safety and precautions can be taken at a ground level. This will also ensure false positive cases are not consistently reported to the authorities.

(In case a hall does not have a General Secretary Students' Welfare, the Hall President can be contacted. If a Hall President is not present, the Hall Warden can be contacted)