Proposals Chalamalla Sahithi

PROPOSAL 1

Menstrual leave

Motivation:

The motivation behind the implementation of menstrual leave policies is to recognize the unique challenges and health issues that women face during menstruation. Menstrual leave policies aim to address this by providing women with the opportunity to take time off work or school when they are experiencing painful or uncomfortable symptoms related to menstruation.

Description:

Menstruation can be a difficult and painful experience for some women, and it can impact their ability to work and participate in daily activities. This can include physical symptoms such as cramps, headaches, and nausea, as well as emotional symptoms such as mood swings and anxiety.

By providing menstrual leave, employers and institutions can help to support the health and well-being of their female employees and students. This can lead to increased job satisfaction, productivity, and overall well-being for women in the workplace or educational setting.

- Introducing an option of menstrual leave in erp: To easily apply for menstrual leave, we
 can introduce an option in ERP where the female students can apply for leaves directly
 which motwould be mailed to the respective professors to inform them of their
 attendance.
- 2. To make sure of no misuse of this option to take menstrual leave, it will be made sure that a particular student cannot apply for leaves for more than three days in a month.
- 3. In order to meet the minimum attendance requirements, students must attend classes regularly, and any menstrual leave taken by the student will be in addition to their attendance requirements.

PROPOSAL 2:

Sanitary pad disposal incinerator

Motivation:

A pad disposal incinerator provides a solution to this problem by allowing for the safe and efficient disposal of menstrual waste. The incinerator can effectively destroy pathogens and bacteria that may be present in used pads and tampons, eliminating the risk of infection or disease transmission. By providing a safe and hygienic way to dispose of menstrual waste, organizations can help to reduce the stigma surrounding menstruation and promote greater understanding and support for women's health needs.

Description:

A pad disposal incinerator provides a solution to this problem by allowing for the safe and efficient disposal of menstrual waste. Implementing a pad disposal incinerator can also promote greater awareness and education about menstrual hygiene and women's health issues. By providing a safe and hygienic way to dispose of menstrual waste, organizations can help to reduce the stigma surrounding menstruation and promote greater understanding and support for women's health needs.

- 1. Repairing or replacing the incinerators present in women's washrooms
- Implementing sanitary pad disposal incinerators in all women's washrooms in the entire campus including all girls' halls, department building, Nalanda, main building, library, Gymkhana.

PROPOSAL 3:

Memorandum of Understanding with centers for mental health

Motivation:

As a college, we are committed to providing our students with the best possible educational experience. We recognize that mental health is a critical component of overall well-being, and we are dedicated to supporting the mental health needs of our students. By forming a Memorandum of Understanding with a center for mental health, we can provide more comprehensive and effective mental health services to our students.

Description:

There are several potential benefits to this collaboration. First and foremost, a mental health institution would bring a wealth of expertise in the field of mental health. They would be able to provide guidance on best practices, help us develop and implement effective mental health policies, and offer training to our staff on how to identify and support students with mental health needs.

In addition, a collaboration with a mental health institution could provide us with access to additional resources. For example, we may be able to leverage their networks to secure funding for mental health initiatives, or to bring in speakers and experts to lead workshops or training sessions.

Implementation:

- Identify potential mental health institutes who are willing to form an Memorandum of Understanding.
- 2. Initiate contact through administration of IIT Kharagpur with respective heads of the institute
- 3. Prepare the Memorandum of Understanding with all the needed agreements and responsibilities and get it approved and signed by respective officials.

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