

Medical Prescription

Dr. Doctor
Medical Professional

Patient: John Doe
ID: 20250512003
Age/Gender: 45 years / Male

Diagnosis:
Hypertension Stage 1

Clinical Notes:
Blood pressure: 145/95 mmHg. Patient reports occasional headaches.

Medications:

1. Amlodipine
Dosage: 5mg
Duration: 30 days
Instructions: Take once daily in the morning
2. Losartan
Dosage: 50mg
Duration: 30 days
Instructions: Take once daily at bedtime

Special Instructions:
Monitor blood pressure daily. Reduce salt intake. Regular exercise recommended.

Follow-up:
After 2 weeks

Date: 12/5/2025

Doctor's Signature: