Government Programs for Maternal and Childcare :

<https://www.who.int/health-topics/maternal-health#tab=tab_1>

<https://www.niddk.nih.gov/health-information/weight-management/healthy-eating-physical-activity-for-life/health-tips-for-pregnant-women>

<https://www.lybrate.com/topic/effective-child-care-tips-for-parents-how-to-raise-your-kids-healthy/658e2c7ce0ccaff9828b85cb93c25a1d>

Ammayum Kunjum :

<https://www.ism.kerala.gov.in/eng/index.php/directorate/projects/dst-projects/palakkad/ammayum-kunjum>

**Janani Shishu Suraksha Karyakram (JSSK)**:

<https://www.nhm.gov.in/index1.php?lang=1&level=3&sublinkid=842&lid=308>

**Surakshit Matritva Aashwasan (SUMAN)**:

<https://suman.mohfw.gov.in/>

**Karunya Benevolent Fund Scheme**:

<https://sha.kerala.gov.in/karunya-benevolent-fundkbf/>

<https://pages.milaap.org/2024/01/29/6-ways-the-kerala-government-can-assist-you-with-covering-the-costs-of-cancer-treatment-dm/>

**Thalolam**:

<https://www.myscheme.gov.in/schemes/ts-kerala>

**Snehasanthwanam**:

<https://www.myscheme.gov.in/schemes/skerala>

**Vayomithram:**

<https://sjd.kerala.gov.in/scheme-info.php?scheme_id=MTA4>

**Karunya Arogya Suraksha Padhathi (KASP)**:

<https://sha.kerala.gov.in/karunya-arogya-suraksha-padhathi/>

**Janani Suraksha Yojana :** <https://www.nhm.gov.in/index1.php?lang=1&level=3&sublinkid=841&lid=309>

**Pradhan Mantri Matru Vandana Yojana (PMMVY)** { The Pradhan Mantri Matru Vandana Yojana (PMMVY) is a scheme by the Government of India that provides financial support to pregnant and lactating mothers. The scheme aims to improve the health and nutrition of the mother and child, and to compensate for any wage loss**}:**

<https://wcd.delhi.gov.in/wcd/pradhan-mantri-matru-vandana-yojana-pmmvy>

**Integrated Child Development Services (ICDS):{**The Integrated Child Development Services (ICDS) is a government program in India that provides a range of services to children under six years of age and their mothers}

<https://wcd.kerala.gov.in/article.php?itid=Mzg3>

**Rashtriya Bal Swasthya Karyakram (RBSK):**{ program to improve the overall quality of life of children and provide comprehensive care to all the children in the community. This program involves screening of children from birth to 18 years of age for four Ds- Defects at birth, Diseases, Deficiencies and Development delays, spanning 32 common health conditions for early detection and free treatment and management, including surgeries at tertiary level}

<https://nhm.gov.in/index4.php?lang=1&level=0&linkid=499&lid=773>

**Mission Indradhanush:**{ program is designed to enhance immunization coverage in India, focusing on protecting children and pregnant women from a range of dangerous diseases.}

<https://missionindradhanush.in/>

**Surakshit Matritva Aashwasan (SUMAN):**{ focuses on assured delivery of maternal and newborn healthcare services encompassing wider access to free, and quality services, zero tolerance for denial of services, assured management of complications along with respect for women’s autonomy, dignity, feelings, choices and preferences, etc.}

<https://suman.mohfw.gov.in/>

**Kishori Shakti Yojna** :{ To promote awareness of health, hygiene, nutrition and family welfare, home management and child care and to take all measures, so as to facilitate their marrying only after attaining the age of 18 years and if possible, even later}

<https://wcdhry.gov.in/schemes-for-women/kishori-shakti-yojna/>