

Participant number: _____

Now that you have experienced the three viewing modes on all machines, what is your overall ranking?

What did you think of the content selection? Did the content you picked have a notable influence on your enjoyment?

Please explain your viewing mode preferences on the different machines. What made a viewing mode work on one machine over another?

Describe the effect that having the video had on your workout. How did it differ between viewing modes?

How did the different levels of (workout) intensity affect your viewing experience?

Did you experience any issues on any of the viewing modes?

What makes a good viewing experience for you when doing cardio?

Anything that could improve the modes you experienced today?