Albertin, Erica S, Maisie Walters, James May, Russel T Baker, Alan Nasypany, et Scott Cheatham. 2020. « An exploratory case series analysis of the use of primal reflex release techniquetm to improve signs and symptoms of hamstring strain », 11.

Arnason, Arni, Stefan B. Sigurdsson, Arni Gudmundsson, Ingar Holme, Lars Engebretsen, et Roald Bahr. 2004. « Risk Factors for Injuries in Football ». *The American Journal of Sports Medicine* 32 (1 suppl): 5-16.

Cibulka, Michael T, Steven J Rose, Anthony Delitto, et David R Sinacore. 1986. « Hamstring Muscle Strain Treated by Mobilizing the Sacroiliac Joint ». *Physical therapy* 66 (8): 4.

Edouard, Pascal, Frédéric Depiesse, Pedro Branco, et Juan-Manuel Alonso. 2014. « Analyses of Helsinki 2012 European Athletics Championships Injury and Illness Surveillance to Discuss Elite Athletes Risk Factors ». *Clin J Sport Med* 24 (5): 7.

Silder, Amy, Marc A. Sherry, Jennifer Sanfilippo, Michael J. Tuite, Scott J. Hetzel, et Bryan C. Heiderscheit. 2013. « Clinical and Morphological Changes Following 2 Rehabilitation Programs for Acute Hamstring Strain Injuries: A Randomized Clinical Trial ». *Journal of Orthopaedic & Sports Physical Therapy* 43 (5): 284-99.

« Traumatismes et accidents de la vie courante - Santé publique France ». 2019. [Consulté le 19 février 2021]. 2021. https://www.santepubliquefrance.fr/maladies-et-traumatismes/traumatismes.