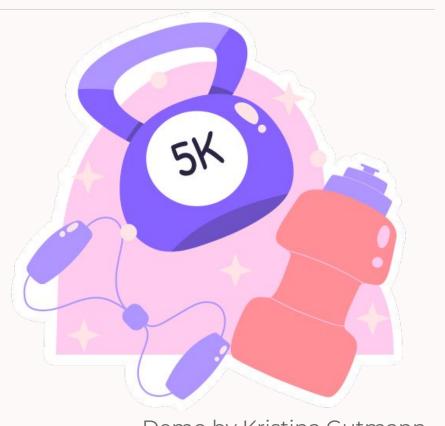
The Challenge

Design Process

Lessons

## All your workouts in one place

Create and modify your own workout plans and see how you progress every week.



Demo by Kristina Gutmann

## GymNotes

## The Challenge

I wanted to build something practical I could use daily

- Many workout applications on the market come with premade workout plans
- Users who want to create their own workout plans or have an individual plan created for them by a personal trainer need to store their workout info on paper/note app
- Features a user might need are not combined into one application



## Design process

#### Tools used:

- MERN stack (MongoDB, ExpressJS, React, NodeJS)
- SASS and Foundation for styles
- ☐ Work sans for font

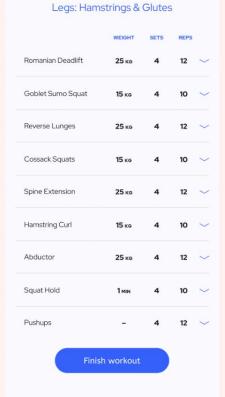




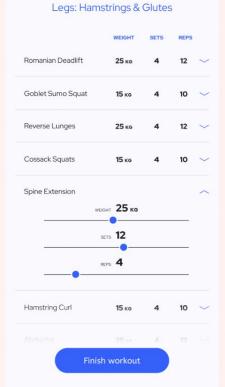
45 46 47 48

# LOGO My workouts Upper Body Push Legs: Hamstrings & Create a workout +

#### LOGO



#### LOGO



My Workouts

Create workout

Dashboard

Log out

### What went well

- Learned a lot of new things
  - Managing a software project from start to finish
  - ☐ New tools SASS, Foundation
  - ☐ Working with dynamic views
- I felt highly motivated and inspired, this made overcoming obstacles much easier
- Discovered a passion for UX/UI design and development



## GymNotes

What could have gone better

- ☐ Time management, prioritizing
- Catch myself getting distracted by visuals sooner focus on functionality first
- Using a completely new platform a day before the demo was not the good idea



## GymNotes

## Upcoming features

- Small details like back, cancel buttons, editing workout sessions
- Data dashboard
- Measurements tracker
- Connection to fitness watch
- Workout history
- Design refinement
- Users feature
- Rest times



Thank you for your attention!

