

FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

Name and address of the Establishment:	AWARE HEALTH AND RESEARCH FOUNDATION Bambhori Pr. Chandsar
Name of the Manager/Authorised representative:	Meena Kumari

All the workers in the establishment are hereby informed that the hours of work, rest-interval and weekly holiday of each worker is given below:

Sr. No.	Name of worker	Designation	Hours of Work		Rest interval		Day of weekly holiday
			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
1	Atharva Singh	Performance Marketing Manager	-	-	-	-	2
2	Gaurav Sharma	Assistant Manager Performance Marketing	-	-	-	-	2
3	Ashish Kumar Awasthi	Warehouse Operations Manager	-	-	-	-	2
4	Anand Swaroop	Executive- Warehouse Operations	-	-	-	-	2
5	Joginder Sharma	Assistant Manager-Procurement	-	-	-	-	2
6	Ravi Sharma	Warehouse Operations Executive	-	-	-	-	2
7	Vijay shree	Executive- Packaging	-	-	-	-	2
8	Sushil Kumar Jain	Regional Sales Manager	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
9	Akash Gaur	Executive- Purchase	-	-	-	-	2
10	Bhaskar Kumar	Senior Associate - Graphic Design	-	-	-	-	2
11	Alia	Business Development Executive	-	-	-	-	2
12	Ashish Tyagi	Area Sales Executive	-	-	-	-	2
13	Arvind Mishra	Area Sales Manager	-	-	-	-	2
14	Saranga Sekhar Jena	Zonal Sales Manager	-	-	-	-	2
15	Aquib Javed	Area Sales Manager	-	-	-	-	2
16	Ravina Baban Chavan	Business Development Executive	-	-	-	-	2

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17	Bagavathi Neelakandan Pillai	Zonal Sales Manager	-	-	-	-	2
18	Lalit Tyagi	Area Sales Manager	-	-	-	-	2
19	Priyanka	Kiosk Beauty Advisor	-	-	-	-	2
20	Sutapa Roy	Business Development Executive	-	-	-	-	2
21	Vinu S Nair	Regional Sales Manager	-	-	-	-	2
22	Jag deepak Singh	Area Sales Manager	-	-	-	-	2
23	Mohammad Shakir	Senior Associate - Graphic Design	-	-	-	-	2
24	Jalaj Bedi	Senior Manager-Institutional Sales & Activations	-	-	-	-	2

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25	B Muthukumar	Area Sales Manager	-	-	-	-	2
26	Vaibhav Sakharam Kulkarni	Area Sales Manager	-	-	-	-	2
27	Sushanta Kumar Deka	Area Sales Executive	-	-	-	-	2
28	Manoj Kumar	Commercial Associate	-	-	-	-	2
29	Suman Arya	Kiosk Beauty Advisor	-	-	-	-	2
30	Gurneet Kaur	Senior Associate- Customer Support	-	-	-	-	2
31	Uday Rajaram Sawant	Area Sales Manager	-	-	-	-	2
32	Arvind Malviya	Area Sales Executive	-	-	-	-	2

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
33	Charanjeet Malviya	Kiosk Beauty Advisor	-	-	-	-	2
34	Seema J	Business Development Executive	-	-	-	-	2
35	Sumit Kumar Chauhan	Sales Officer	-	-	-	-	2
36	Gajanan Mohanrao Wagh	Sales Officer	-	-	-	-	2
37	Umesh Chandra Sethi	Area Sales Executive	-	-	-	-	2
38	Suchita Vinod Bondre	Kiosk Beauty Advisor	-	-	-	-	2
39	Maha Shiree	Business Development Executive	-	-	-	-	2
40	Vanshita Johri	Business Development Executive	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
41	Nilofar Mohammedimran Kadri	Business Development Executive	-	-	-	-	2
42	Sushila Kumari	Kiosk Beauty Advisor	-	-	-	-	2
43	Sangeeta Sharma	Business Development Executive	-	-	-	-	2
44	Shubhangi Arora	Assistant Manager-Customer Success	-	-	-	-	2
45	Mohammed Tabrez Shareef	Business Development Executive	-	-	-	-	2
46	Dibeyendu Ghosh	Area Sales Manager	-	-	-	-	2
47	Z Irfan Ahmed	Area Sales Manager	-	-	-	-	2
48	Leela V	Kiosk Beauty Advisor	-	-	-	-	2

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
49	Sachin NS	Area Sales Executive	-	-	-	-	2
50	Prathima P	Kiosk Beauty Advisor	-	-	-	-	2
51	Tribhuvan Ramdev Nishad	Sales Officer	-	-	-	-	2
52	Sharifunnisa Faizan Sayed	Regional Business Development Manager	-	-	-	-	2
53	Nirmala Dinkar Mane	Business Development Executive	-	-	-	-	2
54	Akshita Krishna Poojari	Business Development Executive	-	-	-	-	2
55	Parul	Business Development Executive	-	-	-	-	2
56	Khawja Moyeenuddin	Sales Officer	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
57	Shahnawaz khan	Sales Officer	-	-	-	-	2
58	Amit Tyagi	Senior Executive- Warehouse Accounts	-	-	-	-	2
59	Aradhna Gupta	Business Development Executive	-	-	-	-	2
60	Snehashis Biswas	Sales Officer	-	-	-	-	2
61	Sankar Ganesh K	Sales Officer	-	-	-	-	2
62	Pawan	Sales Officer	-	-	-	-	2
63	Vijay Gokani	Customer Support Executive	-	-	-	-	2
64	Sanchita shankhdhar	Deputy Manager-BA Operations	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
65	Disha Sharma	Kiosk Beauty Advisor	-	-	-	-	2
66	Vikas Singh Parmar	Associate- Procurement	-	-	-	-	2
67	Rajesh Dhingra	Deputy Manager-Accounts Payable	-	-	-	-	2
68	Rahul Kumar	Senior Associate - Graphic Design	-	-	-	-	2
69	Kashish Sharma	Associate-Talent Acquisition	-	-	-	-	2
70	Bharti Bhardwaj	Business Development Executive	-	-	-	-	2
71	Ashutosh Biswas	Sales Officer	-	-	-	-	2
72	Sima Pal Chowdhury	Regional Business Development Manager	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
73	Navin Kumar Gopalbhai Khandelwal	Sales Officer	-	-	-	-	2
74	Priyanshi Nagar	Associate- Brand	-	-	-	-	2
75	Yesu Mary Santhis	Kiosk Beauty Advisor	-	-	-	-	2
76	Yogesh	Warehouse Operations Executive	-	-	-	-	2
77	Reena	Business Development Executive	-	-	-	-	2
78	Koyya Niadu Babu	Sales Officer	-	-	-	-	2
79	Ajay Panwar	Sales Officer	-	-	-	-	2
80	Vinod Kumar Nayak	Deputy Manager-Design	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
81	Jatin Daulat Ram	Assistant Manager- Graphic Design	-	-	-	-	2
82	Md Moti Rahman	Executive- Warehouse Operations	-	-	-	-	2
83	Md Afroz	Executive- Warehouse Operations	-	-	-	-	2
84	Usha	Executive- Warehouse Operations	-	-	-	-	2
85	Milky	Executive- Warehouse Operations	-	-	-	-	2
86	Nantu Das	Sales Officer	-	-	-	-	2
87	Suhani Ahuja	Assistant Manager Growth	-	-	-	-	2
88	Manujsha PradeepKumar	Business Development Executive	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
89	Dinky Dinesh Gupta	Kiosk Beauty Advisor	-	-	-	-	2
90	Anil MA	Area Sales Executive	-	-	-	-	2
91	Deepti Upadhayay	HRBP	-	-	-	-	2
92	Ishant Arora	Associate- Tech Support	-	-	-	-	2
93	Ashutosh Patil	Associate Offline Activations	-	-	-	-	2
94	Mohit Kumar	Senior Executive- Finance	-	-	-	-	2
95	Pooja Kale	Store Manager	-	-	-	-	2
96	Vinita solanki	Kiosk Beauty Advisor	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
97	Ravi Pathak	Deputy Manager- R&D	-	-	-	-	2
98	MANU AGRAWAL	Project Manager- NPD & Innovations	-	-	-	-	2
99	SHANKY MALHOTRA	Deputy General Manager -Finance & Accounts	-	-	-	-	2
100	Saloni Jha	Associate-Legal & Compliance	-	-	-	-	2
101	Pratibha Surendran	Quality Assurance Specialist	-	-	-	-	2
102	Soumya Sinha	Senior Associate-Content Writer	-	-	-	-	2
103	Shaurya Omar	Executive- E-commerce	-	-	-	-	2
104	Atul Gupta	Area Sales Manager	-	-	-	-	2

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
105	Nipun Sharma	Assistant Manager- Marketing	-	-	-	-	2
106	Payal Gupta	Assistant Manager- Influencer Marketing	-	-	-	-	2
107	Nitisha Maan	Senior Associate-Content Writer	-	-	-	-	2
108	Asifa Shaikh	Business Development Manager	-	-	-	-	2
109	Mohit Kumar	Area Sales Manager	-	-	-	-	2
110	Abhijit Sarkar	Sales Officer	-	-	-	-	2
111	Amiya Moharana	Sales Officer	-	-	-	-	2
112	Hitesh Kumar	Deputy Manager - Accounts Receivables Lead	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
113	Nisith Kumar Bag	Deputy Manager- Partnerships	-	-	-	-	2
114	SANJAYBHAI DINESHBHAI SHAH	Sales Representative	-	-	-	-	2
115	Diya Garg	Executive- Packaging	-	-	-	-	2
116	Anjali Bedwal	Assistant Manager- Influencer Marketing	-	-	-	-	2
117	Satish	Assistant Manager - Procurement	-	-	-	-	2
118	Jayesh Arora	Executive-Accounts Payable	-	-	-	-	2
119	Samim Uddin	Sales Officer	-	-	-	-	2
120	Md Tanweer	Sales Officer	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
121	Harsotsav Sinha	Senior Executive- Finance	-	-	-	-	2
122	Rajat Kumar Debnath	Assistant Manager- Influencer Marketing	-	-	-	-	2
123	Kondeti Purnashanmukha	Sales Officer	-	-	-	-	2
124	Jay Prakash Malik	Deputy Manager-Corporate Sales	-	-	-	-	2
125	Malikjan Salim Shaikh	Sales Officer	-	-	-	-	2
126	Dolly Sharma	Kiosk Beauty Advisor	-	-	-	-	2
127	Kavali Narsimulu Yadav	Sales Officer	-	-	-	-	2
128	Mukund Shivaji Raut	General Manager - Marketing	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
129	Harsimran Singh	Chief of Staff	-	-	-	-	2
130	Rachika Rai	Deputy Manager - Visualizer	-	-	-	-	2
131	Chetan Singh	Senior Executive ♦ Commercial	-	-	-	-	2
132	Md Ashraf	Deputy Manager - Demand Planning & Forecasting	-	-	-	-	2
133	Amit More	Senior Associate- Regional Finance (West)	-	-	-	-	2
134	Deepak Pant	Associate - E-commerce- Operations	-	-	-	-	2
135	Ranjeet Kaur	Business Development Training Manager	-	-	-	-	2
136	Akhilesh Kumar Dwivedi	Area Sales Executive	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
137	Ravindra Kumar Meena	Deputy Manager-E-Commerce	-	-	-	-	2
138	Gaurav Bedi	Assistant Manager- Business Analyst	-	-	-	-	2
139	Vijender Mahala	Deputy General Manager	-	-	-	-	2
140	Amit Yadav	Senior Associate - Logistics Operations	-	-	-	-	2
141	Disanta Ojah	Senior Manager -Trade Marketing	-	-	-	-	2
142	Shekhar Singh	Vice President-Offline Growth	-	-	-	-	2
143	Akash	Sales Officer	-	-	-	-	2
144	Ravi Pareek	Area Sales Executive	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
145	Krishant Chougule	Sales Officer	-	-	-	-	2
146	Shrikant Kale	Sales Officer	-	-	-	-	2
147	Vikash Sharma	Senior Associate - Sales Coordinator	-	-	-	-	2
148	Shivansh Dwivedi	Assistant Manager - Marketplaces	-	-	-	-	2
149	Sanjay Singh	Area Sales Executive	-	-	-	-	2
150	Pawan Kumar	Area Sales Manager	-	-	-	-	2
151	Pawan Singh	Area Sales Manager	-	-	-	-	2
152	Pankaj Punit	Area Sales Manager	-	-	-	-	2

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(1)	(2)	(3)	(4)		(5)		(6)
153	Pratik Vyas	Manager - Video Producer	-	-	-	-	2
154	Shayla	Deputy Manager ♦ Business Development	-	-	-	-	2
155	Khushal Bhadra	Senior Manager- SEO	-	-	-	-	2
156	Meraj Alam	Senior Associate- Regional Finance (North)	-	-	-	-	2
157	Joydeb Roy	Senior Associate-Regional Finance (East)	-	-	-	-	2
158	Somya Bhargava	Associate - Marketing	-	-	-	-	2
159	Arun Kumar Dwivedi	Area Sales Executive	-	-	-	-	2
160	Pradum	Senior Executive- E-Commerce	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)

FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

Name and address of the Establishment:	AWARE HEALTH AND RESEARCH FOUNDATION Bambhori Pr. Chandsar
Name of the Manager/Authorised representative:	Meena Kumari

All the workers in the establishment are hereby informed that the hours of work, rest-interval and weekly holiday of each worker is given below:

Sr. No.	Name of worker	Designation	Hours of Work		Rest interval		Day of weekly holiday
			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
161	Ajay Kumar	Zonal Sales Manager	-	-	-	-	2
162	Deepak Tiwary	Senior Associate - Business Analyst	-	-	-	-	2
163	Manoj Kumar	Senior Manager - Country Manager	-	-	-	-	2
164	Ashutosh Mishra	Deputy Manager - Administration	-	-	-	-	2
165	Prashant Chaturvedi	Senior Manager- Modern Trade	-	-	-	-	2
166	Hersuhail Kaur	Deputy Manager- Marketing Operations	-	-	-	-	2
167	Police Singh	Sales Officer	-	-	-	-	2
168	Om Prakash	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)

FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

Name and address of the Establishment:	AWARE HEALTH AND RESEARCH FOUNDATION Bambhori Pr. Chandsar
Name of the Manager/Authorised representative:	Meena Kumari

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Sr. No.	Name of worker	Designation	Hours of Work		Rest interval		Day of weekly holiday
			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
169	Mukesh Kumar	Sales Officer	-	-	-	-	2
170	Anil Gharte	Sales Officer	-	-	-	-	2
171	Piyush Jain	General Manager-Offline Sales & Marketing Operations	-	-	-	-	2
172	Rakesh kalindi	Sales Officer	-	-	-	-	2
173	Pinki Mullick	Business Development Manager (Modern Trade & BA Operations)	-	-	-	-	2
174	Indrajeet Nagar	Assistant Manager-Inventory Management	-	-	-	-	2
175	Gaurav Kala	Sales Officer	-	-	-	-	2
176	Arvind Kumar	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)

FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
177	Munish Kumar	Sales Officer	-	-	-	-	2
178	M. PERIASAMY	Area Sales Executive	-	-	-	-	2
179	Mani kanojia	Sales Officer	-	-	-	-	2
180	Rajendra Mohanty	Sales Officer	-	-	-	-	2
181	Mukesh Kumar Chaturvedi	Senior Executive - Warehouse Dispatch	-	-	-	-	2
182	Bhavesh p jobanputra	Sales Officer	-	-	-	-	2
183	deepak kumar mamtani	Area Sales Manager	-	-	-	-	2
184	ALOK KUMAR	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)

FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
185	Abasaheb Ranganath Nimbalkar	Regional Sales Manager	-	-	-	-	2
186	GOUTAM GHOSH	Zonal Sales Manager	-	-	-	-	2
187	Rajesh Kumar sah	Area Sales Manager	-	-	-	-	2
188	Kunal Arora	Sales Officer	-	-	-	-	2
189	G Archana	Business Development Executive	-	-	-	-	2
190	PANKAJ KUMAR SHIT	Sales Officer	-	-	-	-	2
191	SANJAY DEEPAKBHAI PATEL	Area Sales Manager	-	-	-	-	2
192	Anish Shrivastava	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)

FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
193	Nagaraj Purushothaman	Sales Officer	-	-	-	-	2
194	Param Bhargava	Founder	-	-	-	-	2
195	Shreedha Singh	Co-Founder	-	-	-	-	2
196	Surya Omar	HR-VP	-	-	-	-	2
197	Vasanth SV	Area Sales Executive	-	-	-	-	2
198	Gaurav Rajput	Senior Associate - Video Editor	-	-	-	-	2
199	Deepak kumar Sharma	Senior Executive- Warehouse Accounts	-	-	-	-	2
200	Ram Surat Tiwari	Deputy General Manager-Strategic Sourcing	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
201	Bharat Kotwal	Area Sales Manager	-	-	-	-	2
202	Stuti Thapliyal	Assistant Manager - Ayurveda Expert	-	-	-	-	2
203	Nagesh Singh	Sales Officer	-	-	-	-	2
204	Swapnil Sawant	Sales Officer	-	-	-	-	2
205	Amrender Kumar	Assistant Manager - Packaging Technologist	-	-	-	-	2
206	Arvinder Sharma	Assistant Manager - Quality Control and Assurance	-	-	-	-	2
207	Subhamay Paul	Sales Officer	-	-	-	-	2
208	Bhushan RAJARAM Ahire	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
209	Somnath Chakraborty	Area Sales Executive	-	-	-	-	2
210	Keshav Jha	Sales Officer	-	-	-	-	2
211	Ratnesh Srivastava	Sales Officer	-	-	-	-	2
212	Sanjay Kumar	Sales Officer	-	-	-	-	2
213	Biswanath Gupta	Sales Officer	-	-	-	-	2
214	SANDIP DEVRAM DHAKE	Sales Officer	-	-	-	-	2
215	Shankar Lal Meghwal	Sales Officer	-	-	-	-	2
216	Vivek Kumar	Area Sales Executive	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
217	RAJU SAHADEV DHAKATE	Sales Officer	-	-	-	-	2
218	Krishna Shukla	Sales Officer	-	-	-	-	2
219	Kapil Sharma	Deputy Manager - Loss and Prevention	-	-	-	-	2
220	Manoj Kumar	Zonal Sales Manager	-	-	-	-	2
221	Aasis Singh Katyal	Associate- Founder's Office	-	-	-	-	2
222	Akansha Verma	Assistant Manager- HR	-	-	-	-	2
223	Barun Kumar Sah	Area Sales Executive	-	-	-	-	2
224	Rajkumar Shrestha	Area Sales Executive	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
225	Deb Kumar Ghosh	Sales Officer	-	-	-	-	2
226	Mohsin Saifi	Product Executive	-	-	-	-	2
227	Archya Singh	Intern	-	-	-	-	2
228	Abhishek Pal	Sales Officer	-	-	-	-	2
229	Kranti Ganesh Pandel	Sales Officer	-	-	-	-	2
230	Nandani Kumari	Executive - Customer Outreach	-	-	-	-	2
231	Raj Verma	Executive - Customer Outreach	-	-	-	-	2
232	Tapan Singha Chowdhury	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
233	Alka Tomar	Assistant Manager- Accounts Recievable	-	-	-	-	2
234	Suhasi Malhotra	Executive - Marketing	-	-	-	-	2
235	Arghajit Mohanta	Sales Officer	-	-	-	-	2
236	Arunangshu Gupta	Area Sales Executive	-	-	-	-	2
237	Santosh Kumari	Senior Associate - Finance	-	-	-	-	2
238	Kajal Kumari	Executive - Customer Outreach	-	-	-	-	2
239	Harshit Mishra	Executive Accounts	-	-	-	-	2
240	Geeta Devi	Kiosk Beauty Advisor	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
241	Mohit Sharma	Intern	-	-	-	-	2
242	Atharva Singh	Performance Marketing Manager	-	-	-	-	2
243	Gaurav Sharma	Assistant Manager Performance Marketing	-	-	-	-	2
244	Ashish Kumar Awasthi	Warehouse Operations Manager	-	-	-	-	2
245	Anand Swaroop	Executive- Warehouse Operations	-	-	-	-	2
246	Joginder Sharma	Assistant Manager-Procurement	-	-	-	-	2
247	Ravi Sharma	Warehouse Operations Executive	-	-	-	-	2
248	Vijay shree	Executive- Packaging	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
249	Sushil Kumar Jain	Regional Sales Manager	-	-	-	-	2
250	Akash Gaur	Executive- Purchase	-	-	-	-	2
251	Bhaskar Kumar	Senior Associate - Graphic Design	-	-	-	-	2
252	Alia	Business Development Executive	-	-	-	-	2
253	Ashish Tyagi	Area Sales Executive	-	-	-	-	2
254	Arvind Mishra	Area Sales Manager	-	-	-	-	2
255	Saranga Sekhar Jena	Zonal Sales Manager	-	-	-	-	2
256	Aquib Javed	Area Sales Manager	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
257	Ravina Baban Chavan	Business Development Executive	-	-	-	-	2
258	Bagavathi Neelakandan Pillai	Zonal Sales Manager	-	-	-	-	2
259	Lalit Tyagi	Area Sales Manager	-	-	-	-	2
260	Priyanka	Kiosk Beauty Advisor	-	-	-	-	2
261	Sutapa Roy	Business Development Executive	-	-	-	-	2
262	Vinu S Nair	Regional Sales Manager	-	-	-	-	2
263	Jag deepak Singh	Area Sales Manager	-	-	-	-	2
264	Mohammad Shakir	Senior Associate - Graphic Design	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
265	Jalaj Bedi	Senior Manager-Institutional Sales & Activations	-	-	-	-	2
266	B Muthukumar	Area Sales Manager	-	-	-	-	2
267	Vaibhav Sakharam Kulkarni	Area Sales Manager	-	-	-	-	2
268	Sushanta Kumar Dekka	Area Sales Executive	-	-	-	-	2
269	Manoj Kumar	Commercial Associate	-	-	-	-	2
270	Suman Arya	Kiosk Beauty Advisor	-	-	-	-	2
271	Gurneet Kaur	Senior Associate- Customer Support	-	-	-	-	2
272	Uday Rajaram Sawant	Area Sales Manager	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
273	Arvind Malviya	Area Sales Executive	-	-	-	-	2
274	Charanjeet Malviya	Kiosk Beauty Advisor	-	-	-	-	2
275	Seema J	Business Development Executive	-	-	-	-	2
276	Sumit Kumar Chauhan	Sales Officer	-	-	-	-	2
277	Gajanan Mohanrao Wagh	Sales Officer	-	-	-	-	2
278	Umesh Chandra Sethi	Area Sales Executive	-	-	-	-	2
279	Suchita Vinod Bondre	Kiosk Beauty Advisor	-	-	-	-	2
280	Maha Shiree	Business Development Executive	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
281	Vanshita Johri	Business Development Executive	-	-	-	-	2
282	Nilofar Mohammedimran Kadri	Business Development Executive	-	-	-	-	2
283	Sushila Kumari	Kiosk Beauty Advisor	-	-	-	-	2
284	Sangeeta Sharma	Business Development Executive	-	-	-	-	2
285	Shubhangi Arora	Assistant Manager-Customer Success	-	-	-	-	2
286	Mohammed Tabrez Shareef	Business Development Executive	-	-	-	-	2
287	Dibeyendu Ghosh	Area Sales Manager	-	-	-	-	2
288	Z Irfan Ahmed	Area Sales Manager	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
289	Leela V	Kiosk Beauty Advisor	-	-	-	-	2
290	Sachin NS	Area Sales Executive	-	-	-	-	2
291	Prathima P	Kiosk Beauty Advisor	-	-	-	-	2
292	Tribhuvan Ramdev Nishad	Sales Officer	-	-	-	-	2
293	Sharifunnisa Faizan Sayed	Regional Business Development Manager	-	-	-	-	2
294	Nirmala Dinkar Mane	Business Development Executive	-	-	-	-	2
295	Akshita Krishna Poojari	Business Development Executive	-	-	-	-	2
296	Parul	Business Development Executive	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)

FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
297	Khawja Moyeenuddin	Sales Officer	-	-	-	-	2
298	Shahnawaz khan	Sales Officer	-	-	-	-	2
299	Amit Tyagi	Senior Executive- Warehouse Accounts	-	-	-	-	2
300	Aradhna Gupta	Business Development Executive	-	-	-	-	2
301	Snehashis Biswas	Sales Officer	-	-	-	-	2
302	Sankar Ganesh K	Sales Officer	-	-	-	-	2
303	Pawan	Sales Officer	-	-	-	-	2
304	Vijay Gokani	Customer Support Executive	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
305	Sanchita shankhdhar	Deputy Manager-BA Operations	-	-	-	-	2
306	Disha Sharma	Kiosk Beauty Advisor	-	-	-	-	2
307	Vikas Singh Parmar	Associate- Procurement	-	-	-	-	2
308	Rajesh Dhingra	Deputy Manager-Accounts Payable	-	-	-	-	2
309	Rahul Kumar	Senior Associate - Graphic Design	-	-	-	-	2
310	Kashish Sharma	Associate-Talent Acquisition	-	-	-	-	2
311	Bharti Bhardwaj	Business Development Executive	-	-	-	-	2
312	Ashutosh Biswas	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
313	Sima Pal Chowdhury	Regional Business Development Manager	-	-	-	-	2
314	Navin Kumar Gopalbhai Khandelwal	Sales Officer	-	-	-	-	2
315	Priyanshi Nagar	Associate- Brand	-	-	-	-	2
316	Yesu Mary Santhis	Kiosk Beauty Advisor	-	-	-	-	2
317	Yogesh	Warehouse Operations Executive	-	-	-	-	2
318	Reena	Business Development Executive	-	-	-	-	2
319	Koyya Niadu Babu	Sales Officer	-	-	-	-	2
320	Ajay Panwar	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

Name and address of the Establishment:	AWARE HEALTH AND RESEARCH FOUNDATION Bambhori Pr. Chandsar
Name of the Manager/Authorised representative:	Meena Kumari

All the workers in the establishment are hereby informed that the hours of work, rest-interval and weekly holiday of each worker is given below:

Sr. No.	Name of worker	Designation	Hours of Work		Rest interval		Day of weekly holiday
			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
321	Vinod Kumar Nayak	Deputy Manager-Design	-	-	-	-	2
322	Jatin Daulat Ram	Assistant Manager- Graphic Design	-	-	-	-	2
323	Md Moti Rahman	Executive- Warehouse Operations	-	-	-	-	2
324	Md Afroz	Executive- Warehouse Operations	-	-	-	-	2
325	Usha	Executive- Warehouse Operations	-	-	-	-	2
326	Milky	Executive- Warehouse Operations	-	-	-	-	2
327	Nantu Das	Sales Officer	-	-	-	-	2
328	Suhani Ahuja	Assistant Manager Growth	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)

FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

Name and address of the Establishment:	AWARE HEALTH AND RESEARCH FOUNDATION Bambhori Pr. Chandsar
Name of the Manager/Authorised representative:	Meena Kumari

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Sr. No.	Name of worker	Designation	Hours of Work		Rest interval		Day of weekly holiday
			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
329	Manujsha PradeepKumar	Business Development Executive	-	-	-	-	2
330	Dinky Dinesh Gupta	Kiosk Beauty Advisor	-	-	-	-	2
331	Anil MA	Area Sales Executive	-	-	-	-	2
332	Deepti Upadhayay	HRBP	-	-	-	-	2
333	Ishant Arora	Associate- Tech Support	-	-	-	-	2
334	Ashutosh Patil	Associate Offline Activations	-	-	-	-	2
335	Mohit Kumar	Senior Executive- Finance	-	-	-	-	2
336	Pooja Kale	Store Manager	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)

FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
337	Vinita solanki	Kiosk Beauty Advisor	-	-	-	-	2
338	Ravi Pathak	Deputy Manager- R&D	-	-	-	-	2
339	MANU AGRAWAL	Project Manager- NPD & Innovations	-	-	-	-	2
340	SHANKY MALHOTRA	Deputy General Manager -Finance & Accounts	-	-	-	-	2
341	Saloni Jha	Associate-Legal & Compliance	-	-	-	-	2
342	Pratibha Surendran	Quality Assurance Specialist	-	-	-	-	2
343	Soumya Sinha	Senior Associate-Content Writer	-	-	-	-	2
344	Shaurya Omar	Executive- E-commerce	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)

FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
345	Atul Gupta	Area Sales Manager	-	-	-	-	2
346	Nipun Sharma	Assistant Manager- Marketing	-	-	-	-	2
347	Payal Gupta	Assistant Manager- Influencer Marketing	-	-	-	-	2
348	Nitisha Maan	Senior Associate-Content Writer	-	-	-	-	2
349	Asifa Shaikh	Business Development Manager	-	-	-	-	2
350	Mohit Kumar	Area Sales Manager	-	-	-	-	2
351	Abhijit Sarkar	Sales Officer	-	-	-	-	2
352	Amiya Moharana	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)

FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
353	Hitesh Kumar	Deputy Manager - Accounts Receivables Lead	-	-	-	-	2
354	Nisith Kumar Bag	Deputy Manager- Partnerships	-	-	-	-	2
355	SANJAYBHAI DINESHBHAI SHAH	Sales Representative	-	-	-	-	2
356	Diya Garg	Executive- Packaging	-	-	-	-	2
357	Anjali Bedwal	Assistant Manager- Influencer Marketing	-	-	-	-	2
358	Satish	Assistant Manager - Procurement	-	-	-	-	2
359	Jayesh Arora	Executive-Accounts Payable	-	-	-	-	2
360	Samim Uddin	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
361	Md Tanweer	Sales Officer	-	-	-	-	2
362	Harsotsav Sinha	Senior Executive- Finance	-	-	-	-	2
363	Rajat Kumar Debnath	Assistant Manager- Influencer Marketing	-	-	-	-	2
364	Kondeti Purnashanmukha	Sales Officer	-	-	-	-	2
365	Jay Prakash Malik	Deputy Manager-Corporate Sales	-	-	-	-	2
366	Malikjan Salim Shaikh	Sales Officer	-	-	-	-	2
367	Dolly Sharma	Kiosk Beauty Advisor	-	-	-	-	2
368	Kavali Narsimulu Yadav	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
369	Mukund Shivaji Raut	General Manager - Marketing	-	-	-	-	2
370	Harsimran Singh	Chief of Staff	-	-	-	-	2
371	Rachika Rai	Deputy Manager - Visualizer	-	-	-	-	2
372	Chetan Singh	Senior Executive ♦ Commercial	-	-	-	-	2
373	Md Ashraf	Deputy Manager - Demand Planning & Forecasting	-	-	-	-	2
374	Amit More	Senior Associate- Regional Finance (West)	-	-	-	-	2
375	Deepak Pant	Associate - E-commerce- Operations	-	-	-	-	2
376	Ranjeet Kaur	Business Development Training Manager	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
377	Akhilesh Kumar Dwivedi	Area Sales Executive	-	-	-	-	2
378	Ravindra Kumar Meena	Deputy Manager-E-Commerce	-	-	-	-	2
379	Gaurav Bedi	Assistant Manager- Business Analyst	-	-	-	-	2
380	Vijender Mahala	Deputy General Manager	-	-	-	-	2
381	Amit Yadav	Senior Associate - Logistics Operations	-	-	-	-	2
382	Disanta Ojah	Senior Manager -Trade Marketing	-	-	-	-	2
383	Shekhar Singh	Vice President-Offline Growth	-	-	-	-	2
384	Akash	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
385	Ravi Pareek	Area Sales Executive	-	-	-	-	2
386	Krishant Chougule	Sales Officer	-	-	-	-	2
387	Shrikant Kale	Sales Officer	-	-	-	-	2
388	Vikash Sharma	Senior Associate - Sales Coordinator	-	-	-	-	2
389	Shivansh Dwivedi	Assistant Manager - Marketplaces	-	-	-	-	2
390	Sanjay Singh	Area Sales Executive	-	-	-	-	2
391	Pawan Kumar	Area Sales Manager	-	-	-	-	2
392	Pawan Singh	Area Sales Manager	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
393	Pankaj Punit	Area Sales Manager	-	-	-	-	2
394	Pratik Vyas	Manager - Video Producer	-	-	-	-	2
395	Shayla	Deputy Manager ♦ Business Development	-	-	-	-	2
396	Khushal Bhadra	Senior Manager- SEO	-	-	-	-	2
397	Meraj Alam	Senior Associate- Regional Finance (North)	-	-	-	-	2
398	Joydeb Roy	Senior Associate-Regional Finance (East)	-	-	-	-	2
399	Somya Bhargava	Associate - Marketing	-	-	-	-	2
400	Arun Kumar Dwivedi	Area Sales Executive	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
401	Pradum	Senior Executive- E-Commerce	-	-	-	-	2
402	Ajay Kumar	Zonal Sales Manager	-	-	-	-	2
403	Deepak Tiwary	Senior Associate - Business Analyst	-	-	-	-	2
404	Manoj Kumar	Senior Manager - Country Manager	-	-	-	-	2
405	Ashutosh Mishra	Deputy Manager - Administration	-	-	-	-	2
406	Prashant Chaturvedi	Senior Manager- Modern Trade	-	-	-	-	2
407	Hersuhail Kaur	Deputy Manager- Marketing Operations	-	-	-	-	2
408	Police Singh	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
409	Om Prakash	Sales Officer	-	-	-	-	2
410	Mukesh Kumar	Sales Officer	-	-	-	-	2
411	Anil Gharte	Sales Officer	-	-	-	-	2
412	Piyush Jain	General Manager-Offline Sales & Marketing Operations	-	-	-	-	2
413	Rakesh kalindi	Sales Officer	-	-	-	-	2
414	Pinki Mullick	Business Development Manager (Modern Trade & BA Operations)	-	-	-	-	2
415	Indrajeet Nagar	Assistant Manager-Inventory Management	-	-	-	-	2
416	Gaurav Kala	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
417	Arvind Kumar	Sales Officer	-	-	-	-	2
418	Munish Kumar	Sales Officer	-	-	-	-	2
419	M. PERIASAMY	Area Sales Executive	-	-	-	-	2
420	Mani kanojia	Sales Officer	-	-	-	-	2
421	Rajendra Mohanty	Sales Officer	-	-	-	-	2
422	Mukesh Kumar Chaturvedi	Senior Executive - Warehouse Dispatch	-	-	-	-	2
423	Bhaves p jobanputra	Sales Officer	-	-	-	-	2
424	deepak kumar mamtani	Area Sales Manager	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
425	ALOK KUMAR	Sales Officer	-	-	-	-	2
426	Abasaheb Ranganath Nimbalkar	Regional Sales Manager	-	-	-	-	2
427	GOUTAM GHOSH	Zonal Sales Manager	-	-	-	-	2
428	Rajesh Kumar sah	Area Sales Manager	-	-	-	-	2
429	Kunal Arora	Sales Officer	-	-	-	-	2
430	G Archana	Business Development Executive	-	-	-	-	2
431	PANKAJ KUMAR SHIT	Sales Officer	-	-	-	-	2
432	SANJAY DEEPAKBHAI PATEL	Area Sales Manager	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
433	Anish Shrivastava	Sales Officer	-	-	-	-	2
434	Nagaraj Purushothaman	Sales Officer	-	-	-	-	2
435	Param Bhargava	Founder	-	-	-	-	2
436	Shreedha Singh	Co-Founder	-	-	-	-	2
437	Surya Omar	HR-VP	-	-	-	-	2
438	Vasanth SV	Area Sales Executive	-	-	-	-	2
439	Gaurav Rajput	Senior Associate - Video Editor	-	-	-	-	2
440	Deepak kumar Sharma	Senior Executive- Warehouse Accounts	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
441	Ram Surat Tiwari	Deputy General Manager-Strategic Sourcing	-	-	-	-	2
442	Bharat Kotwal	Area Sales Manager	-	-	-	-	2
443	Stuti Thapliyal	Assistant Manager - Ayurveda Expert	-	-	-	-	2
444	Nagesh Singh	Sales Officer	-	-	-	-	2
445	Swapnil Sawant	Sales Officer	-	-	-	-	2
446	Amrender Kumar	Assistant Manager - Packaging Technologist	-	-	-	-	2
447	Arvinder Sharma	Assistant Manager - Quality Control and Assurance	-	-	-	-	2
448	Subhamay Paul	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
449	Bhushan RAJARAM Ahire	Sales Officer	-	-	-	-	2
450	Somnath Chakraborty	Area Sales Executive	-	-	-	-	2
451	Keshav Jha	Sales Officer	-	-	-	-	2
452	Ratnesh Srivastava	Sales Officer	-	-	-	-	2
453	Sanjay Kumar	Sales Officer	-	-	-	-	2
454	Biswanath Gupta	Sales Officer	-	-	-	-	2
455	SANDIP DEVRAM DHAKE	Sales Officer	-	-	-	-	2
456	Shankar Lal Meghwal	Sales Officer	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
457	Vivek Kumar	Area Sales Executive	-	-	-	-	2
458	RAJU SAHADEV DHAKATE	Sales Officer	-	-	-	-	2
459	Krishna Shukla	Sales Officer	-	-	-	-	2
460	Kapil Sharma	Deputy Manager - Loss and Prevention	-	-	-	-	2
461	Manoj Kumar	Zonal Sales Manager	-	-	-	-	2
462	Aasis Singh Katyal	Associate- Founder's Office	-	-	-	-	2
463	Akansha Verma	Assistant Manager- HR	-	-	-	-	2
464	Barun Kumar Sah	Area Sales Executive	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
465	Rajkumar Shrestha	Area Sales Executive	-	-	-	-	2
466	Deb Kumar Ghosh	Sales Officer	-	-	-	-	2
467	Mohsin Saifi	Product Executive	-	-	-	-	2
468	Archya Singh	Intern	-	-	-	-	2
469	Abhishek Pal	Sales Officer	-	-	-	-	2
470	Kranti Ganesh Pandel	Sales Officer	-	-	-	-	2
471	Nandani Kumari	Executive - Customer Outreach	-	-	-	-	2
472	Raj Verma	Executive - Customer Outreach	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

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			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
473	Tapan Singha Chowdhury	Sales Officer	-	-	-	-	2
474	Alka Tomar	Assistant Manager- Accounts Recievable	-	-	-	-	2
475	Suhasi Malhotra	Executive - Marketing	-	-	-	-	2
476	Arghajit Mohanta	Sales Officer	-	-	-	-	2
477	Arunangshu Gupta	Area Sales Executive	-	-	-	-	2
478	Santosh Kumari	Senior Associate - Finance	-	-	-	-	2
479	Kajal Kumari	Executive - Customer Outreach	-	-	-	-	2
480	Harshit Mishra	Executive Accounts	-	-	-	-	2

AWARE HEALTH AND RESEARCH FOUNDATION
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FORM - 'M'

(See Rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

Name and address of the Establishment:	AWARE HEALTH AND RESEARCH FOUNDATION Bambhori Pr. Chandsar
Name of the Manager/Authorised representative:	Meena Kumari

All the workers in the establishment are hereby informed that the hours of work, rest-interval and weekly holiday of each worker is given below:

Sr. No.	Name of worker	Designation	Hours of Work		Rest interval		Day of weekly holiday
			From :	To :	From :	To :	
(1)	(2)	(3)	(4)		(5)		(6)
481	Geeta Devi	Kiosk Beauty Advisor	-	-	-	-	2
482	Mohit Sharma	Intern	-	-	-	-	2

Date:

Place:

AWARE HEALTH AND RESEARCH FOUNDATION
(Employer Signature/ Authorized Signatory)