**To**   
The Head of Department   
Department of Paediatrics   
ERA Medical College and Hospital   
Lucknow

**Date:** 28th of April, 2025

**Subject:** Request for Specialist Consultation and Medical Leave on Account of Health Condition.

**Respected Sir,**

I write to inform you about my medical issue requiring your kind consideration and approval. I am Dr. Aditi, a First-Year Junior Resident in the Department of Paediatrics, presently posted in PICU.

Approximately two weeks ago, I sustained a fall in the hospital premises, subsequent to which I have experienced persistent lower-back pain which radiates to my Rt leg on exertion.

In cognisance, I had consulted in the orthopaedics department. Upon investigating the matter further, on X-ray and MRI—conducted at our institution has revealed compression and slippage at the L5–S1 vertebral level, diagnosed as Anterolisthesis of LS spine at the level of L5-S1 Grade 2/3. I have attached the reports for your reference. On Further evaluation at Max Hospital, Lucknow, the senior consultants indicated that corrective surgery is necessary along with taking physiotherapy and necessary precautions, as to avoid bending or weight bearing and sufficient rest so as to not exert the spine. I have also attached this prescription.

Furthermore, to arrive at a fully informed decision regarding potential surgical intervention, my parents and I wish to obtain a specialist opinion from **Dr. V. Rajkumar Deshpande, Director, Department of Neurosurgery, Fortis Hospital, Bannerghatta Road, Bangalore.** Accordingly, I will be traveling to Bangalore on Friday, 2 May 2025, for this consultation. I therefore respectfully request your permission to undertake this visit. Should surgery be advised, I will require medical leave for the period recommended by the consulting team and will furnish you with the exact dates at the earliest opportunity.

I earnestly solicit your understanding and approval, and I remain grateful for your guidance and support in this matter.

Thanking you,

Yours faithfully,

Dr. Aditi   
Junior Resident-I, Department of Paediatrics   
ERA Medical College and Hospital, Lucknow