

TherapEase Exercise Session Report

Patient Details

Name: Somay Singh

Patient ID: P-2025-001

Date of Report: 22 November 2025

Session Summary

Exercise: Bicep Curl (bicep_curl)

Sets: 3

Total Reps: 15

Duration: 1.0 sec

Average Speed: 15.00

Form Score: 0.9 / 100

Therapist Remarks

Session auto-generated by TherapEase. Please review the metrics above and adjust the exercise prescription as needed.