

(1)

Universal Human Values

Ghsem

UNIT-I

Basic Aspiration

whatever we think, whatever we do is with some end in mind.

* we may be going to school to learn and be eligible for college.

* we may be doing engineering in order to get a job.

* we may be working in a job for the salary.

we may be shopping with that salary.

like that there is a chain of thoughts and

actions.

we can observe that we achieve one of

these, we tend to move on to something else.

After school is completed, we start preparing for entrance exams when we get admission into a college, we become concerned

① about the assignments, grades and the rank. Once that is done, placement becomes our target.

I-TIME

②

like that we keep doing something which we consider to be important at a given point in time.

out of these 3 examples on the previous page which is our basic aspiration?

Is it learning what is taught in school or getting that engineering degree or the job or the salary from the job or the shopping?

Let us ask ourselves: what will make us fulfilled?

Let us find out, if there is an end goal which we want to achieve through all this.

Is there an end state that we want to reach and then we want some continuity of that state?

This end state is our basic aspiration.

Continuous Happiness and prosperity as

Basic Human Aspirations

To explore into the question of basic aspiration, ask yourself the following questions;

- * Do you want to be happy?
- * Do you want to be prosperous?
- * Do you want the continuity of happiness and prosperity?

The answer is yes. We have a natural acceptance to be happy all the time. We have a natural acceptance to be always prosperous.

The basic human aspirations are happiness, prosperity and its continuity.

We may of course have different notions (views) of happiness and prosperity, but we do want to be happy and prosperous.

11

(8) (9)

We may at times, even feel that their continuity is not possible, but still we want to be always happy and always prosperous. There is no moment when we want to be unhappy or when we want to be deprived (not having enough of the basic things in life such as food, money etc.)

And this is what we are trying to confirm here by referring to our natural acceptance.

Basic Requirements for Fulfilment of Human Aspirations

Let us explore further by asking ourselves the following questions;

- * Are we happy?
- * Are we prosperous?
- * Is there continuity of the two?

As far as the basic aspiration or desire is concerned, there is very much an affirmative yes; but when it comes to our state of being

(5)

then it is not always so affirmative, isn't it?

so There is quite a gap between our basic aspiration and our state of being and this (gap) is not naturally acceptable to us

Desire, Basic Aspiration | State of being, what are we

Do we want to be happy? | Are we happy?

Do we want to be prosperous? | Are we prosperous?

Do we want the continuity of happiness and prosperity? | Is there continuity of our happiness and prosperity?

Why this gap?

- between our desire and our state of being
- between what we really want to be and what we are

what are we doing to fill this gap? Is it getting filled up or getting wider?

We will explore into this

Fig - Basic Human Aspiration and state of Being

(2)

Let us continue the exploration further
let us find out, if our effort is for

continuity of happiness and prosperity?
or

- Just for accumulation of physical facility?

When we reflect on all the effort we are making then we can easily see that we are generally working for accumulation of physical facility!

We are expecting happiness and prosperity, but the effort is for physical things.

We don't even find out/see if ^{does} we have enough physical facility or not; will it actually ensure happiness and prosperity or not; but instead we go on accumulating more and more.

We are making this effort with the assumption that we will get happiness and prosperity out of the physical things.

Find out if you have assumed that happiness and prosperity will automatically come when you have enough physical facility?

(7)

This may be one underlying (important but hidden) assumption we might be thinking that money is everything — i.e. once we have enough of it, then everything will be all right — i.e. we will have happiness and prosperity.

We may not be aware of that we have such an assumption which is driving our effort. So we will check if this is the case.

We explore further by asking ourselves:

What efforts are we making for continuity of happiness and prosperity, other than accumulation of the physical facility?

If we have not assumed that physical facility is all that is what required; then what else we are doing a part from that? This is something we need to explore in our own life. Where are we putting in our effort?

We spend time in eating, sleeping, developing skills, working, watching TV and so on.

We are putting in most of our effort for physical facility. This may be because most of the time, we have been trained to study for it, work for it and achieve it as much as possible.

(3)

with all that effort, even if we are missing on account of happiness, still we tend to keep working harder and harder for more and more physical facility.

If continuity of happiness and prosperity is not achieved by just accumulating physical facility then what else is essential to do?

Let's try to find out by asking this question to ourselves:

* Is there unhappiness in my family.

* More due to lack of physical facility or

* More due to lack of fulfilment in relationship

Whenever there is any unhappiness in your family, what is the major reason for it? When you explore into it, you will find that the major reason for the unhappiness in the family is the lack of fulfilment in the relationship.

Now to look at the investment of your effort, find out what effort is being

(9)

* How much time and effort you are investing for physical facility and for fulfilment?

* How much time and effort you are investing for fulfilment in relationship?

what is roughly, the percentage of your total time and effort spent for physical facility?

(Eating, sleeping, working, studying and so on are all related to physical facility)

You can find out for yourself how much time is spend.

Generally, most of the time and effort is being invested for physical facility, assuming that everything is going to be fine when there is enough physical facility; then there will be no problem; there will be no unhappiness in the family.

In the meanwhile, if any issue of relationship has cropped up, then we try to invest some time to patch it up or somehow manage it.

And for this many times, we again invest physical facility to compensate for the dissatisfactions or complaints in relationship.

If we are not able to give time to the family in day to day life, we then try to spend time with them on weekends, (on dining out, by watching movies together or giving some gift and so on.) All this is possible only by investing physical facility, so we work even harder for obtaining this.

But, does it work?

The problems are more due to lack of fulfilment in relationship, and we are investing major part of our time and effort for physical facility.

We are so careful about investing money and other material resources, but when it comes to investing on ourselves, our time and effort for relationship, then we are not very aware about it.

And this is certainly not a right kind of investment.

can you see:

The unhappiness in your family is more due to lack of fulfilment in relationship, but the major part of time, or most of the time and effort is spent for physical facility?

So the conclusion drawn out from this is

"For human being physical facility is necessary but relationship is also necessary".

Is it true for us?

As far as human being is concerned, physical facility is necessity but relationship is also necessary. i.e. Both are important.

We can understand the difference between animals and human being.

Physical facility is necessary for animals as well as for human beings.

For animals it is necessary as well as adequate (enough for what you need) i.e. animals can be satisfied with physical facility alone. But when it comes to human beings, that is not the case i.e. physical facility is a necessity but if physical facility alone is not going to suffice (enough or adequate) for the fulfilment of human being.

To take an Example

when an animal has lack of physical facility, it becomes uncomfortable and when it has physical facility it becomes comfortable

When a cow gets a stomach full of grass, it becomes comfortable, sits and chew the cud (the food that cows and similar animals bring back from the stomach into the mouth to eat again). With enough grass to fill the stomach the cow is comfortable, But what about a human being?

When a human being has lack of physical facility, he/she becomes uncomfortable and unhappy. Once he/she gets the physical facility, he/she forgets about it and starts thinking about many other things.

Does it happen with you? Once you do not have a facility that you need, you keep on thinking about how to get it.

If one does not have enough to eat, he/she will feel low. But once he/she has enough food, then previous (low food) situation is simply ignored, forgotten.

(13)

If we don't get enough to eat, we are uncomfortable and unhappy. And

If we have enough to eat, then we tend to forget about food and start thinking of many other things.

If you do not have a house of your own, it occupies your thought regarding this matter much physical facility much of time, But once you have a house by your own, then you simply forget about it (house) and start thinking about so many other things like furniture in the house, your career, your social connections etc.

And if they are not upto your expectations, you start feeling anxious (worried and afraid).

Seldom (not often or rarely) you feel happy that you have a house of your own.

Can you see that?

"Do you know how many pairs of clothes you have"? Generally not more than 10. of the people even know that how many pair of clothes they have.

That means if we did not have clothes we would have been unhappy and uncomfortable,

81

14

but now that we have clothes, so most of us tend to forget about it and we think about many other things.

So we can conclude that physical facility is necessary for animals, and it is necessary for human beings also; but however,

for animals, physical facility is necessary as well as adequate.

* For human beings, physical facility is necessary but physical facility alone is not adequate.

Relationship with human being	Physical facility with rest of nature	<u>For animals:</u> necessary and largely adequate <u>For human beings:</u> necessary but not adequate.
-------------------------------	---------------------------------------	--

Fig. 2

For human being, physical facility is necessary but relationship is not necessary

When it comes to human being, the lack

of physical facility makes him/her uncomfortable and unhappy, but availability of physical facility alone does not ensure the feeling of happiness and prosperity. something more is required.

~~15~~ ~~15~~ fulfillment in the relationship is also required as per fig(2)

Imagine being in a five star hotel for a month with every facility - ~~except~~ except that you have no one to talk with.

While we do have a natural acceptance to live in relationship, are we actually living in relationship?

We find out if:

1. You want to live in relationship (harmony) with others or
2. You want to live in opposition to others or
3. You believe, living has to be necessarily in opposition with others i.e. there is 'struggle for survival', 'survival of the fittest' &

A little introspection (the examination or observation) will show that out of these 3 what is naturally acceptable is the first one.

You certainly do not want to live in opposition with others. But you may be conditioned to think in a manner

21

16

as is mentioned in 3rd option, because this is mostly what we are teaching today in the schools and colleges.

~~Strong~~ ~~but~~ ~~what~~ ~~we~~ ~~are~~ ~~teaching~~ ~~today~~ ~~in~~ ~~the~~ ~~schools~~ ~~and~~ ~~colleges~~ Relationship is naturally acceptable to us but what we are trying to teach the children is opposition and struggle.

~~and~~ ~~of~~ ~~the~~ ~~third~~ ~~option~~ If we adopt the third option it has significant negative implications in our life, in the family and in the society. And we can see this all around today.

~~Curious~~ In relationship what is generally happening today is something like this:

Everytime when there is fight we want to resolve it. we start the next day with the thought that we don't want to fight today; but a fight takes place again (sometimes the fight takes place at the end of the same day)

Does this happen with you, with your brother, sister, father, mother, spouse, children, with your friends, co-workers etc?

Getting irritated, angry, not speaking for days on end, dragging each other to court, divorces etc are indicators of the situation in relationship.

while there is a willingness to live in relationship, the right understanding about the relationship is ~~not~~ lacking; the competence (ability or skill) to fulfil the relationship is lacking.

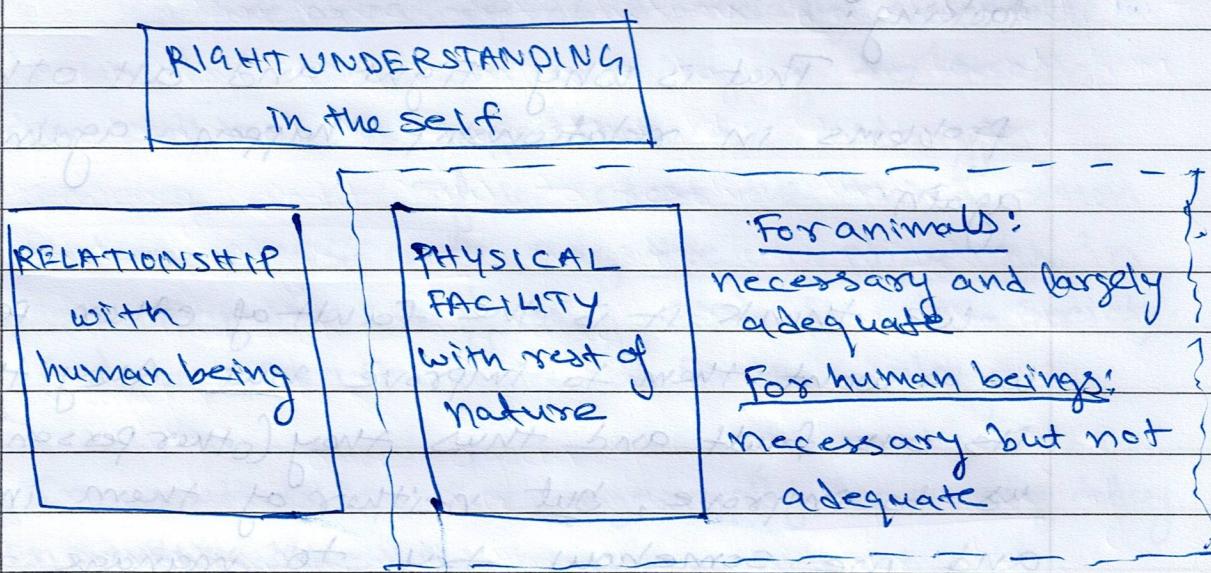
That is why fight and all other problems in relationship happen again and again.

We think it is the fault of other person so we ~~are~~ want them to improve but they think its our fault and thus they (other person) want us to improve, but neither of them improves and we somehow try to manage the relationship.

For ensuring fulfilment in relationship, it is necessary to have right understanding about relationship.

Further right understanding about one self vis-a-vis (in relation to, with regard to) rest of nature is also necessary in order to correctly assess our need for physical facility and the correct method for making it available.

Right Understanding, Relationship and Physical facility — All three are required for the fulfilment of human being



Fig(3) For human being, physical facility, fulfilment in Relationship as well as Right Understanding are Necessary

Now we can find out if all the three of them are required or we can do away with any of them.

Do you need physical facility?

Do you need fulfilment in relationship?

Do you need right understanding?

Is there any unnecessary, superfluous (more than enough)

we will make out that all 3 are required.

considering 3 different situations

case-I
physical facility

It is hot and humid and you are sweating.

If you switch on an air conditioner, does the cool air coming from it will help?

You can see that your body is no longer sweating

The air conditioner and its cool air are physical facility. i.e It is useful for protecting the body from excessive heat.

case-II
relation ship

Now you are sitting in air-conditioned room of case I A person with whom you have a feeling of opposition walks into the room.

Hence your body is comfortable with the cool air, but how do you feel within the room? Comfortable or Uncomfortable?

You will be able to see that you would feel Uncomfortable and it is due to the feeling of opposition that is within you for that person.

Care II
Right Under
standing

After this the person whom you are uncomfortable with has left the room, you are sitting alone but you are still thinking of that person.

You have contradictions (a statement, fact or action that is opposite to or different from another one) in your thought. You are thinking about how to resolve these contradictions but you are unable to. Will you feel comfortable with in room or uncomfortable?

once again you can see that you will be uncomfortable within, regardless of the temperature of the air-conditioner.

Without the requisite knowledge, the right understanding (of relationship and the feelings in relationship) can you resolve these contradictions?

Can any amount of physical facility resolve these contradictions in you?

We can see that physical facility, relationship and right understanding are those distinct realities. By looking these 3 we can see that ~~physic~~

* Right understanding (in the self) is understanding myself, understanding all that I live with (the entire existence) and understanding my role with respect to all that I live with, i.e. myself, my family, society nature/existence.

- * Relationship is essentially the feeling I have for other human beings (in the family, in the society)
- * physical facility includes all things physical.

All three (physical facility, Relationship and Right understanding) are required for fulfilment of human being. One cannot be substituted for the other.

Nextly we will find out, if we are taking care of all three of them or we are largely focusing on physical facility?

As already discussed we need all three of them, but today the major focus is on physical facility. You can verify if this belief that physical facility can take care of everything is true or not.

Can we take care of relationship with physical facility alone?

(22)

Can we take care of right understanding with physical facility alone?

Priority - Right Understanding, Relationship and physical facility

Next question is that if all 3 of them are required then what is going to be the priority?

Priority indicates what is fundamental, and what is the relative importance.

Working on the higher priority facilitates the fulfilment of the lower priority.

All three of them are required.

Right understanding in the self is the priority because only with right understanding we can ensure fulfilment in the relationship and we are able to make out how much physical facility is required. Therefore right understanding is the first priority.

As we have discussed, the problems in the family are more due to lack of fulfilment in relationship, rather than the lack of physical facility.

It indicates that relationship is more important than physical facility.

Example :-

A lady teacher was attending one of the evening human values workshops.

Two days after the topic on relationship and its priority was discussed, and she shared her experience.

She was in the kitchen, while her two sons, aged about five and eight were playing cricket inside the house.

Hearing the sound of a shattered (break) window pane (one piece of a glass in window), she rushed out of the kitchen. But before she reached to the children, she recollects the broken glass pieces as the priority.

Now this is just in her assumption yet she was able to see that relationship is certainly on a higher priority over the physical facility (window pane).

"I can get the window pane repaired for a few rupees, but it would take a much more if I were to lose the affection from my children", she thought.

She asked the boys "I hope you are not hurting, while she collected the broken glass pieces and put them in the dustbin.

"We are OK said the elder son.

And as she was going back to the kitchen the younger one said "won't you beat us?"

Because he had a good idea of his mother - who in a state of unawareness, valued physical facility more than the children's feelings).

Now if you look at overall priority, right understanding is the first priority, fulfilment in relationship with human beings is the second priority and ensuring physical facility with rest of the nature is the third priority.

One thing is very clear that all three of them are required - the right understanding in the self is required, the fulfilment in relationship with human being is required and physical facility (with rest of nature)

(25) Is required, and all the three have to be ensured separately (one cannot be substituted by the other)

It is interesting that out of these three priorities today generally we are not taking care of the first priority (right understanding) we are not taking care of the second priority (fulfilment in relationship with human being) while our major focus is on third priority (physical facility)

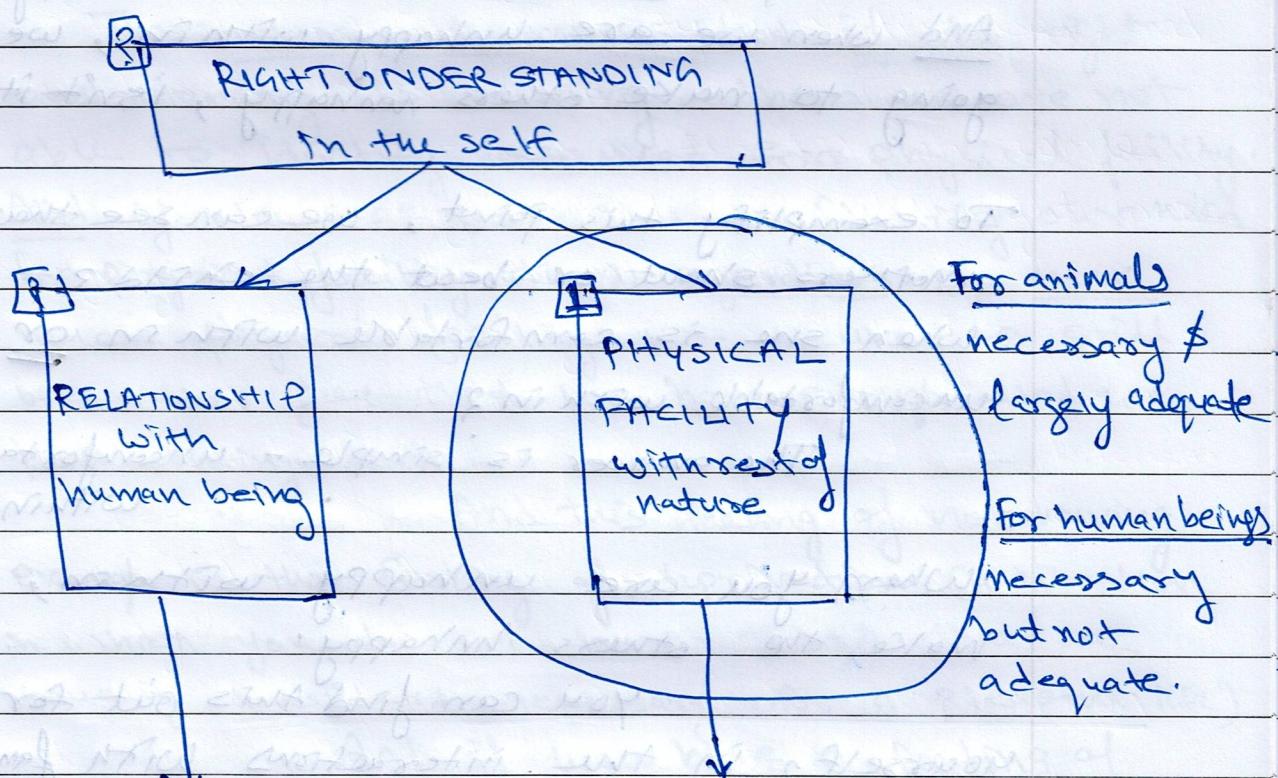


Fig-4 Human Being living with physical facility as First Priority

If we are only working for physical facility, the outcome is shown depicted in fig ④.

At the level of physical facility, we are feeling, we are feeling deprived and we are making others deprived or exploiting others.

When we don't have right understanding (about relationship) in the self, we are not able to ensure fulfilment in relationship, therefore we are unhappy within. And when we are unhappy within, we are going to make others unhappy, isn't it?

To exemplify this point, we can see that mothers shout or beat the child? When she is comfortable with or uncomfortable within?

The answer is simple - uncomfortable within.

When you are unhappy within, you make the others unhappy.
You can find this out for yourself, in the interactions with family members and friends

If we don't have right understanding about relationship, we don't know about the feelings in the relationship.

And if we have not ensured those feelings in us, then we are unhappy within.

And In that state of unhappiness we are not able to ensure fulfilment in relationship - ~~ie~~ we make others unhappy.

This is one outcome

The other outcome is that if the right understanding is missing, then we are not able to identify our need for physical facility. And if we are not able to identify our need for physical facility then regardless of how much physical facility we accumulate still we never feel that we have enough and we keep wanting more.

And this feeling of not having enough is the feeling of deprivation (a situation in which you do not have things that are usually considered necessary for a pleasant life)

And if we have a feeling of deprivation, will we think of nurturing (to look after and protect somebody) others or exploiting others?

The answer is simple - we will think of exploiting others to get more and more physical facility.

Once while taking tea with students, we asked them a funny question "come, let's find out how much tea will be needed to fill this cup - if it does not have a bottom? Naturally, they were amused (finding something funny or entertaining) and smilingly replied "Sir are you joking?"

It is so obvious that if this cup doesn't have a bottom then there is no question of it getting filled i.e. no amount of tea will be sufficient to fill it up.

But why are you asking such a trivial (of little importance) question?

"So you can see that if the cup has no bottom then there is no question of ensuring its filling. We all appreciate this very easily."

Now let us look at the cup of our aspiration for physical facility, for money. Does it have a bottom?

Do you know how much physical facility you require?

If you don't know how much is required, can you ever feel prosperous, regardless of how much you earn?

If we don't know how much physical facility we require, then we will never have a feeling of prosperity, regardless of how much we accumulate.

The accumulation of physical facility may go on increasing but our feelings of deprivation will continue and if we feel deprived we think of depriving others, exploiting others and try to accumulate more and more.

If we look around, there are generally two kinds of people today:

1. Those lacking physical facility, unhappy and deprived.
2. Those having physical facility, unhappy ~~or~~ and deprived.

Do you see these two types of people?

Do you see people who don't have enough physical facility, they are deprived and also unhappy?

Do you see people who have lots of physical facility, but still they don't feel that they have enough and they need more and more?

Such people do not have the right understanding of their need for physical facility, and so they keep feeling deprived and unhappy.

We see that the whole concept of what is called development today, largely takes us from Point 1 to Point 2.

While working for development, we are focusing on a good outside environment, lavish infrastructure etc -

Is it sufficient for your happiness and prosperity?

The nice apartment, 24 hour electricity, running water, laptop, mobile, a big car, wide roads, trains, planes and all this may be required.

But is it sufficient to ensure continuity of your happiness and prosperity?

Through education if we are focused on good job just for high salary and more and more physical facility, without having clarity on how much is required. Then it

(31)

can only takes us from point 1 to point 2 while it can never ensure happiness, prosperity and continuity of both point 1 and point 2

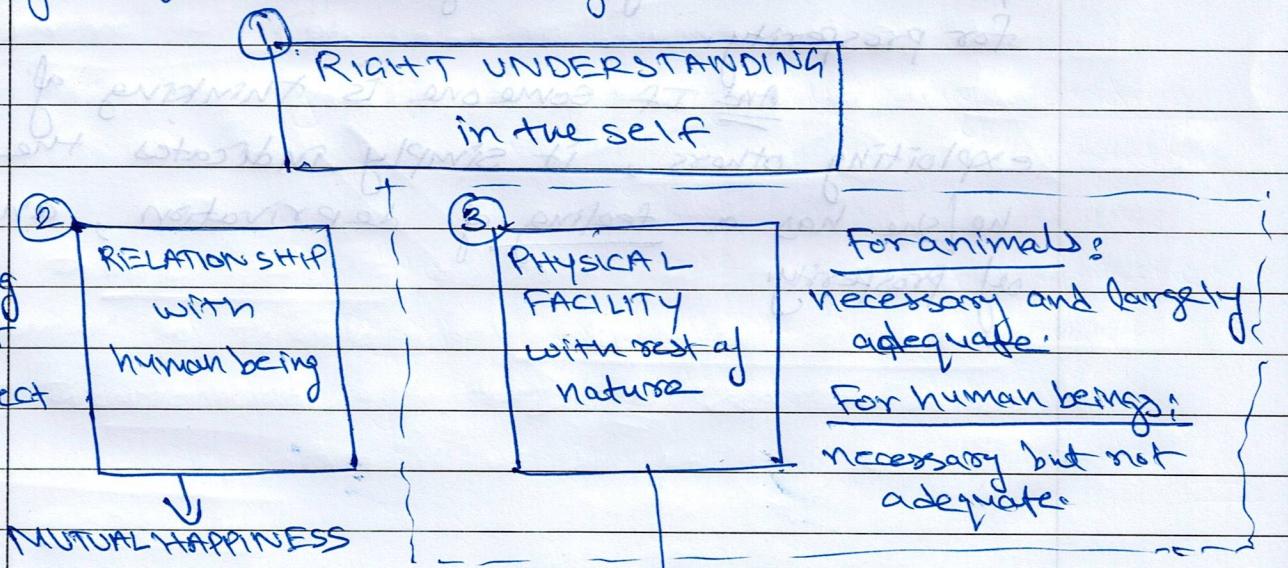
Whereas we really want to be in the following state which is

3. Having physical facility, happy and prosperous.

Find out what is naturally acceptable to you to be in 1, 2 or 3?

It is easy to see that we naturally want to be in state 3 i.e. of having more than enough physical facility, happy and prosperous. Isn't it?

Now if we are able to measure ensure all three i.e. Right understanding, relationship and physical facility, in the following below order



Fig(5) Human being living with Right understanding, relationship & physical facility in priority order.

* Through Right feeling in relationship, based on Right Understanding, we can ensure mutual happiness - happiness for ourselves as well as happiness for others.

* With Right Understanding, we can identify the need for physical facility. We can also learn how to produce using a morally enriching production process.

Once we are able to ensure the availability of more than required physical facility, then we have a feeling of prosperity. Isn't it?

You can see that you have more than what is required i.e. ^{then} you have a feeling of prosperity, and you will naturally think of nurturing (to look after and protect somebody / something) others and not exploiting them. You will think of helping others in their effort for prosperity.

And if someone is thinking of exploiting others, it simply indicates the he/she has a feeling of deprivation, and not of prosperity.

Right understanding + Relationship → Mutual happiness

Right understanding + physical facility → Mutual

prosperity

In this way, with right understanding and fulfilment in relationship, we can ensure mutual happiness.

With right understanding and enough physical facility (working with rest of nature) we can ensure mutual prosperity, mutual enrichment.

Therefore by ensuring right understanding relationship, and physical facility, we can ensure happiness and prosperity for ourselves and work for happiness and prosperity for others.

Development of Human Consciousness

The basic aspirations of a human being are happiness, prosperity and its continuity are fulfilled by right understanding, relationship and physical facility as their priority orders.

A human being working for all three of them is fulfilled.

Therefore a human being living with all three of them is living with human consciousness.

While on the other hand, if one is living for the physical facility alone, then one is living with animal consciousness.

While physical facility may suffice (be enough or adequate) for animals, but it is not adequate for human being to be fulfilled.

Now we will find out if development would basically mean development of human consciousness or just the development of physical facility is sufficient.

By using the word animal consciousness we are not trying to demean (cause a severe loss in the dignity of and respect for someone) animals

Animals living with animal consciousness

They are in harmony

This is fine

Human being living with human consciousness

They are in harmony

This is fine

Human being living with animal consciousness

They are in disharmony

This is the problem

Animals living with animal consciousness, living for physical facility alone, living for food, shelter etc are just fine — ie they are in harmony with rest of nature!

only when human beings try to fulfil themselves on the basis of physical facility alone, then they tend to be in disharmony within and in disharmony with others.

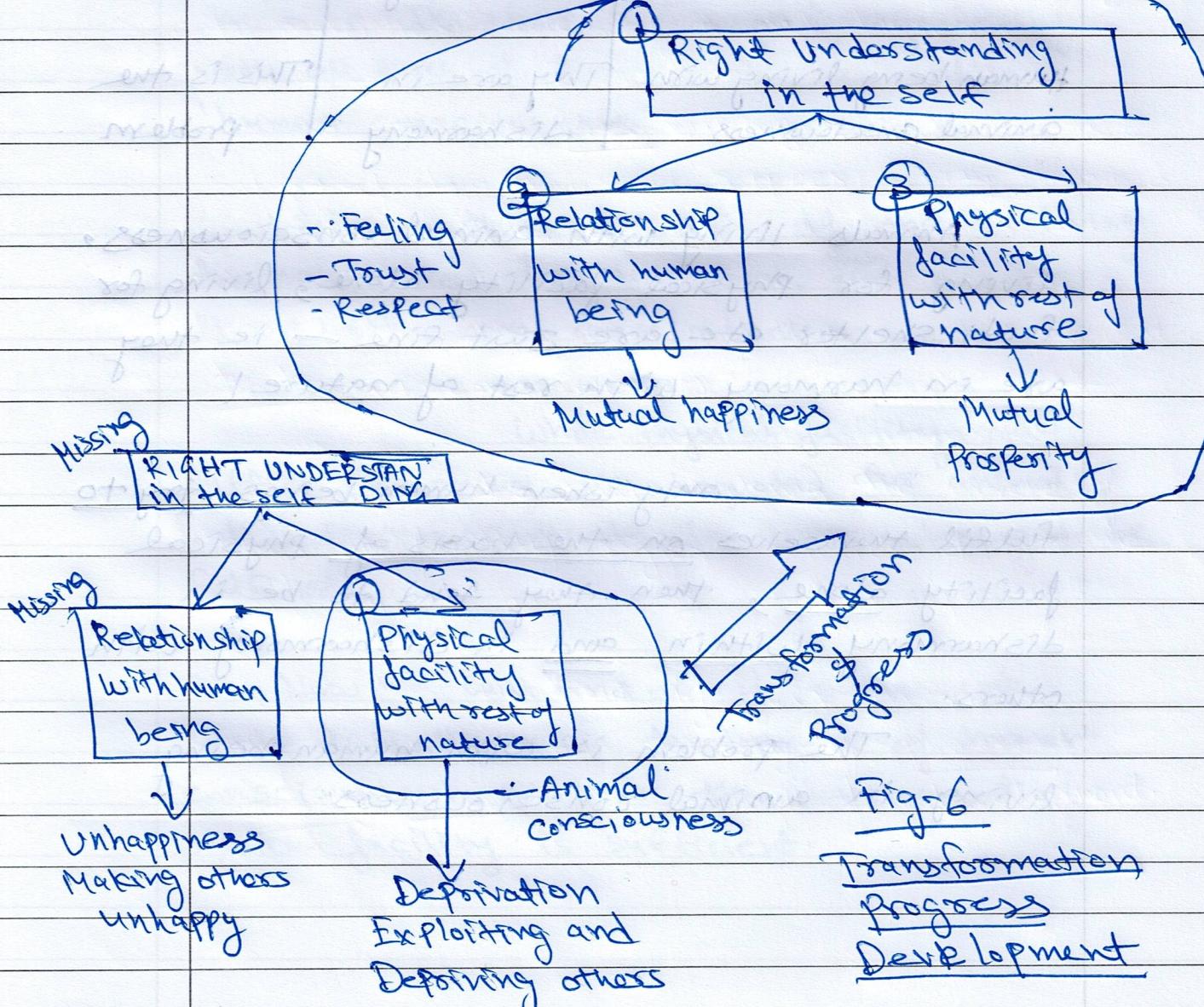
The problem is with human being living in animal consciousness

You can see that opposition, struggle war etc is on account of such human beings.

And you can call this as Inhuman-consciousness or something else

Holistic Development

(Transformation from Animal consciousness to Human Consciousness)



Referring to Fig 6 what is asking ourself

1. what is naturally acceptable to you - to live with animal consciousness (in human consciousness) or to live with human consciousness.
2. Where are we now, living with animal consciousness or human consciousness?
3. Whether this transformation from animal to human consciousness is desirable or not desirable?

If we see today, the world is largely focused on physical facility as the sole or primary measure of progress and development.

Nations measure Gross Domestic Product (GDP) and its growth rate as the key indicators for development.

Families and individuals also have a similar notion (something that you have in your mind, an idea) of their own well-being they use job position, net worth, bank balance, the house, the cars and other physical facility as indicators of progress, development and success.

The predominant perception regarding development, success and prosperity is largely to do with accumulation of physical facility—more and more physical facility.

This perception is there in the society, in the education system and even in the family.

Find out if you are also trying to make this circle bigger and bigger?

Like making effort for a salary of ten thousand rupees, fifty thousand one lakh and so on?

(Qn) Find out if all this is taking you to human consciousness?

Is just making the circle of physical facility bigger sufficient for the continuity of happiness and prosperity?

Find out if just increasing the quantity and variety of physical facility alone is enough for development.

With right understanding we can clearly envisage (obtain of as a possibility) holistic development as transformation of consciousness → from animal consciousness to human consciousness.

This requires working of all three — right understanding, fulfilment in relationship as well as physical facility, in their right order.

→ below are points possible

points → modern planning ratio b/w energy and water more than 100000
ratio b/w energy and water more than 100000

Si energy consumption tomorrow will

also see the contribution option : 200000

200000

energy principle of 200000 with DNA

enter option 200000 b/w energy and water

energy ratio from 200000

entropic entropy measure ent. HA

(entropic, 200000/200000) suggesting ent. entropy

ability to spot false leads

below is entropic entropy option with HA

resonance → resonance between 200000

Role of Education - Sanskar

(Enabling the transformation to Human Consciousness)

- We are providing inputs to the children in many ways.

Starting from the family, the parents and other family members are providing inputs right from day one.

The formal education system i.e. Schools, colleges, Universities etc. are also providing inputs.

And the society is giving inputs through the role models, through the media and so many other means.

All these when put up together shape the perspective (likelihood, potential) and feelings of a child.

All these inputs put together is what is called education - sanskar.

Education is developing the right understanding
(holistic perspective)

Samskar is the commitment, preparation and practice of living with right understanding
The preparation includes learning appropriate skills and technology.

The role of education is to facilitate the development of the competence (the ability to think about problems and decisions in a reasonable way) to live with human consciousness, with definite human conduct.

And for this the education - Samskar has

to ensure the following

1. Right Understanding in every child
2. The capacity to live in relationship with other human beings and
3. The capacity to identify the need for physical facility, developing the skills and practice for sustainable (involving the use of natural products and energy in a way that does not harm the environment)
Production of more than what is required

leading to the feeling of prosperity

3. The capacity to identify the need for physical facility, the skills and practice for sustainable (involving the use of natural products and energy in a way that does not harm the environment) production of ~~more~~ more than what is required.
- leading to the feeling of prosperity

These are three components of education - Sanskar if it has to ensure development of human consciousness.

With this let us see whether we are ensuring all three of them or not in the present day education Sanskar. We can see today in our program of education.

1. The first one (Right understanding) is largely missing (are we teaching the students to explore and know (i.e have Right Understanding) or to assume and reproduce the content?)

(capacity to live in relationship)

(43)

2. The second one is largely missing (are we teaching relationship and cooperation or opposition and competition?)

3. And in third one (To identify the need for physical facility) you will see that identification of need for physical facility is missing.

The willingness to produce by way of labour is also missing.

The core feeling that is being generated is to accumulate more and more, to consume more and more, rather than to produce as per need.

One of our colleagues shared this incident. He said " I was having a discussion with the final year students of a well-known Institute. I asked the students about their expectation when they graduate. One of the students said

No 1 very good job & good salary,

No 2 Job satisfaction

and then slowly he added

No 3 if possible no work!

Present day education

has lost its purpose

Education provides thought leadership and direction to the society through the preparation of individuals.

These long term potential of human education - sanskar's:

1. Right understanding in every child - by facilitating the development of right understanding, and it will lead to living in human consciousness.

2. The capacity to live in relationship - by facilitating the capacity to live with mutual happiness or justice in relationship with other human being will ensure harmony in the family; and this harmony will extend to the larger family, and ultimately go up to the world family, leading to an undivided society.

3. The capacity to identify the need for physical facility, developing the skills and practice for sustainable production of more than what is required leading to the feeling of prosperity; a mind set of production through labour and of right utilization of the physical facility. This will ensure harmonious family order and

will extend beyond the family order through participation by the family members in the larger societal systems and ultimately to universal human order.

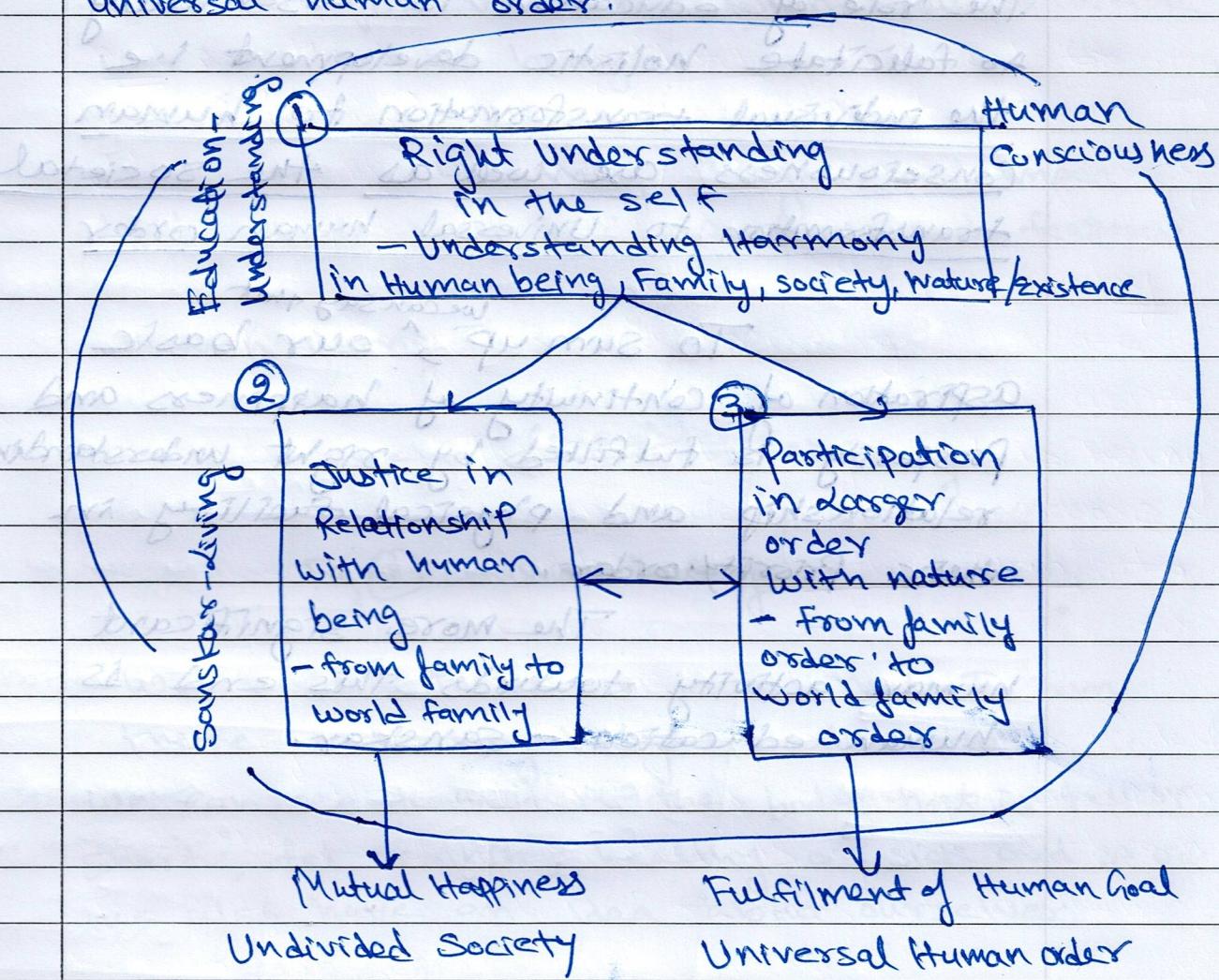


Fig (7) Living with Human Consciousness

The outcomes of human beings living with human consciousness are shown in Fig (7)

This is the proposal about the role of education.

By seeing this we will see that the role of education is essentially to facilitate holistic development i.e. the individual transformation to human consciousness as well as the societal transformation to universal human order.

To sum up, our basic aspiration of continuity of happiness and prosperity is fulfilled by right understanding, relationship and physical facility in their priority order.

The more significant human activity towards this end is human education! - sanskar.

Human being as Co-existence of the self and the Body

What do you visualize when you read the word human being?

You may imagine a human body with its familiar form and features.

Human Being

Self ← Co-existence → Body

Fig(8) Human being

We have with us an idea that I am there and my body is also there. We can see that it is the body that is tall or short, fat or thin, healthy or sick and so on. We also have an idea about ourselves.

This 'I' is referring to the Self, not the body.

You (self) are the one that recognises the relationships that decides what to 'do and that (you/self) feels happy or sad.

When we say "I ate delicious food", we can see that the food was consumed by the body and I enjoyed the taste of the food.

The needs of the self and the body

If we try to understand self and body separately, it could be understood on the basis of need (see fig (1))

Human being	Co-existence		Body
Need	Self	Happiness (Respect)	Physical facility (eg + food)
<u>In time</u>	Continuous		Temporary
<u>In quantity</u>	Qualitative (Feeling)		Quantitative (Required in limited quantity)

Fig (1) Needs of Human being

The need of the self is happiness.

If some one expresses a feeling of respect for us (Refer Fig (1)) we feel happy about it.

(42) (43)
Respect is one of the needs of the self.

Now if you look at the need of the body, it is physical facility.

one example of it is food
You may observe it in yourself that food is required and respect is also required.

so both of these (food and respect) are required for human being.

Do you think, one can be replaced by the other?

for Eg:- If you are given with well prepared tasty food, but it is given to you with a push and a snap i.e "take it and eat". Will it work for you?

providing tasty food may fulfil the body but the dis respect will not be satisfying for the self.!

Similarly if you are given respect, but no food, then you may tolerate it for a day or two. but however you certainly need food also. Isn't it?

Thus both of these (food and respect) are required.

By giving food only, you can't ensure respect.

And in the same way just by giving respect or food is not ensured.

Thus we can say that these are two different types of needs. Both of these are essential and therefore both of them have to be fulfilled separately for the human being.

Needs - Are they temporary or continuous?

To clarify the difference between two types of needs, let us look at them in terms of time.

The food is required continuously or you need it only when you feel hungry?

When your stomach is full, do you still require food?

(5)

It is easy to see that food is needed only when we are hungry.

If we are forced to eat, when the stomach is full, then we find it uncomfortable rather intolerable.

Thus food is needed from time to time and not continuously.

Therefore food is required temporarily.

And what about respect?

Is it desired continuously or only for a certain time?

It is also easy to see that we desire respect all the time.

You can notice that if a friend wishes you every morning, but does not wish you one day, how you feel - comfortable or uncomfortable?

Here from this we conclude that

if there is a break in this feeling of respect for you, you feel uncomfortable isn't it?

one of our friends came to visit with his ten-year old daughter.

A conversation was taking place

At one point someone asked her "Does your father love you?"

She was silent for a few minutes. The person asked "Does he not love you?". She looked at him and said "he loves me but, why does he shout at me and beat me?". Taken a back, the friend defended himself by saying "I have scolded you few times, but I haven't beaten you have I?". Her response was "I remember the night before Diwali - two years ago!".

Since feeling is needed in continuity and even a small gap is not acceptable. The child remembers these minute gaps over such a long time!

The need of the food is temporary.

If someone forces us to eat continuously, then we feel uncomfortable about it.

Just imagine if you went to a friend's house and he served delicious food.

and you ate with enthusiasm because it was your favourite food.

Now what would happen if your friend kept insisting for you to eat more and more, even after your stomach is full?

Hence in case of respect we want continuity but in case of food we don't want continuity.

Hence both the needs are different

with respect to time -

like that explore all your needs

All the needs related to the self like the need for respect, the need for trust, the need of relationship, the need of happiness — all these are continuous in time. i.e. we don't want any kind of break in it, even for a moment. while on the other hand all the needs which are related to the body, like the need for food, the need for shelter — all these are required for a limited time. Having them in continuity creates a problem for us.

This is one of the way we can differentiate between the need of the self and the need of the body.

Needs - Quantity and Quality

(54)

The other way to see the difference between the need of the self and the need of the body; is in terms of quantity and quality.

The need for food is quantitative in nature. We can identify the quantity of the food needed to nurture the body.

Same is the case with the need of clothes, shelter etc. We can always identify the quantity of cloth needed to prepare a dress.

Like that any physical facility is required in a limited quantity.

On the other hand the feeling of respect, trust etc is not quantitative.

We don't say today I got half kg of respect or 2 metres of trust. Even speaking like this appears laughable.

These feelings are qualitative in nature, we can't talk about their quantity. We can only say whether these feelings are there or not there. They are qualitative; i.e. they are in the form of feeling. Either this feeling is there or not there and measure of quantity does not apply to it.

With these two differences, we can see that the need for physical facility and the need for happiness are two different types of needs.

The need for physical facility relates to the body and the need of happiness relates to the self.

Fulfilment of the Needs of the Self and the Body

Let us see how two different types of needs are fulfilled (Respect and Physical facility (Food))

Human being		
Need	Self ← Co-existence → Body	
Fulfilled by	Happiness (e.g.: Respect) Right understanding & Right feeling	Physical facility (e.g.: food) Physio chemical things

Fig 10

Fulfilment of the Needs of Human Being

Referring to Fig 10 with continuation

the need for food is fulfilled by something physical - like rice and vegetables or a sandwich.

But when it comes to the need for Respect, it is fulfilled by the feelings of respect.

You may want your friends to pay attention to you, so as to listen to what you say without interrupting you and even to appreciate you in regards to what you said.

From the ~~that's~~ expression of expectation of right feeling from which you conclude that your friends respect you.

You can find out if your need for food will be fulfilled if your friends keep saying nice things about you, but they don't offer you anything to eat all the day!

It is quite obvious that some food is required to fulfil the need of the body.

And similarly you can find out if your need for respect will be fulfilled if your friends keep on feeding you with the best of foods, but keep making fun of you all the day.

So we can see that there are two different needs and one cannot be substituted for the other.

All the needs related to the body, which are in terms of physical facility, are fulfilled by some physio-chemical things.

(refers to things that produced by the combined action of physical and chemical attributes).

All the needs related to the self are in terms of feeling and they are fulfilled by Right Understanding and Right feeling.

We already seen that 3 things are required for the human being to be fulfilled.

Right Understanding in the self.

Fulfilment in relationship with human being.

Physical facility with rest of the nature.

Related to the needs of the self

①

Right Understanding
in the self

②

Relationship
with human
being

Feelings
Trust
Respect

③

Physical
facility
with rest of
nature

For animals:
necessary &
largely adequate
For human Beings:
necessary but
not adequate

Mutual Happiness

Mutual prosperity

Fig 11

Needs related to the self and Needs
related to the Body

Referring to Fig 11.1. The physical facility has to do with the needs of the Body.

while The right Understanding and right feeling have to do with the needs of the Self.

For human being, in addition to the Body, the self has become prominent (important)

Thus the need of the self has big become significant.

Hence feelings like trust, respect etc have become of higher priority as compared to the physical facility.

To be fulfilled, over and above the physical facility, human beings needs right understanding and right feeling which are the needs related to the Self.

The need of the self is Happiness, while the need of the body is physical facility.

The need for happiness is fulfilled by Right Understanding and Right feeling; whereas the need for physical facility is fulfilled by physio-chemical things.

Both of these needs have to be fulfilled separately, because the two are of different types.

For a human being to be fulfilled both the needs have to be taken care of.

If we observe our day to day living then we can see that we are largely focused on the needs relating to body.

Needs of the Self are Definite

The needs related to the body depend on the age, health condition, shape and size of the body etc.

An adult may need 1 kg of food in a day, while a small child may need 100 grams.

A tall young man may need 3 metres of cloth for a pant, while a short boy may need only 1 metre of cloth. ~~so like this the needs related~~
~~existing to the height man's size will depend~~
~~so like this the needs related~~
 to the body will vary.

while on the other hand, the needs of the self are definite. A child needs happiness as much as a youth and as does an old person. or In other words the right understanding and right feeling is the need of any self and every self, regardless of the state and condition of the body.

प्रबोध	सिद्धिकारी	ज्ञानी	विजित
प्रदेश, प्रतिष्ठा	तागुन्प, विजेता	विजित	विजेता
प्राप्ति, अवृत्ति	विजेता	विजेता	विजेता

(62)

The activities of the self and the Body

When we look deeper into the human being, then we can look at it in terms of the activities going on.

The self has the activity of desire, thought and expectation.

We find that the activity of the self is continuous in time i.e. we

cannot stop it.

While on the other hand, any work that we take from the body, like eating, walking, etc. is temporary in time. After some time, the body gets tired and we need to give it rest. and hence we cannot make it continuous.

Human Being		Self ← Co-existence → Body
Activity	Desire, Thought, Expectation...	Eating, Walking
In Time	Continuous	Temporary

They when it comes to performing an activity with the help of the Body then we can't do it continuously.

On the contrary, the activity of the self is continuous; we can't stop it even for a while.

When we are bored of thinking about one thing, then we start thinking of something else, But one or the other desire, thought keeps going on continuously in us.

Any activity with the help of Body is difficult to continue while any activity of the self is difficult to stop.

The self and the Body can be differentiated on the basis of their need as well as their activity.

The third difference is at the level of response i.e. the response of the Body and response of the Self.

The Response of the Self and the Body

The response of the Body is Based on recognizing and fulfilling whereas the response of the Self is based on knowing, assuming, recognizing and fulfilling.

Fig(B)

Human Being	Self ← Co-existence → Body	
Response	Knowing, Assuming Recognising, fulfilling	Recognising, fulfilling

Response of the Self and the Body

The Response of the Body is based on recognizing

lets take an example

If some one is piercing a needle in your body, then the body has a definite recognition and fulfilment.

If the needle is harder than the skin of the Body it will go inside; and if it is softer than the skin, then it will not go inside.

This recognition and fulfilment of Body with
the needle is definite.

Now lets look at the response of the self.

If someone is piercing a needle in our body then will we cooperate with him or oppose him? This depends upon the situation and our assumption about that person i.e. If the person who is piercing the needle is a doctor, then we cooperate, while on the contrary if the person is an enemy and trying to inject poison in the body, then we will oppose him.

It means that the recognition and fulfilment of the Self will depends upon the assumption in the self.

Any small difference in assumption will leads to different recognition and fulfilment.

lets take another example

If you are lying on the operation table for some surgery. The doctor is ready to perform the job.

Just before the anaesthesia, a close friend makes a phone call to you and informs you that this doctor is hand in hand with your enemy. What would you do?

Will you continue with operation or jump out of the table? Obviously the second one (jump out), because of the information you received via the phone call. Now your assumption about the doctor has changed.

Note: Here no other physical change outside has taken place i.e. the table, the room and the people, everything is same, but your assumption about the doctor has changed and so it is followed by a change in recognition and fulfillment.

Earlier you were ready to pay for the operation and now you won't allow him to operate, even if you are paid for this.

The recognition and fulfillment of the body will be same in both the examples.

However, the recognition and fulfillment of the self will depend upon the assumption, since the assumptions keep changing based upon the influence of circumstances, society, media etc. so our recognition and fulfillment, our conduct also keeps varying throughout the day.

and this is the source of the indefinite conduct of a human being.

All the problems that we see around ultimately relate to this.

With this background, if you observe people around you, you see that they have various assumptions in themselves and many a times not based upon right understanding but is influenced by the sensation (a feeling that is caused by something which is affecting your body or part of your body), media advertisement, pre-conditioning (the condition developed by the beliefs (manyata) prevailing in the society etc.).

Due to differences in assumption their recognition and fulfilment is different. Hence there is a lot of difference in the conduct of various people.

Not only that, even a single person may have many different set of assumptions.

When one set of assumptions is active, his conduct will be in one way.

And when another set of assumptions is active then the conduct is different.

You may find the same person full of affection one time and full of jealousy another time.

We also have various assumptions in us. Sometimes these assumptions may even be contrary to each other, and depending upon the time, situation and circumstances - one of them may be active. And this makes our behaviour much more complicated.

Any misleading assumption that is not right, leads to a wrong recognition and fulfillment, ultimately leading to wrong behaviour [conduct].

That is what most of us are doing - living on the basis of assumptions and as a result of this all of us are facing problems at various levels.

If we assume ourselves to be of one sect (a group of people who have a particular set of religious or political beliefs) and assume the other sect to be our opponent, so our behaviour with the people of these two sects will be quite different.

(69)

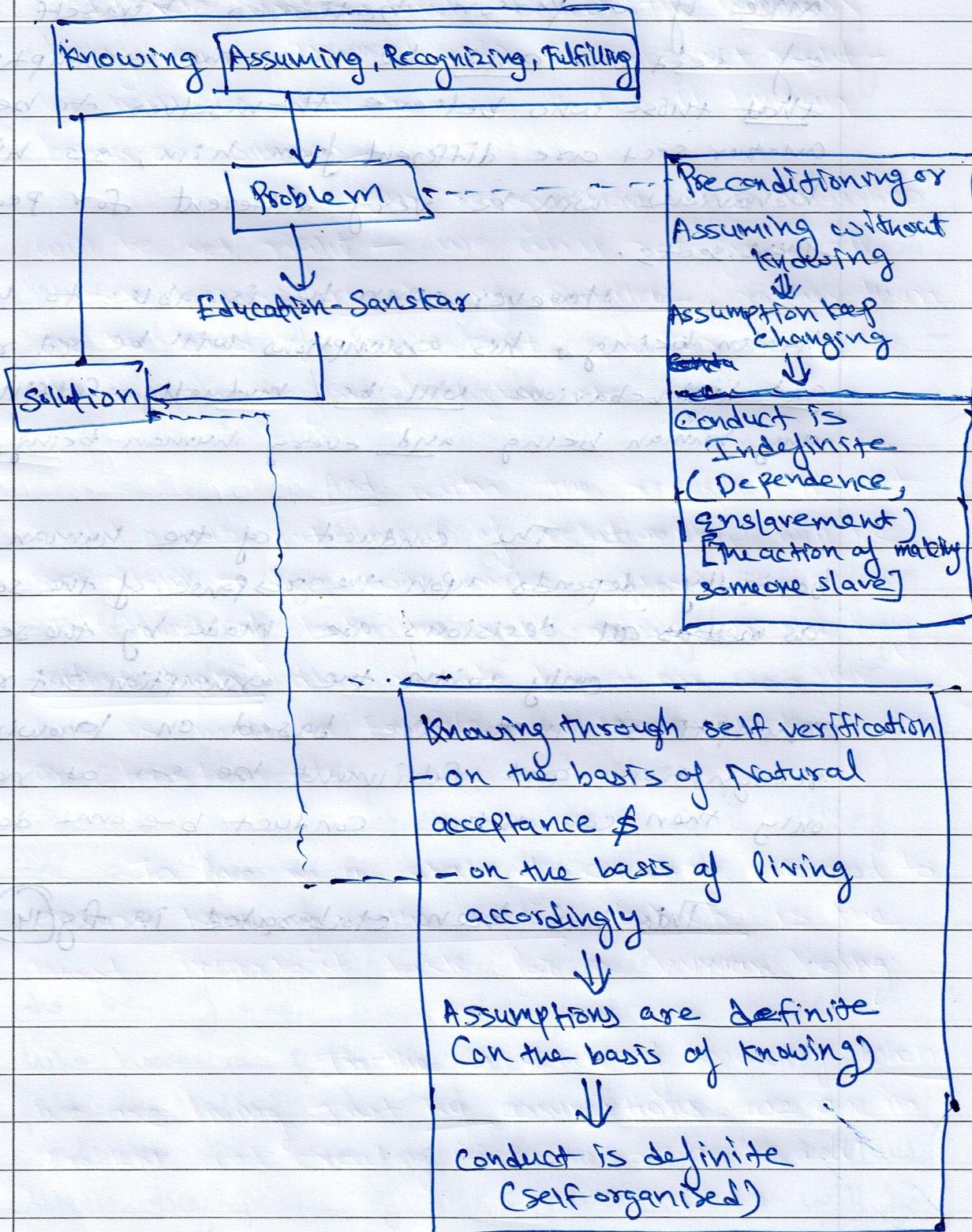
like if a person believes himself to be of sect one and he has the assumption that those who believe themselves to be of another sect are different from him, so his behaviour will be very different for people of these sects.

However when he is able to understand human being, his assumptions will be set right and his behaviour will be mutually fulfilling for any human being and every human being.

The conduct of the human being basically depends upon the response of the self, as ~~well as~~ all decisions are made by the self.

only with the assumption set right i.e. assumptions that are based on knowing, the recognition and fulfilment be set at right and only then can the conduct be one definite.

This has been elaborated in fig (14) on



Fig(14) Response based on knowing or response based on assuming without knowing

71

As long as we are just operating in the similar block (assuming, recognizing, fulfilling) we are in problem. Our conduct is indefinite in this situation as our assumption keep changing.

The solution is to operate in the bigger block (knowing, assuming, recognizing, fulfilling).

The shift from operating in only on the basis of assuming without knowing to operating on the basis of knowing is facilitated by human education - Sanskar.

Knowing means understanding the reality as it is, with its completeness.

Since the reality is definite so knowing is also definite.

With right understanding, our assumptions, basically our acceptance is set right, our recognition of relationship is set right and therefore we make effort to fulfil the relationship.

And in this way our conduct becomes definite.

If we understand (know) the human being our assumptions will be set right - we will be able to see that all human beings are similar.

our recognition of relationship will be set right - we will recognise all human beings as being similar, rather than on the basis of their cast, gender, age, language, region, religion etc.

And with the recognition set right, our fulfilment of relationship will be set right - we will make effort for fulfilment of both the self as well as the Body, rather than discriminate based on whether one is male or female, white or Black, Hindu or Christian etc.

To live in a state of Solution, we need to ensure knowing in the Self; which is the most important task for a human being.

In the absence of knowing, what we are living just by assumptions, we are in problem and creating for the other as well'

The transformation from the state of problem or indefinite conduct to the state of solution or definite conduct can be ensured by human education - Sanskr.

—XXX—