

The self as the Consciousness Entity

the Body as the Material Entity

We saw that the need, fulfilment, activity and the response of self and the body are completely different.

There are two different types of reality the self (which is also called as Jeevan) is the domain of consciousness [A Nagaret 2003] while the body is the domain of material.

Human Being	Self	Co-existence → Body
Being (Need)	Happiness (eg: Respect)	physical facility (eg: food)
In Time	Continuous	Temporary
In Quantity	Qualitative (is feeling)	Quantitative (required in limited quantity)
Fulfilled by	Right Understanding / Right feeling.	Physio-chemical Things
Activity	Desire, Thought Expectation	Eating, walking,
In Time	Continuous	Temporary
Responses	Knowing, Assuming Recognising, Fulfilling	Recognising, Fulfilling
	↓	↓
	Consciousness	Material
Fig (15)	Human Being - Co-existence of the self (Domain of consciousness) and the body (Domain of material)	

In fig (15) the domain of consciousness is characterized by the activity of knowing, assuming, recognizing and fulfilling.

On the other hand the domain of material only has the activity of recognizing and fulfilling.

Happiness is the need of the consciousness and it is fulfilled by right understanding and right feeling which are the activities of the consciousness itself.

Body is a material unit and its needs are material in nature and they are fulfilled by physio-chemical things only.
(Material)

To understand the human being, both the domain of consciousness as well as the domain of material needs to be understood.

For human being to be fulfilled, both the domain needs to be fulfilled separately.

Gross Misunderstanding - Assuming Human body to be only the body.

A gross misunderstanding is to assume the human being to be just the Body.

As far as the needs of human being are concerned, they are in terms of happiness and physical facility.

The need for happiness is continuous because it is actually the need of the self.

With the assumption that the human being is just the body, all the efforts for the fulfilment of human needs have to take place through physical facility.

Of course we are also trying to fulfil the needs of the Body through physical facility.

We are trying to fulfil the continuous need for happiness like respect, through physical facility like clothes and the food.

Now since the need for happiness is continuous, we end up thinking that it will come from more clothes, more food etc.

Hence the need for clothes, food and any other physical facility appears to be undefined or unlimited in quantity.

This is articulated in fig 16 below

Assumption : Human being = Body

Needs of human being = physical facility & feelings

Need of feelings (like respect) is continuous

All needs are fulfilled by physical facility
(e.g. clothes, house, car ... will fetch respect)

physical facility required = unlimited
This is the gross misunderstanding

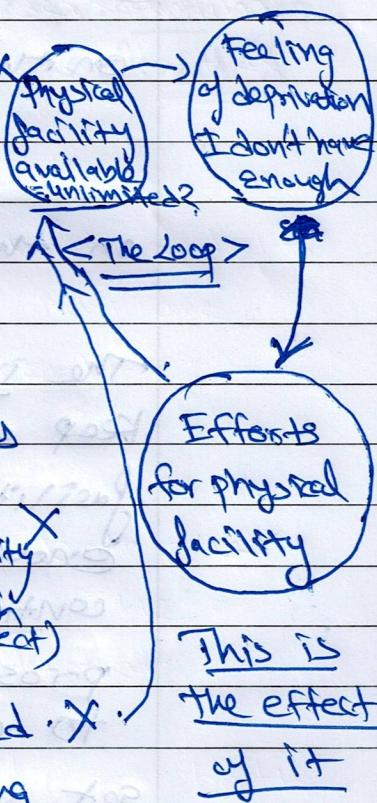


Fig 16

Gross Misunderstanding

for instance you can observe people who are trying to get respect out of clothes. They keep on buying and wearing new clothes just to draw attention towards themselves.

Do you think that this attention is the same as respect?

Is it possible to get respect based on the clothes you wear?

what about continuity of respect on this basis? certainly it does not work.

The impact of this assumption is that we keep accumulating more and more physical facility without knowing how much is enough, i.e. how much will fetch us continuous happiness. We never feel prosperous, we feel deprived so we try to accumulate more and that is how we get into a loop.

The gross mis-understanding is assuming the human being to be the Body, and therefore trying to fulfil all the needs through physical facility alone.

It is needless to say that there are wide repercussions (results) at every level of human existence.

On the one hand there is exploitation of natural resources for more and more physical facility.

While on the other hand human beings are exploited in the process and also they are made to compete for the limited physical facility.