

Step 2/5

What is your gender?



Female



Male

Next

Step 3/5

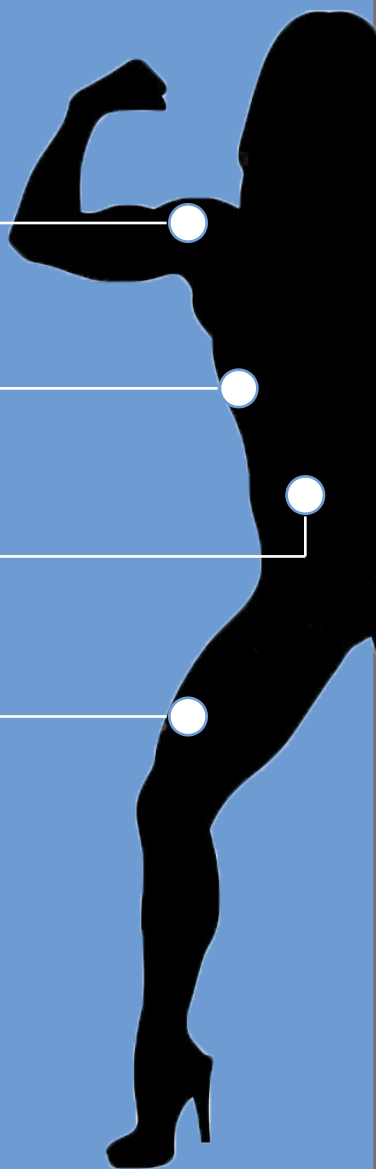
What do you want to work on?

Hands

Spine

Torso

Legs



Step 3/5

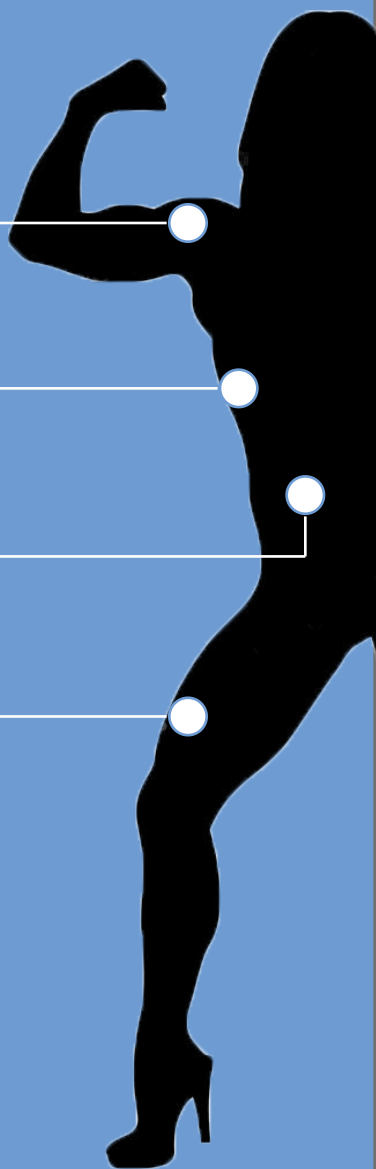
What do you want to work on?

Hands

Spine

Torso

Legs



9:41



FaceTime



Calendar



Photos



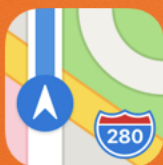
Camera



Mail



Clock



Maps



Weather



Reminders



Notes



Stocks



News



Books



App Store



Podcasts



TV



Health



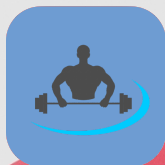
Home



Wallet



Settings



App Name





Step 1/5

What is your purpose?



Weight loss



Keeping fit



Build muscle

Step 1/5

What is your purpose?



Weight loss



Keeping fit



Build muscle

Step 2/5

What is your gender?



Female



Male

Next

Step 2/5

What is your gender?



Female



Male

Next

Step 3/5

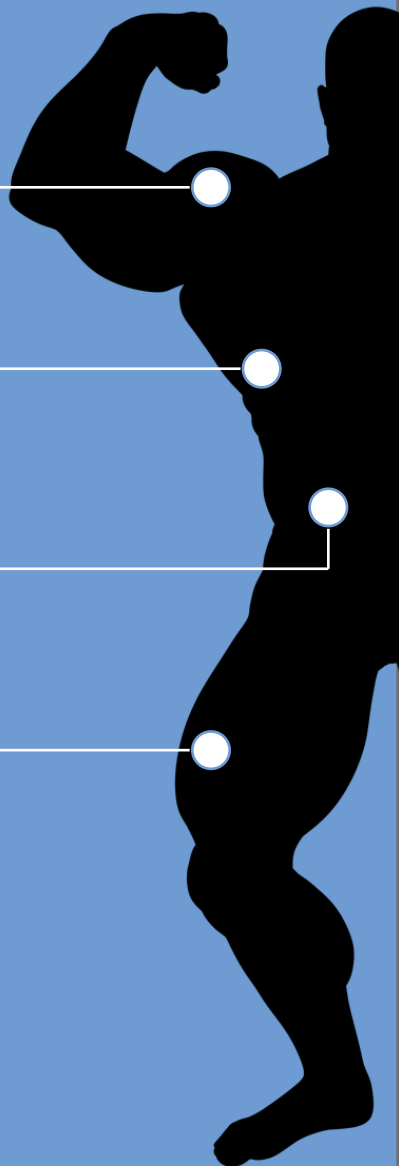
What do you want to work on?

Hands

Spine

Torso

Legs



Step 3/5

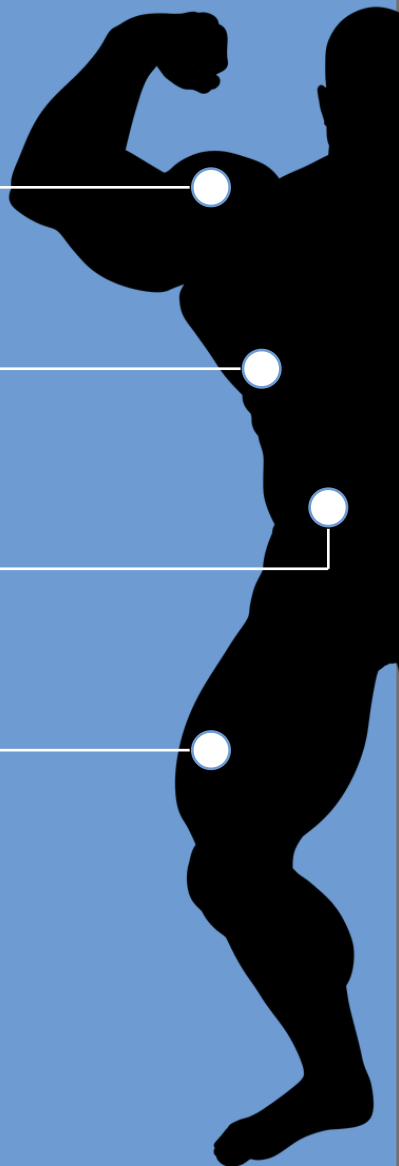
What do you want to work on?

Hands

Spine

Torso

Legs



Step 4/5

How often do you exercise?

Newbie

Just getting started

Keep on

1-2 times a week

Advanced

More than 3 times a week

Next

Step 4/5

How often do you exercise?

Newbie

Just getting started

Keep on

1-2 times a week

Advanced

More than 3 times a week

Next

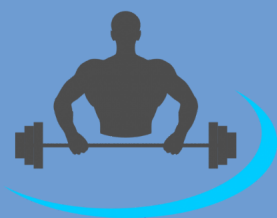
Step 5/5

What's your height and weight?

Height

Weight

Next



Home Gym



Ivanov



••••••••

Sign In

Sign Up

Skip