

# MEDICAL REPORT

Patient Name: John A. Stevens

Date: 12/10/2021

Date of Birth: 05/15/1965

Sex: Male

Patient ID: 458721

## CHIEF COMPLAINT

Increased thirst, frequent: urination, fatigue.

## HISTORY & EXAMINATION

- History of Type 2 Diabetes Mellitus
- Medications: Metformin 1000 mg twice daily
- Physical Exam: BP: 150/90 mmHg, Weight: 210 lbs
- Blood sugar levels elevated, signs of peripheral neuropathy

## DIAGNOSTIC TESTS:

HbA1c:	9.2%
Fasting Blood Glucose:	198 mg/dL
Lipid Profile:	Cholesterol: 220 mg/dL Triglycerides: 250 mg/dL
Urinalysis:	Glucose: +++ Protein: +

## ASSESSMENT & PLAN:

- Assessment: Uncontrolled Type 2 Diabetes Mellitus
- Plan:
  - Increase Metformin to 1000 mg three times daily
  - Start insulin therapy: Lantus 10 units at bedtime
  - Diet and lifestyle modifications discussed
  - Follow-up in 4 weeks for monitoring

Dr. Susan M. Harris, M.D.  
Endocrinology Department

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