

ATTITUDE WORKSHEET

Prepare - Set Realistic Expectations

The Attitude Worksheet will help you maintain a positive attitude and confidence throughout your entire job search process. Be as specific as possible when you are recalling exact details of the day when you felt most confident.

DATE	<u>02/12/2018</u>
LOCATION	<u>sadfas alksjdf laksjfdl;k alskjf ;askjf askdjf</u>
YOUR ROLE OR TITLE	<u>asdfaskjdf ;;alksjdf;la joiuweroi uw laksjflkjas</u>
DETAILED DESCRIPTION OF EVENTS	<u>kjdskdjflksf a;lksjdf;laksj lkajsf;lkajs ;lksj;flkajsf ;lksjf;lakjsf lkjsf;lkjas</u>
PRECISELY HOW YOU FELT	<u>SDfasfasf, alksdjf , alksjdf , lkja s;fdkj, lja sldfkj, ljasdf lkj laksjdf lkjs dflk, lkjs flj, ljk sfdl;kj, lksfldkj l, ;lkj fl;aksjf, lkjsdflkajsf, lkjs flkj</u>
POSITIVE WORDS THAT DESCRIBED YOU	<u>safdasfasfd, lskjdf ;l, lkasj fd;lkajs, lkjs;ldfkja;lskfjd, ;lksjdf laksjf;laskj flksjfd, ;lksjdf;lkajslfdkjas;lkfj</u>

YOU ARE THE PERSON YOU JUST DESCRIBED!