**Peer Learning Day** #1

**Friday 9 May 2025**

18:00 – 19:00hrs

**What is Grit: Science & Scripture**

**Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
**Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Theme:** *"Let us run with perseverance the race marked out for us" (Hebrews 12:1)*  
**Duration:** 60 minutes

**Program Outline**

| **Time** | **Section** | **Leader** | **Materials Needed** |
| --- | --- | --- | --- |
| 5 min | Opening Prayer | Thamsanqa |  |
| 10 min | Spiritual Thought | Mzwandile | Bible, short devotion |
| 40 min | Session Facilitator | Buhle |  |
| 5 min | Closing Prayer | Jtamia |  |

**Part 1: Grit Defined** *(15 pts)*

**A. Scientific Perspective** *(Watch*[*Angela Duckworth’s TED Talk*](https://www.ted.com/talks/angela_duckworth_grit_the_power_of_passion_and_perseverance)*or read summary)*

1. Duckworth defines grit as:  
   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(3 pts)*
2. Her research shows grit matters more than \_\_\_\_\_\_\_\_\_\_\_ for success because:  
   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(4 pts)*

**B. Biblical Perspective** \*(Read Hebrews 12:1-2) \*  
3. "Run with perseverance" means:  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(4 pts)*  
4. Compare: *Grit is like \_\_\_\_\_\_\_\_ (Bible character) because \_\_\_\_\_\_\_\_\_.*  
*(Example: "Like Paul, who kept preaching despite persecution.")* *(4 pts)*

**Part 2: Examples of Grit** *(20 pts)*

**A. Modern Example**

1. Think of a person (real or fictional) who shows Duckworth’s grit. How?  
   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(5 pts)*

**B. Bible Heroes**  
2. **David:** How did he show grit against Goliath? (1 Samuel 17)  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(5 pts)*  
3. **Esther:** How did she persevere for her people? (Esther 4-5)  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(5 pts)*  
4. **Your Choice:** Pick another Bible character. Describe their grit:  
\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(5 pts)*

**Part 3: Interview a Peer** *(20 pts)*

**Ask a classmate:**

1. "What’s one way you’ve shown grit recently?"  
   Peer response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(5 pts)*
2. "Which Bible story about perseverance inspires you most? Why?"  
   Peer response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(10 pts)*
3. "What’s your favourite encouraging verse for tough times?"  
   Peer response: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(5 pts)*

**Part 4: 7-Day Grit Challenge** *(25 pts)*

**Goal:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Example: "Read 1 Bible perseverance story daily")

**Daily Tracker:**

| **Day** | **What I Did** | **Obstacle Faced** | **How I Persevered** |
| --- | --- | --- | --- |
| 1 |  |  |  |
| 2 |  |  |  |

**Reflection:**

1. Hardest moment this week: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(10 pts)*
2. How did faith help you keep going? (Use a verse or Bible story.)  
   \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ *(15 pts)*

**Rubric**

| **Criteria** | **Excellent (A)** | **Good (B)** | **Needs Work (C)** |
| --- | --- | --- | --- |
| **Definitions** | Clear connections between science + Bible | Basic understanding | Missing links |
| **Examples** | Specific modern + biblical cases | General answers | Incomplete |
| **Interview** | Thoughtful peer insights | Surface-level | Not conducted |
| **Challenge** | Full effort + faith reflection | Partial effort | No evidence |

**NB: THESE WORK SHEETS TO BE SUBMITTED BEFORE PEER LEARNING SESSION**