

# Cybersecurity Fundamentals

## Lecture 6 Symmetric Cryptography

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# Cryptography as a scientific field

The field of Computer Science that formally studies the problem of secure interaction among parties in the presence of a malicious entity (adversary), even in settings where the parties are not mutually trusted.



# The role of Cryptography in Cybersecurity

- Cryptographic primitives can serve as fundamental **defence** mechanisms with respect to all key Cybersecurity objectives.
  - Confidentiality (e.g., encryption).
  - Integrity (e.g., message authentication codes, digital signatures, hash functions).
  - Availability (e.g., threshold cryptography).
- Cryptography can contribute to both the prevention and the detection of attacks on a protected system.
- Security argumentation in modern Cryptography is provable, i.e., based on formal definitions and well-defined models.

# Cryptography in real world applications

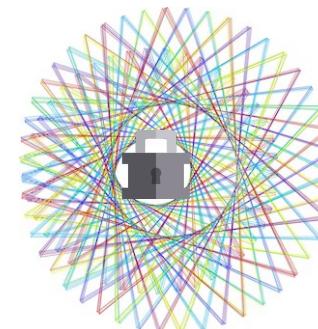
- Secure web browsing
  - User and message authentication
  - Electronic banking
  - Mail encryption
  - Disk encryption
  - Secure messaging
  - Cryptocurrencies
  - Data privacy
  - File checksums
- ⋮

# Symmetric Cryptography



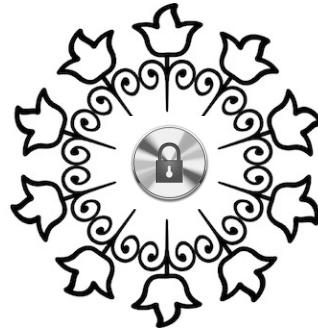
- The parties interact securely via the **same cryptographic key**.
- The **key must be securely shared** before interaction.
- Symmetric-key algorithms are **fast**.

# Asymmetric Cryptography



- Secure interaction is via a **public key** and a corresponding **private key**.
- The **private key never needs to be shared**.
- Asymmetric-key algorithms are (currently) **significantly slower**.

# In this lecture



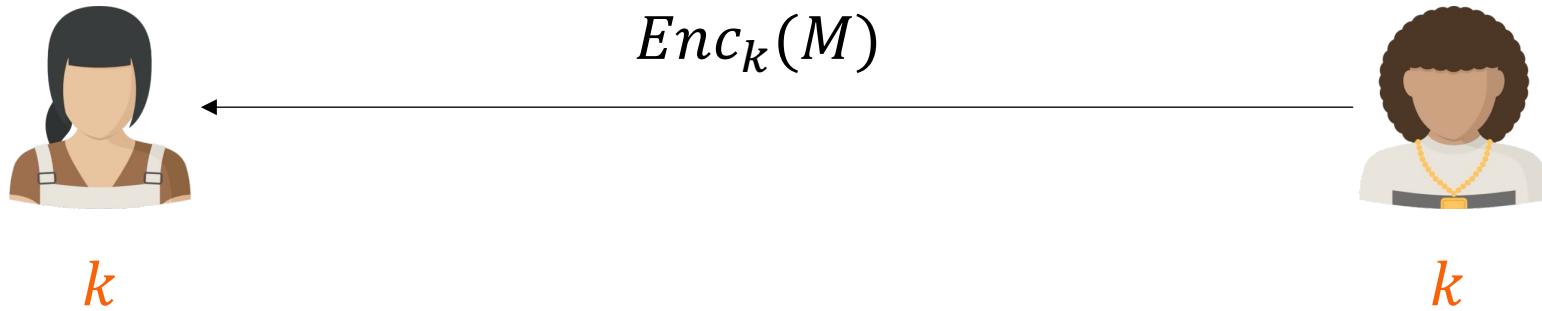
- Definition of symmetric encryption.
- Ciphers – Advanced Encryption Standard (AES).
  - Modes of operation.
  - Message authentication codes.
  - Authenticated encryption.

# Symmetric encryption

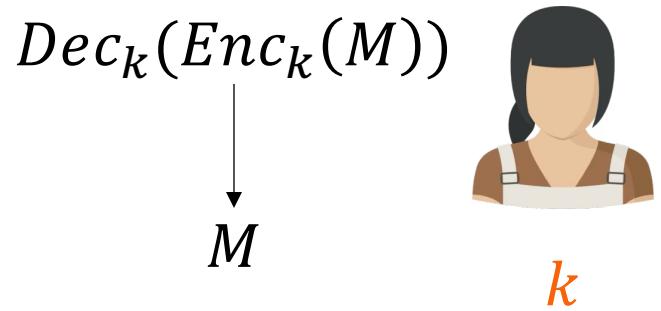


- Alice and Bob share a secret key  $k$ .
- Bob wants to send a message  $M$  through an insecure channel.

# Symmetric encryption



# Symmetric encryption



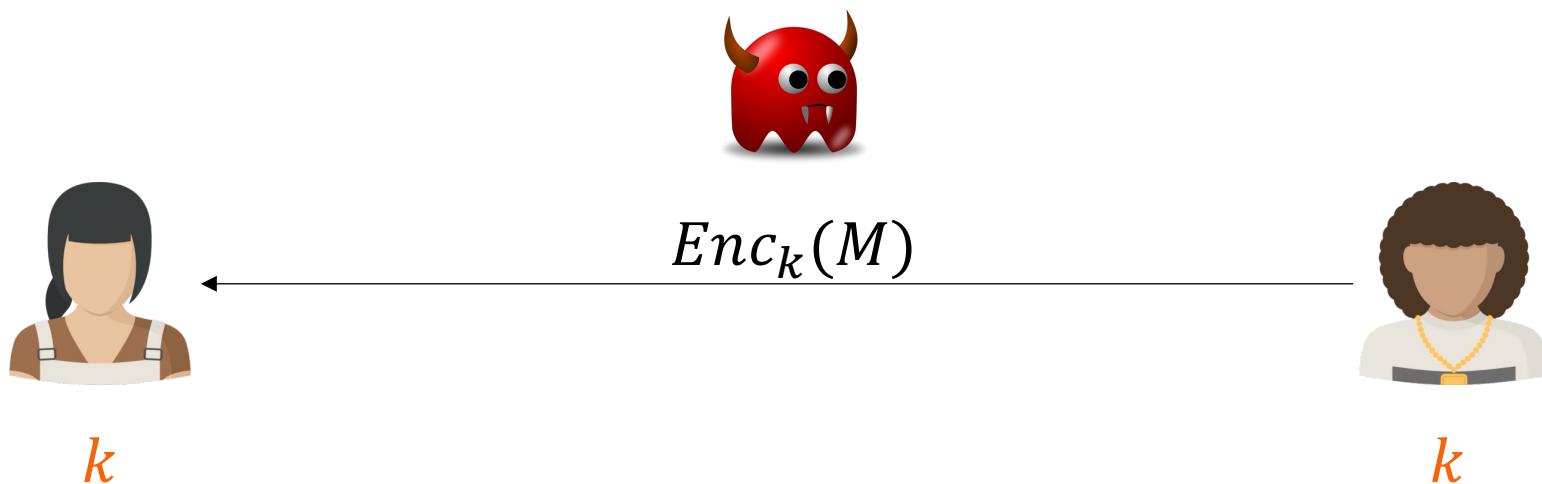
# Definition of symmetric encryption: Syntax and Correctness

- A symmetric encryption scheme is a triple of algorithms as follows:
  - A **key-generation algorithm**  $\text{Gen}$  that outputs a key  $k$ .
  - An **encryption algorithm**  $\text{Enc}$  that takes as input a key  $k$  and a message (plaintext)  $M$  and outputs a ciphertext  $C$ . We write  $C \leftarrow \text{Enc}_k(M)$ .
  - A **decryption algorithm**  $\text{Dec}$  that takes as input a key  $k$  and a ciphertext  $C$  and outputs a message  $M$ . We write  $M \leftarrow \text{Dec}_k(C)$ .
- **Correctness:** for every key  $k$  and every message  $M$ , it holds that
$$M \leftarrow \text{Dec}_k(\text{Enc}_k(M))$$

# Definition of symmetric encryption: Security (Indistinguishability under chosen plaintext attack)

A symmetric encryption scheme achieves indistinguishability under chosen plaintext attack (IND-CPA security), if it leaks no information about Bob's message  $M$  against any adversary that

- (1) observes the communication channel and
- (2) can obtain encryptions for messages of its choice  
(i.e., it has access to oracle  $Enc_k(\cdot)$  but does not know  $k$ ).



# Ciphers

- Ciphers are concrete algorithms for performing encryption or decryption.
- Types of modern ciphers:
  - **Block ciphers:** process the input message in fixed-size blocks and produce a block of ciphertext for each message block.
    - Examples: Data Encryption Standard (DES), Advanced Encryption Standard (AES), Serpent
    - Advantages: generally, they offer a higher level of security (keys can be reused)
    - Applications: blocks of data (e.g., file transfer, e-mail)
  - **Stream ciphers:** process input messages of variable length by performing encryption bit-by-bit (or byte-by-byte), typically via XOR with a pseudorandomly generated keystream.
    - Examples: RC4, Salsa20, Grain128a
    - Advantages: better performance
    - Applications: streams of data (e.g., a secure wireless connection)

# Design principles of a secure cipher

[Claude Shannon, 1945]

- **Confusion:** the relationship between the encryption key and the ciphertext should be as complex as possible. In particular, each ciphertext bit should depend on several parts of the key.
- **Diffusion:** each plaintext bit should affect as many ciphertext bits as possible. In particular,
  - if we change a bit of the plaintext, then several ciphertext bits should change and
  - if we change a bit of the ciphertext, then several plaintext bits should change.

# Preliminaries: the Exclusive OR (XOR) operator

- The XOR operator for single bits is defined as follows:

$A$	$B$	$A \oplus B$
0	0	0
0	1	1
1	0	1
1	1	0

- Bitwise XOR for strings naturally extends the operator for single bits. E.g.,

$$\begin{array}{r} 11010010 \\ 01011001 \oplus \\ \hline 10001011 \end{array}$$

- Property of bitwise XOR:  $(M \oplus k) \oplus k = M \oplus (k \oplus k) = M \oplus 0 = M$

# The Advanced Encryption Standard (AES)

- Originally proposed as **Rijndael**, developed by Belgian cryptographers Vincent Rijmen and Joan Daemen.
- Standardised as **AES** in 2001 by US NIST after a 4 year competition among 15 candidates.
  - Available in standard crypto libraries.
  - Integrated in many modern processors.
- Block cipher **specifications**:
  - **Key length**: 128, 192, or 256 bits
  - **Block length**: 128 bits
  - **Number of rounds**: 10, 12, and 14 rounds for 128-bit keys, 192-bit keys, and 256-bit keys, respectively.

# Overview of AES-128 (encryption)

- The 128-bit input message is arranged into 16 bytes  $b_0 \dots b_{15}$  according to the following  $4 \times 4$  matrix:

$b_0$	$b_4$	$b_8$	$b_{12}$
$b_1$	$b_5$	$b_9$	$b_{13}$
$b_2$	$b_6$	$b_{10}$	$b_{14}$
$b_3$	$b_7$	$b_{11}$	$b_{15}$

- The above matrix initialises the state of the cipher,  $STATE$ , which is a  $4 \times 4$  matrix modified at each step of the encryption process.

# Overview of AES-128 (encryption)

- The 128-bit/16-byte key  $k_0 \dots k_{15}$  is arranged into 4 words  $K_0, K_1, K_2, K_3$ , where each word is a 4-byte column as follows:

$$K_0 = \begin{array}{|c|} \hline k_0 \\ \hline k_1 \\ \hline k_2 \\ \hline k_3 \\ \hline \end{array}$$

$$K_1 = \begin{array}{|c|} \hline k_4 \\ \hline k_5 \\ \hline k_6 \\ \hline k_7 \\ \hline \end{array}$$

$$K_2 = \begin{array}{|c|} \hline k_8 \\ \hline k_9 \\ \hline k_{10} \\ \hline k_{11} \\ \hline \end{array}$$

$$K_3 = \begin{array}{|c|} \hline k_{12} \\ \hline k_{13} \\ \hline k_{14} \\ \hline k_{15} \\ \hline \end{array}$$

- $K_0, K_1, K_2, K_3$  are provided as input to a **KeyExpansion** function that outputs 44 words  $W_0, W_1, \dots, W_{43}$ .
- The **KeyExpansion** function produces separate keys, where each key will be used in a single round.
- $W_0, W_1, \dots, W_{43}$  are arranged as 11 round keys  $[W_0 \ W_1 \ W_2 \ W_3], [W_4 \ W_5 \ W_6 \ W_7], \dots, [W_{40} \ W_{41} \ W_{42} \ W_{43}]$ , where each round key is a  $4 \times 4$  matrix.

# Overview of AES-128 (encryption)

- **Initial step (round 0):**
  1. the  $\text{AddRoundKey}(A, B)$  function outputs the **bitwise XOR** of  $A$  and  $B$ .
    - The state (currently, the input message) is XORED with the first round key.
    - $STATE \leftarrow \text{AddRoundKey}(STATE, [W_0 \ W_1 \ W_2 \ W_3])$ .
    - The function adds confusion by mixing the key with the state.

# Overview of AES-128 (encryption)

- **Intermediary rounds** 1,...,9:
  1. the **SubBytes** function performs a **byte-by-byte substitution** of the state **via a look up table (the S-box)**.
    - E.g., byte  $00_{16}$  is substituted by  $63_{16}$ ,  $01_{16}$  is substituted by  $7c_{16}$ ,  $02_{16}$  is substituted by  $77_{16}$  ,...
    - $STATE \leftarrow \text{SubBytes}(STATE)$ .
    - Non-linear (adds confusion). E.g.,  $\text{SubBytes}(A \oplus B) \neq \text{SubBytes}(A) \oplus \text{SubBytes}(B)$
  2. the **ShiftRows** function permutes the entries in the 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> row of the state by **performing a cyclical left shift** of 1, 2, and 3 positions, respectively.
    - E.g., 2<sup>nd</sup> row:  $s_{1,1} s_{1,2} s_{1,3} s_{1,0} \leftarrow \overbrace{s_{1,0} s_{1,1} s_{1,2} s_{1,3}}^{\longrightarrow}$
    - $STATE \leftarrow \text{ShiftRows}(STATE)$ .
    - Now the columns of the state are not encrypted independently, which produces diffusion.
  3. the **MixColumns** function that **alters each byte in a column as a function of all of the bytes in the column**.
    - $STATE \leftarrow \text{MixColumns}(STATE)$ .
    - Now changing one byte affects other bytes of the state producing diffusion.
  4. at the end of the round, **AddRoundKey** is performed with the round key.

# Overview of AES-128 (encryption)

- **Final round 10:**
  1.  $STATE \leftarrow \text{SubBytes}(STATE).$
  2.  $STATE \leftarrow \text{ShiftRows}(STATE).$
  3.  $STATE \leftarrow \text{AddRoundKey}(STATE, [W_{40} \ W_{41} \ W_{42} \ W_{43}]).$
  4. Output ciphertext  $C \leftarrow STATE.$

# Overview of AES-128 (decryption)

- All **functions**, **AddRoundKey**, **SubBytes**, **ShiftRows**, and **MixColumns** **are invertible**.
  - Note: the inverse of **AddRoundKey**(round key,  $\cdot$ ) is itself.
- The decryption algorithm recovers the message by
  - making use of the round keys in reverse order.
  - running the inverses of the AES functions in reverse order.

# Overview of AES-128

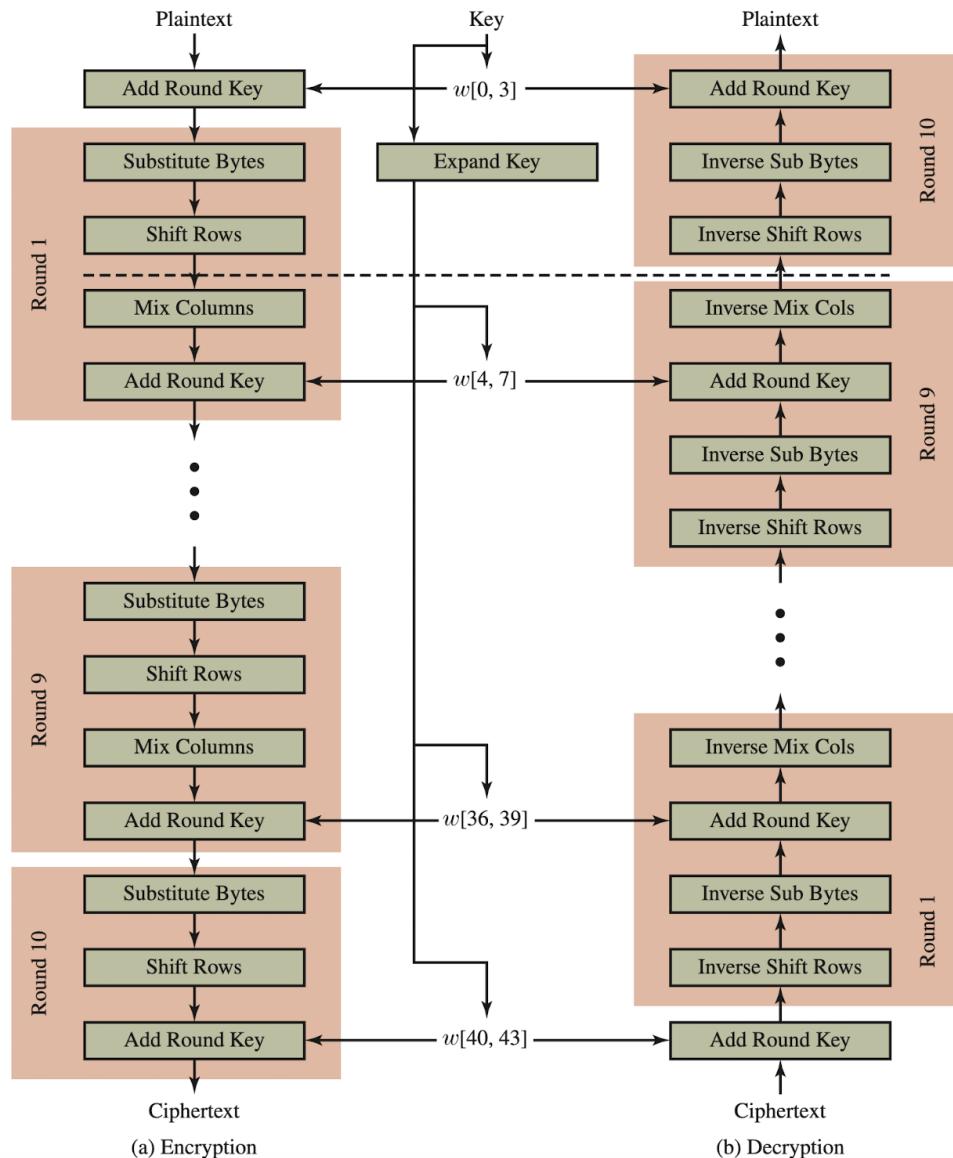


Figure source: “Computer Security Principles and Practice (5th Edition)” by Stallings and Brown

# Block ciphers as pseudorandom permutations

- State-of-the-art **block ciphers** such as AES **realise** the cryptographic primitive named **pseudorandom permutations** (PRPs).
- Definition:

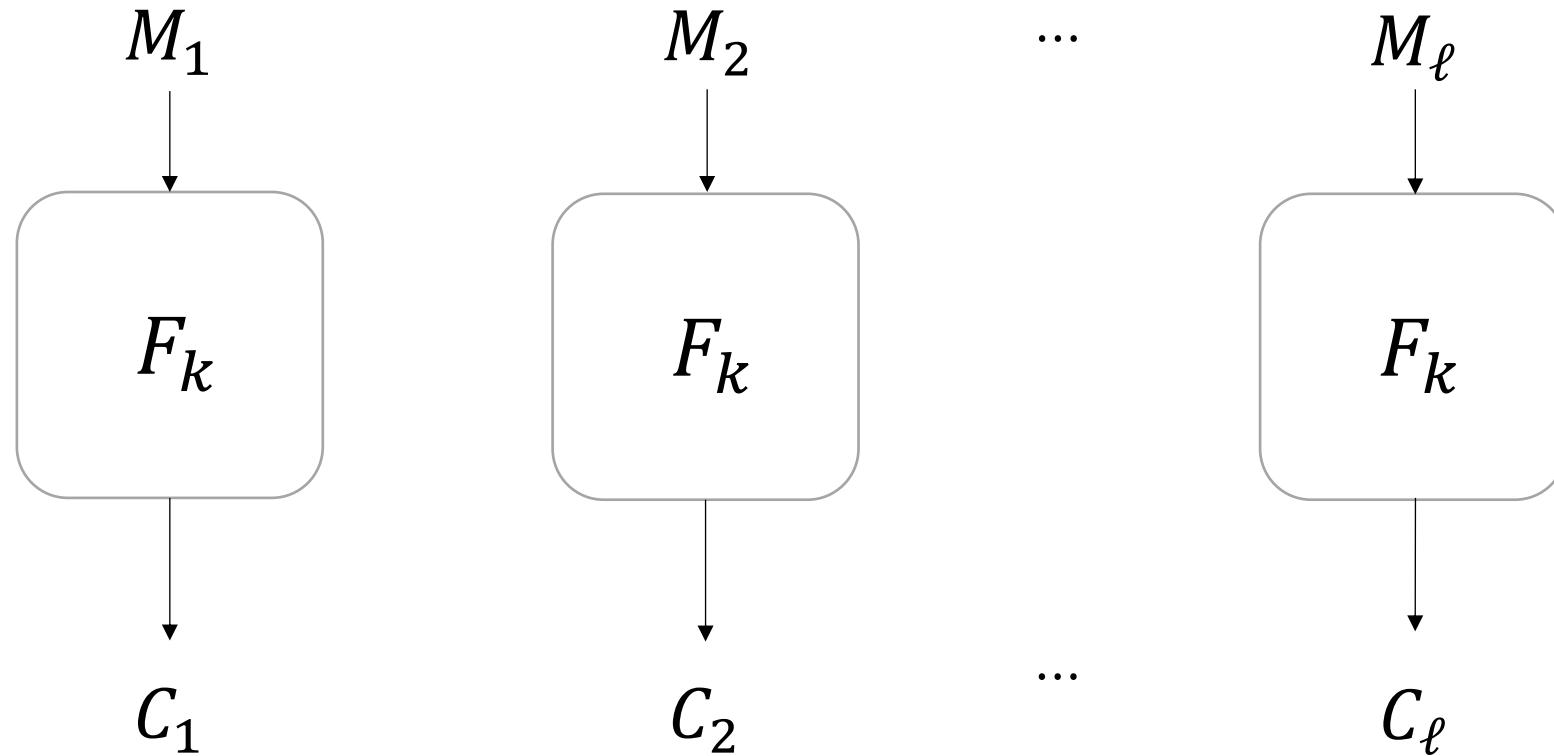
A PRP is a keyed permutation  
 $F_k: \{0,1\}^m \rightarrow \{0,1\}^m$  that behaves as a  
uniformly at random permutation  
 $\sigma: \{0,1\}^m \rightarrow \{0,1\}^m$ , in the view of any  
party that does not know  $k$ .  
Its inverse  $F_k^{-1}$  is efficiently computable.

# Encryption of long messages: Modes of operation

- Block ciphers/PRPs can encrypt short fixed-size messages (e.g., AES message length  $m = 128$  bits).
- Modes of operation are algorithms that use a block cipher to support encryption/decryption of long messages.
  - If needed, a message  $M$  is securely padded until its length is a multiple of  $m$ .
  - The (padded) message is  $M$  is processed as a sequence of blocks  $M_1, M_2, \dots, M_\ell$ , where each block is of length  $m$ .

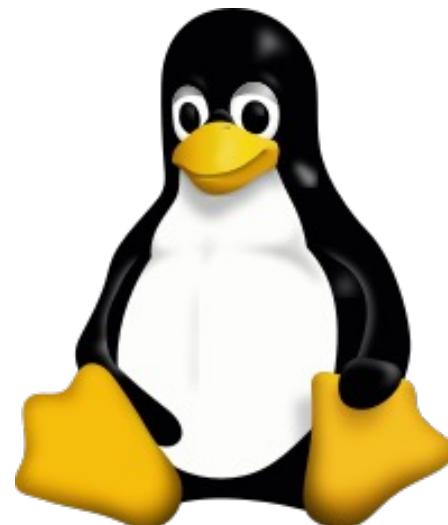
# Electronic Code Book (ECB) mode

- Encryption of message  $M = M_1 \parallel M_2 \parallel \cdots \parallel M_\ell$  under  $\textcolor{red}{k}$ :



# Electronic Code Book (ECB) mode

- ECB is **deterministic**, so encrypting a repeated message block will result in a repeated ciphertext block!
- **Insecure** mode of encryption, as it leaks information to an eavesdropper.
- Illustrative example:



Original image

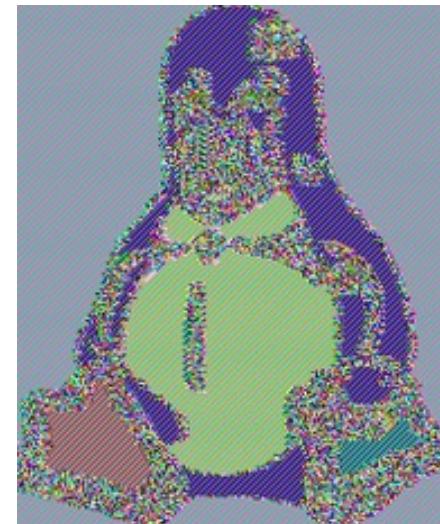
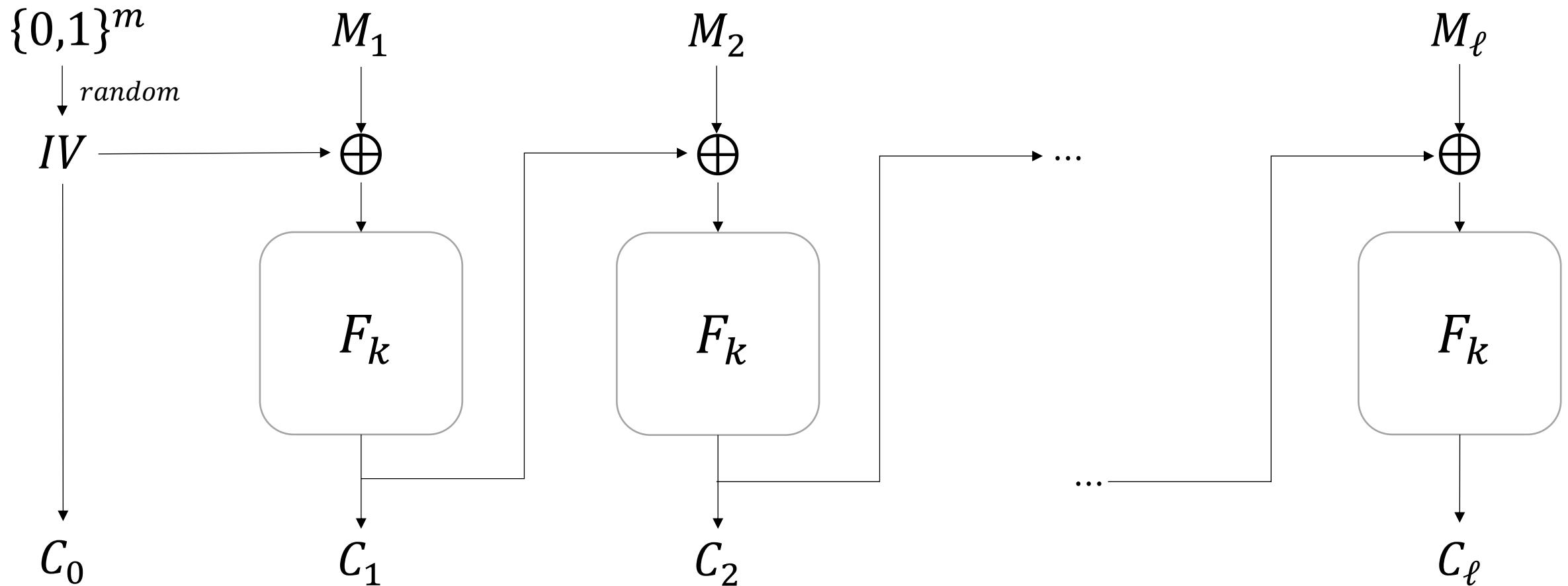


Image encrypted  
using ECB

Figure source: Wikipedia

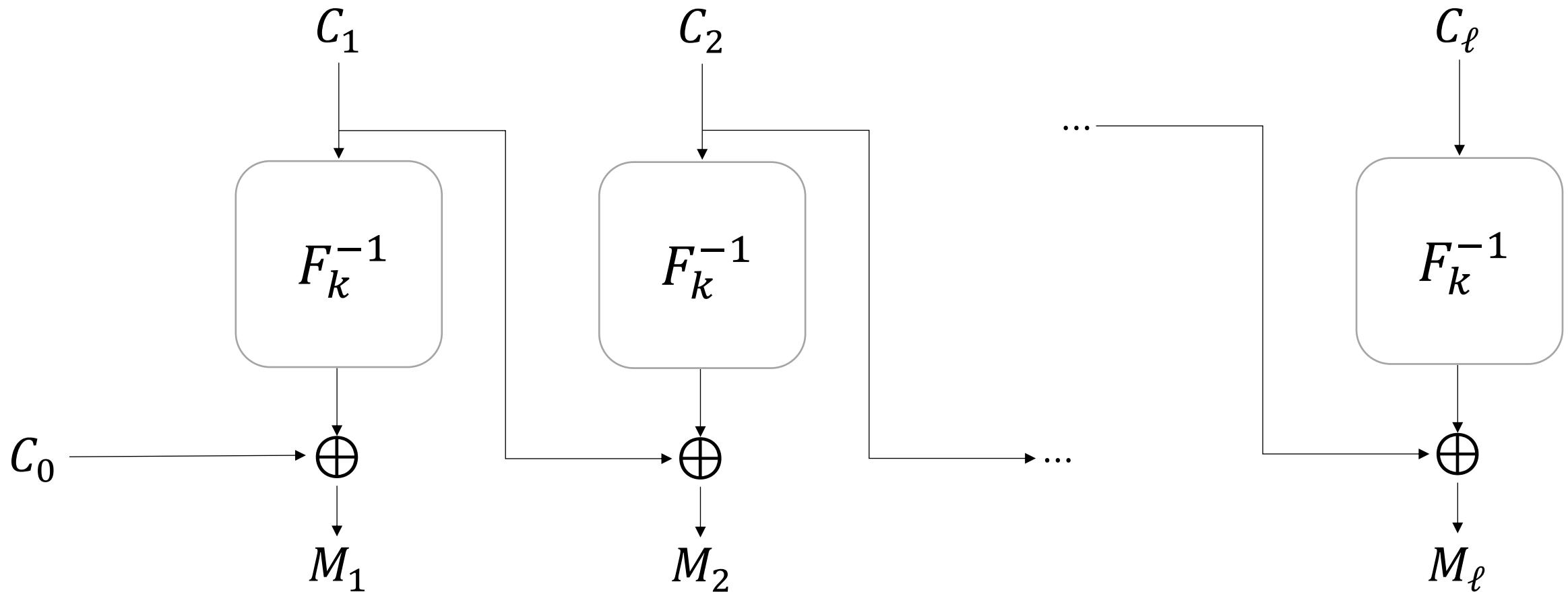
# Cipher Block Chained (CBC) mode

- Encryption of message  $M = M_1 \parallel M_2 \parallel \dots \parallel M_\ell$  under  $\textcolor{red}{k}$ :



# Cipher Block Chained (CBC) mode

- Decryption of ciphertext  $C = C_0 \parallel C_1 \parallel C_2 \cdots \parallel C_\ell$  under  $\textcolor{red}{k}$ :



# Cipher Block Chained (CBC) mode

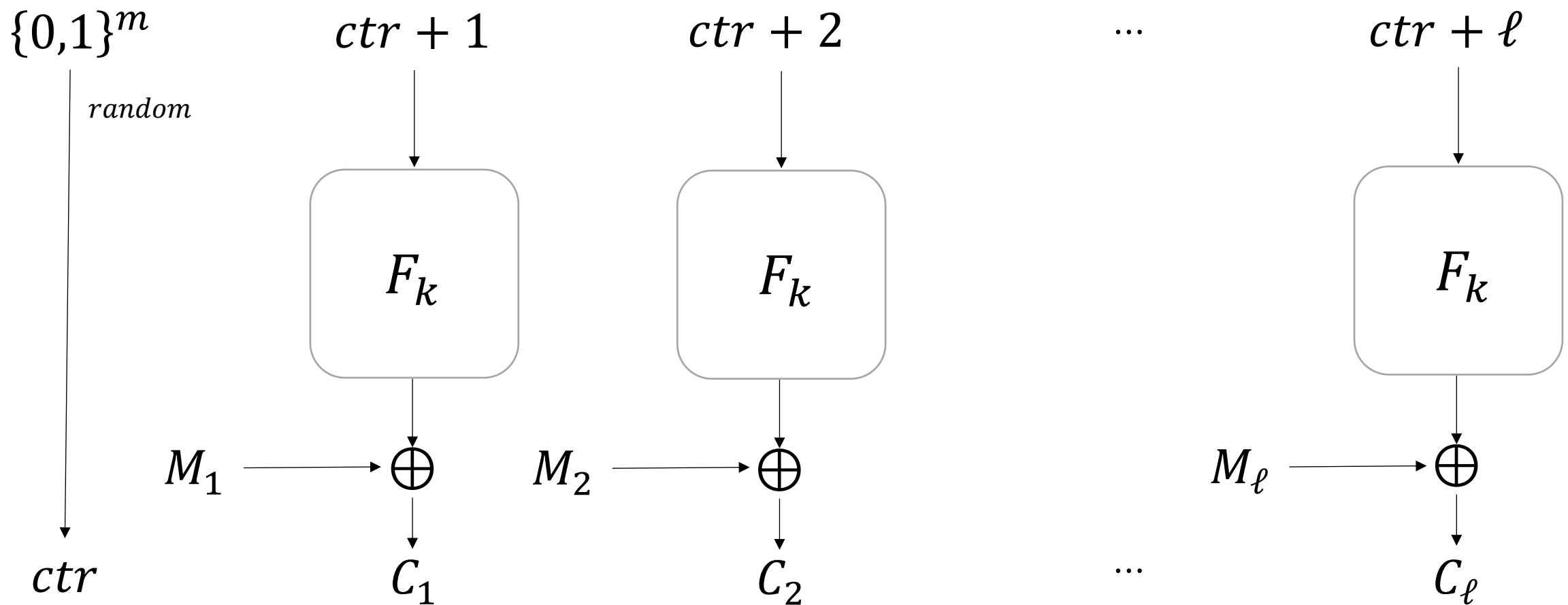
- The **initialisation vector** (IV) **should be randomly chosen**. Randomness ensures that repeated messages will be encrypted differently.
- Using **a predictable IV can leak information** to the adversary.

If  $F_k$  is a PRP, then the CBC mode of operation is IND-CPA secure.

- **Disadvantages:**
  - Encryption is sequential (no parallelisation) which affects performance.
  - Not tolerant to block losses; if a block is lost during transmission, then the subsequent block cannot be decrypted correctly.

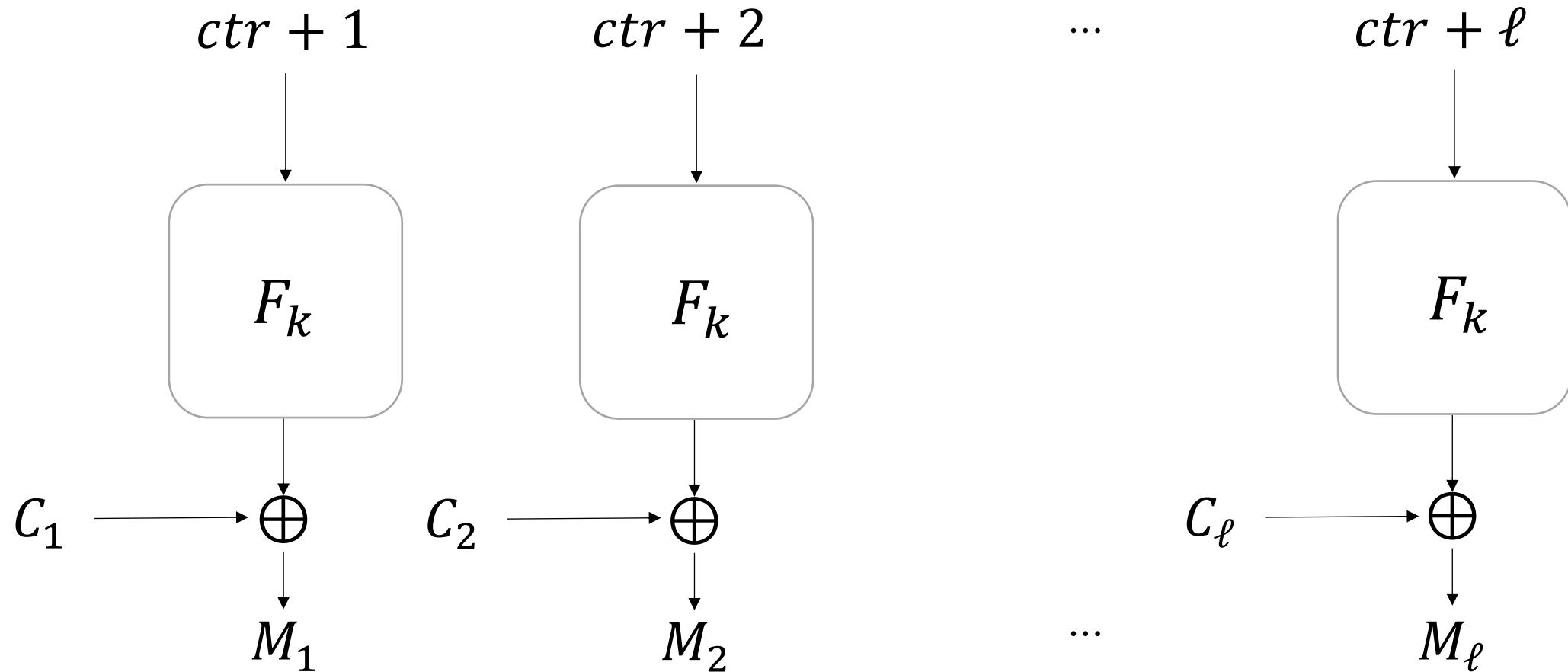
# Counter (CTR) mode

- Encryption of message  $M = M_1 \parallel M_2 \parallel \dots \parallel M_\ell$  under  $\mathbf{k}$ :



# Counter (CTR) mode

- Decryption of ciphertext  $C = ctr \parallel C_1 \parallel C_2 \dots \parallel C_\ell$  under  $k$ :



# Counter (CTR) mode

- The counter  $ctr + i$  should be unique (e.g., nonce  $ctr$  may be randomly chosen). Uniqueness ensures that repeated messages will be encrypted differently.

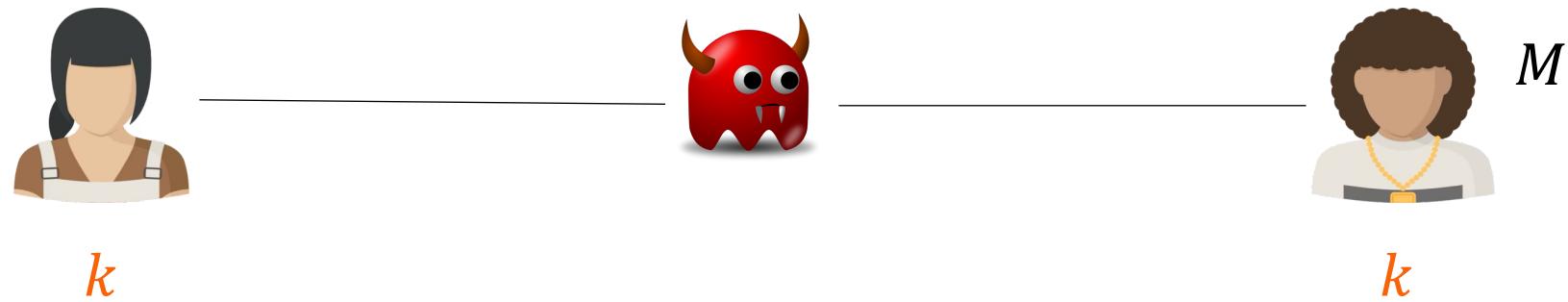
If  $F_k$  is a PRP, then the CTR mode of operation is IND-CPA secure.

- **Advantages:**
  - Encryption and decryption can be parallelised.
  - Requires only the implementation of the underlying cipher's encryption algorithm ( $F_k^{-1}$  is never used).
  - Preprocessing of the cryptographic operations ( $F_k$  evaluations) is possible; when the message blocks it is XORed with the pre-computed cryptographic output.

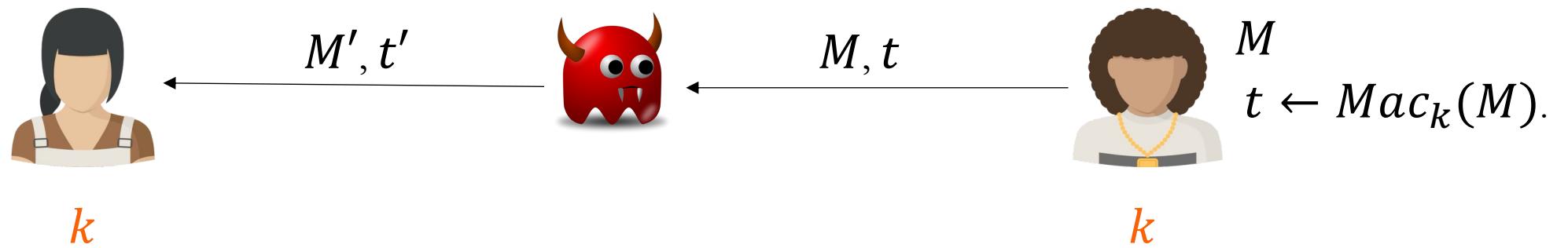
# Message integrity

- Secure modes of operation achieve IND-CPA security, i.e., confidentiality against a passive attacker that does not attempt to modify the data.
- They do not provide defence against active attackers that may tamper the message contents (e.g., flipping the bits of the ciphertext will change the result of the decryption without this being detected).
- In Cybersecurity, message integrity is a key objective!
- Symmetric Cryptography introduces message authentication codes (MACs) as means to preserve message integrity.

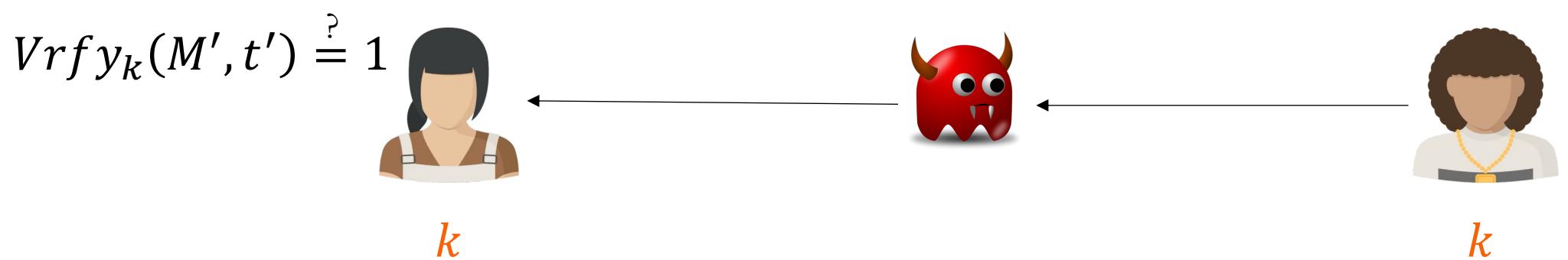
# Message integrity using a MAC



# Message integrity using a MAC



# Message integrity using a MAC

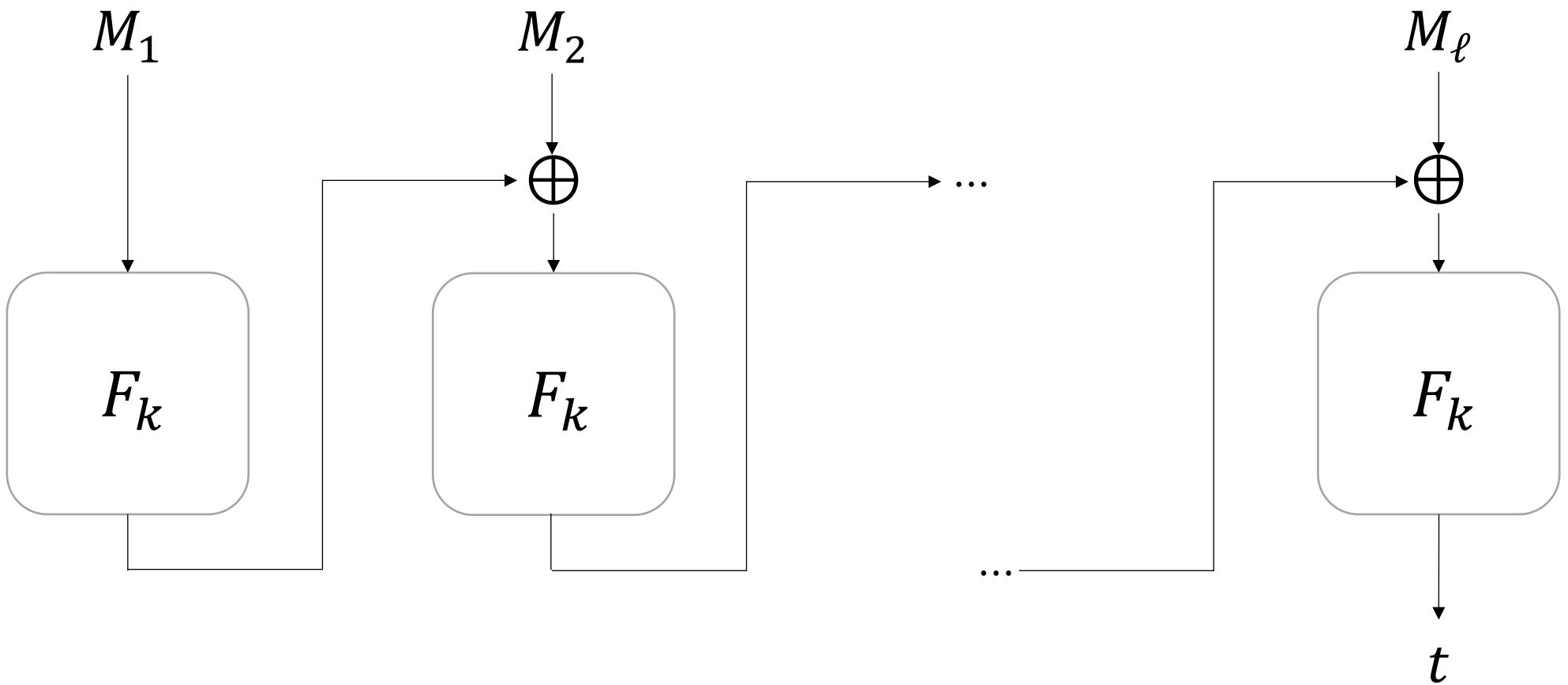


# Definition of MACs: Syntax, Correctness, and Security

- A message authentication code is a triple of algorithms as follows:
  - A **key-generation algorithm**  $\text{Gen}$  that outputs a key  $k$ .
  - A **tag-generation algorithm**  $\text{Mac}$  that takes as input a key  $k$  and a message (plaintext)  $M$  and outputs a tag  $t$ . We write  $t \leftarrow \text{Mac}_k(M)$ .
  - A **verification algorithm**  $\text{Vrfy}$  that takes as input a key  $k$ , a message  $M$ , and a tag  $t$ , and outputs a bit  $b$ . We write  $b := \text{Vrfy}_k(M, t)$ .
- **Correctness:** for every key  $k$  and every message  $M$ , it holds that
$$\text{Vrfy}_k(M, \text{Mac}_k(M)) = 1$$
- **Security (Existential Unforgeability):** no adversary can generate a valid tag on a new message that was not previously sent (and authenticated) by one of the communicating parties.

# A MAC construction: CBC-MAC

- Tag-generation for message  $M = M_1 \parallel M_2 \parallel \cdots \parallel M_\ell$  under  $\textcolor{orange}{k}$ :



# A MAC construction: CBC-MAC

- No initialisation vector is needed, the algorithm is **deterministic**.  
If  $F_k$  is a PRP, then CBC-MAC achieves existential unforgeability for messages of fixed length  $\ell \cdot m$ .
- (Basic) CBC-MAC is **not secure for variable-length messages**.
  - There are ways to modify the basic construction so that it is secure for variable-length messages. E.g., encrypt the value  $t$  using a different key  $\hat{k}$  and output the tag  $\hat{t} = F_{\hat{k}}(t)$ .
  - Alternatively, other constructions such as CMAC or HMAC can be used to provide message integrity for variable-length messages.

# Confidentiality and Integrity

- When designing MACs, confidentiality is not a concern, only the integrity of the message is guaranteed.
- Modes of operation protect the confidentiality of the message.
- **Challenge:** Can we combine the two primitives, so that both confidentiality and integrity are achieved?
- **Solution:** Encrypt-then-Authenticate!

# Encrypt-then-Authenticate



- Alice and Bob share a symmetric encryption key  $k_1$  and a MAC key  $k_2$ .
- Bob wants to send a message  $M$  through an insecure channel.

# Encrypt-then-Authenticate



# Encrypt-then-Authenticate



# Encrypt-then-Authenticate

If the underlying encryption scheme is IND-CPA secure and the underlying MAC achieves existential unforgeability, then the Encrypt-then-Authenticate combination achieves confidentiality and integrity.

# Authenticated encryption

- Authenticated Encryption schemes are encryption schemes that **ensure both confidentiality and integrity**.
- Encrypt-then-Authenticate is a method of constructing Authenticated Encryption via a black-box use of an IND-CPA encryption scheme and a secure MAC.
- Alternatively, more efficient Authenticated Encryption constructions exist. E.g.,
  - Galois Counter Mode (GCM).
  - Offset Codebook Mode (OCB).

# End of Lecture 6

The slides content is related to Sections 2.1, 2.2, 20.1, 20.3, and 20.5 of “Computer Security Principles and Practice (3rd Edition)” by Stallings and Brown