**What do you understand by 'Work-Life Balance'. Explain in detail.**

Work-Life balance means maintaining balance between work and professional life. It focuses on managing the work-related things and give ample amount of time to personal things not mixing up both.t It is all about setting boundaries between work and personal life, Managing the stress to spill-over it into personal life. Maintaining the health to increase the productivity. Healthy work-life balance maintains the healthy relation between family and friends.

**Explain the importance of Soft Skills in professional life. Give examples if needed.**

Soft skill is the personal attribute which shows the individual effectiveness and personal development. There are many soft skills like communication, teamwork, adaptability, time-management, leadership etc. These all soft skills helps and individual to facilitate the clear communicating, enhance teamwork for better productivity, help individual to adapt in dynamic work environment, improves relationships.

**Write an email to your mentor mentioning the status of all the technical tasks that you have received till date.**

Subject: Update on Technical Task Progress

Dear Dheeraj,

I hope this email finds you well. I wanted to provide you with an update on the status of the technical tasks I have been working on. Here is a summary:

**Task 1: Java Assignments**

Completed with all the Java tasks of all the 3 sheets with proper validations.

**Task 2: Angular Assignments**

Completed with all the Angular assignments using angular material.

**Task 3: Spring Boot**

Successfully completed with spring boot CRUD and tested the Api’s on postman.

**Task 4: Grocery Store**

Meet all the requirements provides, developed backend using spring boot, and designed the database with the proper relation between the tables, and designed the frontend in angular using angular material and the connection of frontend and backend was done in the service class using HTTP Client of angular which connects with backend and fetch data and displays on frontend.

Please feel free to provide any guidance or feedback.

Thanks & Regards

Kunal Baghele | Intern (Developer)

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Share any achievement of yours in Info-Origin.

At info-Origin I came across many things like soft skill sessions which helped me to develop my skills like presentation skills, improved my communication, taught me about company culture and ethics and during this I also came across new technologies like Angular which helped me lot in developing my frontend skills. I learned new technical things during this internship.