

PearPal: Empowering Students Against Peer Pressure

Addressing pear pressure impact on student mental health and academics.

Introducing a supportive digital tool for education and guidance.

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Problem Statement

Pear Pressure Impact

Harms mental well-being and academic success

Awareness Gap

Students lack strategies and support systems

Need for a Solution

Digital tool for education and emotional support

Our Solution – PearPal

Education

Teach peer pressure awareness

Mental Health

Tracking & journaling features

Community

Forums for peer discussion

Support

Connect to professionals

Key Features

- 1. Educational Modules
- 2. Private Journaling
- 3. Coping Strategy Library
- 4. Community Forum
- 5. Professional Support Directory
- 6. Progress Tracking

How It Works

1

User Onboarding

Register and complete survey

2

Learning

Interactive short modules

3

Journaling & Coping

Reflect and get strategies

4

Community Forum

Anonymous discussions

5

Track Progress

View mood and academic trends

6

Seek Help

Connect with professionals

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Technologies Used

Frontend

HTML, CSS, JavaScript (Vanilla)

Hosting

GitHub Pages deployment

Data Storage

LocalStorage for persistence

Assets

Open-source visual libraries

Challenges Faced & Future Enhancements

Challenges

- User-friendly UI without complexity
- Secure data handling without database
- Forum without login/authentication
- Seamless single-page app integration

Future Plans

- Login and personalized dashboards
- Integrate mental health APIs/helplines
- Real-time chat support
- Progress graphs & feedback
- React Native mobile app