

# MITO RICHARD

GD-191-3267, CHRISTIAN SCHOOL-ADJIRIGANO ACCRA-GHANA

DoB: 2nd January, 1980 No: +233559876581

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## Summary

A highly motivated and capable professional cook with a real passion for popular healthy and nutritious meals. Having a "hands on" approach to all areas of the kitchen and possessing excellent organizational and administrative skills. A quick learner who can effortlessly fit into an existing established environment and also encourage junior staff to achieve their best when preparing meals.

## Education

- CEG BE PLAGE - 1996 - 1997
- BEPC - COMPLEX POLYTECHNIQUE BRUCE (2000 – 2001) Lomé -TOGO
- BACCALAURÉAT/ CFP ANCILLA – (2002 – 2004) Lomé -TOGO
- **BPH HOTELIER** | Basic Food Hygiene Certificate. (Lomé -TOGO)  
NVQ level2 in food Preparation Certificate in Basic Food Hygiene

## Professional Experience

### **PRIVATECHEF**

June 2005 – Dec 2006

**Mme KANNY-SOPKO DIALLO | MINISTER OF HEALTH (Togo - LOME)**

### **PRIVATECHEF**

Handled over 38 kitchen staffs and served 1800 workers meals (breakfast, lunch and dinner) every day on time.

**SOGEA SATOM 2020 – 2012 (Equatorial Guinea)**

### **HEAD CHEF (Chef, F&B Manager)**

Working in a busy and popular restaurant and routinely having to supervise for up to 100 dinners every night. Responsible as part of a team for cooking, tasting cooking meals for all the dinner.

I work with passion through interaction and teaching new staff to learn more of the art of kitchen development and provide practical methods that of a great value.

**ELDORADO HOTEL / BRESILIA HOTEL / Nov 2012 – Dec 2014 (Cotonou Benin)**

### **Commercial Officer**

- In charge of marketing and recruitment for Hotels / Restaurant and Hospitality Ventures.

**SCAB-BENIN January 2015 – July 2015 (Cotonou – BENIN)**

## HEAD CHEF

- Prepare and cook foods of all types, either on a regular basis and for special guests and functions.

Supervise and coordinate activities of cooks and kitchen staff engaged in food preparation. For Break-Fast, Lunch, Dinner and Special Invited Guest as Football Team (African and International)

- Collaborate with other personal to plan and develop recipes and menu, taking into account such factors as seasonal and ingredients availability for customers.

**M Suites Hotel / Rice Express April 2016 – Oct 2018 (East Legon /Accra – GHANA)**

## PRIVATE CHEF and Independent Contract

- Take orders and deliver on exact time.

Handle celebrations, any type of party completely (Food/Buffer and Decorations)

**(KATANKA, BASIC SECURITY and PRIVATE CHEF) - July 2019 – Oct 2021 (Kwabenya – ACCRA)**

## Projects

### CHEF ONE presents

SWEET & HOT (THE TRADITION), GRILL FEST, STARTS CAP...

## Language Skills

- Food Preparation, English, Spanish, French
- Cleanliness, Attention to detail [Others](#)
- International experience, Stay in FRANCE, SPAIN, and more ...
- Punctual

## Interest

Music, Sport, travelling

## References

- Mr. Jamil MARABI  
CEO (RICE EXPRESS and OZZ STREET FOOD): 0244374557 (Accra-Ghana)
- AZANNAI Candide  
MP/Minister of Defense | +29995959401 (Cotonou - BENIN)
- Mr. AMANI GERVAIS  
CEO | BASIC SECURITY 0546890046 (Accra-Ghana.)
- KATANKA AUTOMOBILE | 0249138226 (Accra-Ghana)

## Awards

- **Master Chef Award – 2005 (Cotonou – BENIN)**
- **BEST CHEF LIZZY'S SPORT COMPLEX 2016 – (East – Legon)**