# **DV200 Progress Check**

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Open Window, School of Fundamentals

DV200

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### **Functional Requirements Checklist**

### - Home Page:

Show Features on the website with links to the corresponding page

### - User Authentication:

- Log In ✓
- Sign Up 🗸
- Log Out ✓
- Default profile picture

## - Journal Page:

- Create 🗸

Add a new journal entry for the current day

- Read 🗸

Show all previous users' journal entries on the calendar

- Update 🗸

Edit information of journal entry: including title, content and date

- Delete 🗸

Remove journal entry

Require Login for CRUD on journal

Only allow users to interact with journal entries when account is created and logged in

### - Resources:

- Create (on account page – admin only) ✓

Admins create resources with articles/videos/tutorials for users to read

- Read 🗸

Display all resources on the resource page, no account is needed to read

Update (on account page – admin only) ✓

Admins can edit resource titles, content, links, and tags if needed

Delete (on account page – admin only) ✓

Admins can remove resources

Single Resource Page

Show full resource details when a resource is clicked

#### - FRONTEND:

- Filter 🗸

Show resources that have tags matching users' input

- Sort 🗸

Sort resources by criteria

- Search 🗸

Find specific resources by title or content

### - Forum:

Create (on the account page)

To create new posts, the user has to be logged in

- Read ✓

Display all posts on forums, no account is needed

- Update (on account page) ✓

Users can make changes to their post titles, content, and tags

- Delete (on account page) ✓

Users can remove posts they've made

### - FRONTEND:

- Filter 🗸

Show tags that have tags matching users' input

Sort ✓

Sort resources by criteria

- Search ✓

Find specific resources by title or content

#### Professionals:

Create (admin only) 
Admins can create new professionals, this ensures that there is an enrollment process

- Read 🗸

Show Professionals on the chat page with professionals' credentials and bio, with the option to start messaging a professional

- Update (admin only) 🗸

Admins can edit the professional names, speciality, availability, and bio

- Delete (admin only)

Admins can remove professionals from the chat page

#### - Chats:

- Create 🗸

Users can choose to message professionals, doing so requires a chat

- Read 🗸

Show all messages between specific users and professional

- Update

Users and professionals can edit messages sent

- Delete

Users and professionals can delete messages sent

Replies from professionals

Show replies from professionals

### - Account Page:

- Show user information 
   Show username and profile picture
- Show posts by user 
   Show the number of posts made by users
- Show resources by admin (admin only) 
   Show all the resources made by an admin
- Update profile picture

## - Responsiveness:

- Mobile 🗸
- Tablet 🗸
- Desktop 🗸

### **System Documentation**

### - Technical Architecture:

- MERN Stack
- Components:
  - Navigation Bar

Does som

### - Database:

- Has 6 Collections:
  - Chats:
    - · ID

- Sender (user obj)
- Receiver (user obj)
- Message (String)
- JournalEntries:
  - ID
  - Title (String)
  - Date (Date)
  - Content (String)
  - User (user obj)
- Posts:
  - ID
  - Title (String)
  - Content (String)
  - User (User Obj)
  - createdAt (date)
  - updatedAt (date)
  - Tags ([String])
- Resources:
  - ID
  - Title (String)
  - Content (String)
  - User (User Obj)
  - createdAt (date)
  - updatedAt (date)
  - Tags ([String])
- Users:
  - Username (String)
  - Email (String)

- Password (Hashed String)
- Role ("Admin" or "User")

### - Professional:

- Name (String)
- Email (String)
- Speciality (String)
- Availability (String)
- Bio (String)
- User (User obj)

### - API Endpoints:

### - Post Routes:

- get('/) fetches all posts
- get('/user/:userID') fetches all posts by one user, using userID
- post('/create') creates a new post
- patch('/update/:id') edit a post by post ID
- delete('/delete/:id') delete a post by post ID

### - User Routes:

- post('/signup') create a new user
- post('/login') checks if the user exists to log in user

### - Journal Routes:

- post('/create') add a new journal entry
- get('/entry/:entryID') fetch one entry by entry ID
- patch('/update/:entryID') update an existing entry by entry ID
- delete('/delete/:entryID') delete entry using entry ID

### - Resource Routes:

- post('/create') create a new resource
- get('/') get all resources
- patch('/update/:id') update an existing resource by resource ID
- delete('/delete/:id') delete a resource using resource ID

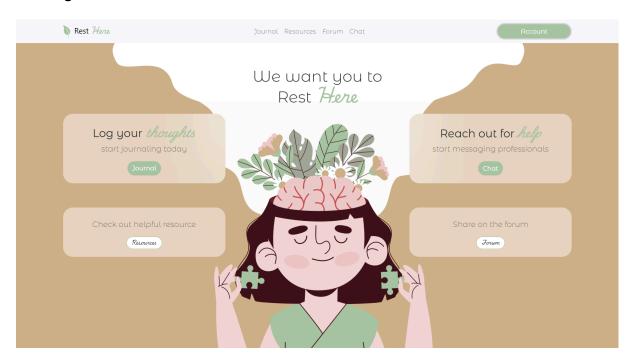
#### - Professional Routes:

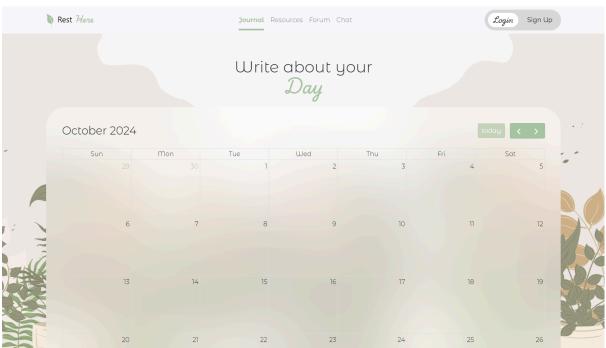
- get('/') get all professionals
- post('/create') create a new professional
- patch('/update/:id') update an existing professional using a professional ID
- delete('/delete/:id') delete a professional using a professional ID

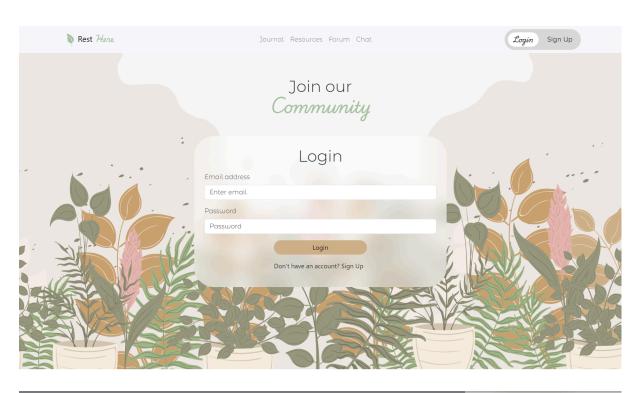
### - Chat Routes:

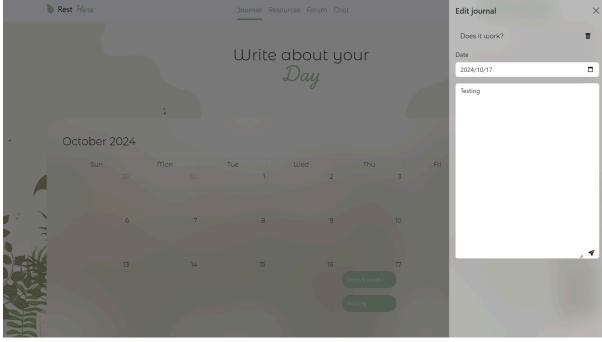
- get('/:userld/:professionalld') get a message between a user and a professional
- get('/professionals/:userld') fetch all professionals a user is messaging
- post('/send') send a message from a sender to a receiver => create a new
   message with a sender field and a receiver field
- patch('/edit/:messageId') allows a user / professional to edit a message's
   content that they have sent
- delete('/delete/:messageId') delete a message by message ID but only if person deleting is the sender

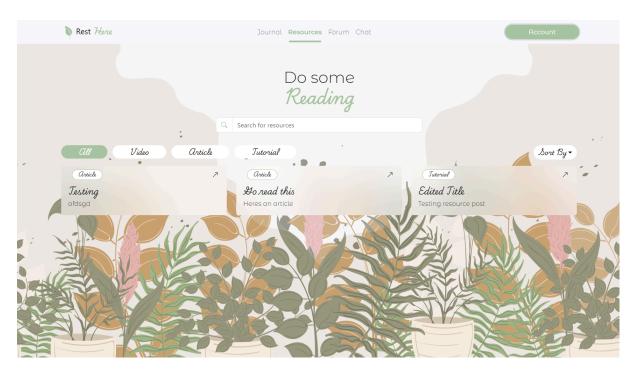
# - UI Design:





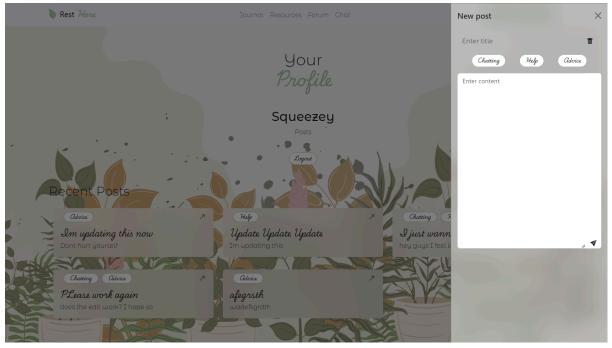














# - Instructions for running the project:

# Prerequisites

Ensure you have the following installed on your system:

- Node.js (version 20.18.0 or later)
- MongoDB (either locally or via a cloud provider like MongoDB Atlas)
- Git or Github

## 1. Clone the Repository

git clone <a href="https://github.com/KurtSchwimmbacher/DV200T4\_RestHere">https://github.com/KurtSchwimmbacher/DV200T4\_RestHere</a>

2. Set up environment variables

```
MONGODB_URI=your_mongodb_connection_string
PORT=5000
JWT_SECRET=your_jwt_secret_key
```

3. Install Backend Dependencies

```
cd resthere-backed npm install (bcrypt, cors, dotenv, express,mongoose, validator)
```

4. Install frontend dependencies

cd ../resthere-frontend
npm install( full-calendar, axios, react-bootstrap, react-router, react-redux)

Start the backend and the frontend separately with npm start

### **Problem Statement**

### **Problem Definition:**

The prevalence of mental health issues is rising. However, access to mental health resources is limited due to stigma, cost, and availability. Numerous individuals face difficulty locating a secure, confidential, and supportive environment to articulate their emotions or seek assistance.

### Significance of the Problem:

Mental health is a crucial component of holistic well-being. The absence of readily available and cost-effective mental health assistance can result in grave outcomes such as

anxiety, depression, and potentially, suicide. Through establishing a digital platform that promotes user engagement in sharing their perspectives, gaining access to resources, and connecting with experts confidentially, this application caters to the demand for accessible mental health aid.

### Solution:

The proposed platform will offer a secure environment for users to confidentially record their thoughts, access mental health resources, and engage with professionals. The platform's emphasis on confidentiality and user-friendliness will enable individuals to initiate the initial actions towards overseeing their mental well-being.