## ■ VocalEdge AI - Voice Health Report

■ Voice Health Report

Confidence Level: Needs Improvement (28.0%)

Pitch Mean: 291.5 Hz, Pitch STD: 143.15 Energy Mean: 0.07543, Energy STD: 0.05356

Pauses Detected: 5, Fillers Estimated: 9

## Suggestions to Improve:

- Practice reducing filler words like 'um' and 'uh'.
- Minimize long pauses for smoother delivery.
- Avoid dairy or cold items like ice cream before singing.
- Warm up your voice with humming or lip trills.
- Stay hydrated and avoid yelling before sessions.

## ■ Spectrogram Visualization

