

## Index.html:

```
<!doctype html>

<html lang="en">

  <head>

    <!-- Required meta tags -->

    <meta charset="utf-8">

    <meta name="viewport" content="width=device-width, initial-scale=1">


    <!-- Internal CSS -->

    <link href="styles.css" rel="stylesheet">


    <!-- Bootstrap CSS -->

    <link href="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/css/bootstrap.min.css"
rel="stylesheet" integrity="sha384-
EVSTQN3/azprG1Anm3QDgpJLIm9Nao0Yz1ztcQTwFspd3yD65VohhpuuCOmLASjC"
crossorigin="anonymous">


    <!-- Bootstrap JS -->

    <script src="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/js/bootstrap.bundle.min.js"
integrity="sha384-MrcW6ZMFYlzcLA8Nl+NtUVF0sA7MsXsP1UyJoMp4YLEuNSfAP+JcXn/tWtIaxVXM"
crossorigin="anonymous"></script>

    <script src="https://cdn.jsdelivr.net/npm/@popperjs/core@2.9.2/dist/umd/popper.min.js"
integrity="sha384-IQsoLXl5PILFhosVNubq5LC7Qb9DXgDA9i+tQ8Zj3iwWAwPtgFTxbJ8NT4GN1R8p"
crossorigin="anonymous"></script>

    <script src="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/js/bootstrap.min.js"
integrity="sha384-cVKIPhGWiC2Al4u+LWgxfKTRlcfu0JTxR+EQDz/bglDoEyl4H0zUF0QKbrJ0EcQF"
crossorigin="anonymous"></script>


    <!-- Font Awesome -->

    <link rel="stylesheet" href="https://cdn.jsdelivr.net/npm/@fortawesome/fontawesome-
free@6.2.1/css/fontawesome.min.css" integrity="sha384-
QYIZto+st3yW+o8+5OHfT6S482Zsvz2WfOzpFSXMF9zqeLcFV0/wlZpMtyFcZALm"
crossorigin="anonymous">


    <title>GymNourish</title>
```

</head>

<body>

<section id="nav-bar">

<nav class="navbar navbar-expand-lg navbar-light">

<div class="container-fluid p-2">

<a class="navbar-brand" href="#" style="color: #fff; font-weight: 900;"><strong>GymNourish</strong></a>

<button class="navbar-toggler" type="button" data-bs-toggle="collapse" data-bs-  
target="#navbarNav" aria-controls="navbarNav" aria-expanded="false" aria-label="Toggle  
navigation">

<span class="navbar-toggler-icon"></span>

</button>

<div class="collapse navbar-collapse justify-content-end p-2" id="navbarNav">

<ul class="navbar-nav">

<li class="nav-item">

<a class="nav-link" aria-current="page" href="Index.html">HOME</a>

</li>

<li class="nav-item">

<a class="nav-link" href="Product.html">PRODUCTS</a>

</li>

<li class="nav-item">

<a class="nav-link" href="About.html">ABOUT US</a>

</li>

<li class="nav-item">

<a class="nav-link" href="Contact.html">CONTACT US</a>

</li>

</ul>

<form class="d-flex">

<input class="form-control me-2" type="search" placeholder="Search" aria-  
label="Search">

<button class="btn btn-outline-light" type="submit">Search</button>

</form>

```
    </div>
  </div>
</nav>
</section>
```

```
<!-- Banner Section -->
<section id="banner">
  <div class="container">
    <div class="row">
      <div class="col-md-6">
        <p class="promo-title display-1">Elevate Your Fitness Journey with GymNourish!</p><br>
        <p class="promo-desc">Your ultimate destination for elevating your fitness journey. We
offer a curated selection of premium gym products, including top-notch nutrition essentials and high-
quality accessories.</p>
        <a href="#">Learn More</a>
      </div>
      <div class="col-md-6 text-center">
        
      </div>
    </div>
  </div>
</div>

  
</section>
```

```
<!-- Services Section -->
<section id="services">
  <div class="container">
    <div class="row">
      <h1 class="display-1 text-center product-header">Buy our top products</h1>
      <div class="col-md-4">
        <div class="card" style="width: 18rem;">
```

```


<div class="card-body">

  <h5 class="card-title">Whey Power Protein</h5>

  <h4 class="card-title">$39.99</h4>

  <p class="card-text">Fuel your muscles with Whey Power Protein, a high-quality blend
that supports muscle recovery and growth.</p>

  <a href="#" class="btn btn-primary">Buy Now</a>

</div>

</div>

<div class="col-md-4">

  <div class="card" style="width: 18rem;">

    

    <div class="card-body">

      <h5 class="card-title">GymFlex Resistance Bands Set</h5>

      <h4 class="card-title">$29.99</h4>

      <p class="card-text">The GymFlex Resistance Bands Set offers versatile and effective
resistance training for any fitness level.</p>

      <a href="#" class="btn btn-primary">Buy Now</a>

    </div>

  </div>

</div>

<div class="col-md-4">

  <div class="card" style="width: 18rem;">

    

    <div class="card-body">

      <h5 class="card-title">GymNourish Shaker Bottle</h5>

      <h4 class="card-title">$9.99</h4>

      <p class="card-text">Stay hydrated and mix your supplements with the GymNourish
Shaker Bottle.This bottle ensures smooth blending of protein shakes and other beverages.</p>

      <a href="#" class="btn btn-primary">Buy Now</a>

    </div>

  </div>

</div>
```

```
        </div>
    </div>

    </div>
</div>
</section>

<!-- Footer Section -->
<section id="footer">
    
    <div class="container">
        <div class="row">
            <div class="col-md-6 footer-box">
                
                <p>Elevate your fitness journey with GymNourish – your trusted source for top-quality
gym products and nourishing essentials.</p>
            </div>
            <div class="col-md-3 footer-box-p">
                <p><b>CONTACT US</b></p>
                <p>123, Abc Road</p>
                <p>+00 123 456 789</p>
                <p>example@email.com</p>
            </div>
        </div>
    </div>
</div>
</section>

</body>
</html>
```

## About.html:

```
<!doctype html>

<html lang="en">

  <head>

    <!-- Required meta tags -->

    <meta charset="utf-8">

    <meta name="viewport" content="width=device-width, initial-scale=1">


    <!-- Internal CSS -->

    <link href="styles.css" rel="stylesheet">


    <!-- Bootstrap CSS -->

    <link href="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/css/bootstrap.min.css"
rel="stylesheet" integrity="sha384-
EVSTQN3/azprG1Anm3QDgplJLim9Nao0Yz1ztcQTWfSpd3yD65VohhpUuCOmLASjC"
crossorigin="anonymous">


    <!-- Bootstrap JS -->

    <script src="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/js/bootstrap.bundle.min.js"
integrity="sha384-MrcW6ZMFYlzcLA8Nl+NtUVF0sA7MsXsP1UyJoMp4YLEuNSfAP+JcXn/tWtIaxVXM"
crossorigin="anonymous"></script>

    <script src="https://cdn.jsdelivr.net/npm/@popperjs/core@2.9.2/dist/umd/popper.min.js"
integrity="sha384-IQsoLXl5PILFhosVNubq5LC7Qb9DXgDA9i+tQ8Zj3iwWAwPtgFTxbJ8NT4GN1R8p"
crossorigin="anonymous"></script>

    <script src="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/js/bootstrap.min.js"
integrity="sha384-cVKIPhGWiC2Al4u+LWgxfKTRlcfu0JTxR+EQDz/bglDoEyl4H0zUF0QKbrJ0EcQF"
crossorigin="anonymous"></script>


    <!-- Font Awesome -->

    <link rel="stylesheet" href="https://cdn.jsdelivr.net/npm/@fortawesome/fontawesome-
free@6.2.1/css/fontawesome.min.css" integrity="sha384-
QYIZto+st3yW+o8+5OHfT6S482Zsvz2WfOzpFSXMF9zqeLcFV0/wlZpMtyFcZALm"
crossorigin="anonymous">


    <title>GymNourish</title>
```

</head>

<body>

<section id="nav-bar">

<nav class="navbar navbar-expand-lg navbar-light">

<div class="container-fluid p-2">

<a class="navbar-brand" href="#" style="color: #fff; font-weight: 900;"><strong>GymNourish</strong></a>

<button class="navbar-toggler" type="button" data-bs-toggle="collapse" data-bs-target="#navbarNav" aria-controls="navbarNav" aria-expanded="false" aria-label="Toggle navigation">

<span class="navbar-toggler-icon"></span>

</button>

<div class="collapse navbar-collapse justify-content-end p-2" id="navbarNav">

<ul class="navbar-nav">

<li class="nav-item">

<a class="nav-link" href="Index.html">HOME</a>

</li>

<li class="nav-item">

<a class="nav-link" aria-current="page" href="#">PRODUCTS</a>

</li>

<li class="nav-item">

<a class="nav-link" href="About.html">ABOUT US</a>

</li>

<li class="nav-item">

<a class="nav-link" href="Contact.html">CONTACT US</a>

</li>

</ul>

<form class="d-flex">

<input class="form-control me-2" type="search" placeholder="Search" aria-label="Search">

<button class="btn btn-outline-light" type="submit">Search</button>

</form>

```
        </div>
    </div>
</nav>
</section>
```

```
<!-- Banner Section -->
<section id="banner">
    <div class="container">
        <div class="row">
            <div class="col-md-12">
                <p class="promo-title display-1 text-center">About Us</p><br>
                <a href="#products" class="text-center"><P>Scroll Down </P></a>
            </div>
        </div>
    </div>

    
</section>
```

```
<!-- Footer Section -->
<section id="footer">
    
    <div class="container">
        <div class="row">
            <div class="col-md-6 footer-box">
                
                <p>Elevate your fitness journey with GymNourish – your trusted source for top-quality
gym products and nourishing essentials.</p>
            </div>
```



```
<div class="col-md-3 footer-box-p">

  <p><b>CONTACT US</b></p>

  <p>123, Abc Road</p>

  <p>+00 123 456 789</p>

  <p>example@email.com</p>

</div>

</div>

</div>

</section>


</body>

</html>
```

#### **Contact us:**

```
<!doctype html>

<html lang="en">

<head>

  <!-- Required meta tags -->

  <meta charset="utf-8">

  <meta name="viewport" content="width=device-width, initial-scale=1">


  <!-- Internal CSS -->

  <link href="styles.css" rel="stylesheet">


  <!-- Bootstrap CSS -->

  <link href="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/css/bootstrap.min.css"
rel="stylesheet" integrity="sha384-
EVSTQN3/azprG1Anm3QDgpJlIm9Nao0Yz1ztcQTWfSpd3yD65VohhpUuCOmLASjC"
crossorigin="anonymous">


  <!-- Bootstrap JS -->
```

```
<script src="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/js/bootstrap.bundle.min.js"
integrity="sha384-MrcW6ZMFYlzcLA8Nl+NtUVF0sA7MsXsP1UyJoMp4YLEuNSfAP+JcXn/tWtIaxVXM"
crossorigin="anonymous"></script>
```

```
<script src="https://cdn.jsdelivr.net/npm/@popperjs/core@2.9.2/dist/umd/popper.min.js"
integrity="sha384-IQsoLXl5PILFhosVNubq5LC7Qb9DXgDA9i+tQ8Zj3iwWAwPtgFTxbJ8NT4GN1R8p"
crossorigin="anonymous"></script>
```

```
<script src="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/js/bootstrap.min.js"
integrity="sha384-cVKIPhGWiC2Al4u+LWgxfKTRlcfu0JTxR+EQDz/bglDoEyl4H0zUFOQKbrJ0EcQF"
crossorigin="anonymous"></script>
```

```
<!-- Font Awesome -->
```

```
<link rel="stylesheet" href="https://cdn.jsdelivr.net/npm/@fortawesome/fontawesome-
free@6.2.1/css/fontawesome.min.css" integrity="sha384-
QYIZto+st3yW+o8+5OHfT6S482Zsvz2WfOzpFSXMF9zqeLcFV0/wlZpMtyFcZALm"
crossorigin="anonymous">
```

```
<title>GymNourish</title>
```

```
</head>
```

```
<body>
```

```
<section id="nav-bar">
```

```
<nav class="navbar navbar-expand-lg navbar-light">
```

```
<div class="container-fluid p-2">
```

```
<a class="navbar-brand" href="#" style="color: #fff; font-weight: 900;"><strong>GymNourish</strong></a>
```

```
<button class="navbar-toggler" type="button" data-bs-toggle="collapse" data-bs-
target="#navbarNav" aria-controls="navbarNav" aria-expanded="false" aria-label="Toggle
navigation">
```

```
<span class="navbar-toggler-icon"></span>
```

```
</button>
```

```
<div class="collapse navbar-collapse justify-content-end p-2" id="navbarNav">
```

```
<ul class="navbar-nav">
```

```
<li class="nav-item">
```

```
<a class="nav-link" href="Index.html">HOME</a>
```

```
</li>
```

```
<li class="nav-item">
```

```

        <a class="nav-link" aria-current="page" href="#">PRODUCTS</a>
    </li>

    <li class="nav-item">

        <a class="nav-link" href="About.html">ABOUT US</a>
    </li>

    <li class="nav-item">

        <a class="nav-link" href="Contact.html">CONTACT US</a>
    </li>
</ul>

<form class="d-flex">

    <input class="form-control me-2" type="search" placeholder="Search" aria-
label="Search">

    <button class="btn btn-outline-light" type="submit">Search</button>

</form>

</div>

</div>

</nav>

</section>

<!-- Banner Section -->

<section id="banner">

    <div class="container">

        <div class="row">

            <div class="col-md-12">

                <p class="promo-title display-1 text-center">Contact Us</p><br>

                <a href="#products" class="text-center"><P>Scroll Down </P></a>

            </div>

        </div>

    </div>

    

```

</section>

<form style="padding: 50px;">

<p class="promo-title display-3 text-center">Fill Out the form below to reach out to us!</p><br>

<div class="input-group">

<span class="input-group-text">First and last name</span>

<input type="text" aria-label="First name" class="form-control">

<input type="text" aria-label="Last name" class="form-control">

</div>

<div class="mb-3">

<label for="exampleInputEmail1" class="form-label">Email address</label>

<input type="email" class="form-control" id="exampleInputEmail1" aria-describedby="emailHelp">

<div id="emailHelp" class="form-text">We'll never share your email with anyone else.</div>

</div>

<div class="form-floating">

<textarea class="form-control" placeholder="Leave a comment here" id="floatingTextarea"></textarea>

<label for="floatingTextarea">Comments</label>

</div>

<button type="submit" class="btn btn-primary">Submit</button>

</form>

<!-- Footer Section -->

<section id="footer">



<div class="container">

<div class="row">

<div class="col-md-6 footer-box">



<p>Elevate your fitness journey with GymNourish – your trusted source for top-quality gym products and nourishing essentials.</p>

</div>

<div class="col-md-3 footer-box-p">

<p><b>CONTACT US</b></p>

<p>123, Abc Road</p>

<p>+00 123 456 789</p>

<p>example@email.com</p>

</div>

</div>

</div>

</section>

</body>

</html>

#### **Product.html:**

<!doctype html>

<html lang="en">

<head>

<!-- Required meta tags -->

<meta charset="utf-8">

<meta name="viewport" content="width=device-width, initial-scale=1">

<!-- Internal CSS -->

<link href="styles.css" rel="stylesheet">

<!-- Bootstrap CSS -->

<link href="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/css/bootstrap.min.css" rel="stylesheet" integrity="sha384-EVSTQN3/azprG1Anm3QDgpJLIm9Nao0Yz1ztcQTwFspd3yD65VohhpuuCOmLASjC" crossorigin="anonymous">

<!-- Bootstrap JS -->

<script src="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/js/bootstrap.bundle.min.js" integrity="sha384-MrcW6ZMFYlzcLA8Nl+NtUVF0sA7MsXsP1UyJoMp4YLEuNSfAP+JcXn/tWtIaxVXM" crossorigin="anonymous"></script>

<script src="https://cdn.jsdelivr.net/npm/@popperjs/core@2.9.2/dist/umd/popper.min.js" integrity="sha384-IQsoLXl5PILFhosVNubq5LC7Qb9DXgDA9i+tQ8Zj3iwWAwPtgFTxbJ8NT4GN1R8p" crossorigin="anonymous"></script>

<script src="https://cdn.jsdelivr.net/npm/bootstrap@5.0.2/dist/js/bootstrap.min.js" integrity="sha384-cVKIPhGWiC2Al4u+LWgxfKTRIcfu0JTxR+EQDz/bglDoEyl4H0zUF0QKbrJ0EcQF" crossorigin="anonymous"></script>

<!-- Font Awesome -->

<link rel="stylesheet" href="https://cdn.jsdelivr.net/npm/@fortawesome/fontawesome-free@6.2.1/css/fontawesome.min.css" integrity="sha384-QYIZto+st3yW+o8+5OHfT6S482Zsvz2WfOzpFSXMF9zqeLcFV0/wlZpMtyFcZALm" crossorigin="anonymous">

<title>GymNourish</title>

</head>

<body>

<section id="nav-bar">

<nav class="navbar navbar-expand-lg navbar-light">

<div class="container-fluid p-2">

<a class="navbar-brand" href="#" style="color: #fff; font-weight: 900;"><strong>GymNourish</strong></a>

<button class="navbar-toggler" type="button" data-bs-toggle="collapse" data-bs-target="#navbarNav" aria-controls="navbarNav" aria-expanded="false" aria-label="Toggle navigation">

<span class="navbar-toggler-icon"></span>

</button>

<div class="collapse navbar-collapse justify-content-end p-2" id="navbarNav">

<ul class="navbar-nav">

<li class="nav-item">

<a class="nav-link" href="Index.html">HOME</a>

```

    </li>

    <li class="nav-item">

        <a class="nav-link" aria-current="page" href="#">PRODUCTS</a>

    </li>

    <li class="nav-item">

        <a class="nav-link" href="About.html">ABOUT US</a>

    </li>

    <li class="nav-item">

        <a class="nav-link" href="Contact.html">CONTACT US</a>

    </li>

</ul>

<form class="d-flex">

    <input class="form-control me-2" type="search" placeholder="Search" aria-label="Search">

    <button class="btn btn-outline-light" type="submit">Search</button>

</form>

</div>

</div>

</nav>

</section>

<!-- Banner Section -->

<section id="banner">

    <div class="container">

        <div class="row">

            <div class="col-md-12">

                <p class="promo-title display-1 text-center">Explore our Products</p><br>

                <a href="#products" class="text-center"><P>Scroll Down </P></a>

            </div>

        </div>

    </div>

</div>

```

```

    
</section>

<!-- Services Section -->
<section id="services">
    <div class="container">
        <div class="row" id="products">
            <h1 class="display-1 text-center product-header">Products</h1>
            <div class="col-md-4">
                <div class="card" style="width: 18rem;">
                    
                    <div class="card-body">
                        <h5 class="card-title">Whey Power Protein</h5>
                        <h4 class="card-title">$39.99</h4>
                        <p class="card-text">Fuel your muscles with Whey Power Protein, a high-quality blend
that supports muscle recovery and growth.</p>
                        <a href="#" class="btn btn-primary">Buy Now</a>
                    </div>
                </div>
            </div>
            <div class="col-md-4">
                <div class="card" style="width: 18rem;">
                    
                    <div class="card-body">
                        <h5 class="card-title">GymFlex Resistance Bands Set</h5>
                        <h4 class="card-title">$29.99</h4>
                        <p class="card-text">The GymFlex Resistance Bands Set offers versatile and effective
resistance training for any fitness level.</p>
                        <a href="#" class="btn btn-primary">Buy Now</a>
                    </div>
                </div>
            </div>
        </div>
    </div>

```



</div>

<div class="col-md-4">

<div class="card" style="width: 18rem;">



<div class="card-body">

<h5 class="card-title">GymNourish Shaker Bottle</h5>

<h4 class="card-title">\$9.99</h4>

<p class="card-text">Stay hydrated and mix your supplements with the GymNourish Shaker Bottle.This bottle ensures smooth blending of protein shakes and other beverages.</p>

<a href="#" class="btn btn-primary">Buy Now</a>

</div>

</div>

</div>

</div>

</div>

</section>

<!-- Footer Section -->

<section id="footer">



<div class="container">

<div class="row">

<div class="col-md-6 footer-box">



<p>Elevate your fitness journey with GymNourish – your trusted source for top-quality gym products and nourishing essentials.</p>

</div>

<div class="col-md-3 footer-box-p">

<p><b>CONTACT US</b></p>

<p>123, Abc Road</p>

<p>+00 123 456 789</p>

```
        <p>example@email.com</p>
    </div>
</div>
</div>
</section>

</body>
</html>
```

### **Styles.css:**

```
*{
    margin: 0;
    padding: 0 ;
}

body{
    font-family: sans-serif;
}

#nav-bar{
    position: sticky;
    top: 0;
    z-index: 10;
}

.navbar{
    background-image: linear-gradient(to right, #a517ba, #5f1782);
    padding: 0 !important;
}
```

```
.navbar-brand img{  
    height: 150px;  
    padding-left: 40px;  
}
```

```
.navbar-nav li{  
    padding: 0 10px;  
}
```

```
.navbar-nav li a{  
    color: white !important;  
    font-weight: 600;  
    text-align: center;  
}
```

```
.navbar-toggler-icon{  
    color: white;  
    background-color: white;  
    font-size: 30px !important;  
}
```

```
.navbar-toggler{  
    outline: none;  
}
```

```
/* -----Banner Section ----- */  
#banner{  
    background-image: linear-gradient(to right, #a517ba, #5f1782);  
    color: #fff;  
}
```

```
.promo-title{  
    font-size: 40px;  
    font-weight: 600;  
    margin-top: 100px;  
}
```

```
.promo-desc{  
    font-size: 20px;  
    font-weight: 600;  
    margin-top: 5px;  
}
```

```
.play-btn{  
    width: 45px;  
    margin: 20px;  
}
```

```
#banner a{  
    color: #fff;  
    text-decoration: none;  
}
```

```
.bottom-img{  
    width: 100%;  
}
```

```
.product-header{  
    padding-top: 50px;  
    padding-bottom: 50px;  
}
```

```
#footer{  
    background-image: linear-gradient(to right, #a517ba, #5f1782);  
    color: white;  
}
```

```
.footer-img{  
    width: 100%;  
}
```

```
.footer-box{  
    padding: 20px;  
}
```

```
.footer-box img{  
    width: 120px;  
    margin-bottom: 20px;  
}
```

```
.footer-box-p{  
    margin-top: 20px;  
    padding: 20px;  
}
```