

## Alabama Parenting Questionnaire

**Instrument:** Alabama Parenting Questionnaire (APQ)

**Scale/Subscale Name:** Alabama Parenting Questionnaire (APQ)

**Developers:** Frick, P. J.

**Year:** 1991

**Target Audience(s):** Parents of children 6-18 and children 6-18

**Language other than English available:** Chinese, Dutch, German, Spanish, Norwegian

**Type:** Behavior

**Data collected:** Quantitative

**Data collection format:** Self report – Pre/post

**Reading Level:** Unavailable

**Existence of test/technical manuals, user guides, supplemental materials:**

Surveys and publications available at: <http://fs.uno.edu/pfrick/APQ.html> Includes survey items and information on the psychometrics of the survey. Additional publications may be found at <http://www.psyc.uno.edu/Frick%20Lab/APQ.html>

**Level of training necessary for administration/scoring/interpretation:** None necessary. Paper and pencil scoring with the sum of ratings used as a total scale score.

**Widespread Use/Professional Endorsements:** Scale has been used in multiple research articles looking at parenting behaviors. The University of New Orleans provides the tests and measures at: <http://fs.uno.edu/pfrick/APQ.html> Credit must be given to the developers.

**Cost of Use:** No cost associated with the survey. Dr. Frick requests that copies of any publications using the APQ are sent to him at [pfrick@uno.edu](mailto:pfrick@uno.edu).

**Description:**

- The APQ measures five dimensions of parenting that are relevant to the etiology and treatment of child externalizing problems: (1) positive involvement with children, (2) supervision and monitoring, (3) use of positive discipline techniques, (4) consistency in the use of such discipline and (5) use of corporal punishment.
- There is both a parent form and a child form.
- 42 items

**Psychometrics:**

*Information on reliability and validity are provided below. If information on a particular psychometric was not found, it is indicated as “no information provided.” It should be noted that this is not necessarily an indication of a lack of reliability or validity within a particular scale/instrument, but rather a lack of rigorous testing, for various reasons, by the developers or other researchers.*

**Reliability:** *A correlation of at least .80 is suggested for at least one type of reliability as evidence; however, standards range from .5 to .9 depending on the intended use and context for the instrument.*

**Internal Consistency:** The average reliability across the APQ scales is .68.

**Inter-rater reliability:** No information provided

**Test-Retest:** No information provided

**Validity:** *The extent to which a measure captures what it is intended to measure.*

**Content/Face Validity:** No information provided

**Criterion Validity:** The APQ has good psychometric properties including criterion validity in differentiating clinical and nonclinical groups (Dadds, Maujean, & Fraser, 2003; Frick, Christian, & Wooton, 1999; Shelton et al., 1996). Frick et al. (1999) reported a mean  $r^2$  across its five scales of 0.24 for predicting child symptoms of ODD and CD. Independent investigations have also shown the APQ to be an informative assessment tool.

**Construct Validity:** No information provided

## Construct: Effective Parenting

**The University of New Orleans  
Alabama Parenting Questionnaire (APQ)  
(Parent Form)**

Child's Name: \_\_\_\_\_ ID#: \_\_\_\_\_

Parent Completing Form(Circle one):    Mother      Father      Other: \_\_\_\_\_

Instructions: The following are a number of statements about your family. Please rate each item as to how often it TYPICALLY occurs in your home. The possible answers are Never (1), Almost Never (2), Sometimes (3), Often (4), Always (5). PLEASE ANSWER ALL ITEMS.

	Never	Almost Never	Sometimes	Often	Always
1. You have a friendly talk with your child.	1	2	3	4	5
2. You let your child know when he/she is doing a good job with something.	1	2	3	4	5
3. You threaten to punish your child and then do not actually punish him/her.	1	2	3	4	5
4. You volunteer to help with special activities that your child is involved in (such as sports, boy/girl scouts, church youth groups).	1	2	3	4	5
5. You reward or give something extra to your child for obeying you or behaving well.	1	2	3	4	5
6. Your child fails to leave a note or to let you know where he/she is going.	1	2	3	4	5
7. You play games or do other fun things with your child.	1	2	3	4	5
8. Your child talks you out of being punished after he/she has done something wrong.	1	2	3	4	5

	Never	Almost Never	Sometimes	Often	Always
22. You let your child out of a punishment early (like lift restrictions earlier than you originally said).	1	2	3	4	5
23. Your child helps plan family activities.	1	2	3	4	5
24. You get so busy that you forget where your child is and what he/she is doing.	1	2	3	4	5
25. Your child is not punished when he/she has done something wrong.	1	2	3	4	5
26. You attend PTA meetings, parent/teacher conferences, or other meetings at your child's school.	1	2	3	4	5
27. You tell your child that you like it when he/she helps out around the house.	1	2	3	4	5
28. You don't check that your child comes home at the time she/he was supposed to.	1	2	3	4	5
29. You don't tell your child where you are going.	1	2	3	4	5
30. Your child comes home from school more than an hour past the time you expect him/her.	1	2	3	4	5
31. The punishment you give your child depends on your mood.	1	2	3	4	5
32. Your child is at home without adult supervision.	1	2	3	4	5

	Never	Almost Never	Sometimes	Often	Always
33. You spank your child with your hand when he/she has done something wrong.	1	2	3	4	5
34. You ignore your child when he/she is misbehaving.	1	2	3	4	5
35. You slap your child when he/she has done something wrong.	1	2	3	4	5
36. You take away privileges or money from your child as a punishment.	1	2	3	4	5
37. You send your child to his/her room as a punishment.	1	2	3	4	5
38. You hit your child with a belt, switch, or other object when he/she has done something wrong.	1	2	3	4	5
39. You yell or scream at your child when he/she has done something wrong.	1	2	3	4	5
40. You calmly explain to your child why his/her behavior was wrong when he/she misbehaves.	1	2	3	4	5
41. You use time out (make him/her sit or stand in a corner) as a punishment.	1	2	3	4	5
42. You give your child extra chores as a punishment.	1	2	3	4	5

### Scoring for Parent Form:

- The items on the adult form are categorized into five subscales as follows:
  - Involvement: 1, 4, 7, 9, 11, 14, 15, 20, 23, 26
  - Positive Parenting: 2, 5, 13, 16, 18, 27
  - Poor Monitoring/Supervision: 6, 10, 17, 19, 21, 24, 28, 29, 30, 32
  - Inconsistent Discipline: 3, 8, 12, 22, 25, 31
  - Corporal Punishment: 33, 35, 39
- No reverse coding necessary.
- Sum all items in the scale to obtain a total scale score (you may subtract this score by the number of items in the subscale so that the score range begins at zero).
- Other Discipline Practices is not a scale, but provides information on an item by item basis. Numbers for these items are: 34, 36, 37, 39, 40, 41, 42

**The University of New Orleans**  
**Alabama Parenting Questionnaire (APQ)**  
 (Child Form)

Name: \_\_\_\_\_

ID#: \_\_\_\_\_

Instructions: The following are a number of statements about your family. Please rate each item as to how often it TYPICALLY occurs in your home. The possible answers are Never (1), Almost Never (2), Sometimes (3), Often (4), Always (5). If your dad or mom is not currently living at home with you, then skip the questions that ask about that person.

	Never	Almost Never	Sometimes	Often	Always
1. You have a friendly talk with your mom.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
2. Your parents tell you that you are doing a good job.	1	2	3	4	5
3. Your parents threaten to punish you and then do not do it.	1	2	3	4	5
4. Your mom helps with some of your special activities (such as sports, boy/girl scouts, church youth groups).	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
5. Your parents reward or give something extra to you for behaving well.	1	2	3	4	5
6. You fail to leave a note or let your parents know where you are going.	1	2	3	4	5
7. You play games or do other fun things with your mom.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5

	Never	Almost Never	Sometimes	Often	Always
8. You talk your parents out of punishing you after you have done something wrong.	1	2	3	4	5
9. Your mom asks you about your day in school.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
10. You stay out in the evening past the time you are supposed to be home.	1	2	3	4	5
11. Your mom helps you with your homework.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
12. Your parents give up trying to get you to obey them because it's too much trouble.	1	2	3	4	5
13. Your parents compliment you when you have done something well.	1	2	3	4	5
14. Your mom asks you what your plans are for the coming day.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
15. Your mom drives you to a special activity.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
16. Your parents praise you for behaving well.	1	2	3	4	5
17. Your parents do not know the friends you are with.	1	2	3	4	5

	Never	Almost Never	Sometimes	Often	Always
18. Your parents hug or kiss you when you have done something well.	1	2	3	4	5
19. You go out without a set time to be home.	1	2	3	4	5
20. Your mom talks to you about your friends.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
21. You go out after dark without an adult with you.	1	2	3	4	5
22. Your parents let you out of a punishment early (like lift restrictions earlier than they originally said).	1	2	3	4	5
23. You help plan family activities.	1	2	3	4	5
24. Your parents get so busy that they forget where you are and what you are doing.	1	2	3	4	5
25. Your parents do not punish you when you have done something wrong.	1	2	3	4	5
26. Your mom goes to a meeting at school, like a PTA meeting or parent/teacher conference.	1	2	3	4	5
A. How about your dad?	1	2	3	4	5
27. Your parents tell you that they like it when you help out around the house.	1	2	3	4	5
28. You stay out later than you are supposed to and your parents don't know it.	1	2	3	4	5



	Never	Almost Never	Sometimes	Often	Always
29. Your parents leave the house and don't tell you where they are going.	1	2	3	4	5
30. You come home from school more than an hour past the time your parents expect you to be home.	1	2	3	4	5
31. The punishment your parents give depends on their mood.	1	2	3	4	5
32. You are at home without an adult being with you.	1	2	3	4	5
33. Your parents spank you with their hand when you have done something wrong.	1	2	3	4	5
34. Your parents ignore you when you are misbehaving.	1	2	3	4	5
35. Your parents slap you when you have done something wrong.	1	2	3	4	5
36. Your parents take away a privilege or money from you as a punishment.	1	2	3	4	5
37. Your parents send you to your room as a punishment.	1	2	3	4	5
38. Your parents hit you with a belt, switch, or other object when you have done something wrong.	1	2	3	4	5
39. Your parents yell or scream at you when you have done something wrong.	1	2	3	4	5
40. Your parents calmly explain to you why your behavior was wrong	1	2	3	4	5

	Never	Almost Never	Sometimes	Often	Always
41. Your parents use time out (makes you sit or stand in a corner) as a punishment.	1	2	3	4	5
42. Your parents give you extra chores as a punishment.	1	2	3	4	5

**Scoring for Child Form:**

- The items on the child form are categorized into five subscales that are reflective of the parent subscales:
  - Involvement: 1, 4, 7, 9, 11, 14, 15, 20, 23, 26 (there are two parts to each of these questions—one for mother involvement and one for father involvement)
  - Positive Parenting: 2, 5, 13, 16, 18, 27
  - Poor Monitoring/Supervision: 6, 10, 17, 19, 21, 24, 28, 29, 30, 32
  - Inconsistent Discipline: 3, 8, 12, 22, 25, 31
  - Corporal Punishment: 33, 35, 39
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