**General impact of diet restrictions**

*Han and Dingemanse 2015*

* **Intake target**: Optimal mixture of nutrients that meet an animal’s structural and and energetic needs
* Nutritionally imbalanced diets are inevitable. Individuals will therefore prioritise one nutrient over others and consume as much food as necessary to reach the optimum for that one nutrient. This causes over- or under consumption of other nutrients.
* Excretion of excess is limited and the over-consumption can exceed the excretion capacity. Eg animals consume excess carbohydrates as they continue to consume protein. Excess carbohydrates are converted into lipids. (**look into effects of this on animal behaviour)**

*Senior et al 2017*

* Nutrition affects resource allocation .’. manipulation of diet (either amount or quality) will affect life history traits —> Has been studied with varying results
* Dietary restrictions —> impacts trade offs between longevity and other traits; somatic damage reduced or somatic maintenance increased (or both)

*Senior et al. 2015*

* Different ITs for different traits (e.g. evolutionary fitness, growth rates etc). Theory suggests animals should attempt to reach IT required for maximum evolutionary fitness —> suggests behavioural changes

**Behavioural impacts of varied diets**

*Han and Dingemanse 2015*

* Low-protein, high-carb diet in crickets: increased calling effort (reproductive behaviour) —> carbs are main energy source. High carb means more muscle and tissue activity
* High protein in Drosophila: ^ mating frequency and courtship.
* High protein in mormon crickets: lower cannibalism
* Activity and exploration predicted to respond to carb levels - high energy behaviours.
* Social behaviours - regulated by neuroendocrine mechanisms [ref 67] .’. affected by protein and carb levels.

*Dingemanse et al 2009*

* Animal personality: Average behaviour of an individual across multiple contexts

*Han and Dingemanse 2017*

* Studies on birds show that early life diet affects personality (namely aggression and exploration)
* **Behavioural stability:** within-individual variation. High quality diets during development may enable individuals to alter their aggression levels in adulthood while the opposite would be true for low quality diets [ref 33 and 34]
* Adult diet changes impacted morphology not personality in crickets
* Adult diet was not enough to offset juvenile high carb diet effects [ref 83]
* Individual differentiation affected by juvenile diet - high protein —> increased male aggression, decreased within-ind variation
* Evidence of aggression and exploration being impacted by early life diet in birds [ref 10] (but what about short term adult diets?)

**Mechanisms**

*Han and Dingemanse 2015*

* Permanent environment. can shape correlations independently from genetics. (Additive effects)
* They can also interact with genes - e.g. environment alters level of gene expression.
* Environment can also affect gene expression that relate to neurotransmitter breakdowns (which are connected to multiple behaviours. [ref 60, 61]
* Activity and exploration predicted to respond to carb levels - high energy behaviours.
* Social behaviours - regulated by neuroendocrine mechanisms [ref 67] .’. affected by protein and carb levels.
* Poor nutrition negatively impacts neuromuscular development .’. predicted to also negatively impact sociality.
* Protein mainly impacts aggression/boldness. Low protein means more aggressive/bold because they have less to lose

*Senior et al 2017*

* Molecular level = variation in coping ability of cells in response to dietary restrictions. e.g. dietary restriction generates variation in mitochondrial DNA replication and associated replication errors .’. somatic decline [see ref 19]
* Individual level = restrictions influence energy and resource allocation >> adopt different life history strategies (variance in longevity). [see ref 20]
* Differences in digestive/post-ingestive physiology which influences variation in efficiency of resource acquisition. [ref 10]

*Soares et al 2010*

* Hormones heavily influence behaviour - especially sociality in regards to aggression —> look up papers to back up diets impact on testosterone/hormone levels
* One hormone impacts different behavioural aspects which depends on life history and social context [ref Winfield 2008]
* Hormones can also affect gene expression rather than having direct impacts on behaviour —> increase/decrease in likelihood of behavioural expression rather than deterministic factors
* Entire paper discusses neurotransmitters, hormones etc as a mechanism for social regulation. Find papers to support diet influence on hormone levels to make this paper viable.

*Norton et al. 2011*

* Mutation of the gene encoding fibroblast growth factor receptor 1a (fgfr1a) increases aggression, boldness and exploration in adult zebrafish.
* Check ref Bell 2005 and Bell and Sih 2007
* Again, find references that show how diet influences growth factor/neurotransmitter levels
* States that a combination of genetic/hormonal constraint and environmental conditions controls expression of behavioural syndromes —> Very small part of the paper. Literally one sentence.
* Behavioural assays are sensitive to changes in feeding regimen, diet, lighting condition etc [ref Wahlsten et al 2006; Burgess and Granato 2008)

**Variance and behavioural correlations**

*Han and Dingemanse 2015*

* Nutritional balance affects among-individual variance
* **Gene pleiotropy:** One gene controls multiple phenotypes
* **Linkage disequilibrium:** Genes affecting one phenotype are correlated with another gene
* Environmental conditions also affect expression of gene pleiotropy .’. strength of correlation.
* Permanent environment. can shape correlations independently from genetics. (Additive effects)

*Norton et al. 2011*

* Aggression, boldness and exploration in a novel environment shown to be linked

*Senior et al 2015*

* between-individual variance in fitness-related traits are higher on a single food diet.
* Results suggest that selection on traits correlated with nutritional requirements is weak in heterogenous env.
* Mixed diet = most individuals able to reach IT. Single food diet = Some individuals get closer to IT than others .’. higher variance in fitness

*Dingemanse et al. 2009*

* Personality and individual plasticity might be linked [ref 7, 26, 27]. Mouse aggression level example = ref 29. Link to vertebrates since many studies have been done on inverts.
* Argues that to understand both animal personality and individual plasticity, they need to be studied in conjunction —> enables future research to answer harder questions. i.e. why selection favours specific links between the two.

**Significance**

*Han and Dingemanse 2015*

* Most studies done on invertebrates, few experimental
* Diversity of intake targets across taxa - effects of diet restriction will also be diverse
* Extreme scenarios could happen to a population where dispersion is limited.
* Sexual differences are predicted since there are sex specific nutritional needs —> All female population used

*Senior et al 2015*

* Justifies between-individual variance as a research topic - drives selection and adaptation. Also sheds light on how numerous species co-exist
* Sex differences - foraging priorities and diet requirements [ref Lihoreau et al. 2015 and Maklakov et al 2008 for examples]
* Mentions the most beneficial IT (evolutionary fitness)

*Han and Dingemanse 2017*

* Males and females differ in their response to nutritional environment because of differing nutritional preferences [ref 26 36-39]
* Suggests cricket females require more protein as they preferentially fed on protein rich diets when given the choice - however no significant sex differences in mean behavioural levels in response to diet. High protein need because egg production. [ref 39]
* sequential testing may have carry on effects

**FOCUS FOR LAST PARAGRAPH**

AIMS

* Test short term impacts of diet quality on L. delicata sociality, neophobia and activity.
* Observe behavioural correlations between traits and among-individual variance - do they persist in nutrient-limited environments?

PREDICTIONS

* Sociability is expected to be higher in the low nutrient group based on previous studies that showed similar results in invertebrates. Individuals fed a higher quality diet are expected to be more active and neophobic than their nutrient-poor counterparts. (Han and Dingemanse 2015)
* Nutritional balance affects among-individual variance (Han and Dingemanse 2015). Increase in inter individual variance when on single food diet (Senior et al 2015)

**TO THINK ABOUT**

* Add clarity/questions/predictions etc
* Experimental design in a figure —> flowchart?
* Intro: 3-3.5 pages (1.5 spaced)
* Methods: Detailed
* Results: 1 pageish
* Discussion: 3-4 pages (1.5 spaced)
* Maybe add male and female dependent on how it goes?

***Discussion maybe***

* + - Trophic level of consumer is important to consider
    - Fitness trait under observation may be the most important moderator - Single food diet had a particularly high impact on the variance in longevity and reproductive traits. Suggests considerable between-individual variation in the ITs associated with these traits
    - Animals should display exploratory behaviours especially when facing nutritional imbalance. [ref day et al 1998; Houston et al 2011]