

We are looking for
diverse
teachers

to help us develop a
classroom measure
of awareness and
mindfulness!



01

Do you teach
more than 15
students?

02

Do you teach
in grades K-
12?

03

Do you teach
full time?

04

Do you teach
at a US
school?

Yes?
Please help us!



**Ready to
help?**

Click on this link to begin:
[Intake Survey](#)

Or type this into your browser:
https://yalesurvey.cal.qualtrics.com/jfe/form/SV_b9kWHK_YOpZer5hl

Then help us develop the

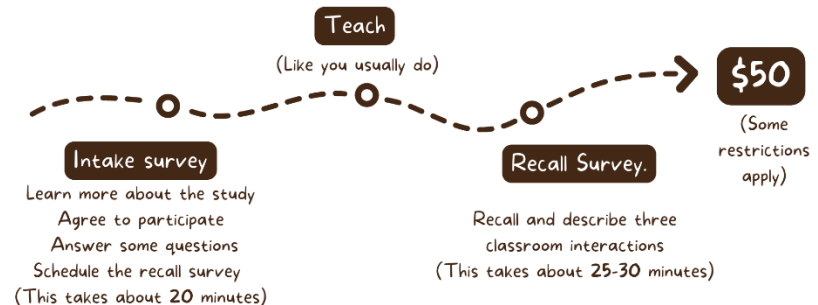
**Objective Awareness
and Mindfulness
Measure for Teachers**



The OAMM-T will:

- ✓ Help us understand how teachers' experiences and thinking relate to their well-being and teaching.
- ✓ Provide insight into teachers' feelings and experiences in the classroom.
- ✓ Facilitate research on how training changes teachers' experiences and thinking to support their well-being and teaching.

To participate you will:



Have Questions?

Go to
bit.ly/OAMM-T

or contact
OAMM@yale.edu



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