

The predominant conflict in the present world is drug abuse. Substance abuse including alcohol and drugs can have devastating effects, not only on the person abusing substances but also on their close and broader environments. The ripple effects are far-reaching. According to Sir Bob Riley, the former governor of Alabama, "Drugs are the enemies of ambition and hope and when we fight against drugs, we are fighting for the future". On 31st May 2019 (World No Tobacco Day), the Director of World Health Organization said that, "about 40% of the world population are abusing substances and over one million people are dying every year owing to overdose".

There are many negative consequences of abusing drugs such as but not limited to deterioration of mental and physical health of an individual, stigmatization and criticism by the society, Negligence by family members and friends. Substance abuse has a significant impact on the academic performance of an individual. Declining grades, absenteeism from school and other activities, and increased potential for dropping out of school are problems associated with youth substance abuse. In addition to that, the person who abuse substances may be prone to injuries due to road accidents, physical disabilities and diseases and also death owing to overdoses.

Those who abuse substances are at higher risk than those who dont for mental health problems, including depression, personality disorders, suicidal thoughts, attempted suicide, and suicide. Furthermore, they are isolated from and stigmatized by their friends. They are often neglected from school and community activities, depriving opportunities which they might otherwise have made if not got into substance abuse.

Apart from the personal life, the abuse of substances such as alcohol and other drugs could adversely impact family life. It not only jeopardizes but also creates dis-harmony in the family and is problematic to society as a whole. Moreover, Substance abuse can drain a family's financial and emotional resources.

Today, more than 7 million people suffer from an illicit drug disorder, and one in four deaths results from illicit drug use. In fact, more deaths, illnesses and disabilities are associated with drug abuse than any other preventable health condition. People suffering from drug and alcohol addiction also have a higher risk of unintentional injuries, accidents and domestic violence incidents.