

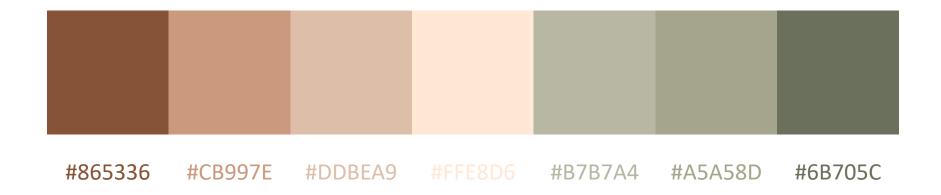


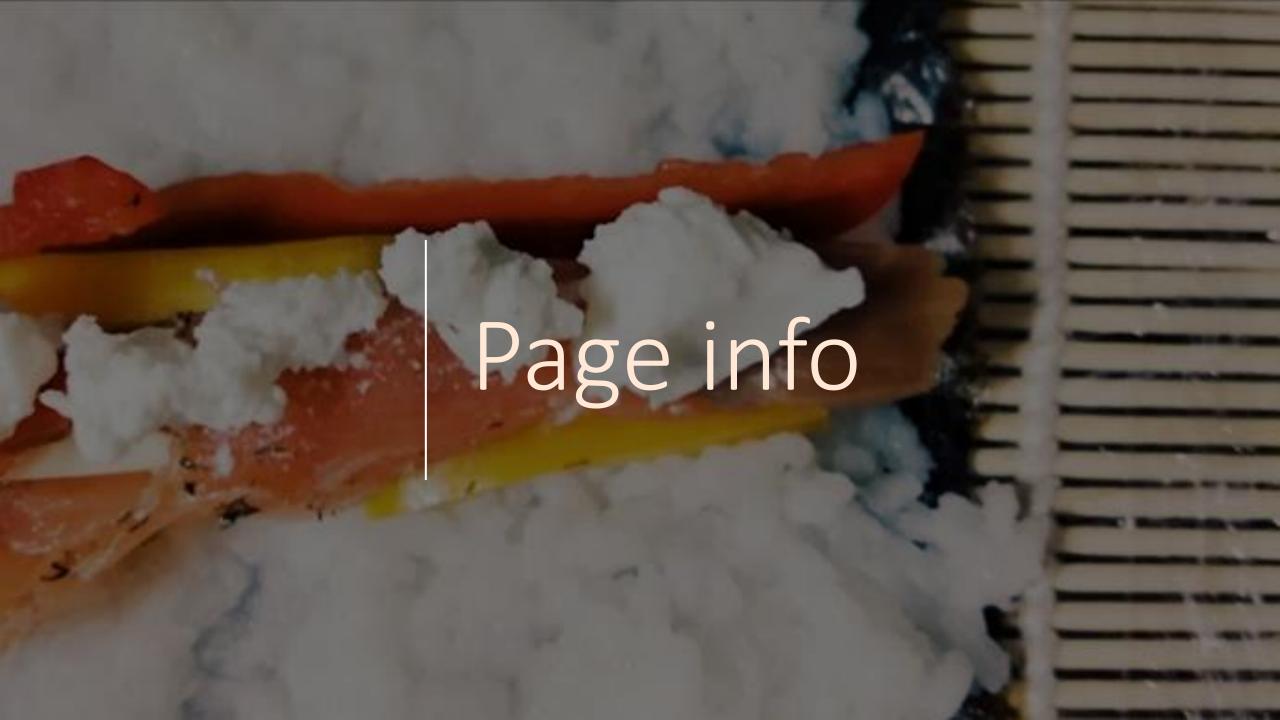
# University Student @ the kitchen

- As the main theme of this static web page, it was chosen: "University Student @ the kitchen: 101".
- While studying at FEUP, I found myself concerned to maintain balanced and nourishing eating habits, which I must promptly conciliate with my academic and personal life.
- This subject provides content to build the HTML and CSS code which altogether will result in a web site and its static pages.

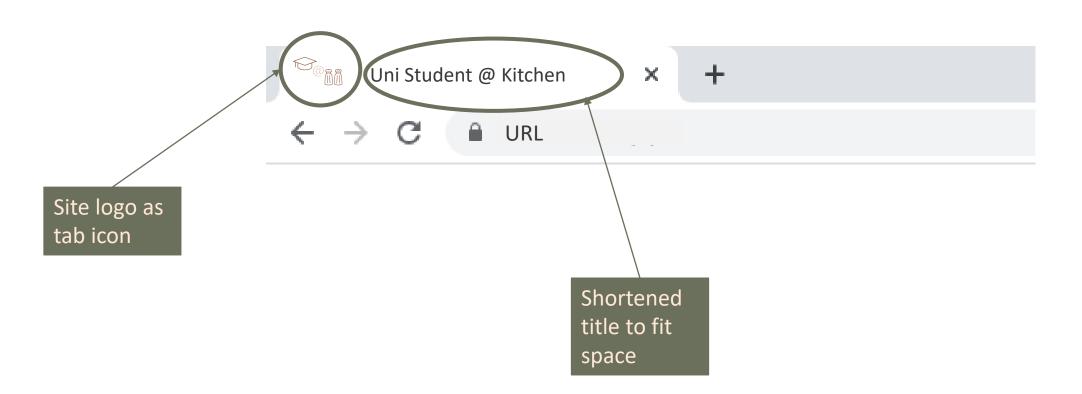


# Color palette



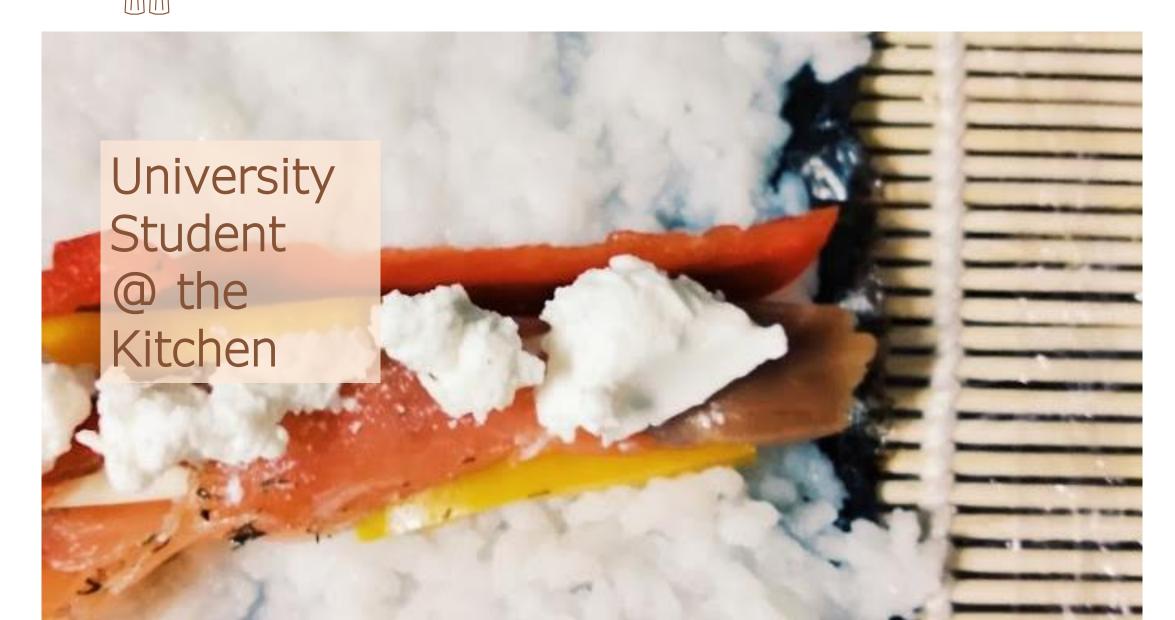


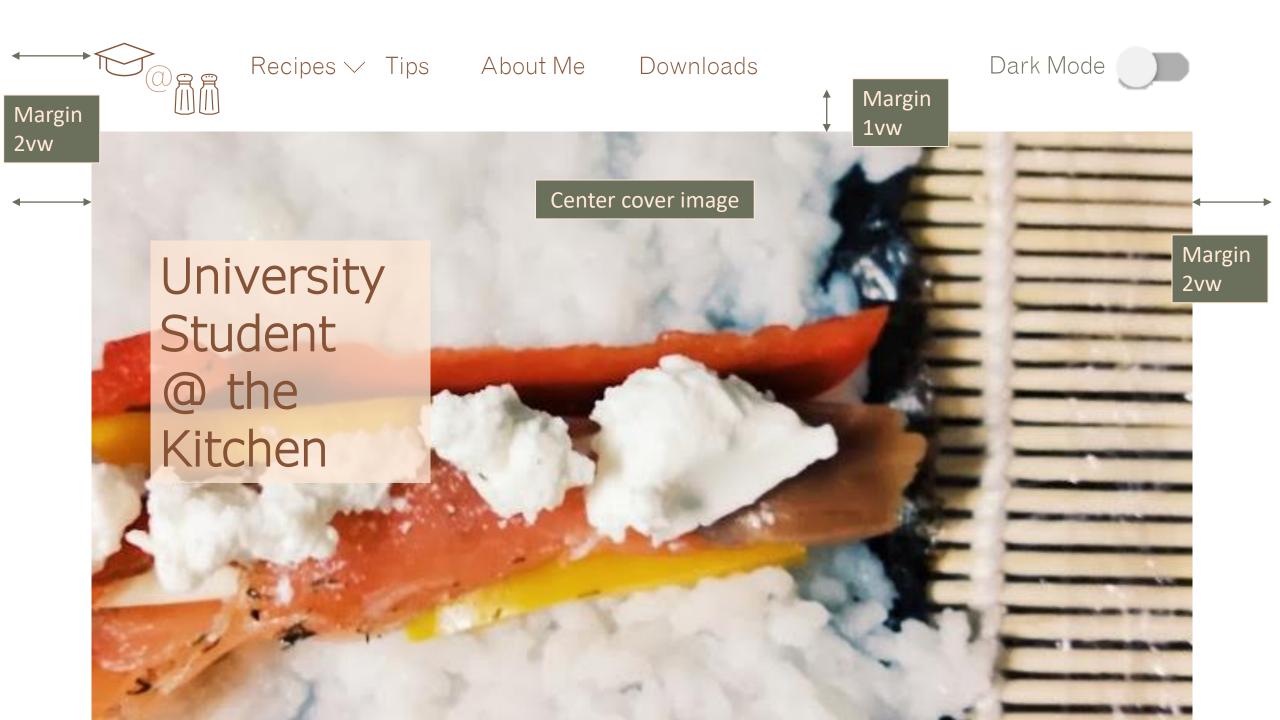
# Web Page Info

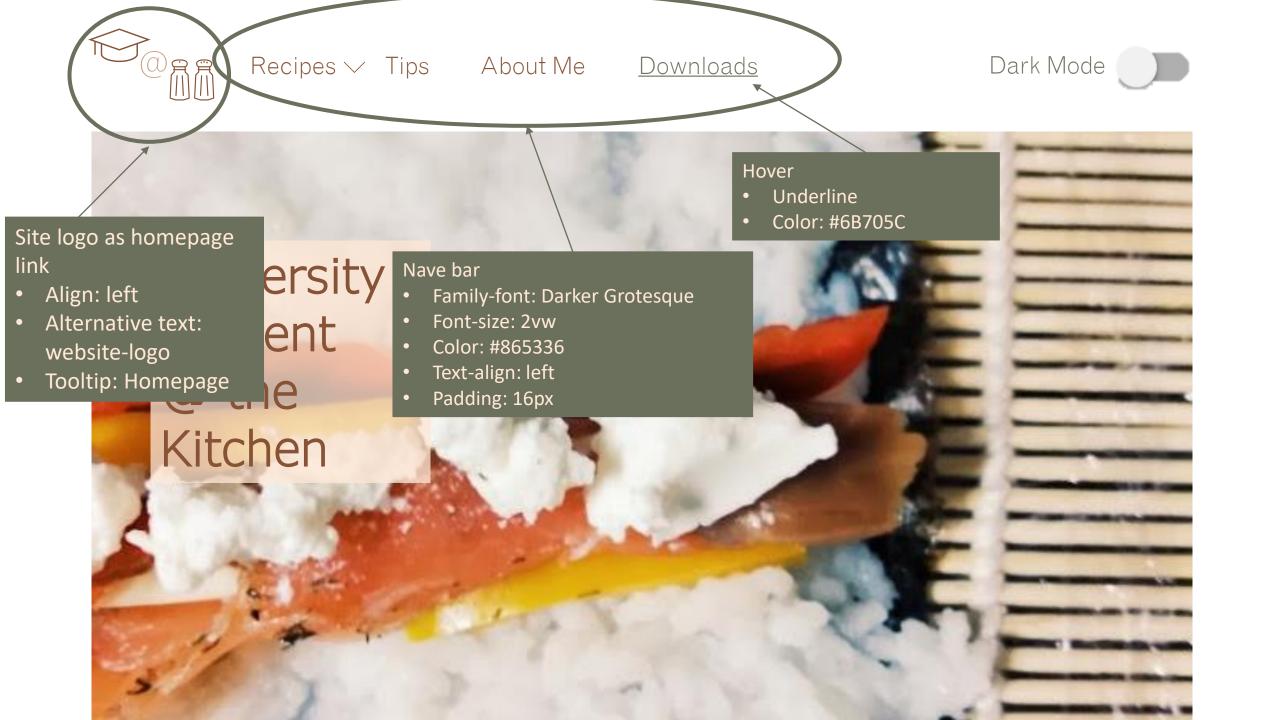


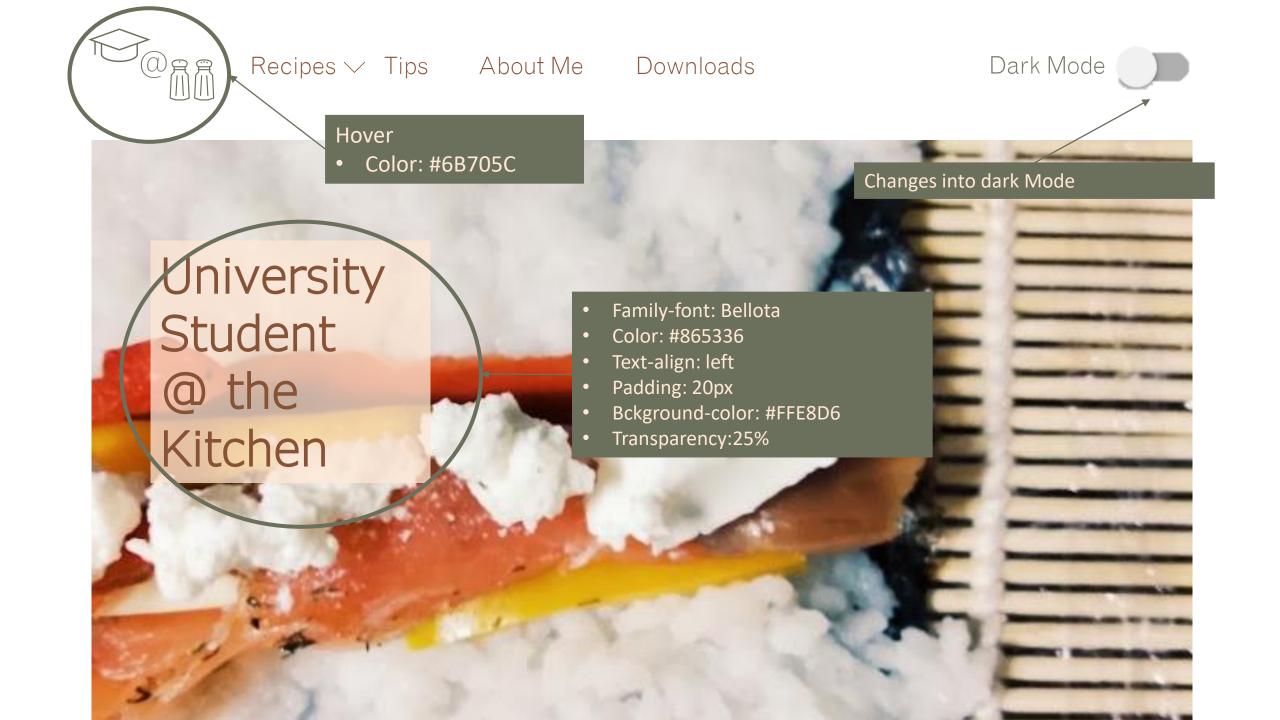






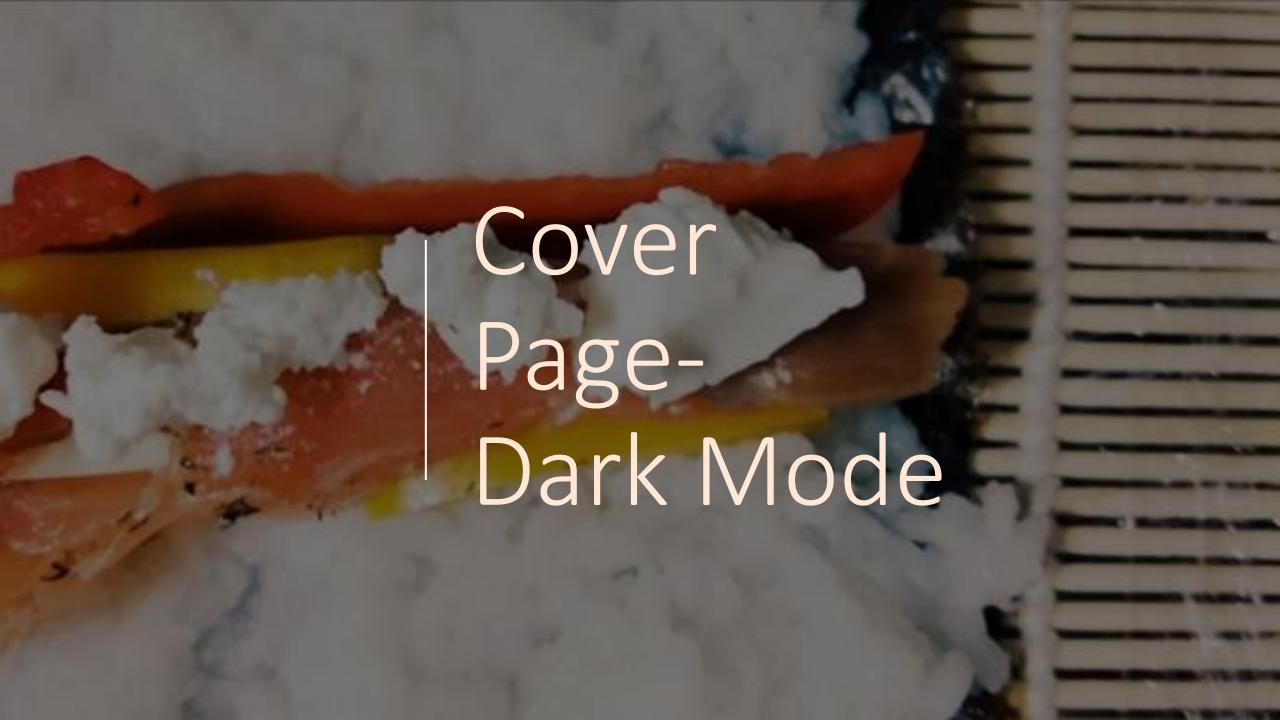






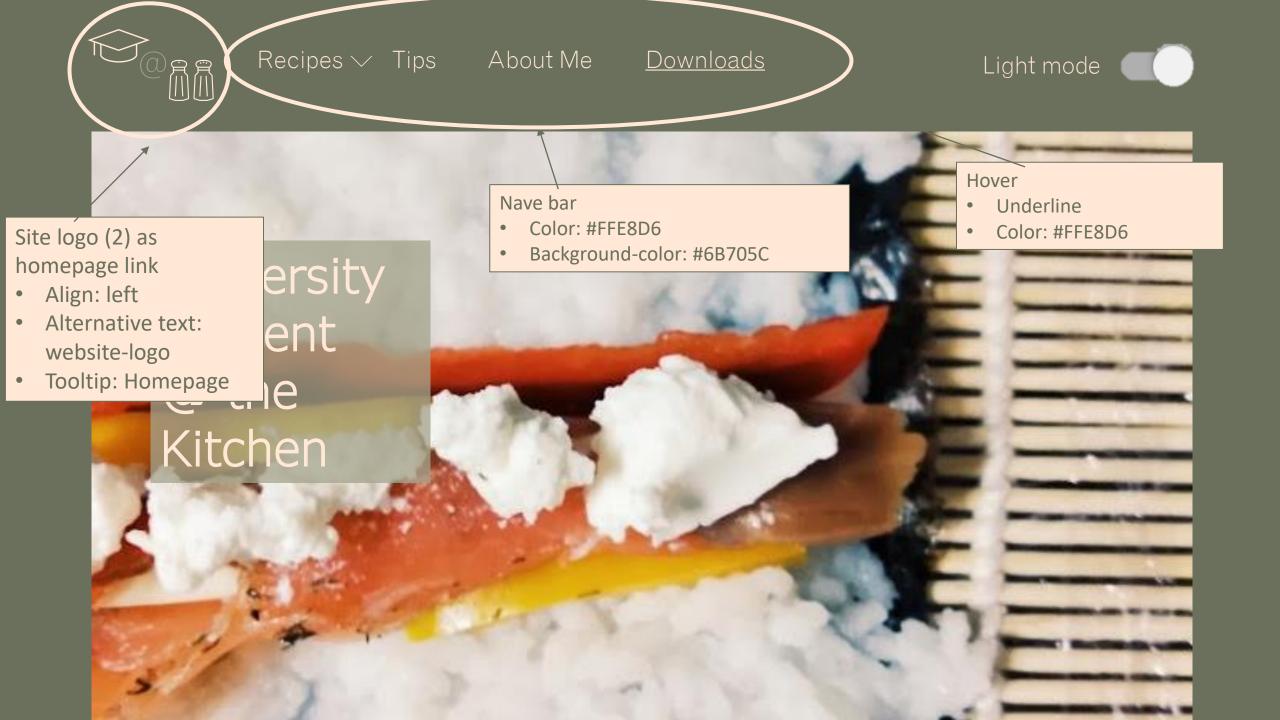


When a uni student tries to balance healthy eating habits, academic responsibilities and personal life, anything can happen. Here, there's a sneak pic at the colourful (hopefully) meals, for those looking for inspiration. Meanwhile, a foodie is growing strong.









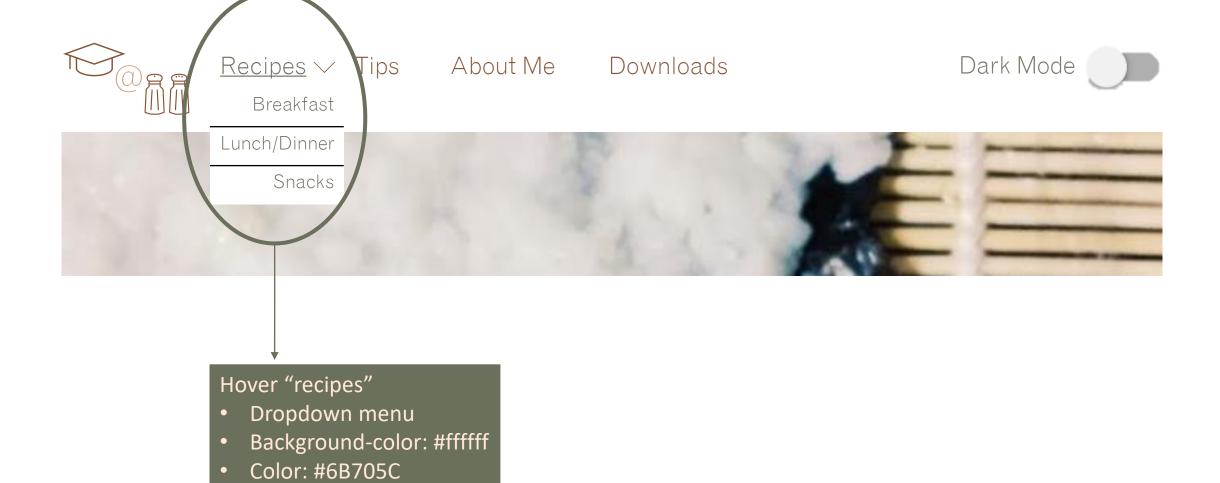






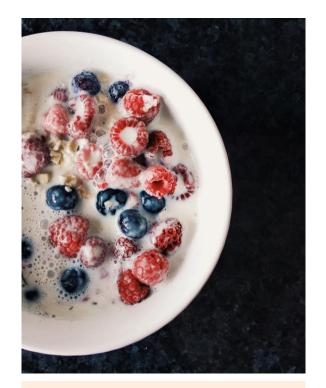
When a uni student tries to balance healthy eating habits, academic responsibilities and personal life, anything can happen. Here, there's a sneak pic at the colourful (hopefully meals, for those looking for inspiration.







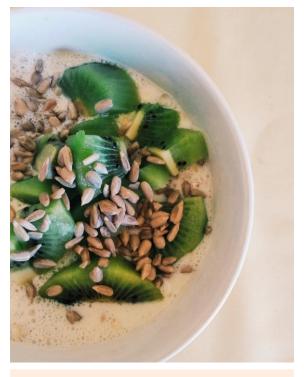
### Breakfast



Oatmeal with Blueberries and raspberries



Red Fruits Smoothie



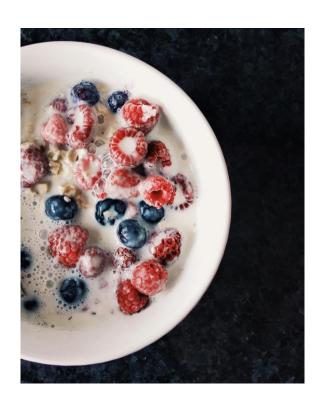
Oatmeal with Kiwi and sesame seeds



Xd Breakfast 2,3 centered Clickable 1,5px Margin 7,5 px 10px Equal margins between images All images same dimensions, rectangular Family-font: Bellota Color: #865<u>336</u> Text-align: left Oatmeal with Padding: 20px  $\overset{\mathsf{X}}{\mathsf{a}}$ Oatmeal with Bckground-color: #FFE8D6 Blueberries and  $\infty$ Kiwi and sesame seeds Transparency:25% raspberries



### Breakfast



### Oatmeal with Blueberries and raspberries





#### Ingredients

- ≈ 200ml Vegetal milk
- ② cups oatmeal

### Preparation

- Marm the milk
- let berries defrost
- Add the oatmeal
- Let it soften
- \*\* Add berries



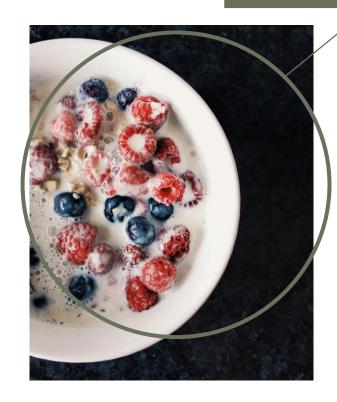
Recipes V Tips About Me

Downloads



### Breakfast

Align left ¼ width Proportional height



Oatmeal with Blueberries and raspberries



Ingredients

200ml Vegetal milk

½ cup Frozen blueberries and raspherries

2 cups oatmeal

Preparation

Warm the milk

Let perries defrost

Ado the oatmeal,

Let it soften

Add berries

Family-font: Bellota

Color: #865336

Text-align: left and right

Padding: 5px

Bckground-color: #FFE8D6

Transparency:25%

Family-font: Darker GrotesqueColor: #865336

Text-align: leftBckground-color: #FFE8D6

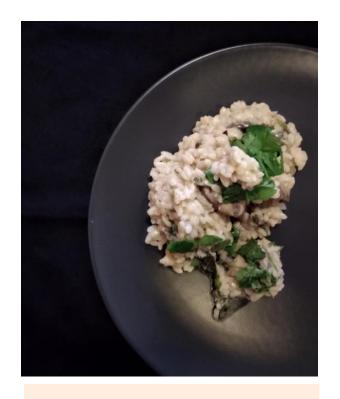
Transparency:25%

**Unordered List** icons: graduation caps and salt&pepper

# Lunch and Dinner



Braised veggies



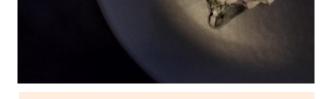
Mushrooms' risotto



Summer Salad



Braised veggies



Mushrooms' risotto



Summer Salad



Egg and humus sandwich



Shrimp and spinach pasta



"Bolognese" beef and mushrooms





## Tips



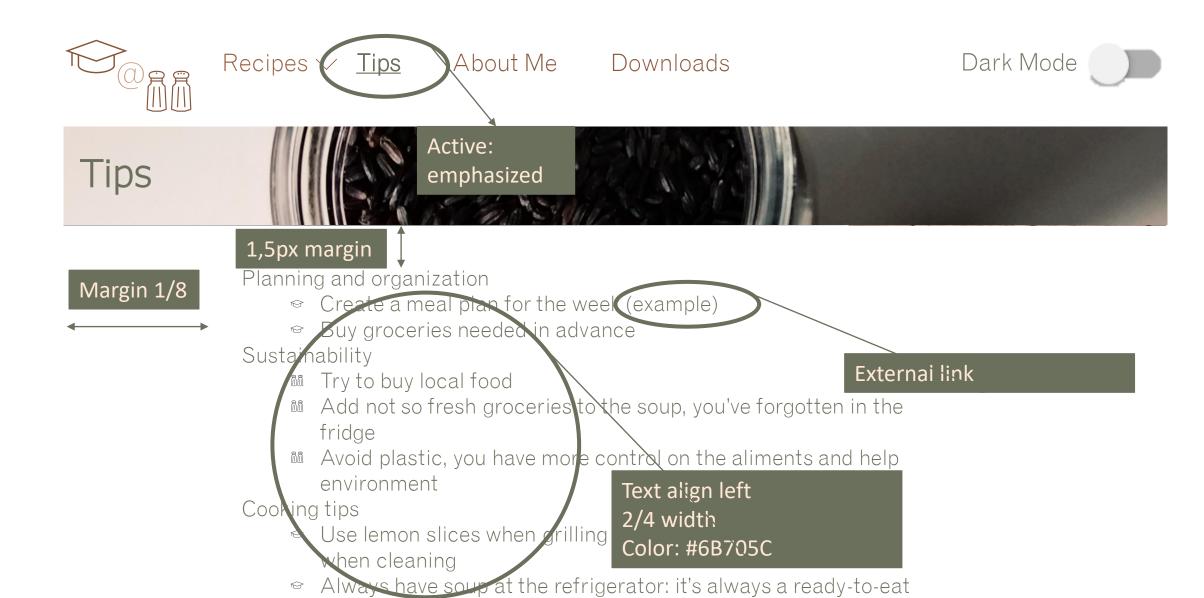
- © Create a meal plan for the week (example)
- Buy groceries needed in advance

### Sustainability

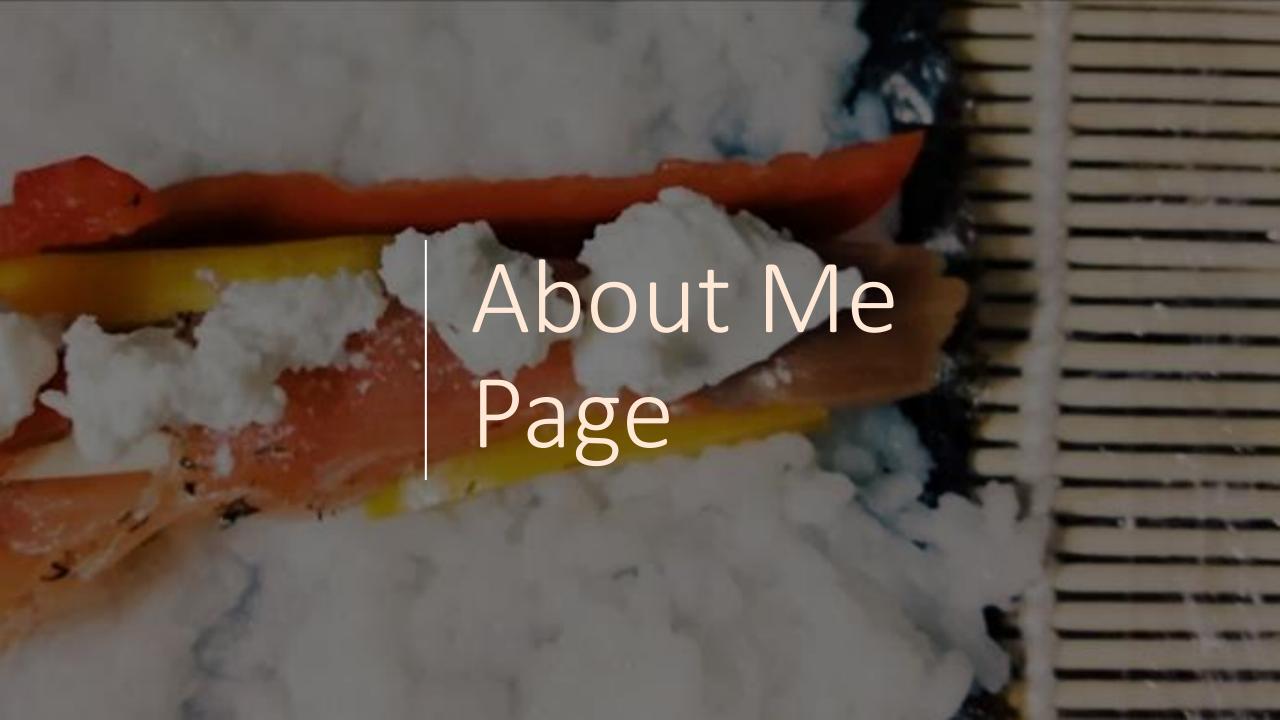
- Try to buy local food
- Add not so fresh groceries to the soup, you've forgotten in the fridge
- Avoid plastic, you have more control on the aliments and help environment

#### Cooking tips

- Use lemon slices when grilling fish: it's tastier and saves time when cleaning
- meal



meal





## About Me



#### Education

- Some info
- Some info
- Some Info

### Interests

- 8 Some interest
- 5 Some interest
- 5 Some interest



Recipes ✓ Tips



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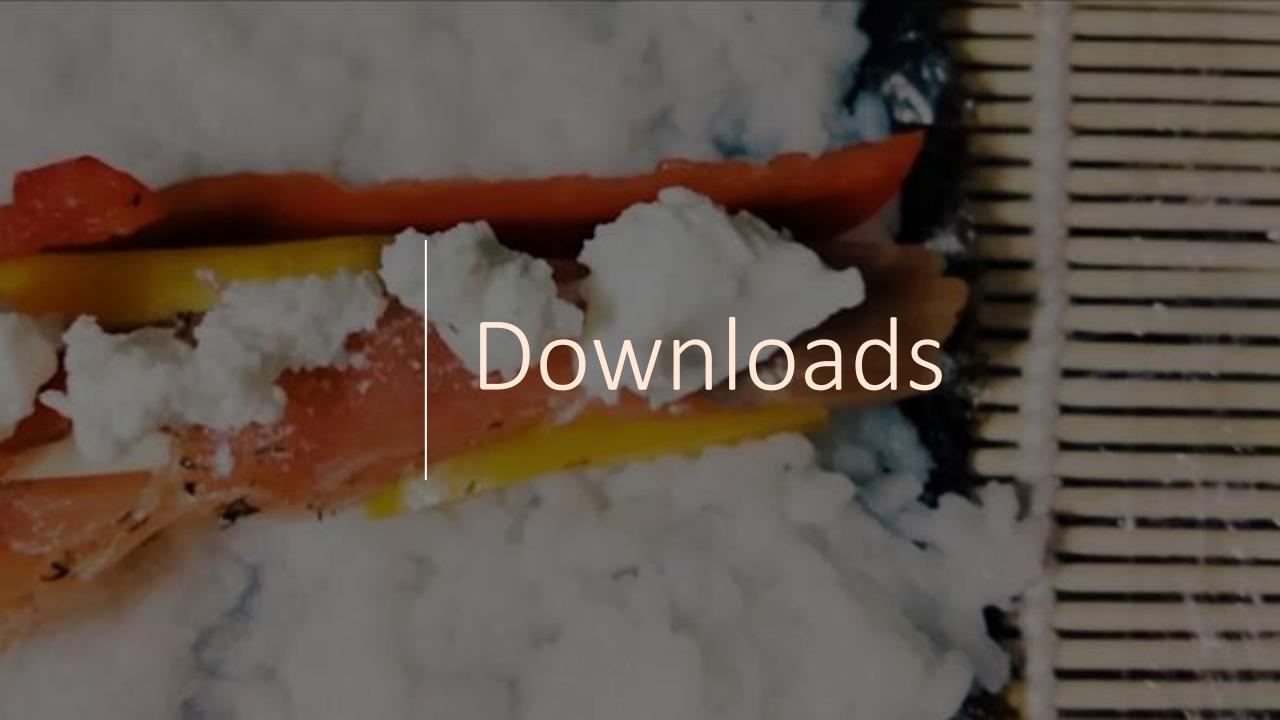


About Me

Active: emphasized

1,5px margin Education Some info Some info 3px margin Some Info Interests 8 Some interest Some interest Some interest

Align left ¼ width Proportional height Text align left 3/4 width (including margin) Color: #6B705C





## Downloads

Report & Mockup	HTML Code (zip)	CSS Code

