

BEM SEX ROLE INVENTORY

Rate yourself on each item, on a scale from 1 (never or almost never true) to 7 (almost always true). When you have completed the inventory, transfer your ratings to the inventory score sheet.

| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
|----------------------------------|----------|----------|----------|----------|----------|-----------------------|
| never or almost never true | | | Neutral | | | almost always true |

- | | | |
|------------------------|--------------------------------------|------------------------------------|
| 1. self reliant | 21. reliable | 41. warm |
| 2. yielding | 22. analytical | 42. solemn |
| 3. helpful | 23. sympathetic | 43. willing to take a stand |
| 4. defends own beliefs | 24. jealous | 44. tender |
| 5. cheerful | 25. leadership ability | 45. friendly |
| 6. moody | 26. sensitive to other's needs | 46. aggressive |
| 7. independent | 27. truthful | 47. gullible |
| 8. shy | 28. willing to take risks | 48. inefficient |
| 9. conscientious | 29. understanding | 49. acts as a leader |
| 10. athletic | 30. secretive | 50. childlike |
| 11. affectionate | 31. makes decisions easily | 51. adaptable |
| 12. theatrical | 32. compassionate | 52. individualistic |
| 13. assertive | 33. sincere | 53. does not use harsh language |
| 14. flatterable | 34. self-sufficient | 54. unsystematic |
| 15. happy | 35. eager to soothe hurt feelings | 55. competitive |
| 16. strong personality | 36. conceited | 56. loves children |
| 17. loyal | 37. dominant | 57. tactful |
| 18. unpredictable | 38. soft spoken | 58. ambitious |
| 19. forceful | 39. likable | 59. gentle |
| 20. feminine | 40. masculine | 60. conventional |

Inventory Score sheet

Enter your ratings in the appropriate columns

| Column 1 | Column 2 | Column 3 |
|----------|----------|----------|
| 1) | 2) | 3) |
| 4) | 5) | 6) |
| 7) | 8) | 9) |
| 10) | 11) | 12) |
| 13) | 14) | 15) |
| 16) | 17) | 18) |
| 19) | 20) | 21) |
| 22) | 23) | 24) |
| 25) | 26) | 27) |
| 28) | 29) | 30) |
| 31) | 32) | 33) |
| 34) | 35) | 36) |
| 37) | 38) | 39) |
| 40) | 41) | 42) |
| 43) | 44) | 45) |
| 46) | 47) | 48) |
| 49) | 50) | 51) |
| 52) | 53) | 54) |
| 55) | 56) | 57) |
| 58) | 59) | 60) |

SCORING

- Add up your ratings for items column 1 (1, 4, 7, 10, 13, 16, 19, 22, 25, 28, 31, 34, 37, 40, 43, 46, 49, 55, and 58). Divide the total by 20.
- This is your masculinity score.
- Add up your ratings for items column 2 (2, 5, 8, 11, 14, 17, 20, 23, 26, 29, 32, 35, 38, 41, 44, 47, 50, 53, 56, and 59). Divide the total by 20.
- This is your femininity score.
- If your masculinity score is above 4.9 (the approximate median for the masculinity scale) and your femininity score is above 4.9 (the approximate femininity median), then you would be classified as androgynous on Bem's scale.