

Monday through Friday

Effective Dec 14 2025

55

Northbound Al Norte (Approximate Times / Tiempos Aproximados)

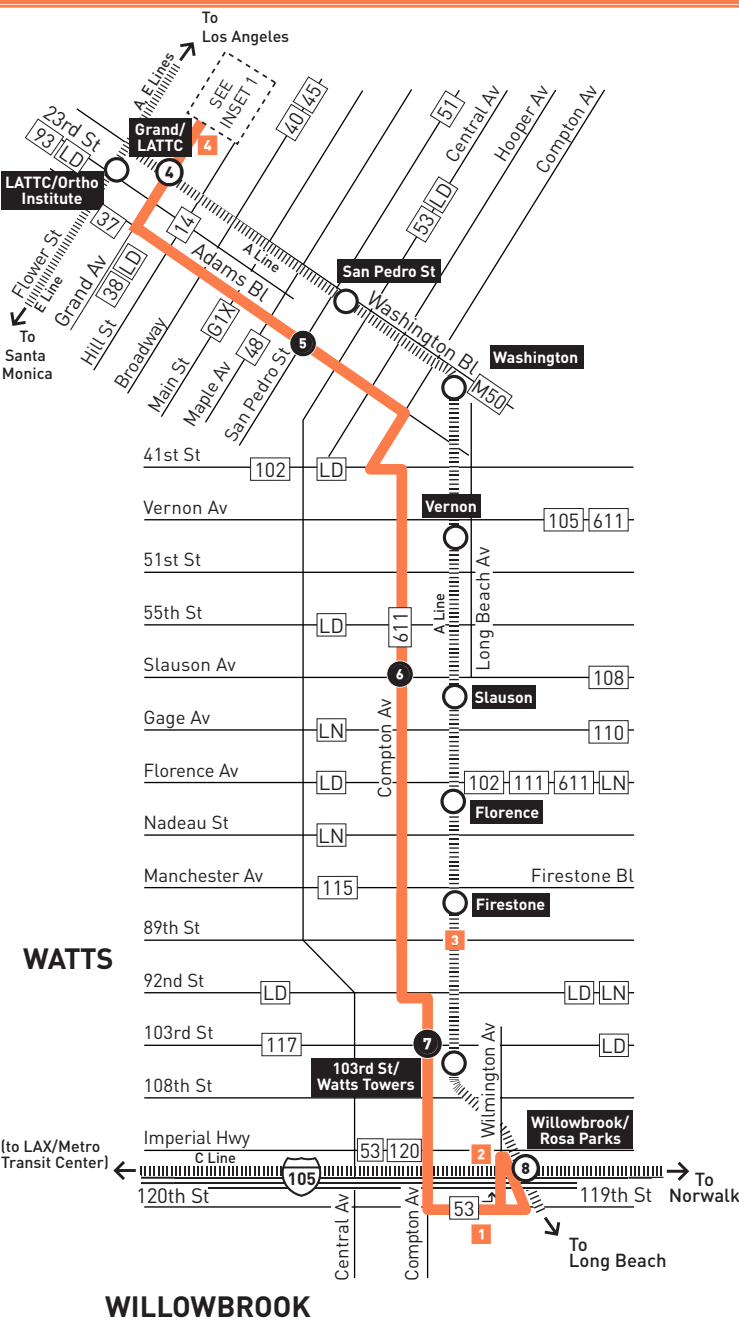
Southbound Al Sur (Approximate Times / Tiempos Aproximados)

WILLOWBROOK	WATTS	LOS ANGELES		DOWNTOWN LOS ANGELES		DOWNTOWN LOS ANGELES	LOS ANGELES	WATTS	WILLOWBROOK			
8	7	6	5	4	1	1	2	4	5	6	7	8
Willowbrook/ Rosa Parks Station	Compton & 103rd	Compton & Slauson	Adams & San Pedro	Grand & Washington	Sunset & Figueroa	Sunset & Figueroa	Spring & 7th	Grand & Washington	Adams & San Pedro	Compton & Slauson	Compton & 103rd	Willowbrook/ Rosa Parks Station
4:52A	5:00A	5:15A	5:29A	5:36A	5:54A	—	5:08A	5:17A	5:23A	5:36A	5:50A	5:58A
5:11	5:19	5:34	5:49	5:56	6:14	5:31A	5:41	5:50	5:56	6:10	6:24	6:33
5:30	5:38	5:53	6:09	6:16	6:35	6:03	6:13	6:22	6:29	6:44	6:58	7:08
5:45	5:53	6:08	6:24	6:31	6:51	6:21	6:31	6:40	6:47	7:02	7:17	7:27
5:57	6:05	6:21	6:38	6:46	7:06	6:36	6:46	6:55	7:02	7:19	7:35	7:47
6:11	6:19	6:35	6:53	7:01	7:22	6:50	7:00	7:09	7:17	7:34	7:52	8:04
6:23	6:31	6:48	7:07	7:16	7:37	7:04	7:15	7:24	7:32	7:51	8:08	8:20
6:30	6:38	6:55	7:15	7:24	7:45	7:18	7:29	7:38	7:47	8:05	8:21	8:33
6:37	6:45	7:02	7:23	7:32	7:53	7:33	7:44	7:53	8:02	8:19	8:35	8:45
6:43	6:51	7:09	7:30	7:39	8:01	7:48	7:59	8:08	8:17	8:34	8:50	9:00
6:49	6:57	7:16	7:38	7:47	8:09	8:02	8:14	8:23	8:32	8:48	9:04	9:14
6:55	7:03	7:23	7:45	7:54	8:16	8:18	8:30	8:39	8:47	9:03	9:19	9:29
7:02	7:10	7:30	7:53	8:02	8:25	8:33	8:45	8:54	9:02	9:18	9:34	9:44
7:09	7:17	7:37	8:00	8:09	8:32	8:48	8:59	9:09	9:17	9:33	9:49	9:59
7:17	7:25	7:46	8:08	8:17	8:40	9:02	9:14	9:24	9:32	9:48	10:04	10:14
7:23	7:32	7:53	8:15	8:24	8:48	9:17	9:29	9:39	9:47	10:03	10:19	10:29
7:31	7:42	8:03	8:24	8:33	8:57	9:32	9:44	9:54	10:02	10:18	10:34	10:44
7:43	7:54	8:14	8:34	8:42	9:06	9:46	9:58	10:09	10:17	10:33	10:49	10:59
7:54	8:05	8:25	8:44	8:52	9:15	10:01	10:13	10:24	10:32	10:48	11:04	11:14
8:08	8:19	8:38	8:56	9:04	9:27	10:16	10:28	10:39	10:47	11:03	11:20	11:30
8:26	8:36	8:54	9:11	9:19	9:42	10:31	10:43	10:54	11:02	11:18	11:35	11:45
8:42	8:52	9:10	9:27	9:35	9:58	10:46	10:58	11:09	11:17	11:33	11:50	11:59
8:59	9:08	9:26	9:43	9:51	10:14	11:02	11:14	11:25	11:33	11:49	12:06P	12:16P
9:15	9:24	9:42	9:59	10:07	10:29	11:17	11:29	11:40	11:48	12:04P	12:21	12:31
9:31	9:40	9:58	10:15	10:23	10:46	11:32	11:44	11:55	12:03P	12:19	12:36	12:46
9:47	9:56	10:14	10:31	10:39	11:02	11:47	11:59	12:10P	12:18	12:34	12:52	1:02
10:02	10:11	10:29	10:46	10:54	11:17	12:02P	12:14P	12:25	12:33	12:49	1:07	1:17
10:17	10:26	10:44	11:01	11:09	11:32	12:17	12:29	12:40	12:48	1:04	1:22	1:32
10:32	10:41	10:59	11:16	11:24	11:47	12:32	12:44	12:55	1:03	1:19	1:37	1:47
10:47	10:56	11:14	11:31	11:39	12:02P	12:46	12:58	1:09	1:18	1:34	1:52	2:02
11:02	11:11	11:29	11:46	11:54	12:17	1:01	1:13	1:24	1:33	1:49	2:07	2:18
11:17	11:26	11:44	12:01P	12:09P	12:34	1:16	1:28	1:39	1:48	2:05	2:24	2:35
11:31	11:40	11:58	12:16	12:24	12:49	1:31	1:43	1:54	2:03	2:21	2:40	2:51
11:45	11:54	12:13P	12:31	12:39	1:04	1:46	1:58	2:09	2:18	2:36	2:55	3:06
12:01P	12:10P	12:29	12:47	12:55	1:20	1:59	2:11	2:22	2:31	2:50	3:09	3:20
12:16	12:25	12:44	1:02	1:10	1:35	2:12	2:24	2:35	2:44	3:03	3:22	3:33
12:32	12:41	1:00	1:18	1:26	1:50	2:24	2:36	2:47	2:56	3:16	3:35	3:47
12:48	12:57	1:16	1:34	1:42	2:05	2:34	2:47	2:58	3:09	3:29	3:48	4:00
1:03	1:12	1:31	1:49	1:57	2:20	2:46	2:59	3:10	3:21	3:41	4:00	4:12
1:18	1:27	1:46	2:04	2:12	2:35	2:58	3:11	3:22	3:33	3:53	4:12	4:24
1:33	1:42	2:01	2:19	2:27	2:50	3:09	3:22	3:34	3:46	4:06	4:25	4:36
1:48	1:57	2:16	2:34	2:42	3:05	3:21	3:34	3:46	3:58	4:18	4:37	4:48
2:01	2:11	2:30	2:49	2:57	3:22	3:34	3:47	3:59	4:11	4:31	4:50	5:01
2:16	2:26	2:45	3:04	3:13	3:38	3:46	3:59	4:12	4:24	4:43	5:02	5:13
2:30	2:41	3:00	3:19	3:28	3:53	3:59	4:12	4:25	4:37	4:56	5:15	5:26
2:44	2:55	3:14	3:34	3:43	4:09	4:12	4:25	4:38	4:50	5:09	5:28	5:38
2:58	3:09	3:28	3:48	3:57	4:25	4:24	4:38	4:51	5:03	5:22	5:40	5:50
3:10	3:21	3:40	4:00	4:09	4:37	4:37	4:51	5:04	5:16	5:35	5:53	6:03
3:22	3:34	3:53	4:12	4:21	4:49	4:49	5:03	5:17	5:29	5:47	6:05	6:15
3:33	3:46	4:05	4:24	4:33	5:01	5:03	5:17	5:31	5:41	5:59	6:16	6:26
3:45	3:58	4:17	4:36	4:45	5:14	5:16	5:30	5:43	5:53	6:10	6:27	6:37
3:59	4:10	4:29	4:48	4:57	5:26	5:30	5:43	5:56	6:05	6:22	6:38	6:48
4:11	4:22	4:41	5:00	5:09	5:38	5:44	5:57	6:08	6:17	6:34	6:50	7:00
4:23	4:34	4:53	5:12	5:21	5:49	5:57	6:09	6:20	6:29	6:45	7:01	7:10
4:36	4:46	5:05	5:24	5:33	6:00	6:10	6:22	6:33	6:41	6:57	7:12	7:21
4:48	4:58	5:17	5:36	5:45	6:11	6:25	6:37	6:48	6:56	7:11	7:26	7:35
5:00	5:10	5:29	5:48	5:57	6:22	6:44	6:56	7:07	7:15	7:30	7:44	7:53
5:13	5:23	5:41	6:00	6:08	6:33	7:06	7:18	7:28	7:35	7:49	8:03	8:12
5:30	5:40	5:58	6:15	6:23	6:46	7:26	7:38	7:48	7:55	8:08	8:22	8:31
5:47	5:57	6:14	6:31	6:38	7:00	7:51	8:03	8:12	8:19	8:32	8:45	8:53
6:07	6:17	6:34	6:49	6:56	7:16	8:22	8:33	8:42	8:49	9:01	9:14	9:21
6:30	6:39	6:56	7:10	7:16	7:35							
6:53	7:02	7:17	7:31	7:37	7:56							
7:19	7:28	7:43	7:56	8:02	8:20							
8:15	8:24	8:39	8:52	8:58	—							

See Late Night/Owl Service schedule for additional service

See Late Night/Owl Service schedule for additional service

ROUTE MAP



LEGEND

- Line 55 Route
- Local Stop Timepoint
- Local Stop Timepoint - Single Direction Only
- Local Stop
- Local Stop - Single Direction Only
- Metro Rail / Busway Station & Timepoint
- Metro Rail / Busway Station
- Transit Center
- Map Notes
- Connecting Line
- GA GTrans
- LD LADOT DASH
- LN County of Los Angeles - The Link
- M Montebello Bus Lines
- T Torrance Transit

INSET 1 - DOWNTOWN LOS ANGELES

- Metro Rail Station
- Metro Rail Station Entrance

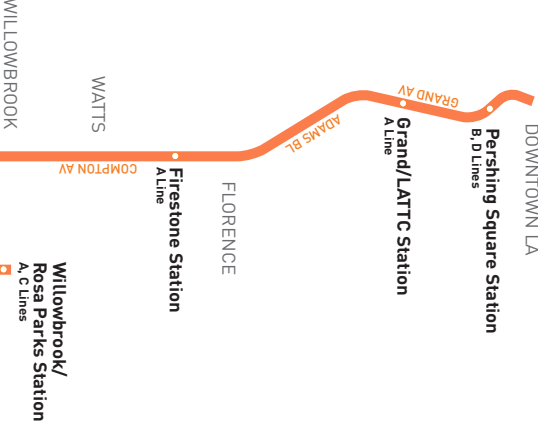
MAP NOTES

- Martin Luther King Jr. Community Hospital**
Metro 53, 55, 120, 202, 205;
DASH Watts
- Willowbrook/Rosa Parks Station**
Metro A, C Lines; 53, 55,
120, 202, 205;
DASH Watts; The Link Willowbrook
and King Medical Center Shuttle,
Lynwood Breeze Route D; GA5;
Rancho Shuttle
- Firestone Station**
Metro A Line; 115;
The Link Florence - Firestone/Walnut
Park
- Grand/LATTC Station**
Metro A, J Lines;
Metro 14, 35, 37, 38, 55, 460, 93;
T4X, DASH D,
Pico Union/Echo Park, King-East

Follow us.

- @metrolosangeles
- @losangelesmetro
- @metrolosangeles

For transportation news and views, visit metro.net/thesource.



- metro.net 323.60.METRO
- Wheelchair Hotline 800.621.7828
- Travel Info 511
- California Relay Service 711

Northbound to Downtown LA
Southbound to Willowbrook/Rosa Parks Station
via Compton Av

Metro Local

55

Effective Dec 14 2025

Northbound Al Norte (Approximate Times / Tiempos Aproximados)

Southbound Al Sur (Approximate Times / Tiempos Aproximados)

WILLOWBROOK	WATTS	LOS ANGELES		DOWNTOWN LOS ANGELES		DOWNTOWN LOS ANGELES			LOS ANGELES	WATTS	WILLOWBROOK	
8	7	6	5	4	1	1	2	4	5	6	7	8
Willowbrook/ Rosa Parks Station	Compton & 103rd	Compton & Slauson	Adams & San Pedro	Grand & Washington	Sunset & Figueroa	Sunset & Figueroa	Spring & 7th	Grand & Washington	Adams & San Pedro	Compton & Slauson	Compton & 103rd	Willowbrook/ Rosa Parks Station
4:53A	5:01A	5:15A	5:29A	5:35A	5:52A	—	5:12A	5:21A	5:27A	5:38A	5:51A	5:58A
5:37	5:45	5:59	6:13	6:19	6:36	6:00A	6:10	6:19	6:25	6:39	6:53	7:01
6:11	6:19	6:33	6:47	6:54	7:11	6:50	7:00	7:09	7:15	7:29	7:44	7:52
6:41	6:49	7:04	7:19	7:26	7:45	7:34	7:45	7:54	8:00	8:15	8:30	8:39
7:10	7:19	7:35	7:51	7:58	8:17	8:07	8:18	8:27	8:34	8:49	9:05	9:14
7:39	7:48	8:05	8:21	8:28	8:48	8:34	8:45	8:55	9:02	9:17	9:33	9:42
8:06	8:15	8:32	8:49	8:56	9:16	8:56	9:07	9:17	9:24	9:39	9:55	10:04
8:32	8:41	8:58	9:15	9:22	9:42	9:18	9:29	9:39	9:46	10:01	10:17	10:26
8:52	9:01	9:19	9:36	9:43	10:03	9:39	9:50	10:00	10:07	10:22	10:39	10:48
9:12	9:21	9:39	9:56	10:03	10:24	9:58	10:10	10:20	10:27	10:42	10:59	11:08
9:32	9:41	9:59	10:16	10:23	10:44	10:17	10:29	10:40	10:47	11:02	11:19	11:28
9:51	10:00	10:19	10:36	10:43	11:04	10:36	10:48	10:59	11:07	11:22	11:39	11:48
10:11	10:20	10:39	10:56	11:03	11:25	10:56	11:08	11:19	11:27	11:42	11:59	12:08P
10:30	10:39	10:58	11:15	11:22	11:44	11:16	11:28	11:39	11:47	12:02P	12:20P	12:29
10:50	10:59	11:18	11:35	11:42	12:04P	11:36	11:48	11:59	12:07P	12:23	12:41	12:50
11:10	11:19	11:38	11:55	12:02P	12:25	11:56	12:08P	12:19P	12:27	12:43	1:01	1:10
11:30	11:39	11:58	12:15P	12:22	12:45	12:16P	12:28	12:39	12:47	1:03	1:21	1:30
11:50	11:59	12:18P	12:35	12:42	1:05	12:36	12:48	12:59	1:07	1:22	1:40	1:49
12:10P	12:19P	12:38	12:55	1:02	1:25	12:57	1:09	1:19	1:27	1:42	2:00	2:09
12:30	12:39	12:58	1:15	1:22	1:45	1:17	1:29	1:39	1:47	2:02	2:20	2:29
12:50	12:59	1:18	1:35	1:42	2:05	1:37	1:49	1:59	2:07	2:22	2:40	2:49
1:10	1:19	1:38	1:55	2:02	2:25	1:57	2:09	2:19	2:27	2:42	3:00	3:09
1:30	1:39	1:58	2:15	2:22	2:45	2:17	2:29	2:39	2:47	3:02	3:20	3:29
1:50	1:59	2:18	2:35	2:42	3:05	2:37	2:49	2:59	3:07	3:22	3:40	3:49
2:11	2:20	2:39	2:55	3:02	3:25	2:57	3:09	3:19	3:27	3:42	4:00	4:09
2:31	2:40	2:59	3:15	3:22	3:45	3:17	3:29	3:39	3:47	4:02	4:19	4:28
2:51	3:00	3:19	3:35	3:42	4:04	3:37	3:49	3:59	4:07	4:22	4:39	4:48
3:11	3:20	3:39	3:55	4:02	4:24	3:57	4:09	4:19	4:27	4:42	4:59	5:08
3:31	3:40	3:59	4:15	4:22	4:44	4:17	4:29	4:39	4:47	5:02	5:19	5:28
3:52	4:01	4:19	4:35	4:42	5:04	4:38	4:50	5:00	5:07	5:22	5:39	5:48
4:12	4:21	4:39	4:55	5:02	5:24	4:58	5:10	5:20	5:27	5:41	5:58	6:07
4:33	4:42	5:00	5:15	5:22	5:44	5:18	5:30	5:40	5:47	6:01	6:17	6:26
4:53	5:02	5:20	5:35	5:42	6:04	5:38	5:50	6:00	6:07	6:21	6:37	6:46
5:15	5:24	5:42	5:57	6:04	6:26	5:58	6:10	6:20	6:27	6:41	6:57	7:06
5:39	5:48	6:06	6:21	6:28	6:50	6:19	6:31	6:41	6:48	7:02	7:18	7:27
6:04	6:13	6:30	6:45	6:51	7:13	6:52	7:04	7:14	7:21	7:35	7:50	7:59
6:29	6:38	6:55	7:09	7:15	7:36	7:29	7:41	7:51	7:58	8:11	8:25	8:33
6:59	7:07	7:23	7:37	7:43	8:02	8:12	8:24	8:33	8:38	8:51	9:04	9:11
7:38	7:46	8:02	8:15	8:20	8:37							
8:17	8:26	8:40	8:53	8:58	—							

See Late Night/Owl Service schedule for additional service

See Late Night/Owl Service schedule for additional service

Sunday & Holidays

Northbound Al Norte (Approximate Times / Tiempos Aproximados)

Southbound Al Sur (Approximate Times / Tiempos Aproximados)

WILLOWBROOK	WATTS	LOS ANGELES		DOWNTOWN LOS ANGELES	DOWNTOWN LOS ANGELES			LOS ANGELES	WATTS	WILLOWBROOK		
8	7	6	5	4	1	1	2	4	5	6	7	8
Willowbrook/ Rosa Parks Station	Compton & 103rd	Compton & Slauson	Adams & San Pedro	Grand & Washington	Sunset & Figueroa	Sunset & Figueroa	Spring & 7th	Grand & Washington	Adams & San Pedro	Compton & Slauson	Compton & 103rd	Willowbrook/ Rosa Parks Station
4:55A	5:03A	5:17A	5:29A	5:34A	5:53A	—	5:11A	5:18A	5:23A	5:34A	5:48A	5:55A
5:39	5:47	6:01	6:14	6:20	6:41	6:01A	6:11	6:18	6:23	6:36	6:50	6:58
6:12	6:20	6:36	6:49	6:55	7:15	6:49	6:59	7:06	7:11	7:24	7:38	7:46
6:42	6:50	7:06	7:21	7:28	7:48	7:31	7:41	7:50	7:56	8:09	8:23	8:31
7:13	7:21	7:37	7:52	7:59	8:19	8:02	8:12	8:21	8:28	8:42	8:57	9:05
7:41	7:49	8:07	8:22	8:29	8:50	8:33	8:44	8:53	9:00	9:14	9:30	9:39
8:10	8:18	8:37	8:52	8:59	9:20	8:58	9:09	9:18	9:25	9:39	9:55	10:04
8:36	8:44	9:03	9:18	9:25	9:46	9:18	9:29	9:38	9:45	9:59	10:16	10:25
8:56	9:04	9:23	9:38	9:45	10:06	9:38	9:49	9:58	10:05	10:20	10:37	10:46
9:16	9:24	9:43	9:58	10:05	10:26	9:57	10:08	10:18	10:25	10:40	10:57	11:06
9:36	9:44	10:03	10:18	10:25	10:46	10:17	10:28	10:38	10:45	11:00	11:18	11:27
9:56	10:04	10:23	10:38	10:45	11:06	10:36	10:47	10:58	11:05	11:20	11:38	11:47
10:17	10:25	10:44	10:59	11:06	11:27	10:55	11:07	11:18	11:25	11:40	11:58	12:07P
10:38	10:46	11:05	11:20	11:27	11:48	11:15	11:27	11:38	11:45	11:59	12:18P	12:27
10:59	11:07	11:26	11:41	11:48	12:09P	11:34	11:46	11:57	12:04P	12:19P	12:37	12:46
11:19	11:27	11:46	12:01P	12:08P	12:29	11:54	12:06P	12:17P	12:24	12:39	12:57	1:06
11:39	11:47	12:06P	12:21	12:28	12:49	12:14P	12:26	12:37	12:44	12:59	1:17	1:26
11:58	12:06P	12:25	12:41	12:48	1:09	12:34	12:46	12:57	1:04	1:19	1:37	1:46
12:18P	12:26	12:45	1:01	1:08	1:29	12:54	1:06	1:17	1:24	1:39	1:57	2:06
12:38	12:46	1:05	1:21	1:28	1:49	1:14	1:26	1:37	1:44	1:59	2:17	2:26
12:58	1:06	1:25	1:41	1:48	2:09	1:34	1:46	1:57	2:04	2:19	2:37	2:46
1:18	1:26	1:45	2:01	2:08	2:29	1:54	2:06	2:17	2:24	2:39	2:57	3:06
1:38	1:46	2:05	2:21	2:28	2:49	2:14	2:26	2:37	2:44	2:59	3:17	3:26
1:58	2:06	2:25	2:41	2:48	3:09	2:34	2:46	2:57	3:04	3:19	3:37	3:46
2:18	2:26	2:45	3:01	3:08	3:29	2:54	3:06	3:17	3:24	3:39	3:57	4:06
2:39	2:47	3:06	3:21	3:28	3:49	3:14	3:26	3:37	3:44	3:59	4:17	4:26
3:00	3:08	3:26	3:41	3:48	4:09	3:34	3:46	3:57	4:04	4:18	4:36	4:45
3:19	3:27	3:45	4:00	4:07	4:28	3:55	4:07	4:18	4:25	4:39	4:57	5:06
3:39	3:47	4:05	4:20	4:27	4:48	4:16	4:28	4:39	4:46	5:00	5:18	5:27
4:00	4:08	4:25	4:40	4:47	5:08	4:37	4:49	5:00	5:07	5:21	5:39	5:48
4:20	4:28	4:45	5:00	5:07	5:28	4:57	5:09	5:20	5:27	5:41	5:58	6:07
4:40	4:48	5:05	5:20	5:27	5:48	5:17	5:29	5:40	5:47	6:01	6:18	6:27
5:00	5:08	5:25	5:40	5:47	6:08	5:37	5:49	6:00	6:07	6:21	6:38	6:47
5:20	5:28	5:45	6:00	6:06	6:27	5:58	6:09	6:20	6:27	6:41	6:57	7:06
5:41	5:49	6:06	6:20	6:26	6:47	6:20	6:31	6:42	6:49	7:03	7:18	7:27
6:01	6:09	6:26	6:40	6:46	7:07	6:55	7:06	7:15	7:22	7:36	7:51	8:00
6:22	6:30	6:46	7:00	7:06	7:25	7:29	7:40	7:49	7:55	8:07	8:22	8:30
6:55	7:03	7:18	7:32	7:38	7:57	8:09	8:19	8:28	8:33	8:45	9:00	9:07
7:31	7:39	7:54	8:06	8:11	8:27							
8:18	8:26	8:41	8:53	8:58	—							

See Late Night/Owl Service schedule for additional service

See Late Night/Owl Service schedule for additional service

Daily, Saturday & Sunday Late Night/Owl Service

Northbound Al Norte (Approximate Times / Tiempos Aproximados)

Southbound Al Sur (Approximate Times / Tiempos Aproximados)

WILLOWBROOK	WATTS	LOS ANGELES		DOWNTOWN LOS ANGELES		DOWNTOWN LOS ANGELES		LOS ANGELES		WATTS	WILLOWBROOK
8	7	6	5	4	3	2	4	5	6	7	8
Willowbrook/ Rosa Parks Station	Compton & 103rd	Compton & Slauson	Adams & San Pedro	Grand & Washington	Main & 7th (Spring & 7th)	Spring & 7th B	Grand & Washington	Adams & San Pedro	Compton & Slauson	Compton & 103rd	Willowbrook/ Rosa Parks Station
9:23P	9:30P	9:42P	9:53P	9:58P	10:06P	9:12P	9:20P	9:24P	9:36P	9:49P	9:56P
10:23	10:30	10:42	10:53	10:58	11:06	10:12	10:20	10:24	10:36	10:49	10:56
11:23	11:30	11:42	11:53	11:58	12:06A	11:12	11:20	11:24	11:36	11:49	11:56
12:23A	12:30A	12:42A	12:53A	12:58A	1:06	12:12A	12:20A	12:24A	12:36A	12:49A	12:56A
1:23	1:30	1:42	1:53	1:58	2:06	1:12	1:20	1:24	1:36	1:49	1:56
2:23	2:30	2:42	2:53	2:58	3:06	2:12	2:20	2:24	2:36	2:49	2:56
3:23	3:30	3:42	3:53	3:58	4:06	3:12	3:20	3:24	3:36	3:49	3:56
4:23	4:30	4:42	4:53	4:58	5:06	4:12	4:20	4:24	4:36	4:49	4:56