Eastbound Al Este (Approximate Times/Tiempos Aproximados)

EL SEGUNDO		LAWNDALE LOS ANGEL		COMPTON		DOWNEY	NORWALK	
0	2	3	4	5	6	0	®	
Plaza El Segundo	Douglas Station	Rosecrans & Hawthorne	Rosecrans & Figueroa	Compton Station	Rosecrans & Long Beach	Rosecrans & Lakewood	Norwalk Station	
4:52A	5:00A	5:08A	5:26A	5:44A	5:53A	6:09A	6:20A	
5:21	5:29	5:37	5:55	6:13	6:22	6:38	6:49	
5:37	5:46	5:54	6:12	6:30	6:42	6:58	7:09	
5:53	6:02	6:12	6:30	6:49	7:01	7:17	7:28	
6:10	6:22	6:32	6:52	7:11	7:23	7:41	7:52	
6:29	6:41	6:51	7:11	7:30	7:42	8:02	8:13	
6:48	7:00	7:10	7:30	7:50	8:02	8:22	8:33	
7.07	7:19	7:29	7:50	8:10	8:22	8:41	8:52	
7:27 7:47	7:39	7:50	8:11	8:31 8:51	8:42	9:00	9:11	
7:47	7:59	8:10	8:31	8:51	9:02	9:20	9:31 9:52	
8:08	8:20	8:31	8:51	9:11	9:22	9:40	9:52	
8:28	8:40	8:51	9:11	9:31	9:42	10:00	10:12	
8:48	9:00	9:11	9:31	9:51	10:02	10:20	10:32	
9:07	9:19	9:30	9:51	10:11	10:22	10:40	10:52	
9:27	9:39	9:50	10:11	10:31	10:42	11:00	11:12	
9:45	9:57	10:10	10:31	10:51	11:02	11:20	11:32	
10:04	10:16	10:29	10:50	11:10	11:22	11:40	11:52	
10:24	10:36	10:49	11:10	11:30	11:42	11:59	12:11P	
10:43	10:55	11:09	11:30	11:50	12:02P	12:20P	12:31	
11:02	11:14	11:29	11:50	12:10P	12:22	12:40	12:51	
11:21	11:33	11:48	12:09P	12:30	12:42	1:00	1:11	
11:40	11:52	12:07P	12:29	12:50	1:02	1:20	1:31	
11.57	12:11P	12:26	12:48	1:09	1:21	1:40	1:51	
11:57 12:16P	12:30	12:45	1:07	1:28	1:40	1:59	2:10	
12:35	12:49	1:04	1:26	1:48	2:00	2:19	2:30	
12:55	1:09	1:24	1:46	2:08	2:20	2:39	2:50	
1:14	1:28	1:43	2:05	2:27	2:40	2:59	3:11	
1.34	1:48	2:03	2:25	2:46	3:00	3:19	3:31	
1:34 1:52	2:06	2:21	2:44	3:05	3:20	3:39	3:51	
2:09	2:23	2:38	3:02	3:25	3:40	3:59	4:12	
2:28	2:42	2:57	3:22	3:45	4:00	4:17	4:30	
2:48	3:01	3:18	3:43	4:06	4:20	4:37	4:50	
3:08	3:21	3:38	4:03	4:26	4:40	4:57	5:09	
3:28	3:41	3:58	4:23	4:46	5:00	5:17	5:29	
3./.0	4:01	4.18	4:43	5:06	5:20	5:37	5./.0	
3:48 4:09	4:22	4:18 4:39	5:04	5:26	5:40	5:57	5:48 6:08	
4:30	4:43	5:00	5:24	5:46	6:00	6:17	6:28	
4:53	5:06	5:22	5:45	6:06	6:18	6:35	6:45	
5:14	5:28	5:43	6:05	6:25	6:36	6:52	7:02	
5:33	5:47	6:02	6:24	6:43	6:54	7:10	7:20	
5:55	6:09	6:22	6:42	7:01	7:12	7:10	7:38	
6:15	6:29	6:42	7:02	7:21	7:12	7:48	7:58	
6:43	6:57	7:10	7:30	7:49	7:58	8:12	8:22	
7:13	7:27	7:10	7:59	8:16	8:25	8:39	8:49	
8:16	8:26	8:37	8:54	9:09	9:18	9:32	9:42	
0:10	0:20	0:57	0:54	7:07	7:10	7:32	7:42	

Monday through Friday

125

NORWALK	DOWNEY	COMPTON		LOS ANGELES	LAWNDALE	EL SEGUNDO	
3	7	6	5	4	3	2	-0
Norwalk Station	Rosecrans & Lakewood	Rosecrans & Long Beach	Compton Station	Rosecrans & Figueroa	Rosecrans & Hawthorne	Douglas Station	Plaza El Segundo
	1			-	1		-
4:17A	4:29A	4:43A	4:51A	5:08A	5:24A	5:30A	5:35A
4:50	5:02	5:16	5:24	5:43	5:59	6:06	6:11
5:21	5:33	5:48	5:57	6:17	6:37	6:45	6:50
5:41	5:53	6:08	6:17	6:37	6:57	7:05	7:10
5:57 6:14	6:10	6:26	6:36	6:57	7:17	7:25	7:30
6:14	6:27	6:45	6:55	7:16	7:36	7:44	7:49
6:32	6:46	7:04	7:14	7:35	7:55	8:04	8:09
6:51	7:05	7:23	7:33	7:54	8:14	8:24	8:29
6:32 6:51 7:10	7:24	7:42	7:52	8:14	8:35	8:45	8:50
7:30	7:44	8:02	8:12	8:35	8:57	9:07	9:12
7:48	8:02	8:22	8:32	8:53	9:15	9:25	9:30
8:07	8:23	8:41	8:52	9:13	9:35	9:45	9:50
0:07		9:01	9:12	9:33	9:55	10:05	10:10
8:30	8:44	9:01	9:12	9:33		10:05	10:10
8:50 9:10	9:04	9:21	9:32	9:53	10:15	10:25	10:30
9:10	9:24	9:41	9:52	10:13	10:35	10:44	10:49
9:30	9:44	10:01	10:12	10:33	10:55	11:04	11:09
9:50	10:04	10:21	10:32	10:55	11:17	11:26	11:31
10:08	10:22	10:40	10:52	11:15	11:37	11:46	11:51
10:28 10:48	10:41	11:00	11:12	11:35	11:57	12:06P	12:11P
10.48	11:01	11:20	11:32	11:55	12:17P	12:26	12:31
11:08	11:21	11:40	11:52	12:15P	12:37	12:46	12:51
11:28	11:41	11:59	12:12P	12:35	12:57	1:06	1:11
11:48	12:01P	12:20P	12:32	12:55	1:17	1:26	1:31
11:40	12:017	12:40	12:52	1:15	1:17	1:47	1:52
12:08P	12:21	12:40		1:15	1:37	1:47	1:52
12:28 12:48	12:41	1:00	1:12	1:35	1:57	2:07	2:12
12:48	1:01	1:20	1:32	1:56	2:18	2:28	2:33
1:08	1:21	1:40	1:52	2:16	2:38	2:47	2:52
1.26	1:41	2:00	2:12	2:37	2:59	3:08	3:13
1:46	2:01	2:20	2:32	2:57	3:19	3:28	3:33
1:46 2:05	2:20	2:40	2:32 2:52	3:17	3:39	3:48	3:53
2:23	2:38	3:00	3:12	3:37	3:59	4:09	4:14
2:44	2:58	3:20	3:32	3:57	4:18	4:28	4:33
3:04 3:24	3:18	3:40	3:52	4:15	4:36	4:46	4:51
3.24	3:38	4:00	4:12	4:35	4:56	5:06	5:11
3:45	3:59	4:20	4:32	4:54	5:15	5:25	5:30
/.·N2	4:22	4:42	4:52	5:14	5:35	5:45	5:50
4:08 4:29	4:43	5:02	5:12	5:34	5:55	6:05	6:10
4:47	4:40	5:02	5:12	5:54		6:00	0:10
4:49	5:03	5:22	5:32	5:54	6:15	6:24	6:29
5:09	5:23	5:42	5:52	6:14	6:34	6:43	6:48
5:30	5:44	6:03	6:12	6:33	6:53	7:02	7:07
5:51	6:05	6:23	6:32	6:53	7:12	7:20	7:25
6:13	6:27	6:45	6:54	7:14	7:33	7:41	7:46
6:45	6:59	7:15	7:23	7:43	8:02	8:09	8:14
7:17	7:30	7:46	7:54	8:13	8:30	8:37	8:41
8:19	8:31	8:46	8:54	9:12	9:28	9:34	9:38

Connect to Metro Security 24/7.

Call: 888.950.7233 Text: 213.788.2777

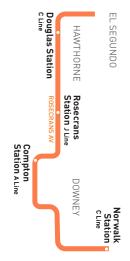
App: LA Metro Transit Watch

Call 911 for emergencies.

















Effective Jun 22 2025

Eastbound Al Este (Approximate Times/Tiempos Aproximados)

EL SEGUNDO		LAWNDALE	LOS ANGELES	COMPTON		DOWNEY	NORWALK
0	2	3	0	5	6	0	8
Plaza El Segundo	Douglas Station	Rosecrans & Hawthorne	Rosecrans & Figueroa	Compton Station	Rosecrans & Long Beach	Rosecrans & Lakewood	Norwalk Station
5:04A	5:14A	5:21A	5:36A	5:49A	5:56A	6:08A	6:18A
5:41	5:51	5:58	6:13	6:28	6:36	6:49	6:59
6:10	6:20	6:28	6:43	6:58	7:06	7:20	7:30
6:36	6:46	6:55	7:11	7:27	7:36	7:51	8:02
7:03	7:13	7:23	7:40	7:57	8:06	8:21	8:32
7:33	7:43	7:53	8:10	8:27	8:36	8:52	9:03
8:02	8:12	8:22	8:39	8:57	9:06	9:22	9:33
8:30	8:41	8:50	9:08	9:26	9:36	9:52	10:04
8:59	9:10	9:19	9:38	9:56	10:06	10:23	10:35
9:25	9:36	9:48	10:07	10:26	10:36	10:53	11:05
9:51	10:02	10:15	10:36	10:55	11:06	11:24	11:36
10:21	10:32	10:45	11:06	11:25	11:36	11:54	12:06P
10:52	11:03	11:16	11:36	11:55	12:06P	12:24P	12:36
11:22	11:33	11:46	12:06P	12:25P	12:36	12:54	1:06
11:52	12:03P	12:16P	12:36	12:55	1:06	1:24	1:35
12:22P	12:33	12:46	1:06	1:25	1:36	1:54	2:05
12:50	1:01	1:15	1:37	1:56	2:06	2:23	2:34
1:18	1:30	1:44	2:06	2:26	2:36	2:53	3:04
1:49	2:01	2:15	2:36	2:56	3:06	3:23	3:34
2:18	2:30	2:44	3:05	3:25	3:36	3:53	4:04
2:48	3:00	3:14	3:35	3:54	4:06	4:23	4:34
3:18	3:30	3:44	4:05	4:24	4:36	4:53	5:04
3:48	4:00	4:14	4:35	4:54	5:06	5:23	5:34
4:19	4:31	4:45	5:06	5:25	5:36	5:53	6:04
4:52	5:04	5:18	5:39	5:56	6:06	6:23	6:29
5:24	5:36	5:50	6:09	6:26	6:36	6:53	6:59
6:11	6:23	6:36	6:54	7:11	7:21	7:37	7:47
7:05	7:16	7:27	7:44	8:00	8:09	8:23	8:33
8:04	8:14	8:24	8:41	8:55	9:02	9:14	9:24

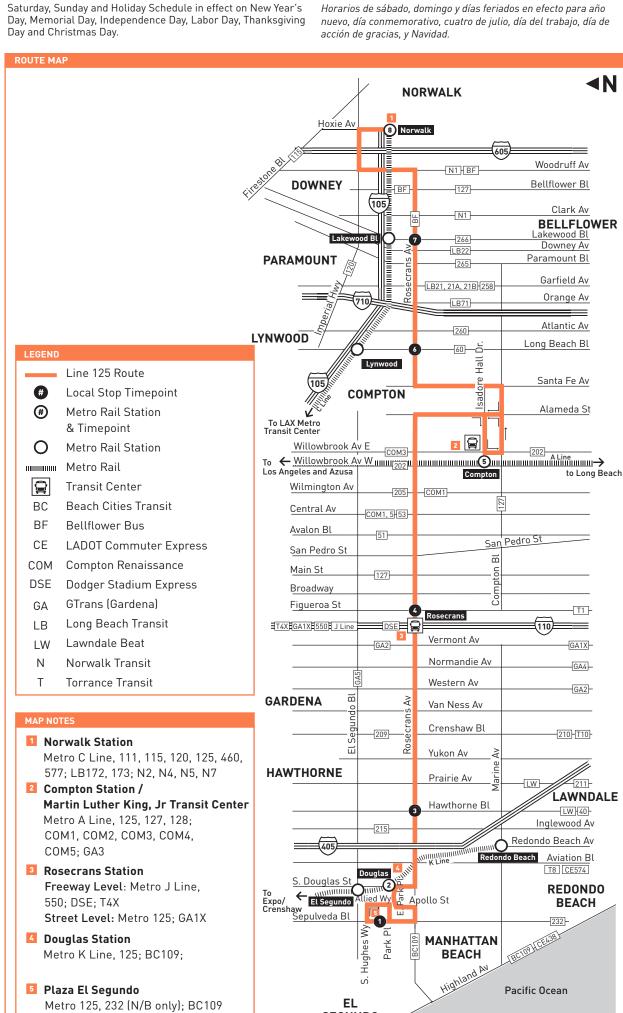
Saturday, Sunday and Holiday Schedule

125

Westbound Al Oeste (Approximate Times/Tiempos Aproximados)							
NORWALK 8	DOWNEY 7	COMPTON		LOS ANGELES	LAWNDALE	EL SEGUNDO	
		6	5	4	3	2	_0
Norwalk Station	Rosecrans & Lakewood	Rosecrans & Long Beach	Compton Station	Rosecrans & Figueroa	Rosecrans & Hawthorne	Douglas Station	Plaza El Segundo
5:05A	5:15A	5:28A	5:36A	5:53A	6:06A	6:12A	6:16A
5:55	6:06	6:19	6:27	6:45	7:01	7:08	7:12
6:30	6:41	6:54	7:02	7:20	7:37	7:44	7:49
6:54	7:05	7:20	7:28	7:47	8:06	8:14	8:19
7:20	7:31	7:46	7:55	8:14	8:34	8:43	8:48
7:52	8:04	8:19	8:28	8:48	9:11	9:20	9:25
8:25	8:37	8:52	9:01	9:21	9:43	9:53	9:58
8:53	9:05	9:22	9:31	9:52	10:14	10:24	10:29
9:22	9:35	9:52	10:02	10:23	10:45	10:55	11:00
9:52	10:05	10:22	10:32	10:53	11:14	11:25	11:31
10:22	10:35	10:52	11:02	11:24	11:46	11:57	12:03P
10:50	11:03	11:22	11:32	11:54	12:16P	12:27P	12:33
11:20	11:33	11:52	12:02P	12:24P	12:46	12:57	1:03
11:50	12:03P	12:22P	12:32	12:54	1:16	1:27	1:33
12:20P	12:33	12:52	1:02	1:24	1:46	1:57	2:03
12:50	1:03	1:22	1:32	1:54	2:16	2:27	2:33
1:20	1:33	1:52	2:02	2:24	2:46	2:57	3:03
1:50	2:03	2:22	2:32	2:54	3:16	3:27	3:33
2:20	2:33	2:52	3:02	3:24	3:45	3:55	4:00
2:50	3:03	3:22	3:32	3:52	4:12	4:22	4:27
3:19	3:32	3:52	4:01	4:21	4:41	4:51	4:56
3:48	4:02	4:22	4:31	4:51	5:11	5:20	5:25
4:18	4:32	4:52	5:01	5:22	5:42	5:51	5:56
4:50	5:04	5:22	5:31	5:52	6:11	6:19	6:24
5:20	5:34	5:52	6:01	6:21	6:39	6:47	6:52
5:53	6:06	6:22	6:31	6:51	7:08	7:16	7:21
6:23	6:36	6:52	7:01	7:21	7:38	7:46	7:51
7:13	7:25	7:40	7:48	8:08	8:24	8:32	8:36
8:05	8:16	8:29	8:37	8:55	9:10	9:17	9:21

Saturday, Sunday and Holiday Schedules

Horarios de sábado, domingo y días feriados



SEGUNDO

150960