

Monday through Friday

Effective Jun 22 2025

55

Northbound Al Norte (Approximate Times / Tiempos Aproximados)

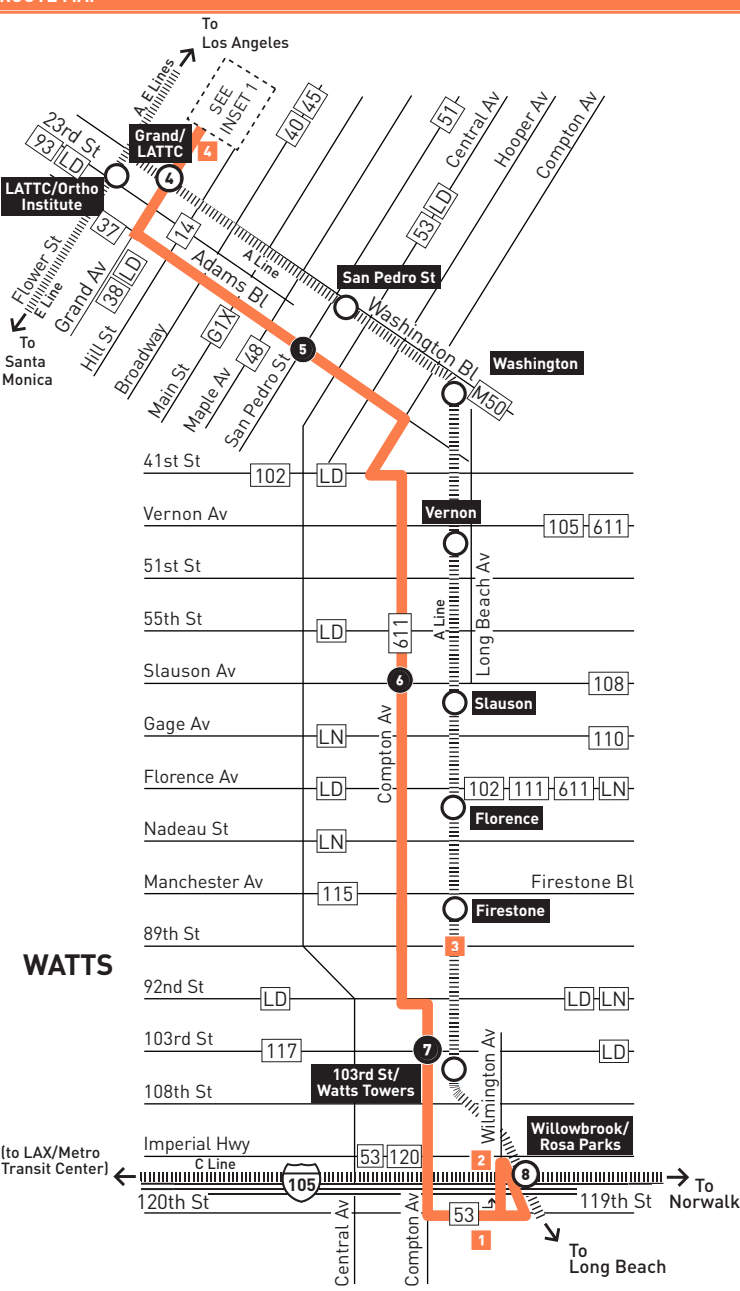
Southbound Al Sur (Approximate Times / Tiempos Aproximados)

WILLOWBROOK	WATTS	LOS ANGELES		DOWNTOWN LOS ANGELES		DOWNTOWN LOS ANGELES	LOS ANGELES	WATTS	WILLOWBROOK			
8	7	6	5	4	1	1	2	4	5	6	7	8
Willowbrook/ Rosa Parks Station	Compton & 103rd	Compton & Slauson	Adams & San Pedro	Grand & Washington	Sunset & Figueroa	Sunset & Figueroa	Spring & 7th	Grand & Washington	Adams & San Pedro	Compton & Slauson	Compton & 103rd	Willowbrook/ Rosa Parks Station
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5:31	5:39	5:54	6:09	6:16	6:35	6:03	6:13	6:22	6:29	6:44	6:58	7:08
5:45	5:53	6:08	6:24	6:31	6:51	6:21	6:31	6:40	6:47	7:02	7:17	7:27
5:59	6:07	6:22	6:38	6:46	7:06	6:36	6:46	6:55	7:02	7:18	7:34	7:46
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6:43	6:51	7:09	7:29	7:38	7:59	7:48	7:59	8:08	8:17	8:33	8:49	8:59
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7:19	7:28	7:43	7:56	8:02	8:20							
8:15	8:24	8:39	8:52	8:58	—							

See Late Night/Owl Service schedule for additional service

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ROUTE MAP



LEGEND

- Line 55 Route
- Local Stop Timepoint
- Local Stop Timepoint - Single Direction Only
- Local Stop
- Local Stop - Single Direction Only
- Metro Rail / Busway Station & Timepoint
- Metro Rail / Busway Station
- Transit Center
- Map Notes
- Connecting Line
- GA GTrans
- LD LADOT DASH
- LN County of Los Angeles - The Link
- M Montebello Bus Lines
- T Torrance Transit

INSET 1 - DOWNTOWN LOS ANGELES

- Metro Rail Station
- Metro Rail Station Entrance

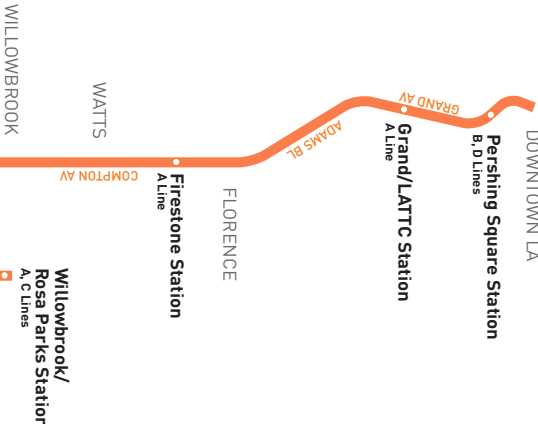
MAP NOTES

- Martin Luther King Jr. Community Hospital**  
Metro 53, 55, 120, 202, 205;  
DASH Watts
- Willowbrook/Rosa Parks Station**  
Metro A, C Lines; 53, 55,  
120, 202, 205;  
DASH Watts; The Link Willowbrook  
and King Medical Center Shuttle,  
Lynwood Breeze Route D; GA5;  
Rancho Shuttle
- Firestone Station**  
Metro A Line; 115;  
The Link Florence - Firestone/Walnut  
Park
- Grand/LATTC Station**  
Metro A, J Lines;  
Metro 14, 35, 37, 38, 55, 460, 93;  
T4X, DASH D,  
Pico Union/Echo Park, King-East

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- Wheelchair Hotline 800.621.7828
- Travel Info 511
- California Relay Service 711

Metro Local

Northbound to Downtown LA  
Southbound to Willowbrook/Rosa Parks Station  
via Compton Av

55

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5:37	5:45	5:59	6:13	6:19	6:36	6:00A	6:10	6:19	6:25	6:38	6:52	7:00
6:11	6:19	6:33	6:47	6:54	7:11	6:50	7:00	7:09	7:15	7:28	7:43	7:51
6:42	6:50	7:04	7:19	7:26	7:44	7:34	7:45	7:54	8:00	8:14	8:29	8:38
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Sunday & Holidays

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Southbound Al Sur (Approximate Times / Tiempos Aproximados)

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4:55A	5:03A	5:17A	5:29A	5:34A	5:53A	—	5:11A	5:18A	5:23A	5:34A	5:48A	5:55A
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1:58	2:06	2:25	2:41	2:48	3:09	2:35	2:47	2:57	3:04	3:18	3:36	3:45
2:18	2:26	2:45	3:01	3:08	3:29	2:55	3:07	3:17	3:24	3:38	3:56	4:05
2:39	2:47	3:06	3:21	3:28	3:49	3:15	3:27	3:37	3:44	3:58	4:16	4:25
2:59	3:07	3:26	3:41	3:48	4:09	3:35	3:47	3:57	4:04	4:18	4:36	4:45
3:18	3:26	3:45	4:00	4:07	4:28	3:56	4:08	4:18	4:25	4:39	4:57	5:06
3:38	3:46	4:05	4:20	4:27	4:48	4:17	4:29	4:39	4:46	5:00	5:18	5:27
3:59	4:07	4:25	4:40	4:47	5:08	4:38	4:50	5:00	5:07	5:21	5:39	5:48
4:19	4:27	4:45	5:00	5:07	5:28	4:58	5:10	5:20	5:27	5:41	5:58	6:07
4:39	4:47	5:05	5:20	5:27	5:48	5:18	5:30	5:40	5:47	6:01	6:18	6:27
4:59	5:07	5:25	5:40	5:47	6:08	5:38	5:50	6:00	6:07	6:21	6:38	6:47
5:19	5:27	5:45	6:00	6:06	6:27	5:58	6:10	6:20	6:27	6:41	6:57	7:06
5:40	5:48	6:06	6:20	6:26	6:47	6:20	6:32	6:42	6:49	7:03	7:18	7:27
6:01	6:09	6:26	6:40	6:46	7:07	6:55	7:06	7:15	7:22	7:36	7:51	8:00
6:22	6:30	6:46	7:00	7:05	7:24	7:29	7:40	7:49	7:55	8:07	8:22	8:30
6:56	7:04	7:19	7:32	7:37	7:56	8:09	8:19	8:28	8:33	8:45	9:00	9:07
7:31	7:39	7:54	8:06	8:11	8:27							
8:18	8:26	8:41	8:53	8:58	—							

See Late Night/Owl Service schedule for additional service

See Late Night/Owl Service schedule for additional service

Daily, Saturday & Sunday Late Night/Owl Service

Northbound Al Norte (Approximate Times / Tiempos Aproximados)

Southbound Al Sur (Approximate Times / Tiempos Aproximados)

WILLOWBROOK	WATTS	LOS ANGELES		DOWNTOWN LOS ANGELES		DOWNTOWN LOS ANGELES		LOS ANGELES		WATTS	WILLOWBROOK
8	7	6	5	4	3	2	4	5	6	7	8
Willowbrook/ Rosa Parks Station	Compton & 103rd	Compton & Slauson	Adams & San Pedro	Grand & Washington	Main & 7th (Spring & 7th)	Spring & 7th E	Grand & Washington	Adams & San Pedro	Compton & Slauson	Compton & 103rd	Willowbrook/ Rosa Parks Station
9:23P	9:30P	9:42P	9:53P	9:58P	10:06P	9:12P	9:20P	9:24P	9:36P	9:49P	9:56P
10:23	10:30	10:42	10:53	10:58	11:06	10:12	10:20	10:24	10:36	10:49	10:56
11:23	11:30	11:42	11:53	11:58	12:06A	11:12	11:20	11:24	11:36	11:49	11:56
12:23A	12:30A	12:42A	12:53A	12:58A	1:06	12:12A	12:20A	12:24A	12:36A	12:49A	12:56A
1:23	1:30	1:42	1:53	1:58	2:06	1:12	1:20	1:24	1:36	1:49	1:56
2:23	2:30	2:42	2:53	2:58	3:06	2:12	2:20	2:24	2:36	2:49	2:56
3:23	3:30	3:42	3:53	3:58	4:06	3:12	3:20	3:24	3:36	3:49	3:56
4:23	4:30	4:42	4:53	4:58	5:06	4:12	4:20	4:24	4:36	4:49	4:56