

Monday through Friday

Effective Dec 14 2025

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Eastbound (Approximate Times)

Westbound (Approximate Times)

DOWNTOWN LOS ANGELES						EL MONTE					
6						1					
Olive & Venice						El Monte Station					
5:07A	5:22A	5:29A	5:48A	5:59A	6:08A	5:57A	4:04A	4:14A	4:30A	4:37A	4:53A
5:33	5:48	5:55	6:16	6:28	6:37	4:36	4:46	4:56	5:12	5:19	5:37
5:53	6:09	6:16	6:37	6:49	6:58	5:04	5:15	5:26	5:44	5:52	6:12
6:07	6:24	6:31	6:52	7:05	7:15	5:22	5:34	5:45	6:04	6:12	6:33
6:22	6:39	6:46	7:08	7:22	7:32	5:41	5:53	6:04	6:25	6:34	6:56
6:35	6:52	6:59	7:23	7:37	7:48	5:58	6:10	6:22	6:43	6:52	7:14
6:49	7:06	7:15	7:40	7:54	8:05	6:12	6:25	6:37	6:58	7:08	7:30
7:02	7:20	7:29	7:54	8:09	8:21	6:27	6:40	6:52	7:14	7:24	7:46
7:17	7:35	7:44	8:09	8:24	8:36	6:41	6:54	7:07	7:29	7:39	8:01
7:32	7:50	7:59	8:24	8:39	8:51	6:55	7:09	7:22	7:44	7:54	8:16
7:47	8:05	8:14	8:39	8:54	9:06	7:10	7:24	7:37	7:59	8:09	8:31
8:02	8:21	8:30	8:55	9:11	9:23	7:24	7:39	7:52	8:14	8:24	8:46
8:17	8:36	8:45	9:11	9:28	9:40	7:38	7:53	8:07	8:29	8:39	9:01
8:32	8:51	9:00	9:25	9:43	9:56	7:52	8:07	8:21	8:43	8:53	9:15
8:47	9:06	9:15	9:40	9:58	10:11	8:08	8:23	8:37	8:59	9:09	9:31
9:02	9:21	9:30	9:55	10:13	10:26	8:22	8:37	8:52	9:14	9:24	9:46
9:17	9:36	9:45	10:10	10:28	10:41	8:37	8:52	9:07	9:29	9:39	10:01
9:31	9:51	10:00	10:25	10:43	10:56	8:51	9:06	9:22	9:44	9:54	10:16
9:46	10:06	10:15	10:41	10:59	11:12	9:06	9:21	9:37	9:59	10:09	10:31
10:01	10:21	10:30	10:56	11:15	11:28	9:20	9:35	9:52	10:14	10:24	10:46
10:16	10:36	10:45	11:11	11:30	11:43	9:35	9:50	10:07	10:29	10:38	11:00
10:31	10:51	11:00	11:26	11:45	11:58	9:50	10:05	10:22	10:44	10:53	11:16
10:45	11:05	11:15	11:41	11:59	12:13P	10:05	10:20	10:37	10:59	11:08	11:31
11:00	11:20	11:30	11:56	12:15P	12:28	10:20	10:35	10:52	11:14	11:23	11:46
11:15	11:35	11:45	12:11P	12:30	12:43	10:35	10:50	11:07	11:29	11:38	12:01P
11:30	11:50	11:59	12:26	12:45	12:58	10:50	11:05	11:22	11:44	11:53	12:16
11:45	12:05P	12:15P	12:41	1:00	1:13	11:05	11:20	11:37	11:59	12:08P	12:31
11:59	12:20	12:30	12:56	1:15	1:28	11:20	11:35	11:52	12:14P	12:23	12:46
12:15P	12:35	12:45	1:11	1:30	1:43	11:35	11:50	12:07P	12:29	12:38	1:01
12:29	12:50	1:00	1:26	1:45	1:58	11:49	12:04P	12:22	12:44	12:53	1:16
12:44	1:05	1:15	1:41	2:00	2:13	12:04P	12:19	12:37	12:59	1:08	1:31
12:59	1:20	1:30	1:56	2:15	2:29	12:19	12:34	12:52	1:14	1:23	1:46
1:15	1:36	1:45	2:11	2:30	2:44	12:34	12:49	1:07	1:29	1:38	2:01
1:28	1:49	1:58	2:26	2:45	2:59	12:49	1:04	1:22	1:44	1:53	2:16
1:43	2:04	2:13	2:41	3:00	3:14	1:04	1:19	1:37	1:59	2:08	2:31
1:58	2:19	2:28	2:56	3:15	3:29	1:19	1:34	1:52	2:14	2:23	2:46
2:13	2:34	2:43	3:11	3:30	3:44	1:34	1:49	2:07	2:29	2:38	3:01
2:28	2:49	2:58	3:26	3:45	3:59	1:49	2:04	2:22	2:44	2:53	3:16
2:43	3:04	3:13	3:41	4:00	4:14	2:04	2:19	2:37	2:59	3:08	3:31
2:57	3:19	3:28	3:56	4:14	4:28	2:19	2:34	2:52	3:14	3:23	3:46
3:12	3:34	3:43	4:11	4:29	4:43	2:34	2:49	3:07	3:29	3:38	4:01
3:27	3:49	3:58	4:26	4:44	4:58	2:47	3:02	3:20	3:42	3:51	4:14
3:42	4:04	4:13	4:41	4:59	5:13	3:02	3:17	3:35	3:57	4:06	4:29
3:57	4:19	4:28	4:56	5:14	5:28	3:19	3:34	3:52	4:15	4:24	4:47
4:13	4:35	4:43	5:11	5:29	5:42	3:34	3:49	4:07	4:30	4:39	5:02
4:28	4:50	4:58	5:26	5:44	5:57	3:47	4:02	4:20	4:43	4:52	5:15
4:43	5:05	5:13	5:40	5:58	6:11	4:02	4:17	4:35	4:58	5:07	5:30
4:58	5:20	5:28	5:55	6:12	6:25	4:19	4:34	4:52	5:14	5:23	5:46
5:13	5:35	5:43	6:10	6:27	6:38	4:34	4:49	5:07	5:29	5:38	6:01
5:34	5:56	6:04	6:30	6:46	6:57	4:50	5:05	5:22	5:44	5:53	6:16
5:54	6:16	6:24	6:49	7:05	7:16	5:05	5:20	5:37	5:59	6:08	6:31
6:21	6:42	6:50	7:14	7:29	7:39	5:20	5:35	5:52	6:13	6:22	6:45
6:55	7:16	7:24	7:47	8:02	8:12	5:43	5:58	6:13	6:34	6:43	7:06
7:30	7:50	7:58	8:20	8:34	8:44	6:07	6:22	6:37	6:58	7:06	7:29
8:10	8:28	8:35	8:57	9:10	9:19	6:37	6:52	7:07	7:28	7:36	7:59
9:06	9:23	9:30	9:50	10:02	10:11	7:13	7:27	7:42	8:02	8:10	8:33
10:06	10:23	10:30	10:49	11:00	11:08	7:54	8:07	8:21	8:40	8:48	9:11
11:06	11:23	11:30	11:48	11:59	12:07A	8:40	8:52	9:05	9:22	9:29	9:52
12:06A	12:23A	12:30A	12:48A	12:59A	1:07	9:36	9:47	9:59	10:14	10:21	10:44
1:06	1:23	1:30	1:48	1:59	2:06	10:33	10:44	10:55	11:10	11:17	11:40
2:06	2:23	2:30	2:48	2:59	3:06	11:37	11:46	11:55	12:10A	12:17A	12:40A
3:06	3:23	3:30	3:48	3:59	4:07	12:38A	12:46A	12:55A	1:10	1:17	1:40
4:06	4:23	4:30	4:48	4:59	5:07	1:38	1:46	1:55	2:10	2:17	2:40
						2:38	2:45	2:54	3:09	3:16	3:39
						3:39	3:45	3:54	4:09	4:16	4:39

Saturday

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Eastbound (Approximate Times)

Westbound (Approximate Times)

DOWNTOWN LOS ANGELES						EL MONTE					
6						1					
Olive & Venice						El Monte Station					
5:07A	5:22A	5:29A	5:47A	5:57A	6:06A	5:57A	4:04A	4:14A	4:30A	4:37A	4:53A
5:56	6:11	6:18	6:37	6:49	6:58	4:45	4:53	5:03	5:19	5:26	5:43
6:23	6:39	6:46	7:06	7:18	7:28	5:33	5:43	5:54	6:11	6:18	6:37
6:45	7:01	7:09	7:29	7:42	7:53	6:20	6:31	6:43	7:01	7:09	7:29
7:04	7:20	7:28	7:50	8:03	8:15	6:57	7:10	7:22	7:42	7:50	8:10
7:24	7:40	7:48	8:10	8:25	8:37	7:29	7:42	7:55	8:15	8:23	8:44
7:43	7:59	8:07	8:30	8:46	8:58	7:50	8:03	8:16	8:36	8:44	9:05
8:02	8:19	8:27	8:51	9:07	9:19	8:12	8:25	8:38	8:58	9:06	9:28
8:23	8:41	8:49	9:13	9:30	9:42	8:32	8:46	8:59	9:20	9:28	9:50
8:45	9:03	9:11	9:35	9:53	10:05	8:49	9:04	9:19	9:40	9:48	10:10
9:05	9:23	9:31	9:55	10:13	10:25	9:09	9:24	9:39	10:00	10:08	10:30
9:25	9:43	9:51	10:15	10:33	10:47	9:30	9:45	10:00	10:22	10:30	10:52
9:45	10:03	10:11	10:35	10:53	11:07	9:50	10:05	10:22	10:44	10:52	11:15
10:04	10:23	10:31	10:55	11:14	11:28	10:10	10:25	10:42	11:04	11:12	11:35
10:24	10:43	10:51	11:15	11:34	11:48	10:30	10:45	11:02	11:24	11:32	11:55
10:43	11:02	11:10	11:35	11:54	12:08P	10:50	11:05	11:22	11:44	11:52	12:15P
11:01	11:22	11:30	11:55	12:14P	12:28	11:10	11:25	11:42	12:04P	12:12P	12:35
11:21	11:42	11:50	12:15P	12:34	12:48	11:30	11:45	12:02P	12:24	12:32	12:55
11:41	12:02P	12:10P	12:35	12:54	1:08	11:50	12:05P	12:22	12:44	12:52	1:15
12:01P	12:22	12:30	12:55	1:14	1:28	12:09P	12:24	12:42	1:04	1:12	1:35
12:21	12:42	12:50	1:15	1:34	1:48	12:29	12:44	1:02	1:24	1:32	1:55
12:41	1:02	1:10	1:35	1:54	2:08	12:49	1:04	1:22	1:44	1:52	2:15
1:01	1:22	1:30	1:55	2:14	2:28	1:09	1:24	1:42	2:04	2:12	2:35
1:21	1:42	1:50	2:15	2:34	2:48	1:29	1:44	2:02	2:24	2:32	2:55
1:41	2:02	2:10	2:35	2:54	3:08	1:49	2:04	2:22	2:44	2:52	3:15
2:01	2:22	2:30	2:55	3:14	3:28	2:09	2:24	2:42	3:04	3:12	3:35
2:21	2:42	2:50	3:15	3:34	3:47	2:29	2:44	3:02	3:24	3:32	3:55
2:41	3:02	3:10	3:35	3:54	4:07	2:50	3:05	3:22	3:44	3:52	4:15
3:01	3:22	3:30	3:55	4:14	4:27	3:10	3:25	3:42	4:04	4:12	4:35
3:21	3:42	3:50	4:15	4:34	4:47	3:30	3:45	4:02	4:24	4:32	4:55
3:41	4:02	4:10	4:35	4:54	5:07	3:50	4:05	4:22	4:44	4:52	5:15
4:04	4:24	4:32	4:57	5:15	5:28	4:09	4:24	4:41	5:03	5:11	5:34
4:28	4:48	4:56	5:20	5:38	5:51	4:34	4:49	5:06	5:28	5:36	5:5

Eastbound (Approximate Times)

DOWNTOWN LOS ANGELES	LINCOLN HEIGHTS	ALHAMBRA	ROSEMEAD	EL MONTE	
6	5	4	3	2	1
Olive & Venice	Alameda & Cesar E. Chavez	Main & Griffin	Valley & Garfield	Valley & Rosemead	El Monte Station
5:09A	5:22A	5:29A	5:47A	5:57A	6:07A
5:58	6:11	6:18	6:37	6:49	6:59
6:24	6:38	6:46	7:06	7:19	7:29
6:46	7:01	7:09	7:29	7:42	7:53
7:05	7:20	7:28	7:50	8:03	8:15
7:24	7:40	7:48	8:10	8:25	8:37
7:43	7:59	8:07	8:30	8:46	8:58
8:03	8:19	8:27	8:50	9:06	9:18
8:24	8:41	8:49	9:12	9:29	9:41
8:46	9:03	9:11	9:34	9:51	10:03
9:06	9:23	9:31	9:55	10:13	10:25
9:26	9:43	9:51	10:15	10:33	10:47
9:46	10:03	10:11	10:35	10:53	11:07
10:06	10:23	10:31	10:55	11:14	11:28
10:25	10:43	10:51	11:15	11:34	11:48
10:44	11:03	11:11	11:35	11:54	12:08P
11:04	11:23	11:31	11:55	12:14P	12:28
11:24	11:43	11:51	12:15P	12:34	12:48
11:44	12:03P	12:11P	12:35	12:54	1:08
12:04P	12:23	12:31	12:55	1:14	1:28
12:24	12:43	12:51	1:15	1:34	1:48
12:44	1:03	1:11	1:35	1:54	2:08
1:04	1:23	1:31	1:55	2:14	2:28
1:24	1:43	1:51	2:15	2:34	2:48
1:43	2:02	2:10	2:35	2:54	3:08
2:03	2:22	2:30	2:55	3:14	3:28
2:23	2:42	2:50	3:15	3:34	3:47
2:43	3:02	3:10	3:35	3:54	4:07
3:03	3:22	3:30	3:55	4:13	4:26
3:23	3:42	3:50	4:15	4:33	4:46
3:43	4:02	4:10	4:35	4:53	5:06
4:04	4:22	4:30	4:55	5:13	5:26
4:26	4:44	4:52	5:17	5:35	5:48
4:51	5:09	5:17	5:42	6:00	6:11
5:16	5:34	5:42	6:07	6:23	6:34
5:45	6:03	6:11	6:35	6:51	7:02
6:15	6:33	6:41	7:04	7:19	7:30
6:50	7:08	7:16	7:38	7:53	8:04
7:26	7:43	7:51	8:13	8:28	8:39
8:11	8:28	8:35	8:57	9:10	9:19
C9:06	9:23	9:30	9:50	10:02	10:11
C10:06	10:23	10:30	10:49	11:00	11:08
C11:06	11:23	11:30	11:48	11:59	12:07A
C12:06A	12:23A	12:30A	12:48A	12:59A	1:07
C1:06	1:23	1:30	1:48	1:59	D2:06
C2:06	2:23	2:30	2:48	2:59	D3:06
C3:06	3:23	3:30	3:48	3:59	4:07
C4:06	4:23	4:30	4:48	4:59	5:07

Westbound (Approximate Times)

EL MONTE	ROSEMEAD	ALHAMBRA	LINCOLN HEIGHTS	DOWNTOWN LOS ANGELES	
1	2	3	4	5	7
El Monte Station	Valley & Rosemead	Valley & Garfield	Main & Griffin	Alameda & Cesar E. Chavez	18th & Olive
E3:57A	4:04A	4:14A	4:30A	4:37A	4:53A
4:45	4:53	5:03	5:19	5:26	5:43
5:33	5:43	5:54	6:11	6:18	6:35
6:22	6:33	6:44	7:01	7:08	7:26
6:58	7:11	7:22	7:42	7:49	8:08
7:30	7:43	7:56	8:16	8:23	8:42
7:52	8:05	8:18	8:38	8:45	9:04
8:13	8:26	8:40	9:00	9:08	9:27
8:33	8:48	9:02	9:23	9:31	9:50
8:52	9:07	9:22	9:43	9:51	10:10
9:12	9:27	9:42	10:03	10:11	10:30
9:32	9:47	10:02	10:23	10:31	10:51
9:52	10:07	10:22	10:43	10:51	11:11
10:11	10:26	10:42	11:03	11:11	11:31
10:31	10:45	11:02	11:23	11:31	11:51
10:51	11:05	11:22	11:43	11:51	12:11P
11:11	11:25	11:42	12:03P	12:11P	12:31
11:31	11:45	12:02P	12:23	12:31	12:51
11:51	12:05P	12:22	12:43	12:51	1:11
12:11P	12:25	12:42	1:03	1:11	1:31
12:31	12:45	1:02	1:23	1:31	1:51
12:51	1:05	1:22	1:43	1:51	2:11
1:11	1:25	1:42	2:03	2:11	2:31
1:31	1:45	2:02	2:23	2:31	2:51
1:51	2:05	2:22	2:43	2:51	3:11
2:11	2:25	2:42	3:03	3:11	3:31
2:31	2:45	3:02	3:23	3:31	B3:48
2:51	3:05	3:22	3:43	3:51	4:11
3:11	3:25	3:42	4:03	4:11	4:31
3:30	3:44	4:01	4:22	4:30	4:49
3:51	4:05	4:22	4:43	4:51	B5:07
4:10	4:24	4:42	5:03	5:11	5:30
4:34	4:48	5:06	5:27	5:35	5:54
4:59	5:13	5:31	5:52	6:00	6:19
5:24	5:38	5:56	6:17	6:25	B6:41
5:51	6:05	6:23	6:44	6:52	7:11
6:20	6:34	6:51	7:11	7:19	B7:35
6:50	7:04	7:20	7:40	7:48	B8:04
7:21	7:33	7:49	8:09	8:17	8:36
7:53	8:05	8:20	8:39	8:47	B9:03
8:39	8:51	9:05	9:22	9:29	9:48
9:36	9:47	9:59	10:14	10:21	10:40
10:33	10:44	10:55	11:10	11:17	11:35
11:37	11:46	11:55	12:10A	12:17A	12:35A
12:38A	12:46A	12:55A	1:10	1:17	1:35
1:38	1:46	1:55	2:10	2:17	2:35
B2:38	2:45	2:54	3:09	3:16	3:34
B3:39	3:45	3:54	4:09	4:16	B4:31

Sunday & Holiday Schedules

Saturday, Sunday & Holiday schedule in effect on New Year’s Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day.

Horarios de domingo y días feriados

Horarios de domingo y días feriados en efecto para año nuevo, día conmemorativo, cuatro de julio, día del trabajo, día de acción de gracias, y Navidad.

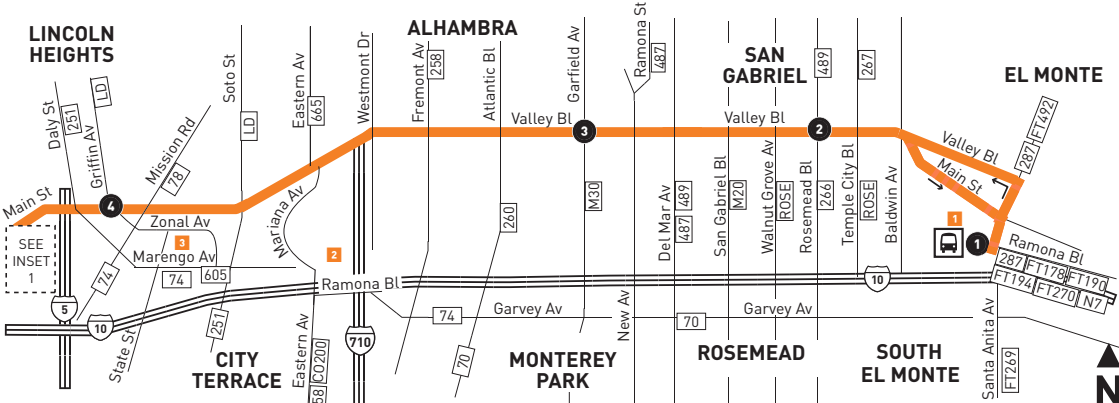
Special Notes

- B** Trip ends at Grand & Venice at time shown.
- C** Trip waits at Olive St & 7th St with other lines for connecting passengers
- D** Trip ends at El Monte Station Upper Terminal Bay 19
- E** Trip starts at El Monte Station Upper Terminal Bay 19

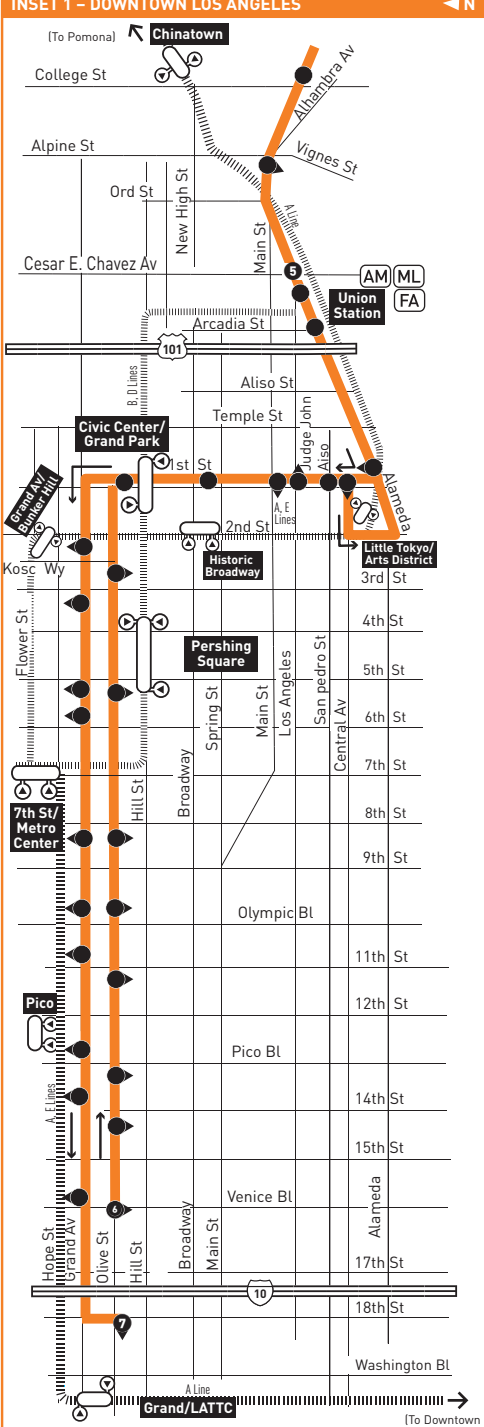
Avisos especiales

- B** Viaje termina en Grand y Venice a la hora mostrada.
- C** Viaje espera en Olive St y 7th St para las conexiones de transferencia
- D** Viaje termina en El Monte Station Upper Terminal Bay 19
- E** Viaje comienza en El Monte Station Upper Terminal Bay 19

ROUTE MAP



INSET 1 – DOWNTOWN LOS ANGELES



MAP NOTES

- 1** El Monte Station
Upper Level: J Line; FT 486, 488, 492, Silver Streak;
Greyhound; Hollywood Bowl Shuttle;
Lower Level: Metro 70, 76, 267, 268, 287, 577; FT 178, 190, 194, 269, 270, 282; N7
- 2** Cal State LA
- 3** LA General Medical Center

LEGEND

- Line 76 Route
- Metro Rail
- Local Stop Timepoint
- Local Stop Timepoint - Single Direction Only
- Local Stop
- Local Stop - Single Direction Only
- Transit Center
- Map Notes
- Connecting Line
- Amtrak
- Metrolink
- FlyAway
- Commerce Municipal Bus
- Foothill Transit
- LADOT DASH
- Montebello Bus Lines
- Norwalk Transit
- Rosemead Explorer

INSET 1 - DOWNTOWN LOS ANGELES

- Metro Rail Station
- Metro Rail Station Entrance