

Monday through Friday												45											
Effective Dec 14 2025																							
Northbound <i>Al Norte</i> (Approximate Times / <i>Tiempos Aproximados</i>)						Southbound <i>Al Sur</i> (Approximate Times / <i>Tiempos Aproximados</i>)																	
SOUTH LOS ANGELES			DOWNTOWN LOS ANGELES		LINCOLN HEIGHTS	LINCOLN HEIGHTS			DOWNTOWN LOS ANGELES		SOUTH LOS ANGELES												
7			4		2	1			3			4	5		6		7						
Harbor Fwy Station			Broadway & Century		Broadway & Florence	Broadway & Washington		Broadway & Cesar E. Chavez		Broadway & Thomas		Broadway & Thomas			Spring & Cesar E. Chavez		Broadway & Washington		Broadway & Florence		Broadway & Century		Harbor Fwy Station
4:25A	4:31A	4:40A	4:58A	5:13A	5:30A	4:34A	4:46A	5:00A	5:18A	5:26A	5:33A												
4:44	4:50	4:59	5:18	5:33	5:50	4:54	5:06	5:20	5:38	5:46	5:53												
5:02	5:09	5:18	5:38	5:53	6:10	5:13	5:25	5:40	5:58	6:07	6:14												
5:20	5:27	5:36	5:56	6:12	6:29	5:33	5:45	6:00	6:18	6:27	6:34												
5:36	5:43	5:53	6:14	6:30	6:48	5:45	5:57	6:12	6:31	6:40	6:47												
5:47	5:54	6:04	6:26	6:43	7:01	5:57	6:09	6:24	6:44	6:53	7:00												
5:59	6:06	6:16	6:38	6:55	7:13	6:09	6:21	6:36	6:56	7:05	7:12												
6:07	6:14	6:24	6:47	7:04	7:22	6:20	6:32	6:48	7:08	7:17	7:24												
6:14	6:21	6:31	6:55	7:12	7:30	6:31	6:44	7:00	7:20	7:29	7:36												
6:20	6:27	6:37	7:01	7:18	7:37	6:43	6:56	7:13	7:33	7:43	7:50												
6:25	6:32	6:42	7:07	7:24	7:43	6:54	7:07	7:24	7:44	7:54	8:01												
6:31	6:38	6:48	7:13	7:30	7:51	7:05	7:19	7:36	7:57	8:07	8:14												
6:36	6:43	6:53	7:19	7:36	7:57	7:17	7:31	7:48	8:09	8:19	8:26												
6:41	6:48	6:58	7:25	7:42	8:03	7:28	7:43	8:00	8:21	8:31	8:38												
6:46	6:53	7:03	7:30	7:47	8:08	7:37	7:53	8:10	8:31	8:40	8:47												
6:50	6:57	7:08	7:35	7:52	8:13	7:46	8:03	8:20	8:41	8:50	8:57												
6:53	7:01	7:12	7:40	7:57	8:18	7:55	8:13	8:30	8:50	8:59	9:06												
6:58	7:06	7:17	7:45	8:02	8:23	8:05	8:23	8:40	9:00	9:09	9:16												
7:03	7:11	7:22	7:50	8:07	8:28	8:15	8:33	8:50	9:10	9:19	9:26												
7:08	7:16	7:27	7:55	8:12	8:33	8:25	8:43	9:00	9:20	9:29	9:36												
7:14	7:22	7:33	8:01	8:18	8:39	8:35	8:52	9:10	9:30	9:39	9:46												
7:20	7:28	7:39	8:07	8:24	8:45	8:44	9:01	9:20	9:40	9:49	9:56												
7:28	7:36	7:47	8:15	8:32	8:53	8:55	9:11	9:30	9:50	9:59	10:06												
7:34	7:42	7:53	8:20	8:37	8:58	9:05	9:21	9:40	10:00	10:10	10:17												
7:41	7:49	8:00	8:27	8:44	9:05	9:14	9:30	9:50	10:11	10:21	10:28												
7:52	8:00	8:11	8:37	8:54	9:15	9:24	9:40	10:00	10:21	10:31	10:38												
8:02	8:10	8:21	8:47	9:04	9:25	9:35	9:50	10:10	10:31	10:42	10:49												
8:13	8:21	8:32	8:57	9:15	9:36	9:44	9:59	10:20	10:41	10:52	10:59												
8:24	8:32	8:43	9:07	9:25	9:46	9:54	10:09	10:30	10:51	11:02	11:09												
8:36	8:43	8:54	9:17	9:35	9:56	10:04	10:19	10:40	11:01	11:12	11:19												
8:46	8:53	9:04	9:27	9:45	10:06	10:14	10:29	10:50	11:11	11:22	11:29												
8:56	9:03	9:14	9:37	9:55	10:16	10:24	10:39	11:00	11:21	11:32	11:39												
9:06	9:13	9:24	9:47	10:05	10:26	10:34	10:49	11:10	11:31	11:42	11:49												
9:16	9:23	9:34	9:57	10:15	10:36	10:44	10:59	11:20	11:41	11:52	11:59												
9:26	9:33	9:44	10:07	10:25	10:46	10:54	11:09	11:30	11:52	12:03P	12:10P												
9:36	9:43	9:54	10:17	10:35	10:56	11:04	11:19	11:40	12:02P	12:13	12:20												
9:46	9:53	10:04	10:27	10:46	11:07	11:14	11:29	11:50	12:13	12:24	12:31												
9:56	10:03	10:14	10:37	10:56	11:17	11:24	11:39	11:59	12:23	12:34	12:41												
10:06	10:13	10:24	10:47	11:06	11:27	11:34	11:49	12:10P	12:33	12:44	12:51												
10:16	10:23	10:34	10:57	11:16	11:37	11:44	11:59	12:20	12:43	12:54	1:01												
10:26	10:33	10:44	11:07	11:26	11:47	11:54	12:09P	12:30	12:53	1:04	1:11												
10:36	10:43	10:54	11:17	11:36	11:57	12:04P	12:19	12:40	1:03	1:14	1:21												
10:46	10:53	11:04	11:27	11:46	12:07P	12:10	12:22	—	—	—	—												
10:56	11:03	11:14	11:37	11:56	12:17	12:14	12:29	12:50	1:13	1:24	1:31												
11:06	11:13	11:24	11:47	12:06P	12:27	12:24	12:39	1:00	1:23	1:34	1:41												
11:16	11:23	11:34	11:57	12:16	12:37	12:34	12:49	1:10	1:33	1:44	1:51												
11:26	11:33	11:44	12:07P	12:26	12:47	12:44	12:59	1:20	1:43	1:54	2:01												
11:36	11:43	11:54	12:17	12:36	12:57	12:54	1:09	1:30	1:53	2:04	2:11												
11:46	11:53	12:04P	12:27	12:46	1:07	1:04	1:19	1:40	2:03	2:14	2:21												
11:56	12:03P	12:14	12:37	12:56	1:17	1:14	1:29	1:50	2:13	2:24	2:31												
12:06P	12:13	12:24	12:47	1:06	1:27	1:24	1:39	2:00	2:24	2:35	2:42												
12:16	12:23	12:34	12:57	1:16	1:37	1:25	1:40	—	—	—	—												
12:26	12:33	12:44	1:07	1:26	1:47	1:34	1:49	2:10	2:34	2:45	2:52												
12:35	12:42	12:53	1:16	1:35	1:56	1:43	1:58	2:20	2:45	2:56	3:03												
12:44	12:51	1:02	1:25	1:44	2:05	1:53	2:08	2:30	2:55	3:06	3:13												
12:53	1:00	1:11	1:34	1:53	2:14	2:02	2:18	2:40	3:05	3:16	3:23												
1:02	1:09	1:20	1:43	2:02	2:23	2:12	2:28	2:50	3:15	3:26	3:33												
1:11	1:18	1:29	1:52	2:11	2:32	2:22	2:38	3:00	3:26	3:37	3:44												
1:21	1:28	1:39	2:02	2:21	2:42	2:32	2:48	3:10	3:36	3:47	3:54												
1:29	1:37	1:48	2:12	2:31	2:52	2:32	2:48	—	—	—	—												
1:39	1:47	1:58	2:22	2:41	3:02	2:41	2:57	3:19	3:46	3:57	4:04												
1:49	1:57	2:08	2:32	2:51																			

Sunday and Holidays

Effective Dec 14 2025

45

Northbound Al Norte (Approximate Times / Tiempos Aproximados)

Southbound Al Sur (Approximate Times / Tiempos Aproximados)

SOUTH LOS ANGELES			DOWNTOWN LOS ANGELES			LINCOLN HEIGHTS	LINCOLN HEIGHTS	DOWNTOWN LOS ANGELES			SOUTH LOS ANGELES		
7			6			5	4	3			2		
6			5			4	3	2			1		
5			4			3	2	1			0		
4			3			2	1	0			-1		
3			2			1	0	-1			-2		
2			1			0	-1	-2			-3		
1			0			-1	-2	-3			-4		
0			-1			-2	-3	-4			-5		
-1			-2			-3	-4	-5			-6		
-2			-3			-4	-5	-6			-7		
-3			-4			-5	-6	-7			-8		
-4			-5			-6	-7	-8			-9		
-5			-6			-7	-8	-9			-10		
-6			-7			-8	-9	-10			-11		
-7			-8			-9	-10	-11			-12		
-8			-9			-10	-11	-12			-13		
-9			-10			-11	-12	-13			-14		
-10			-11			-12	-13	-14			-15		
-11			-12			-13	-14	-15			-16		
-12			-13			-14	-15	-16			-17		
-13			-14			-15	-16	-17			-18		
-14			-15			-16	-17	-18			-19		
-15			-16			-17	-18	-19			-20		
-16			-17			-18	-19	-20			-21		
-17			-18			-19	-20	-21			-22		
-18			-19			-20	-21	-22			-23		
-19			-20			-21	-22	-23			-24		
-20			-21			-22	-23	-24			-25		
-21			-22			-23	-24	-25			-26		
-22			-23			-24	-25	-26			-27		
-23			-24			-25	-26	-27			-28		
-24			-25			-26	-27	-28			-29		
-25			-26			-27	-28	-29			-30		
-26			-27			-28	-29	-30			-31		
-27			-28			-29	-30	-31			-32		
-28			-29			-30	-31	-32			-33		
-29			-30			-31	-32	-33			-34		
-30			-31			-32	-33	-34			-35		
-31			-32			-33	-34	-35			-36		
-32			-33			-34	-35	-36			-37		
-33			-34			-35	-36	-37			-38		
-34			-35			-36	-37	-38			-39		
-35			-36			-37	-38	-39			-40		
-36			-37			-38	-39	-40			-41		
-37			-38			-39	-40	-41			-42		
-38			-39			-40	-41	-42			-43		
-39			-40			-41	-42	-43			-44		
-40			-41			-42	-43	-44			-45		
-41			-42			-43	-44	-45			-46		
-42			-43			-44	-45	-46			-47		
-43			-44			-45	-46	-47			-48		
-44			-45			-46	-47	-48			-49		
-45			-46			-47	-48	-49			-50		
-46			-47			-48	-49	-50			-51		
-47			-48			-49	-50	-51			-52		
-48			-49			-50	-51	-52			-53		
-49			-50			-51	-52	-53			-54		
-50			-51			-52	-53	-54			-55		
-51			-52			-53	-54	-55			-56		
-52			-53			-54	-55	-56			-57		
-53			-54			-55	-56	-57			-58		
-54			-55			-56	-57	-58			-59		
-55			-56			-57	-58	-59			-60		
-56			-57			-58	-59	-60			-61		
-57			-58			-59	-60	-61			-62		
-58			-59			-60	-61	-62			-63		
-59			-60			-61	-62	-63			-64		
-60			-61			-62	-63	-64			-65		
-61			-62			-63	-64	-65			-66		
-62			-63			-64	-65	-66			-67		
-63			-64			-65	-66	-67			-68		
-64			-65			-66	-67	-68			-69		
-65			-66			-67	-68	-69			-70		
-66			-67			-68	-69	-70			-71		
-67			-68			-69	-70	-71			-72		
-68			-69			-70	-71	-72			-73		
-69			-70			-71	-72	-73			-74		
-70			-71			-72	-73	-74			-75		
-71			-72			-73	-74	-75			-76		
-72			-73			-74	-75	-76			-77		
-73			-74			-75	-76	-77			-78		
-74			-75			-76	-77	-78			-79		
-75			-76			-77	-78	-79			-80		
-76			-77			-78	-79	-80			-81		
-77			-78			-79	-80	-81			-82		
-78			-79			-80	-81	-82			-83		
-79			-80			-81	-82	-83			-84		
-80			-81			-82	-83	-84			-85		
-81			-82			-83	-84	-85			-86		
-82			-83			-84	-85	-86			-87		
-83			-84			-85	-86	-87			-88		
-84			-85			-86	-87	-88			-89		
-85			-86			-87	-88	-89			-90		
-86			-87			-88	-89	-90			-91		
-87			-88			-89	-90	-91			-92		
-88			-89			-90	-91	-92			-93		
-89			-90			-91	-92	-93			-94		
-90			-91			-92	-93	-94			-95		
-91			-92			-93	-94	-95			-96		
-92			-93			-94	-95	-96			-97		
-93			-94			-95	-96	-97			-98		
-94			-95			-96	-97	-98			-99		
-95			-96			-97	-98	-99			-100		
-96			-97			-98	-99	-100			-101		
-97			-98			-99	-100	-101			-102		
-98			-99			-100	-101	-102			-103		
-99			-100			-101	-102	-103			-104		
-100			-101			-102	-103	-104			-105		
-101			-102			-103	-104	-105			-106		
-102			-103			-104	-105	-106			-107		
-103			-104			-105	-106	-107			-108		
-104			-105			-106	-107	-108			-109		
-105			-106			-107	-108	-109			-110		
-106			-107			-108	-109	-110			-111		
-107			-108			-109	-110	-111			-112		
-108			-109			-110	-111	-112			-113		
-109			-110			-111	-112	-113			-114		
-110			-111			-112	-113	-114			-115		
-111			-112			-113	-114	-115			-116		
-112			-113			-114	-115	-116			-117		
-113			-114			-115	-116	-117			-118		
-114			-115			-116	-117	-118			-119		
-115			-116			-117	-118	-119			-120		
-116			-117			-118	-119	-120			-121		
-117			-118			-119	-120	-121			-122		
-118			-119			-120	-121	-122			-123		
-119			-120			-121	-122	-123			-124		
-120			-121			-122	-123	-124			-125		
-121			-122			-123	-124	-125			-126		
-122			-123			-124	-125	-126			-127		
-123			-124			-125	-126	-127			-128		
-124			-125			-126	-127	-128			-129		
-125			-126			-127	-128	-129			-130		
-126			-127			-128	-129	-130			-131		
-127			-128			-129	-130	-131			-132		
-128			-129			-130	-131	-132			-133		
-129			-130			-131	-132	-133			-134		
-130			-131			-132	-133	-134			-135		
-131			-132			-133	-134	-135			-136		
-132			-133			-134	-135	-136			-137		
-133			-134			-135	-136	-137			-138		
-134			-135			-136	-137	-138			-139		
-135			-136			-137	-138	-139			-140		
-136			-137			-138	-139	-140			-141		
-137			-138			-139	-140	-141			-142		
-138			-139			-140	-141	-142			-143		
-139			-140			-141	-142	-143			-144		
-140			-141			-142	-143	-144			-145		
-141			-142			-143	-144	-145			-146		
-142			-143			-144	-145	-146			-147		
-143			-144			-145	-146	-147			-148		
-144			-145			-146	-147	-148			-149		
-145			-146			-147	-148	-149			-150		
-146			-147			-148	-149	-150			-151		
-147			-148			-149	-150	-151			-152		
-148			-149			-150	-151	-152			-153		
-149			-150			-151	-152	-153			-154		
-150			-151			-152	-153	-154			-155		
-151			-152			-153	-154	-155			-156		
-152			-153			-154	-155	-156			-157		
-153			-154			-155	-156	-157			-158		
-154			-155			-156	-157	-158			-159		
-155			-156			-157	-158	-159			-160		
-156			-157			-158	-159	-160			-161		
-157			-158			-159	-160	-161			-162		
-158			-159			-160	-161	-162			-163		
-159			-160			-161	-162	-163			-164		
-160			-161			-162	-163	-164			-165		
-161			-162			-163	-164	-165			-166		
-162			-163			-164	-165	-166			-167		
-163			-164			-165	-166	-167			-168		
-164			-165			-166							