

Monday through Friday

Effective Dec 14 2025

690

Eastbound Al Este (Approximate Times / Tiempos Aproximados)

SYLMAR	PACOIMA	TUJUNGA	
1	2	3	4
Olive View Medical Center	Foothill & Van Nuys	Foothill & Sunland	Summitrose & Tinker
5:32A	5:50A	6:02A	6:08A
6:02	6:20	6:32	6:38
6:32	6:50	7:02	7:08
7:01	7:20	7:33	7:39
7:31	7:50	8:03	8:09
8:01	8:20	8:33	8:39
8:31	8:50	9:03	9:09
9:01	9:20	9:33	9:39
9:31	9:50	10:03	10:09
10:01	10:20	10:33	10:39
10:31	10:50	11:03	11:09
11:01	11:20	11:33	11:39
11:31	11:50	12:03P	12:09P
12:01P	12:20P	12:33	12:39
12:31	12:50	1:03	1:09
1:01	1:20	1:33	1:39
1:31	1:50	2:03	2:09
2:01	2:20	2:33	2:39
2:31	2:50	3:03	3:09
3:01	3:20	3:34	3:40
3:32	3:51	4:05	4:11
4:02	4:21	4:35	4:41
4:32	4:51	5:05	5:11
5:02	5:21	5:35	5:41
5:32	5:51	6:05	6:11
6:01	6:20	6:33	6:39
6:31	6:50	7:03	7:09
7:01	7:20	7:33	7:39
7:31	7:50	8:03	8:09
8:02	8:20	8:32	8:38
8:39	8:57	9:08	9:14
9:20	9:37	9:48	9:54
10:20	10:37	10:48	10:54

Westbound Al Oeste (Approximate Times / Tiempos Aproximados)

TUJUNGA	PACOIMA	SYLMAR	
4	3	2	1
Summitrose & Tinker	Foothill & Sunland	Foothill & Van Nuys	Olive View Medical Center
5:23A	5:28A	5:38A	5:56A
5:53	5:58	6:08	6:26
6:22	6:27	6:38	6:57
6:50	6:56	7:08	7:28
7:20	7:26	7:38	7:58
7:50	7:56	8:08	8:28
8:20	8:26	8:38	8:58
8:50	8:56	9:08	9:28
9:20	9:26	9:38	9:58
9:50	9:56	10:08	10:28
10:20	10:26	10:38	10:58
10:50	10:56	11:08	11:28
11:20	11:26	11:38	11:58
11:50	11:56	12:08P	12:28P
12:20P	12:26P	12:38	12:58
12:50	12:56	1:08	1:28
1:20	1:26	1:38	1:58
1:50	1:56	2:08	2:28
2:20	2:26	2:38	2:58
2:50	2:56	3:08	3:29
3:20	3:26	3:38	3:59
3:50	3:56	4:08	4:29
4:20	4:26	4:38	4:59
4:50	4:56	5:08	5:29
5:20	5:26	5:38	5:58
5:50	5:56	6:08	6:28
6:20	6:26	6:38	6:58
6:50	6:56	7:08	7:28
7:20	7:26	7:38	7:58
7:51	7:57	8:08	8:27
8:21	8:27	8:38	8:57
8:52	8:58	9:08	9:26
9:20	9:26	9:36	9:54
10:20	10:26	10:36	10:54

Saturday, Sunday & Holidays

690

Eastbound Al Este (Approximate Times / Tiempos Aproximados)

SYLMAR	PACOIMA	TUJUNGA	
1	2	3	4
Olive View Medical Center	Foothill & Van Nuys	Foothill & Sunland	Summitrose & Tinker
5:59A	6:17A	6:29A	6:35A
6:39	6:57	7:10	7:16
7:18	7:37	7:50	7:56
7:58	8:17	8:30	8:36
8:38	8:57	9:10	9:16
9:18	9:37	9:50	9:56
9:58	10:17	10:30	10:36
10:38	10:57	11:10	11:16
11:18	11:37	11:50	11:56
11:58	12:17P	12:30P	12:36P
12:38P	12:57	1:10	1:16
1:18	1:37	1:50	1:56
1:58	2:17	2:30	2:36
2:38	2:57	3:11	3:17
3:18	3:37	3:51	3:57
3:58	4:17	4:31	4:37
4:38	4:57	5:11	5:17
5:18	5:37	5:51	5:57
5:58	6:17	6:30	6:36
6:38	6:57	7:10	7:16
7:18	7:37	7:50	7:56
7:59	8:17	8:29	8:35
8:39	8:57	9:08	9:14
9:20	9:37	9:48	9:54
10:20	10:37	10:48	10:54

Westbound Al Oeste (Approximate Times / Tiempos Aproximados)

TUJUNGA	PACOIMA	SYLMAR	
4	3	2	1
Summitrose & Tinker	Foothill & Sunland	Foothill & Van Nuys	Olive View Medical Center
5:20A	5:25A	5:35A	5:53A
6:00	6:05	6:15	6:33
6:38	6:44	6:55	7:15
7:17	7:23	7:35	7:55
7:57	8:03	8:15	8:35
8:37	8:43	8:55	9:15
9:17	9:23	9:35	9:55
9:57	10:03	10:15	10:35
10:37	10:43	10:55	11:15
11:17	11:23	11:35	11:55
11:57	12:03P	12:15P	12:35P
12:37P	12:43	12:55	1:15
1:17	1:23	1:35	1:55
1:57	2:03	2:15	2:35
2:36	2:42	2:54	3:15
3:16	3:22	3:34	3:55
3:56	4:02	4:14	4:35
4:36	4:42	4:54	5:15
5:17	5:23	5:35	5:55
5:57	6:03	6:15	6:35
6:37	6:43	6:55	7:15
7:17	7:23	7:35	7:55
7:59	8:05	8:16	8:35
8:39	8:45	8:56	9:14
9:20	9:26	9:36	9:54
10:20	10:26	10:36	10:54

Saturday, Sunday and Holiday Schedules

Saturday, Sunday and Holiday Schedule in effect on New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day.

Horarios de sábado, domingo y días feriados

Horarios de sábado, domingo y días feriados en efecto para año nuevo, día conmemorativo, cuatro de julio, día del trabajo, día de acción de gracias, y Navidad.

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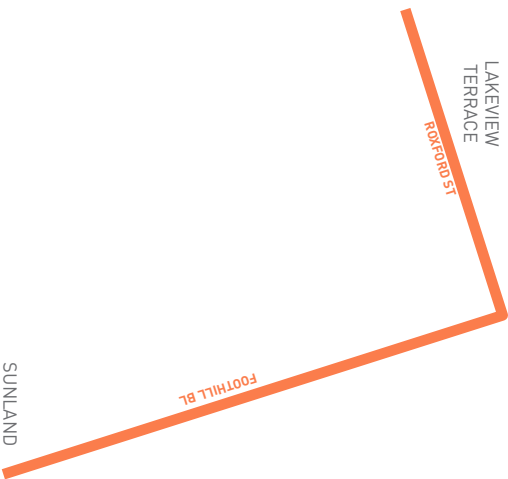
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Effective Dec 14 2025

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Metro Local

Eastbound to Sunland
Westbound to Sylmar
via Foothill Bl, Roxford St, San Fernando Rd

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