

Monday through Friday

Effective Dec 14 2025

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Northbound Al Norte (Approximate Times/Tiempos Aproximados)

LONG BEACH		WILMINGTON		HARBOR CITY		TORRANCE		REDONDO BEACH		HERMOSA BEACH		MANHATTAN BEACH		EL SEGUNDO		LAX					
①		②		③		④		⑤		⑥		⑦		⑧		⑨		⑩		⑪	
Downtown Long Beach Station		Anaheim & Santa Fe		Anaheim & Avalon		Figuerroa & Anaheim		Pacific Coast Hwy & Western		Pacific Coast Hwy & Hawthorne		Pacific Coast Hwy & Prospect		Pacific Coast Hwy & 9th		Sepulveda & Rosecrans		Aviation/Imperial Station		LAX/Metro Transit Center	
3:37A	3:51A	4:01A	4:06A	4:16A	4:25A	4:30A	4:40A	4:48A	4:59A	5:07A											
4:34	4:48	4:58	5:03	5:14	5:24	5:29	5:40	5:50	6:02	6:10											
5:13	5:28	5:38	5:43	5:54	6:04	6:09	6:21	6:31	6:45	6:53											
5:34	5:50	6:00	6:05	6:17	6:28	6:34	6:47	6:58	7:12	7:20											
5:52	6:08	6:19	6:25	6:37	6:49	6:55	7:09	7:20	7:34	7:42											
6:07	6:23	6:34	6:40	6:52	7:04	7:10	7:24	7:35	7:50	7:58											
6:22	6:38	6:49	6:55	7:08	7:20	7:26	7:41	7:53	8:08	8:16											
6:35	6:52	7:03	7:10	7:23	7:36	7:43	7:59	8:11	8:26	8:34											
6:50	7:07	7:18	7:25	7:39	7:54	8:01	8:18	8:30	8:44	8:52											
7:03	7:21	7:32	7:39	7:53	8:09	8:16	8:33	8:45	8:59	9:07											
7:24	7:42	7:53	8:00	8:14	8:31	8:38	8:55	9:07	9:21	9:29											
7:44	8:02	8:13	8:20	8:34	8:49	8:56	9:12	9:24	9:38	9:46											
8:01	8:20	8:31	8:38	8:51	9:06	9:13	9:29	9:42	9:56	10:04											
8:29	8:48	9:00	9:07	9:20	9:34	9:41	9:57	10:10	10:24	10:32											
8:56	9:16	9:28	9:35	9:48	10:02	10:09	10:25	10:38	10:52	11:00											
9:22	9:42	9:54	10:01	10:14	10:28	10:35	10:52	11:05	11:21	11:29											
9:50	10:10	10:22	10:29	10:42	10:56	11:03	11:20	11:33	11:49	11:57											
10:18	10:38	10:50	10:57	11:10	11:24	11:31	11:48	12:02P	12:18P	12:26P											
10:46	11:06	11:18	11:25	11:38	11:53	11:59	12:17P	12:31	12:47	12:55											
11:12	11:33	11:45	11:52	12:05P	12:20P	12:27P	12:44	12:58	1:14	1:22											
11:42	12:03P	12:15P	12:22P	12:35	12:50	12:57	1:14	1:28	1:44	1:52											
12:12P	12:33	12:45	12:52	1:05	1:20	1:27	1:44	1:58	2:14	2:22											
12:40	1:01	1:13	1:20	1:33	1:48	1:55	2:12	2:27	2:43	2:51											
1:12	1:33	1:45	1:52	2:05	2:20	2:28	2:45	3:00	3:16	3:24											
1:41	2:02	2:15	2:22	2:35	2:50	2:58	3:16	3:32	3:48	3:56											
2:07	2:27	2:40	2:47	3:00	3:15	3:23	3:41	3:57	4:13	4:21											
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2:51	3:11	3:24	3:31	3:44	3:58	4:05	4:22	4:38	4:54	5:02											
3:13	3:33	3:46	3:53	4:06	4:19	4:26	4:42	4:57	5:13	5:21											
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4:13	4:33	4:46	4:53	5:06	5:19	5:26	5:41	5:55	6:10	6:18											
4:29	4:48	5:01	5:08	5:21	5:34	5:40	5:55	6:08	6:23	6:31											
4:45	5:04	5:16	5:23	5:36	5:48	5:54	6:08	6:20	6:35	6:43											
5:00	5:19	5:31	5:38	5:50	6:02	6:08	6:22	6:34	6:49	6:57											
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7:03	7:21	7:32	7:38	7:50	8:01	8:06	8:19	8:30	8:43	8:51											
7:50	8:07	8:17	8:22	8:34	8:45	8:50	9:03	9:13	9:25	9:33											
8:50	9:07	9:17	9:22	9:33	9:44	9:49	10:01	10:11	10:23	10:31											
9:50	10:07	10:17	10:22	10:33	10:43	10:48	10:59	11:08	11:19	11:27											

Monday through Friday

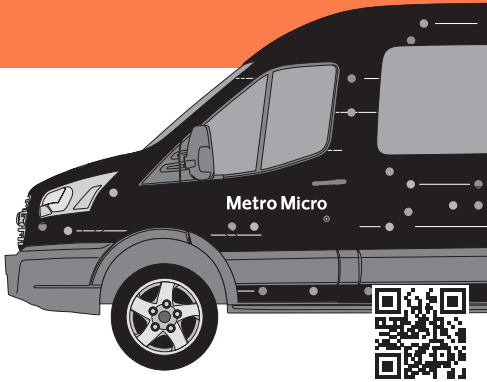
232

Southbound Al Sur (Approximate Times/Tiempo Aproximados)

LAX	EL SEGUNDO	MANHATTAN BEACH	HERMOSA BEACH	REDONDO BEACH	TORRANCE	HARBOR CITY	WILMINGTON			LONG BEACH	
11	10	9	8	7	6	5	4	3		2	1
LAX/Metro Transit Center	Aviation/Imperial Station	Sepulveda & Rosecrans	Pacific Coast Hwy & 9th	Pacific Coast Hwy & Prospect	Pacific Coast Hwy & Hawthorne	Pacific Coast Hwy & Western	Anaheim & Figuerroa	Anaheim & Avalon		Anaheim & Santa Fe	Downtown Long Beach Station
4:17A	4:25A	4:37A	4:45A	4:55A	5:00A	5:09A	5:19A	5:24A		5:33A	5:43A
5:10	5:18	5:30	5:39	5:49	5:54	6:04	6:14	6:19		6:28	6:39
5:28	5:36	5:49	5:58	6:09	6:14	6:24	6:34	6:39		6:48	6:59
5:46	5:54	6:07	6:16	6:27	6:32	6:42	6:53	6:58		7:07	7:19
6:00	6:08	6:21	6:30	6:42	6:47	6:57	7:08	7:13		7:22	7:34
6:13	6:21	6:34	6:44	6:56	7:01	7:12	7:23	7:28		7:37	7:50
6:25	6:33	6:46	6:56	7:09	7:15	7:26	7:38	7:44		7:53	8:06
6:39	6:47	7:00	7:11	7:24	7:30	7:41	7:53	7:59		8:08	8:21
6:52	7:00	7:14	7:25	7:39	7:45	7:56	8:08	8:14		8:23	8:36
7:10	7:18	7:32	7:44	7:58	8:04	8:16	8:28	8:34		8:43	8:56
7:32	7:40	7:55	8:08	8:23	8:29	8:41	8:53	8:59		9:08	9:21
7:57	8:05	8:20	8:33	8:48	8:54	9:06	9:18	9:24		9:33	9:47
8:25	8:33	8:48	9:00	9:15	9:21	9:33	9:45	9:51		10:00	10:14
8:52	9:00	9:15	9:27	9:42	9:49	10:01	10:13	10:19		10:29	10:43
9:21	9:29	9:44	9:56	10:11	10:18	10:31	10:43	10:49		10:59	11:13
9:51	9:59	10:14	10:26	10:41	10:48	11:01	11:13	11:19		11:29	11:44
10:17	10:25	10:40	10:53	11:09	11:17	11:31	11:43	11:49		11:59	12:14P
10:46	10:54	11:09	11:22	11:38	11:46	12:01P	12:13P	12:20P		12:31P	12:46
11:15	11:23	11:38	11:51	12:07P	12:15P	12:31	12:43	12:50		1:01	1:17
11:45	11:53	12:08P	12:21P	12:37	12:45	1:01	1:13	1:20		1:31	1:47
12:14P	12:22P	12:37	12:51	1:07	1:15	1:31	1:43	1:50		2:01	2:17
12:43	12:51	1:06	1:20	1:36	1:44	2:01	2:13	2:20		2:31	2:47
1:02	1:10	1:26	1:40	1:56	2:04	2:21	2:33	2:40		2:51	3:07
1:19	1:27	1:43	1:57	2:13	2:22	2:40	2:53	3:00		3:11	3:27
1:37	1:45	2:01	2:15	2:31	2:40	2:59	3:13	3:20		3:31	3:47
1:52	2:00	2:16	2:30	2:46	2:55	3:15	3:29	3:36		3:47	4:03
2:07	2:15	2:31	2:45	3:01	3:10	3:31	3:45	3:52		4:03	4:19
2:22	2:30	2:45	2:59	3:16	3:25	3:46	4:00	4:06		4:17	4:33
2:37	2:45	3:00	3:14	3:31	3:40	4:01	4:15	4:21		4:32	4:48
2:52	3:00	3:15	3:29	3:46	3:55	4:16	4:30	4:36		4:47	5:03
3:07	3:15	3:30	3:44	4:01	4:10	4:31	4:45	4:51		5:02	5:17
3:20	3:28	3:43	3:57	4:14	4:23	4:44	4:58	5:04		5:15	5:30
3:36	3:44	3:59	4:13	4:30	4:39	5:00	5:13	5:19		5:30	5:45
3:53	4:01	4:16	4:30	4:47	4:56	5:15	5:28	5:34		5:44	5:59
4:13	4:21	4:36	4:50	5:07	5:16	5:35	5:48	5:54		6:04	6:18
4:36	4:44	4:59	5:13	5:30	5:39	5:58	6:10	6:16		6:25	6:38
5:03	5:11	5:26	5:40	5:57	6:05	6:20	6:32	6:38		6:47	7:00
5:29	5:37	5:52	6:06	6:23	6:31	6:44	6:56	7:02		7:11	7:24
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6:39	6:47	7:01	7:12	7:26	7:33	7:46	7:57	8:03		8:12	8:24
7:35	7:43	7:57	8:08	8:22	8:29	8:42	8:53	8:58		9:07	9:18
8:36	8:44	8:58	9:09	9:22	9:29	9:41	9:52	9:57		10:05	10:15
9:44	9:52	10:04	10:13	10:25	10:31	10:42	10:52	10:57		11:05	11:15
10:44	10:52	11:04	11:13	11:24	11:29	11:39	11:48	11:52		11:59	12:08A
11:44	11:52	12:03A	12:12A	12:22A	12:27A	12:36A	12:45A	12:49A		12:56A	1:05

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Lose something?

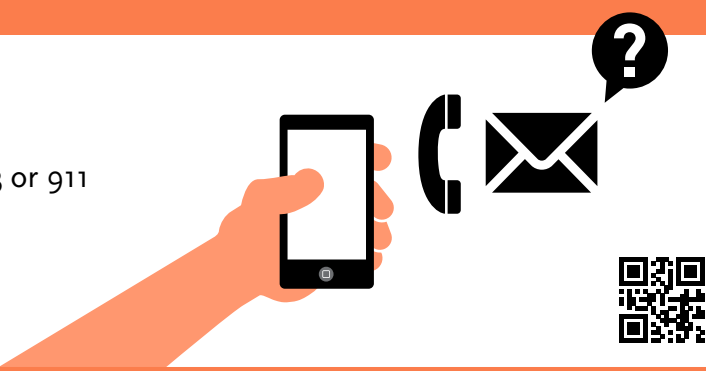
Learn more about Metro's Lost & Found service. Visit [metro.net/lostandfound](https://metro.net/lostandfound) or call 323.937.8920.



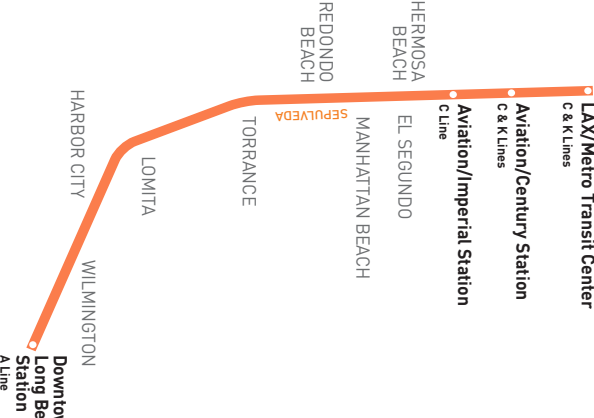
Need information?

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Customer Relations: 213.922.6235  
In an Emergency: 1.888.950.7233 or 911

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Subject to change without notice  
Sujeto a cambios sin previo aviso



metro.net  
323.601.METRO  
Wheelchair Helpline  
800.621.7628  
Travel Info  
511  
California Relay Service  
711

Metro Local  
Northbound to LAX/Metro Transit Ctr  
Southbound to Downtown Long Beach  
via Sepulveda Bl & Pacific Coast Hwy

Effective Dec 14 2025  
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Saturday, Sunday & Holiday Schedule

Effective Dec 14 2025

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Northbound Al Norte (Approximate Times/Tiempos Aproximados)

LONG BEACH		WILMINGTON		HARBOR CITY	TORRANCE	REDONDO BEACH	HERMOSA BEACH	MANHATTAN BEACH	EL SEGUNDO	LAX
1	2	3	4	5	6	7	8	9	10	11
Downtown Long Beach Station	Anaheim & Santa Fe	Anaheim & Avalon	Figueroa & Anaheim	Pacific Coast Hwy & Western	Pacific Coast Hwy & Hawthorne	Pacific Coast Hwy & Prospect	Pacific Coast Hwy & 9th	Sepulveda & Rosecrans	Aviation/Imperial Station	LAX/Metro Transit Center
4:35A	4:49A	4:58A	5:03A	5:13A	5:22A	5:27A	5:38A	5:47A	5:58A	6:06A
5:20	5:35	5:44	5:49	5:59	6:09	6:14	6:25	6:34	6:45	6:53
6:23	6:07	6:16	6:21	6:31	6:41	6:46	6:58	7:09	7:20	7:28
6:53	6:39	6:48	6:53	7:03	7:14	7:20	7:33	7:44	7:56	8:04
7:22	7:09	7:19	7:24	7:35	7:47	7:53	8:08	8:19	8:31	8:39
7:53	7:39	7:49	7:55	8:07	8:19	8:25	8:40	8:52	9:04	9:12
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10:57	10:45	10:56	11:03	11:16	11:30	11:37	11:54	12:08P	12:21P	12:29P
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12:31P	12:18P	12:29P	12:36	12:49	1:04	1:11	1:28	1:42	1:55	2:03
1:03	1:22	1:33	1:40	1:53	2:08	2:15	2:32	2:46	2:59	3:07
1:35	1:54	2:05	2:12	2:25	2:40	2:47	3:04	3:18	3:31	3:39
2:08	2:27	2:37	2:44	2:57	3:12	3:19	3:36	3:50	4:03	4:11
2:40	2:59	3:09	3:16	3:29	3:43	3:50	4:06	4:20	4:33	4:41
3:11	3:30	3:40	3:47	4:00	4:14	4:21	4:37	4:51	5:04	5:12
3:44	4:02	4:12	4:18	4:31	4:44	4:51	5:07	5:21	5:34	5:42
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8:49	9:07	9:17	9:22	9:33	9:44	9:49	10:01	10:11	10:23	10:31
9:50	10:07	10:17	10:22	10:33	10:43	10:48	10:59	11:08	11:19	11:27

Saturday, Sunday & Holiday Schedule

232

Southbound Al Sur (Approximate Times/Tiempo Aproximados)

LAX	EL SEGUNDO	MANHATTAN BEACH	HERMOSA BEACH	REDONDO BEACH	TORRANCE	HARBOR CITY	WILMINGTON	LONG BEACH		
11	10	9	8	7	6	5	4	3	2	1
LAX/Metro Transit Center	Aviation/Imperial Station	Sepulveda & Rosecrans	Pacific Coast Hwy & 9th	Pacific Coast Hwy & Prospect	Pacific Coast Hwy & Hawthorne	Pacific Coast Hwy & Western	Anaheim & Figueroa	Anaheim & Avalon	Anaheim & Santa Fe	Downtown Long Beach Station
4:59A	5:07A	5:18A	5:26A	5:37A	5:42A	5:51A	6:01A	6:06A	6:14A	6:24A
5:47	5:55	6:06	6:15	6:26	6:31	6:41	6:51	6:56	7:04	7:15
6:32	6:40	6:52	7:02	7:15	7:20	7:30	7:40	7:45	7:54	8:05
7:09	7:17	7:29	7:41	7:56	8:01	8:12	8:22	8:28	8:37	8:49
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8:17	8:25	8:38	8:50	9:05	9:10	9:21	9:32	9:38	9:47	10:00
8:45	8:53	9:06	9:18	9:33	9:39	9:51	10:02	10:08	10:17	10:30
9:14	9:22	9:35	9:47	10:02	10:08	10:21	10:32	10:38	10:47	11:00
9:41	9:49	10:03	10:15	10:30	10:37	10:51	11:02	11:08	11:17	11:30
10:12	10:20	10:34	10:46	11:01	11:08	11:22	11:34	11:40	11:49	12:03P
10:41	10:49	11:03	11:16	11:32	11:40	11:54	12:06P	12:12P	12:21P	12:35
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1:48	1:56	2:11	2:24	2:41	2:49	3:04	3:16	3:22	3:31	3:45
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2:52	3:00	3:15	3:28	3:45	3:53	4:08	4:20	4:26	4:35	4:49
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6:51	6:59	7:12	7:23	7:38	7:45	7:59	8:10	8:16	8:25	8:37
7:38	7:46	7:59	8:10	8:24	8:31	8:44	8:55	9:01	9:10	9:21
8:37	8:45	8:58	9:09	9:22	9:29	9:41	9:52	9:57	10:05	10:15
9:44	9:52	10:04	10:13	10:25	10:31	10:42	10:52	10:57	11:05	11:15
10:44	10:52	11:04	11:13	11:24	11:29	11:39	11:48	11:52	11:59	12:08A
11:44	11:52	12:03A	12:12A	12:22A	12:27A	12:36A	12:45A	12:49A	12:56A	1:05

Saturday, Sunday & Holiday Schedules

Horarios de sábado, domingo y días feriados

Saturday, Sunday & Holiday schedule in effect on New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day.

Horarios de sábado, domingo y días feriados en efecto para año nuevo, día conmemorativo, cuatro de julio, día del trabajo, día de acción de gracias, y Navidad.

ROUTE MAP

