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In[1]:= (* 9904295 *)
$Assumptions = {M > 0};
MM = {{0, mD}, {mD, M}};
mD =  $\phi \, Y / \sqrt{2}$ ;
V =  $\frac{1}{2} \lambda H^4 - m^2 H^2 + \Omega /. H \rightarrow \phi / \sqrt{2}$ 
{mn1, mn2} = Eigenvalues[MM]

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$$\text{Out[4]} = -\frac{1}{2} m^2 \phi^2 + \frac{\lambda \phi^4}{8} + \Omega$$

$$\text{Out[5]} = \left\{ \frac{1}{2} \left(M - \sqrt{M^2 + 2 Y^2 \phi^2} \right), \frac{1}{2} \left(M + \sqrt{M^2 + 2 Y^2 \phi^2} \right) \right\}$$

For renormalization scale $Q < M$, the effective potential $V(\phi)$ regularized/renormalized by DREG/MS-bar is given by

$$\text{In[6]} := \Delta V_{\text{low}} = \frac{-2}{64 \pi^2} \left(\#^4 \left(\text{Log}\left[\frac{\#^2}{Q^2}\right] - \frac{3}{2} \right) \right) \& /@ \{mn1\} // \text{Total};$$

Meanwhile, if we renormalize the potential at $Q > M$, we obtain

$$\text{In[7]} := \Delta V_{\text{high}} = \frac{-2}{64 \pi^2} \left(\#^4 \left(\text{Log}\left[\frac{\#^2}{Q^2}\right] - \frac{3}{2} \right) \right) \& /@ \{mn1, mn2\} // \text{Total};$$

The potential at $\phi \ll M \sim Q$ is respectively given by

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In[8]:= Series[V + ΔVlow, {φ, 0, 4}] // FullSimplify
Series[V + ΔVhigh, {φ, 0, 4}] // FullSimplify

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$$\text{Out[8]} = \Omega - \frac{m^2 \phi^2}{2} + \frac{\lambda \phi^4}{8} + O[\phi]^5$$

$$\text{Out[9]} = \left(\frac{3 M^4}{64 \pi^2} + \Omega - \frac{M^4 \text{Log}\left[\frac{M^2}{Q^2}\right]}{32 \pi^2} \right) + \frac{\left(-8 m^2 \pi^2 + M^2 Y^2 - M^2 Y^2 \text{Log}\left[\frac{M^2}{Q^2}\right] \right) \phi^2}{16 \pi^2} - \frac{\left(Y^4 - 8 \pi^2 \lambda + Y^4 \text{Log}\left[\frac{M^2}{Q^2}\right] \right) \phi^4}{64 \pi^2} + O[\phi]^5$$

In ΔV_{low} (ΔV_{high}), the couplings are renormalized at $Q < M$ ($Q > M$).

Since these two should be equivalent, $\lambda(Q)$ for $Q < M$ and $Q > M$ should give the same value if evaluated at $Q=M$.

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In[10]:= quartic[Q_] := If[Q < M,  $\frac{\lambda_{\text{low}}[Q] \phi^4}{8}$ ,  $-\frac{\left(Y^4 - 8 \pi^2 \lambda_{\text{high}}[Q] + Y^4 \text{Log}\left[\frac{M^2}{Q^2}\right]\right) \phi^4}{64 \pi^2}$ ]

quadratic[Q_] := If[Q < M,  $-\frac{\text{msqlow}[Q] \phi^2}{2}$ ,  $\frac{\left(-8 \text{msqhigh}[Q] \pi^2 + M^2 Y^2 - M^2 Y^2 \text{Log}\left[\frac{M^2}{Q^2}\right]\right) \phi^2}{16 \pi^2}$ ]

const[Q_] := If[Q < M,  $\Omega$ ,  $\frac{c M^4 + 32 \pi^2 \Omega - M^4 \text{Log}\left[\frac{M^2}{Q^2}\right]}{32 \pi^2}$ ]

{Refine[quartic[Q], Q < M] /. Q → M, Refine[quartic[Q], Q > M] /. Q → M};
sol1 = Solve[%[[1]] == %[[2]],  $\lambda_{\text{low}}[M]$ ] // Expand

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Out[14]= {{ $\lambda_{\text{low}}[M] \rightarrow -\frac{Y^4}{8 \pi^2} + \lambda_{\text{high}}[M]$ }}

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In[15]:= {Refine[quadratic[Q], Q < M] /. Q → M, Refine[quadratic[Q], Q > M] /. Q → M}
sol2 = Solve[%[[1]] == %[[2]],  $\text{msqlow}[M]$ ] // FullSimplify

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Out[15]=  $\left\{-\frac{1}{2} \phi^2 \text{msqlow}[M], \frac{\phi^2 \left(M^2 Y^2 - 8 \pi^2 \text{msqhigh}[M]\right)}{16 \pi^2}\right\}$ 

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Out[16]= {{ $\text{msqlow}[M] \rightarrow -\frac{M^2 Y^2}{8 \pi^2} + \text{msqhigh}[M]$ }}

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These solution means $m^2[Q]$ and $\lambda[Q]$ in the effective theory ("low") at $Q=M$ is given in terms of $m^2[Q]$ and $\lambda[Q]$ in the full theory by

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In[17]:= {sol1, sol2}

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Out[17]= {{ $\lambda_{\text{low}}[M] \rightarrow -\frac{Y^4}{8 \pi^2} + \lambda_{\text{high}}[M]$ }, {{ $\text{msqlow}[M] \rightarrow -\frac{M^2 Y^2}{8 \pi^2} + \text{msqhigh}[M]$ }}}

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Note that the original paper does the matching at $Q = M \text{Exp}[-3/4]$;

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In[18]:= {Refine[quartic[Q], Q < M] /. Q → M Exp[-3/4],
  Refine[quartic[Q], Q > M] /. Q → M Exp[-3/4]};
sol1 = Solve[%[[1]] == %[[2]],  $\lambda_{\text{low}}[_]$ ] // Expand
{Refine[quadratic[Q], Q < M] /. Q → M Exp[-3/4],
  Refine[quadratic[Q], Q > M] /. Q → M Exp[-3/4]};
sol1 = Solve[%[[1]] == %[[2]],  $\text{msqlow}[_]$ ] // Expand

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Out[19]= {{ $\lambda_{\text{low}}[_] \rightarrow -\frac{5 Y^4}{16 \pi^2} + \lambda_{\text{high}}\left[\frac{M}{e^{3/4}}\right]$ }}

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Out[21]= {{ $\text{msqlow}[_] \rightarrow \frac{M^2 Y^2}{16 \pi^2} + \text{msqhigh}\left[\frac{M}{e^{3/4}}\right]$ }}

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