Day One Markdown Syntax

Basics

italic or *italic* / **bold** or **bold**

An inline link: [example](http://dayoneapp.com/markdown) *http://dayoneapp.com/markdown* .
An id link [example](http://dayoneapp.com/markdown) *http://dayoneapp.com/markdown* .
An auto-linked URL: **http://dayoneapp.com/markdown** *http://dayoneapp.com/markdown*

Headers

Header 1

Header 2

Header 3

HEADER 4

Header 5

Header 6

Lists

1. Numbered
2. List

- Bulleted
- List

Images

Blockquotes

> Angle brackets are used for blockquotes.

Tables

One	Two	Three
Blue	White	Gray
Green	Yellow	Red

Horizontal Rules

Three or more dashes or asterisks

Code & Preformatted Text

`<code>` spans are delimited by backticks. You can include literal backticks like `` `this` ``.

```
Preformatted text block using a tab.
```

Created in Day One