

Edinburgh Handedness Inventory

Name		Date of Birth	DD / MM / YYYY
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Instructions Please indicate, by placing a ✓ in the appropriate column, which hand you prefer to use for all of the following activities:

	Left	No Preference	Right	Do you ever use the other hand?
Writing				
Drawing				
Throwing				
Using scissors				
Using a toothbrush				
Using a knife (without fork)				
Using a spoon				
Using a broom (upper hand)				
Striking a match (match)				
Opening a box (lid)				
Using a computer mouse				
Using a key				
Using a hammer				
Using a brush or comb				
Drinking from a cup				

For Staff Use Assign a numerical value for each activity according to the following rules:

Left	No Preference	Right	Do you ever use the other hand?	Result
✓				L=2
✓			✓	L=1
	✓			R=1 & L=1
		✓	✓	R=1
		✓		R=2

$$EHI = \frac{R_{\text{total}} - L_{\text{total}}}{30} \times 100 \% = \quad \quad \quad \%$$