



20
Publicações

167
Seguidores

177
Seguindo

Henrique Fernandes | Sportmassage & Recovery

Henrique Fernandes | Sportmassage & Recovery
Recuperação • Prevenção de lesões • Performance

Nijmegen Dukenburg
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Reserve sua sessão pelo link abaixo

www.hfsportmassage.com

Seguindo

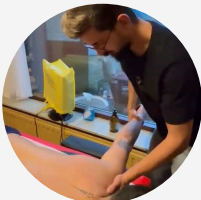
Mensagem

Contato

▼



Clientes



Sessões



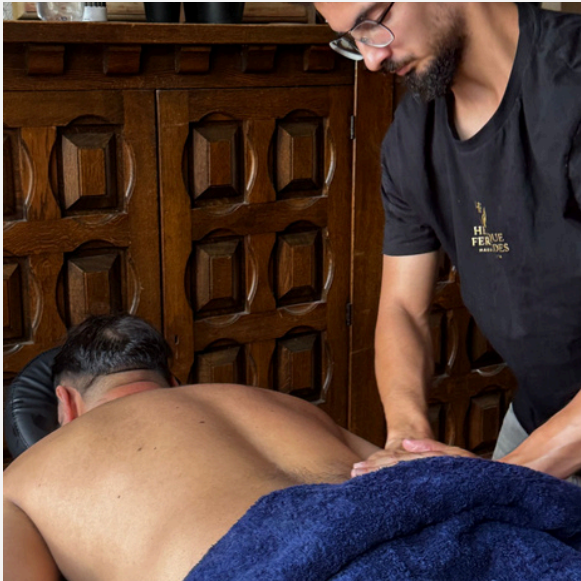
Preço e promoções



Lugar



Enrique Fernandez



SPORT MASSAGE & RECOVERY

GECEERTIFICEERD
SPORTMASSEUR

Gespecialiseerd in herstel,
blessurepreventie en
spierbehandeling

DIENTEN

- ✓ Sportmassage
- ✓ Therapeutische massage
- ✓ Myofasciale release
- ✓ Ontspanningsmassage (herstelgericht)
(spierspanning, stressvermindering, herstel)
- ✓ Manuele lymfedrainage
- ✓ Blessurepreventie & behandeling
(ischias, nekkramp / stijve nek, lage rugin
(spit), peesontstekingen) en anderen
- ✓ Cupping / Kinesiotaping
- ✓ Behandeling aan huis
- ✓ Elektrotherapie

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