



	Serving Size	Calories	Fat (g)	Fat %Daily Value	Saturated Fat (g)	Trans Fat (g)	Saturated + Trans Fat %DV	Cholesterol (mg)	Sodium (mg)	Sodium %DV	Carbohydrates (g)	Carbohydrates % DV	Fibre (g)	Fibre %DV	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium % DV	Iron %DV
Fruitopia® Strawberry Passion Awareness® - Small	345ml	170	0	0	0	0	0	0	15	1	43	14	0	0	41	0	0	0	0	0
Higgins & Burke Hot Chocolate	280g	200	9	14	6	0.3	32	30	250	10	26	9	0	0	23	4	10	0	20	10
Juice - Apple - Large	460ml	210	0	0	0	0	0	0	45	2	51	17	0	0	47	1	0	260	0	0
Juice - Apple - Medium	360ml	160	0	0	0	0	0	0	35	1	40	13	0	0	37	1	0	200	0	0
Juice - Apple - Small	234ml	110	0	0	0	0	0	0	25	1	26	9	0	0	24	0.3	0	130	0	0
Juice - Orange - Large	460ml	220	0	0	0	0	0	0	4	0	52	17	0	0	46	0	0	280	0	0
Juice - Orange - Small	234ml	110	0	0	0	0	0	0	2	0	26	9	0	0	23	0	0	140	0	0
Juice- Orange - Medium	371ml	180	0	0	0	0	0	0	4	0	42	14	0	0	37	0	0	220	0	0
Nestea® Iced Tea - Child	250ml	80	0	0	0	0	0	0	10	0	20	7	0	0	20	0	0	0	0	0
Nestea® Iced Tea - Large	730ml	230	0	0	0	0	0	0	25	1	59	20	0	0	59	0	0	0	0	0
Nestea® Iced Tea - Medium	495ml	160	0	0	0	0	0	0	15	1	40	13	0	0	40	0	0	0	0	0
Nestea® Iced Tea - Small	345ml	110	0	0	0	0	0	0	10	0	28	9	0	0	28	0	0	0	0	0
Sprite® - Child	250ml	100	0	0	0	0	0	0	25	1	26	9	0	0	26	0	0	0	0	0
Sprite® - Large	730ml	290	0	0	0	0	0	0	65	3	75	25	0	0	75	0	0	0	0	0
Sprite® - Medium	495ml	200	0	0	0	0	0	0	45	2	51	17	0	0	51	0	0	0	0	0
Sprite® - Small	345ml	140	0	0	0	0	0	0	30	1	35	12	0	0	35	0	0	0	0	0
McCAFÉ® & BAKERY																				
Americano - Large	489ml	10	0	0	0	0	0	0	70	3	0	0	0	0	0	0	0	2	0	4
Americano - Medium	369ml	5	0	0	0	0	0	0	50	2	0	0	0	0	0	0	0	2	0	4
Americano - Small	250ml	5	0	0	0	0	0	0	35	1	0	0	0	0	0	0	0	0	0	2
Authentic French Croissant	60g	260	14	22	9	0.4	47	45	290	12	27	9	1	4	4	6	4	0	0	4
Blueberry Cream Cheese Danish	100g	330	15	23	10	0.4	52	45	370	15	42	14	1	4	17	5	15	15	2	10
Blueberry Pomegranate Smoothie with yogurt - Large	541g	340	1	2	0.5	0	3	5	50	2	79	26	5	20	70	4	0	8	10	4
Blueberry Pomegranate Smoothie with yogurt - Medium	426g	260	1	2	0.5	0	3	3	35	1	62	21	4	16	54	3	0	6	6	2
Blueberry Pomegranate Smoothie with Yogurt - Small	347g	210	0.5	1	0.4	0	2	3	30	1	50	17	3	12	44	2	0	6	6	2
Blueberry Pomegranate Smoothie with Yogurt - Snack Size	223g	140	0.4	1	0.3	0	2	0	20	1	33	11	2	8	29	1	0	4	4	2
Blueberry Pomegranate Smoothie without yogurt - Large	540g	330	0	0	0	0	0	0	15	1	82	27	5	20	73	1	0	8	2	4
Blueberry Pomegranate Smoothie without yogurt - Medium	432g	270	0	0	0	0	0	0	15	1	66	22	4	16	59	1	0	8	2	4
Blueberry Pomegranate Smoothie without yogurt - Small	345g	210	0	0	0	0	0	0	10	0	52	17	3	12	47	1	0	6	2	2
Blueberry Pomegranate Smoothie without yogurt - Snack Size	223g	130	0	0	0	0	0	0	5	0	33	11	2	8	29	1	0	4	0	2
Cappuccino with 2% milk - Large	365ml	130	5	8	2.5	0.1	13	20	120	5	10	3	0	0	11	8	15	0	30	2
Cappuccino with 2% milk - Medium	290ml	100	4	6	2	0.1	11	15	95	4	8	3	0	0	9	7	10	0	20	0
Cappuccino with 2% milk - Small	175ml	50	2	3	1	0	5	10	55	2	4	1	0	0	5	4	6	0	10	0
Cappuccino with skim milk - Large	365ml	70	0	0	0	0	0	0	125	5	11	4	0	0	11	8	15	0	30	2
Cappuccino with skim milk - Medium	290ml	60	0	0	0	0	0	0	100	4	9	3	0	0	9	7	10	0	20	0
Cappuccino with skim milk - Small	175ml	30	0	0	0	0	0	0	55	2	5	2	0	0	5	4	6	0	10	0
Caramel Cappuccino with 2% milk - Large	377ml	200	4.5	7	2.5	0.1	13	20	180	8	30	10	0	0	31	8	10	0	25	2
Caramel Cappuccino with 2% milk - Medium	300ml	160	3.5	5	2	0.1	11	15	150	6	24	8	0	0	24	6	8	0	20	0
Caramel Cappuccino with 2% milk - Small	182ml	100	1.5	2	1	0	5	5	90	4	16	5	0	0	16	3	4	0	10	0
Caramel Cappuccino with skim milk - Large	377ml	150	0	0	0	0	0	0	190	8	31	10	0	0	31	8	10	0	25	2
Caramel Cappuccino with skim milk - Medium	299ml	120	0	0	0	0	0	0	150	6	25	8	0	0	24	6	10	0	20	0
Caramel Cappuccino with skim milk - Small	182ml	80	0	0	0	0	0	0	95	4	17	6	0	0	16	3	4	0	10	0
Caramel Iced Coffee - Large	587ml	190	11	17	7	0.4	37	40	120	5	19	6	0	0	19	2	15	0	6	2
Caramel Iced Coffee - Medium	468ml	130	8	12	4.5	0.3	24	25	90	4	14	5	0	0	14	2	10	0	4	0
Caramel Iced Coffee - Small	333ml	100	6	9	3.5	0.2	19	20	60	3	10	3	0	0	9	1	6	0	2	0
Caramel Latte with 2% milk - Large	482ml	250	6	9	3.5	0.2	19	25	230	10	35	12	0	0	36	11	15	0	35	2
Caramel Latte with 2% milk - Medium	379ml	200	5	8	3	0.2	16	20	180	8	27	9	0	0	28	9	15	0	30	0
Caramel Latte with 2% milk - Small	267ml	140	3.5	5	2	0.1	11	15	130	5	20	7	0	0	20	6	8	0	20	0
Caramel Latte with skim milk - Large	482ml	180	0	0	0	0	0	0	230	10	36	12	0	0	35	11	15	0	35	2