# **LAUREN** JOHNSON

linkedin.com/in/Lauren-Johnson-OMT

Montrose, CA

### **EXPERIENCE**

### **OROFACIAL MYOFUNCTIONAL THERAPIST**

November 2013 - Present

- Evaluate and assess orofacial muscle function and observe for signs of tethered oral tissues
- Develop and implement individualized treatment plans to correct dysfunctions and improve function
- Collaborate with a multidisciplinary team to provide comprehensive care for optimal patient outcomes
- Coordinate care for patients with tethered oral tissues
- Provide patient teaching to facilitate long-term change and maintenance of orofacial muscular health

### **DENTAL PRACTICE ADMINISTRATOR & CASE MANAGER**

J. Bruce Johnson, D.D.S., APDC *October 2003 – Present* 

- Oversee practice operations and evaluate systems for efficiency
- Manage staff, including recruitment, onboarding, and performance evaluations
- Administer payroll, benefits, and ensure compliance with HR policies and regulations
- Monitor practice metrics and implement changes as appropriate to address deficiencies
- Work with clinical staff to improve protocol efficiency and patient satisfaction
- Network with local, state, and national professionals to facilitate patient referrals and continuation of care
- Develop and implement systems for patient care, recall, and follow-up
- Oversee case management, reviewing an average of 35 patient cases per week, ensuring progress and treatment continuity
- Coordinate patient records, documentation, and case management
- Collaborate with healthcare providers to ensure comprehensive care and resolve patient concerns
- Educate patients on home care and promote compliance for successful treatment outcomes

### PRIOR WORK EXPERIENCE

- Dental Assistant and In-House Laboratory Technician
- Dental Front Office & Medical Insurance Cross-Coding Specialist

### **STRENGTHS**

- Problem-Solving & Conflict-Resolution
- Interpersonal & Networking Relations
- Efficiency-Focused & Purpose Driven
- Excellent Patient Education Skills
- Process Improvement Mindset
- Skilled Time-Management
- Patient-Centered Care

### **EDUCATION**

### California State University, Los Angeles Los Angeles, CA

Bachelor of Science in Nursing Expected Graduation May 2025

# Glendale Community College Glendale, CA

Associate of Science in Health Sciences *February 2025* 

### **CERTIFICATIONS**

### MyoResearch

### Rancho Cucamonga, CA

MRC Myofunctional Therapist *January 2019* 

### **Academy of Orofacial Myofunctional Therapy**

Introduction to Myofunctional Therapy *October 2013* 

### Hands on Healing Institute Tujunga, CA

Certified Massage Therapist *March 2006* 

## American Academy of Craniofacial Pain Dallas, TX

TMJ Assistant July 2003