LAUREN JOHNSON

linkedin.com/in/Lauren-Johnson-OMT

LJohnsonOMT@gmail.com (530) 721-2352 Montrose, CA

EXPERIENCE

OROFACIAL MYOFUNCTIONAL THERAPIST

Nov 2013 – Present

- Evaluate and assess orofacial muscle function and observe for signs of tethered oral tissues
- Develop and implement individualized treatment plans to correct dysfunctions and improve function
- Collaborate with a multidisciplinary team to provide comprehensive care for optimal patient outcomes.
- Coordinate care for patients with tethered oral tissues
- Provide patient teaching to facilitate long-term change and maintenance of orofacial muscular health.

DENTAL PRACTICE ADMINISTRATOR & CASE MANAGER

J. Bruce Johnson, D.D.S., APDC • Montrose, CA

Oct 2003-Present

- Oversee practice operations and evaluate systems for efficiency
- Manage staff, including recruitment, onboarding, and performance evaluations
- Administer payroll, benefits, and ensure compliance with HR policies and regulations
- Monitor practice metrics and implement changes as appropriate to address deficiencies
- Work with clinical staff to improve protocol efficiency and patient satisfaction
- Network with local, state, and national professionals to facilitate patient referrals and continuation of care
- Develop and implement systems for patient care, recall, and follow-up
- Oversee case management, reviewing an average of 35 patient cases per week, ensuring progress and treatment continuity
- Coordinate patient records, documentation, and case management
- Collaborate with healthcare providers to ensure comprehensive care and resolve patient concerns
- Educate patients on home care and promote compliance for successful treatment outcomes

PRIOR WORK EXPERIENCE

- Dental Assistant and In-House Laboratory Technician
- Dental Front Office & Medical Insurance Cross-Coding Specialist

STRENGTHS

- Problem-Solving & Conflict-Resolution
- Interpersonal & Networking Relations
- Efficiency-Focused & Purpose Driven
- Excellent Patient Education Skills
- Process Improvement Mindset
- Skilled Time-Management
- Patient-Centered Care

EDUCATION

California State University, Los Angeles • Los Angeles • CA

Bachelor of Science in Nursing, Expected Graduation May 2025

Glendale Community College - Glendale - CA

Associate of Science in Health Sciences, February 2025

CERTIFICATIONS

MyoResearch • Rancho Cucamonga, CA

MRC Myofunctional Therapist • Jan 2019

Academy of Orofacial Myofunctional Therapy

Introduction to Myofunctional Therapy • Oct 2013

Hands on Healing Institute • Tujunga, CA

Certified Massage Therapist • Mar 2006

American Academy of Craniofacial Pain - Dallas, TX TMJ Assistant - Jul 2003