

LAUREN JOHNSON

linkedin.com/in/Lauren-Johnson-OMT

Montrose, CA

EXPERIENCE

OROFACIAL MYOFUNCTIONAL THERAPIST

November 2013 – Present

- Evaluate and assess orofacial muscle function and observe for signs of tethered oral tissues
- Develop and implement individualized treatment plans to correct dysfunctions and improve function
- Collaborate with a multidisciplinary team to provide comprehensive care for optimal patient outcomes
- Coordinate care for patients with tethered oral tissues
- Provide patient teaching to facilitate long-term change and maintenance of orofacial muscular health

DENTAL PRACTICE ADMINISTRATOR & CASE MANAGER

J. Bruce Johnson, D.D.S., APDC

October 2003 – Present

- Oversee practice operations and evaluate systems for efficiency
- Manage staff, including recruitment, onboarding, and performance evaluations
- Administer payroll, benefits, and ensure compliance with HR policies and regulations
- Monitor practice metrics and implement changes as appropriate to address deficiencies
- Work with clinical staff to improve protocol efficiency and patient satisfaction
- Network with local, state, and national professionals to facilitate patient referrals and continuation of care
- Develop and implement systems for patient care, recall, and follow-up
- Oversee case management, reviewing an average of 35 patient cases per week, ensuring progress and treatment continuity
- Coordinate patient records, documentation, and case management
- Collaborate with healthcare providers to ensure comprehensive care and resolve patient concerns
- Educate patients on home care and promote compliance for successful treatment outcomes

PRIOR WORK EXPERIENCE

- Dental Assistant and In-House Laboratory Technician
- Dental Front Office & Medical Insurance Cross-Coding Specialist

EDUCATION

BACHELOR OF SCIENCE IN NURSING

California State University Los Angeles

Los Angeles, CA

May 2025

ASSOCIATE OF SCIENCE IN HEALTH SCIENCES

Glendale Community College

Glendale, CA

February 2025

STRENGTHS

- Problem-Solving & Conflict-Resolution
- Interpersonal & Networking Relations
- Efficiency-Focused & Purpose Driven
- Excellent Patient Education Skills
- Process Improvement Mindset
- Skilled Time-Management
- Intuitive Patient-Centered Care

CERTIFICATIONS

MRC MYOFUNCTIONAL THERAPIST

MyoResearch

Rancho Cucamonga, CA

January 2019

INTRODUCTION TO MYOFUNCTIONAL THERAPY

Academy of Orofacial Myofunctional Therapy

Los Angeles, CA

October 2013

CERTIFIED MASSAGE THERAPIST

Hands on Healing Institute

Tujunga, CA

March 2006

TMJ ASSISTANT

American Academy of Craniofacial Pain

Dallas, TX

July 2003