P L A N N I N G

**P R E P A R I N G F O R Y O U R**

**N D I S P L A N N I N G M E E T I N G**

**W H A T T O E X P E C T**

Once your eligibility to receive support under the National Disability Insurance Scheme (NDIS) has been confirmed by the National Disability Insurance Agency (NDIA) you will need to attend a planning meeting, this can be conducted either over the phone or in person. This meeting provides an opportunity for you to discuss your disability, and to gather information which will be developed into a plan that is best suited to your individual needs. You may bring a family member, friend or advocate to attend with you.

**P R E P A R A T I O N**

Before attending your planning meeting, it is important to think about what affect your autism spectrum disorder has on your life and what your goals are for the future. The NDIS Representative will use your answers to determine the support you will receive. Detailed Information on goal setting can be found [here.](https://www.ndis.gov.au/participants/creating-your-plan/planning-achieve-your-goals#%3A~%3Atext%3DGoals%20are%20things%20you%20want%2Cyour%20relationships%20and%20making%20friends) The NDIA also recommends that you complete the participant booklet two on planning which can be viewed [here](https://www.ndis.gov.au/about-us/publications/booklets-and-factsheets#participant-booklets). The summary of answers from those you provided during the NDIS Advisor application may help you to fill out this booklet accurately.

**C H E C K L I S T**

Complete participation booklet (planning).

Decide who you would like to accompany you to your meeting. Gather evidence of your disability and circumstances e.g. reports, records.

Write down any questions you would like to ask during your meeting.

More detailed information on preparing for your planning meeting can be found on the [NDIS Website here.](https://www.ndis.gov.au/participants/how-planning-process-works#preparing-for-your-planning-meeting)