

ZOOM IN ON RECOVERY GROUP OF NA



Hello, my name is _____, and I'm an addict. Let's open this meeting with a moment of silence, followed by the Serenity Prayer.

****SERENITY PRAYER****

Welcome to Zoom in on Recovery, an LGBTQIA+ meeting of Narcotics Anonymous. As the Third Tradition states, the only requirement for membership is a desire to stop using – so ALL are here, and all are welcome. We ask that you please respect peoples' pronouns and gender identities. This is a safe space for all. We meet online daily, from 7pm to 8pm Eastern Time, to help each other stay clean. This is an OPEN meeting for anyone interested in NA. However, we ask that only members who identify as addicts, or think they have a problem with drugs, share at this meeting.

It is this group's conscience, if you smoke or vape, please turn your camera off or step out of its view. We also ask that all meeting participants be fully clothed.

To avoid Zoom "bombing" and to maintain your anonymity, only our co-hosts can change your name. Please direct message the co-host with the asterisk to rename yourself. Tonight, that person is _____. You may direct message them in the Chat at any time—especially if you're being harassed!

Also, everyone was muted when the meeting began. If you want to read or share, raise your hand and I will unmute you. To read or share from a computer or a mobile device, click on "REACTIONS" at the bottom of your screen, then click on "RAISE HAND".

We've asked a friend to read:

- *Who is an Addict?*
- *What is the Narcotics Anonymous program?*
- *Why are we here?*
- *How It Works*

(SHARE THE 7TH TRADITION SLIDE)

Thank you to all the readers. The format of this meeting is a book study. I will ask someone to read the Just for Today daily meditation and the speaker will share for 10-15 minutes. Afterwards, the room will be open for sharing. **We will pause the meeting at 7:50 to call for a "BURNING DESIRE."**

The 7th Tradition states that every NA group ought to be fully self-supporting, declining outside contributions. In order to collect the 7th Tradition, we use PayPal. The email is ZIORtreasurer01@gmail.com OR use the QR code, which are also displayed in the chat box.

Our business meetings are held every 1st & 3rd Monday at 6:00 pm. If you have a working knowledge of Zoom and PowerPoint, **OR** are willing to learn, training is available for host and co host for the meeting. Please come to the business meeting to find out more!

The last day of the month is reserved for an ANNIVERSARY PANEL. If you are celebrating an

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anniversary of 1 year or more during this month, please come to this meeting to celebrate and share your experience, strength, and hope on the anniversary panel.

The 12th Tradition states that “Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.” So, remember—who you see here, what you hear here, when you leave here, let it stay here.

(CO-HOST STOP SHARING SLIDES)

The NEWCOMER is the most important person at any meeting. So, if you are new to this Group, put your name in the Chat section. And if you are in your first 90 days, please post your clean time in the Chat, too. This isn't meant to embarrass you; it is only so we may get to know you. This Group has a Basic Text gift program. If you need a basic text, please direct message me or our Co-Host so that we can arrange to get you either a paper or digital version.

NA is a program of suggestions:

- Make 90 meeting in 90 days.
- Get phone numbers and use them.
- Get a sponsor who has a sponsor with a working knowledge of the 12 Steps and 12 Traditions of Narcotics Anonymous.
- Marry a slogan, like “easy does it”, “meeting makers make it”, “learn to listen and listen to learn”, “don't use no matter what” and “if you don't pick it up-you can't get high.”

We start the Anniversary Celebration with a clean-time countdown. When we say your clean time, please unmute yourself and state your clean time. If you want to share on the panel tonight, please put your clean time in the chat box. We'll start the celebration with the person who is newest to recovery.

(CO-HOST SHARE KEYTAG SLIDES)

Who has Multiple Years Clean?

- 18 Months Clean?
- 1 Year Clean?
- 9 Months Clean?
- 6 Months Clean?
- 90 Days Clean?
- 60 Days Clean?
- 30 Days Clean?

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- 1 to 29 Days Clean?
- Who has Just for Today?
- And the most important person in the room – **Is there anyone in their first 24 hours clean or at their first NA meeting?**

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*For one panelist, allow 10-15
minutes For 2-5 panelists, 10
minutes each
For 6+ panelists, 5 minutes each*

****CHAIRPERSON CALLS ON PANELISTS – FROM LEAST TO MOST YEARS
CLEAN****

****IF TIME ALLOWS FOR OPEN SHARING:****

Please keep your shares to 3 minutes. I'll notify you when you have one minute left that your time is coming to a close. I will signal at 3 minutes that your time has concluded.

If you are high or have taken any self-prescribed mood- or mind-altering substances in the past 24 hours, we ask that you not share in the sharing portion of the meeting. Please don't leave with a resentment, stay after the meeting so we can get to know you. Everyone remember, please do not crosstalk, give advice or directly respond to another person's share. The meeting is now open.

****OPEN SHARING****

7:50pm: CALL FOR BURNING DESIRE: A "BURNING DESIRE" is defined in this group as wanting to use drugs. If you have a burning desire, please raise your hand. If you have shared already AND still have a burning desire, put the words "BURNING DESIRE" in the CHAT. Please don't disconnect with a resentment; stay after the meeting. We keep the meeting open for a few minutes for that purpose.

****PANELIST WITH THE MOST CLEAN TIME CLOSES THE MEETING****