

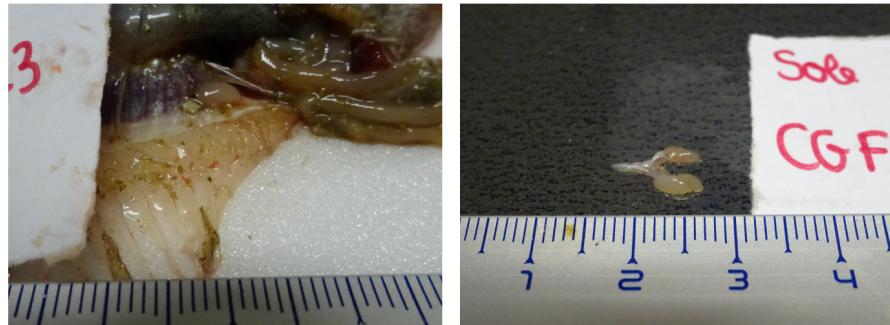
## VISUAL MATURITY SCALE

### Sole / *Solea solea*



#### A - IMMATURE

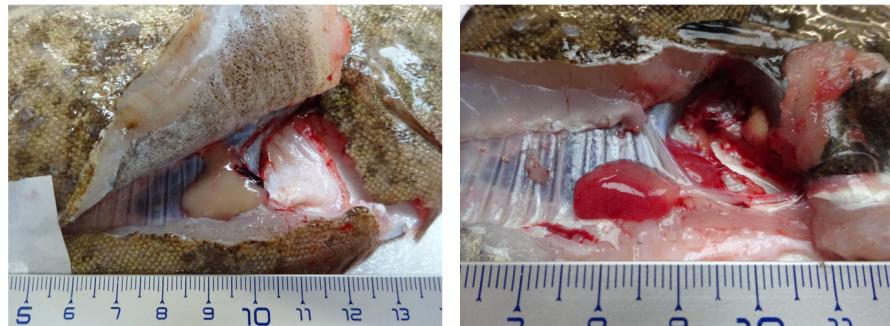
TRANSPARENT TO  
TRANSLUCID GONADS



#### B - DEVELOPING

Gonads are filling and  
becoming opaque

NON-FLOWING  
GONADS



#### C - SPAWNING

FLOWING GONADS

OPAQUE AND  
WHITISH GONADS



#### D - REGRESSION/REGENERATION

BLOOD RESIDUE IN  
TISSUES

FLABBY GONADS

MILT RESIDUALS



**Sole / Solea solea****E - OMITTED SPAWNING**

UNDETERMINABLE WITH THE NAKED EYE

**F - ABNORMAL**NECROSIS,  
SCLEROSIS OR  
INTERSEX

Picture	Sex	Species	First maturity size
		Solea solea	19 -27 cm

**References/Photos :**

ICES (WKASMSF 2018 & WKMATCH 2012),  
IFREMER,

Quéro J-C. et Vayne J-J.2008. Les poissons de mer des pêches françaises : delachaux et niestlé, 304  
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