

# Markets Summary

## Market Profile Key:

### Market Name -

The markets name or name commonly used when referring to a large region we serve.

### Other Names / Identifiers –

Labels that may appear in Ubiquity chart headings.

### Additional Market Divisions –

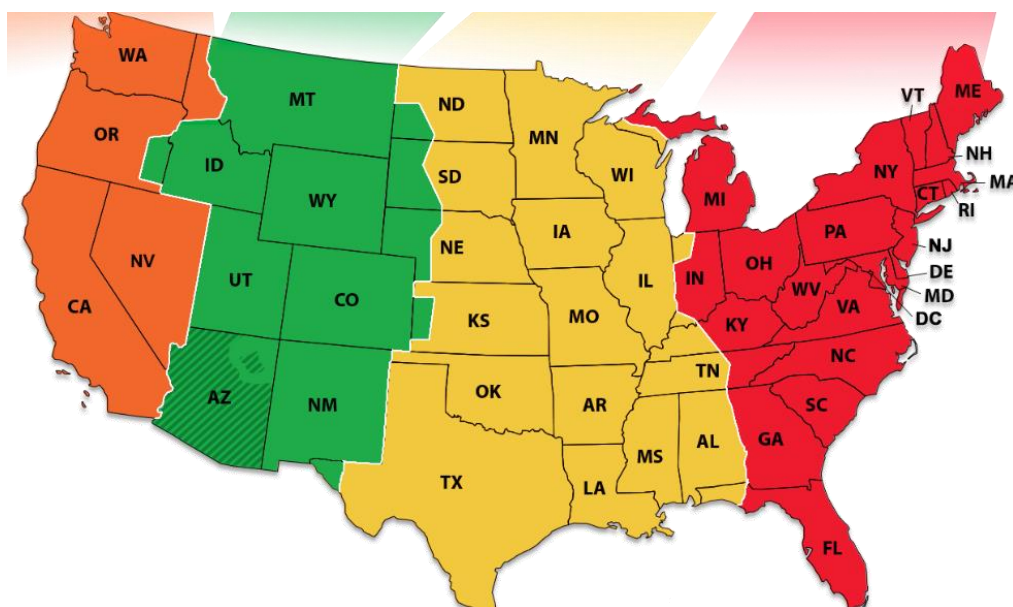
Similar to “Other Names / Identifiers” this text indicates labels that are used in our InContact Address Book.

### Market Nuances:

Specific market call flows and nuances are listed in the “Call Transfer Flow” section of the PCC Training Manual. A “Market Nuances” note indicates additional information is available in that section.

**Market Hours:** Monday – Friday  
8:30 AM – 5:30 PM (*Local Time*)

### National Time Zone Map:



| Pacific (PST) | Mountain (MST) | Central (CST) | Eastern (EST) |
|---------------|----------------|---------------|---------------|
| 7:00 AM       | 8:00 AM        | 9:00 AM       | 10:00 AM      |

## Market Quick Select

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### AL

- [Birmingham, Mobile, Montgomery](#)

### NY

- [Albany](#)
- [Buffalo](#)
- [Central NY](#)
- [NYC Metro](#)

### NJ

- [Newark & Tom's River](#)

### PA / DEL

- [Pennsylvania + Delaware](#)

### VA, MD

- [Mid-Atlantic South](#)

### NC

- [East North Carolina](#)
- [West North Carolina](#)

### SC

- [Charleston, Columbia, Greenville, Myrtle Beach](#)

### OH / KY

- [Ohio / Kentucky / Fort Wayne](#)

### IN

- [Indianapolis, Fort Wayne](#)

### IA, AR, KS / MO

- [Des Moines](#)
- [Cedar Rapids](#)
- [Arkansas](#)
- [Kansas / Missouri](#)

### IL

- [Chicago](#)

### IL / MO

- [St. Louis](#)

### CA

- [North California](#)
- [South California \(SoCal\)](#)

### GA

- [Atlanta, Macon, Valdosta](#)

### LA, MS

- [Gulf Coast](#)

### CO

- [Denver](#)

### FL

- [North Florida](#)
- [South Florida](#)

### TN

- [Tennessee](#)

### MA, ME, NH, RI, CT

- [New England](#)
- [Connecticut](#)

### MI

- [Detroit](#)
- [East Michigan](#)
- [West Michigan](#)

### MN, WI

- [Upper Midwest](#)

### AZ

- [Arizona](#)

### WA, OR

- [Greater Northwest](#)

### OK

- [Oklahoma](#)

### TX

- [North Central Texas, Houston](#)
- [San Antonio](#)

### UT

- [Utah](#)

## Landmark Health Markets

### Alabama Time Zone (CST)

AL

Birmingham, Mobile, Montgomery

**Birmingham Office**  
300 Vestavia Parkway  
Suite 2300  
Birmingham, AL 35216

**Phone:** (866) 607-2869

**Fax:** (844) 901-9446

**Mobile Office**  
3205 Westside Park  
Mobile, AL 36695

**Phone:** (866) 607-0648

**Fax:** (844) 901-9447

**Montgomery Office**  
7480 Halcyon Point Drive  
Suite 300  
Montgomery, AL 36117

**Phone:** (866) 607-1498

**Fax:** (844) 901-9448

**Market Skills:**

Birmingham Market

Mobile Market

Montgomery Market

**LM1 Clinical Skills:**

Birmingham LM1 Clinical

Mobile LM1 Clinical

Montgomery LM1 Clinical

**Triage Skills:**

Birmingham Triage

Mobile Triage

Montgomery Triage

**Emails:**

**Outreach:** (205) 745-5686

Birmingham Call Center

[Call\\_Center\\_Birmingham@landmarkhealth.org](mailto:Call_Center_Birmingham@landmarkhealth.org)

Mobile Call Center

[Call\\_Center\\_Mobile@Landmarkhealth.org](mailto:Call_Center_Mobile@Landmarkhealth.org)

Montgomery Call Center

[Call\\_Center\\_Montgomery@landmarkhealth.org](mailto:Call_Center_Montgomery@landmarkhealth.org)

Birmingham Triage

[BirminghamTriage@incontactemail.com](mailto:BirminghamTriage@incontactemail.com)

Mobile Triage

[MobileTriage@incontactemail.com](mailto:MobileTriage@incontactemail.com)

Montgomery Triage

[MontgomeryTriage@incontactemail.com](mailto:MontgomeryTriage@incontactemail.com)

Birmingham Local Outreach

[Birmingham\\_LocalOutreach@landmarkhealth.org](mailto:Birmingham_LocalOutreach@landmarkhealth.org)

Mobile Local Outreach

[Mobile\\_LocalOutreach@landmarkhealth.org](mailto:Mobile_LocalOutreach@landmarkhealth.org)

Montgomery Local Outreach

[Montgomery\\_LocalOutreach@landmarkhealth.org](mailto:Montgomery_LocalOutreach@landmarkhealth.org)

**Cheat Sheets:**

 [Birmingham Cheat Sheet.pdf](#)

 [Mobile Cheat Sheet.pdf](#)

 [Montgomery Cheat Sheet.pdf](#)

## Albany Time Zone (EST)

NY

**Albany Office**  
1205 Troy Schenectady Rd  
Suite 101  
Latham, NY 12110

**Phone:** (518) 348-3176  
**Fax:** (844) 574-2616

**Market Skills:**

Albany Market

**LM1 Clinical Skills:**

Albany LM1 Clinical

**Triage Skills:**

Albany Triage

**Emails:**

**Outreach:** (518) 362-8197

Call Center [Call\\_Center\\_Albany@landmarkhealth.org](mailto:Call_Center_Albany@landmarkhealth.org)

Triage [albanytriage@incontactemail.com](mailto:albanytriage@incontactemail.com)

Local Outreach [albanyoutreach@landmarkmedicalny.org](mailto:albanyoutreach@landmarkmedicalny.org)

**Cheat Sheets:**

 [Albany Cheat Sheet.pdf](#)

## Buffalo Time Zone (EST)

NY

WNY Market

**Buffalo / Rochester Office**  
701 Seneca Street  
Suite 646,  
Buffalo, NY 14210

**Phone:** (716) 995-4450  
**Fax:** (844) 206-7424

**Market Skills:**

Buffalo Market

**LM1 Clinical Skills:**

Buffalo LM1 Clinical

**Triage Skills:**

Buffalo Triage

**Emails:**

**Outreach:** (716) 995-4450

Call Center [Call\\_Center\\_Buffalo@landmarkhealth.org](mailto:Call_Center_Buffalo@landmarkhealth.org)

Triage [buffalotriage@incontactemail.com](mailto:buffalotriage@incontactemail.com)

Local Outreach [BuffaloOutreach@landmarkmedicalny.org](mailto:BuffaloOutreach@landmarkmedicalny.org)

**Cheat Sheets:**

 [Buffalo Cheat Sheet.pdf](#)

## Central NY / Syracuse

NY

Syracuse / Rochester

**Central NY Office**  
5015 Campuswood Drive  
Suite 107  
East Syracuse, NY 13057

**Phone:** (315) 204-0397

**FAX:** (844) 206-7424

**Market Skills:**

Central NY Market

**LM1 Clinical Skills:**

Central NY LM1 Clinical

**Triage Skills:**

Central NY Triage

**Emails:**

Call Center [callcentercentralny@landmarkhealth.org](mailto:callcentercentralny@landmarkhealth.org)

Triage [CentralNYTriage@incontactemail.com](mailto:CentralNYTriage@incontactemail.com)

Local Outreach [lhSyracuseall@landmarkhealth.org](mailto:lhSyracuseall@landmarkhealth.org)

**Cheat Sheets:**



[Central NY Cheat Sheet.pdf](#)

## New York City Metro Time Zone (EST)

NY

NYC Metro

**NYC Metro Office**  
3000 Marcus Ave.  
Suite 2W15  
New Hyde, NY 11042

**Phone:** (855) 201-4988

**Fax:** (844) 832-6320

**Market Skills:**

NYC Metro Market

**LM1 Clinical Skills:**

NYC Metro LM1 Clinical

**Triage Skills:**

NYC Metro Triage

**Emails:**

**Outreach:** (347) 354-3769

Call Center [Call\\_Center\\_NY\\_Metro@landmarkhealth.org](mailto:Call_Center_NY_Metro@landmarkhealth.org)

Triage [nymetrotrriage@incontactemail.com](mailto:nymetrotrriage@incontactemail.com)

Local Outreach [HBMC-NYCO outreach@ds.uhc.com](mailto:HBMC-NYCO outreach@ds.uhc.com)

**Cheat Sheets:**



[NYC Cheat Sheet.pdf](#)

## New Jersey Time Zone (EST)

NJ

### Tom's River, Secaucus, Newark

**Tom's River Office**  
1415 Hooper Ave.  
Ste. 204, Unit C  
Toms River, NJ 08753

**Phone:** (833) 202-5516  
**Fax:** (833) 983-2850

#### Market Skills:

Newark Market  
Toms River Market

**Secaucus Office**  
One Harmon Plaza  
Suite 304  
Secaucus, NJ 07094

**Phone:** (833) 202-5499  
**Fax:** (833) 983-2851

#### LM1 Clinical Skills:

Newark LM1 Clinical  
Toms River LM1 Clinical

#### Triage Skills:

Newark Triage  
Toms River Triage

#### Emails:

**Outreach:** (732) 201-5774

Newark Call Center

[Call\\_Center\\_Newark@landmarkhealth.org](mailto:Call_Center_Newark@landmarkhealth.org)

Tom's River Call Center

[Call\\_Center\\_TomsRiver@landmarkhealth.org](mailto:Call_Center_TomsRiver@landmarkhealth.org)

Newark Triage

[Newarktriage@incontactemail.com](mailto:Newarktriage@incontactemail.com)

Tom's River Triage

[TomsRiverTriage@incontactemail.com](mailto:TomsRiverTriage@incontactemail.com)

Local Outreach

[newjerseylocaloutreach@landmarkhealth.org](mailto:newjerseylocaloutreach@landmarkhealth.org)

#### Cheat Sheets:



[Newark Cheat Sheet.pdf](#)



[Tom's River Cheat Sheet.pdf](#)

## Pennsylvania / Delaware Time Zone (EST)

PA, DEL

Central PA, Harrisburg, Pittsburgh, Philadelphia, Dover

### Harrisburg Office

2401 Park Drive  
Harrisburg, PA 17110

**Phone:** (877) 257-2192

**Fax:** (844) 803-8108

### Market Skills:

Harrisburg Market  
Philadelphia Market  
Pittsburgh Market  
Dover Market

### Pittsburgh Office

2 Alleghany Center  
Suite 600  
Pittsburgh, PA 15212

**Phone:** (833) 202-5492

**Fax:** (833) 983-2849

### LM1 Clinical Skills:

Harrisburg LM1 Clinical  
Philadelphia LM1 Clinical  
Pittsburgh LM1 Clinical  
Dover LM1 Clinical

### Triage Skills:

Harrisburg Triage  
Philadelphia Triage  
Pittsburgh Triage  
Dover Triage

### Emails:

**Outreach:** (717) 732-4764

Pennsylvania Call Center

[Call\\_Center\\_Pennsylvania@landmarkhealth.org](mailto:Call_Center_Pennsylvania@landmarkhealth.org)

Delaware Call Center

[Call\\_Center\\_Dover@landmarkhealth.org](mailto:Call_Center_Dover@landmarkhealth.org)

Harrisburg Triage

[harrisburgtriage@incontactemail.com](mailto:harrisburgtriage@incontactemail.com)

Pittsburgh Triage

[PittsburghTriage@incontactemail.com](mailto:PittsburghTriage@incontactemail.com)

Philadelphia Triage

[PhiladelphiaTriage@incontactemail.com](mailto:PhiladelphiaTriage@incontactemail.com)

Dover Triage

[Dovertriage@incontactemail.com](mailto:Dovertriage@incontactemail.com)

Local Outreach

[CentralPAOutreach@landmarkhealth.org](mailto:CentralPAOutreach@landmarkhealth.org)

### Cheat Sheets:



[Central PA Cheat Sheet.pdf](#)



[Pittsburgh Cheat Sheet.pdf](#)



[Philadelphia Cheat Sheet.pdf](#)



[Dover Cheat Sheet.pdf](#)



## Mid-Atlantic South Time Zone (EST)

VA, MD

Richmond, Norfolk, Virginia, Maryland, Baltimore

### Virginia Office

14321 Winter Breeze Dr  
Midlothian, VA 23113

**Phone:** (804) 223-6445  
**FAX:** (888) 442-6953  
**Outreach:** (804) 220-5362

### Market Skills:

Virginia Market  
Baltimore Market

### Maryland Office

10175 Little Patuxent Pkwy  
Suite 200  
Columbia, MD 21044

**Phone:** (410) 657-5061  
**FAX:** (866) 279-3314  
**Outreach:** (855) 783 8039

### LM1 Clinical Skills:

Virginia LM1 Clinical  
Baltimore LM1 Clinical

### Triage Skills:

Virginia Triage  
Baltimore Triage

### Emails:

Virginia Call Center  
Maryland Call Center  
Virginia Triage  
Maryland Triage  
Local Outreach

[Call\\_Center\\_Virginia@landmarkhealth.org](mailto:Call_Center_Virginia@landmarkhealth.org)  
[Call\\_Center\\_Baltimore@landmarkhealth.org](mailto:Call_Center_Baltimore@landmarkhealth.org)  
[VirginiaTriage@incontactemail.com](mailto:VirginiaTriage@incontactemail.com)  
[Baltimoretriage@incontactemail.com](mailto:Baltimoretriage@incontactemail.com)  
[CentralPAOutreach@landmarkhealth.org](mailto:CentralPAOutreach@landmarkhealth.org)  
(Central PA Outreach Mailbox)

### Cheat Sheets:



[Virginia Cheat Sheet .pdf](#)



[Baltimore Cheat Sheet.pdf](#)



## East North Carolina Time Zone (EST)

NC

### Raleigh-Durham

**Raleigh-Durham Office**  
2645 Meridian Pkwy  
Suite 323  
Durham, NC 27713

**Phone:** (833) 355-6036  
**Fax:** (844) 813-6747

**Market Skills:**  
East NC Market  
**LM1 Clinical Skills:**  
East NC LM1 Clinical  
**Triage Skills:**  
East NC Triage

**Emails:**

Call Center

Triage

Local Outreach

**Outreach:** (984) 227-8916

[Call\\_Center\\_EastNC@landmarkhealth.org](mailto:Call_Center_EastNC@landmarkhealth.org)

[EastNCTriage@incontactemail.com](mailto:EastNCTriage@incontactemail.com)

[NCLocalOutreach@landmarkhealth.org](mailto:NCLocalOutreach@landmarkhealth.org)

**Cheat Sheets:**



[East North Carolina Cheat Sheet.pdf](#)

## West North Carolina Time Zone (EST)

NC

### Winston-Salem

**Winston-Salem Office**  
380 Knollwood St  
Suite 305  
Winston-Salem, NC 27103

**Phone:** (833) 357-2966  
**Fax:** (855) 299-2182

**Market Skills:**  
West NC Market  
**LM1 Clinical Skills:**  
West NC LM1 Clinical  
**Triage Skills:**  
West NC Triage

**Emails:**

Call Center

Triage

Local Outreach

**Outreach:** (984) 227-8916

[Call\\_Center\\_WestNC@landmarkhealth.org](mailto:Call_Center_WestNC@landmarkhealth.org)

[WestNCTriage@incontactemail.com](mailto:WestNCTriage@incontactemail.com)

[NCLocalOutreach@landmarkhealth.org](mailto:NCLocalOutreach@landmarkhealth.org)

**Cheat Sheets:**



[West North Carolina Cheat Sheet.pdf](#)

## South Carolina Time Zone (EST)

SC

Charleston, Columbia, Greenville, Myrtle Beach,

### Columbia Office

1901 Main St.  
Suite 1400  
Columbia, SC 29201

**Phone:** (833) 202-5985

**Fax:** (833) 983-2839

### Market Skills:

Charleston OAH Market  
Charleston Market  
Columbia Market  
Greenville Market  
Myrtle Beach Market

### Charleston

(No Address)

**Phone:** (833) 202-5601

**Fax:** (833) 983-2040

### LM1 Clinical Skills:

Charleston LM1 Clinical  
Charleston LM1 Clinical  
Columbia LM1 Clinical  
Greenville LM1 Clinical  
Myrtle Beach LM1 Clinical

### Greenville

(No Address)

**Phone:** (833) 202-5987

**Fax:** (833) 983-2841

### Myrtle Beach

(No Address)

**Phone:** (833) 202-5989

**Fax:** (833) 983-2842

### Triage Skills:

Charleston OAH Triage  
Charleston UHG Triage  
Columbia Triage  
Greenville Triage  
Myrtle Beach Triage

### Emails:

**Outreach:** (984) 227-8916

Charleston Call Center

[Call\\_Center\\_Charleston@landmarkhealth.org](mailto:Call_Center_Charleston@landmarkhealth.org)

Columbia Call Center

[Call\\_Center\\_Columbia@landmarkhealth.org](mailto:Call_Center_Columbia@landmarkhealth.org)

Greenville Call Center

[Call\\_Center\\_Greenville@landmarkhealth.org](mailto:Call_Center_Greenville@landmarkhealth.org)

Myrtle Beach Call Center

[Call\\_Center\\_Myrtlebeach@landmarkhealth.org](mailto:Call_Center_Myrtlebeach@landmarkhealth.org)

Charleston Triage

[charlestontriage@incontactemail.com](mailto:charlestontriage@incontactemail.com)

Columbia Triage

[ColumbiaTriage@incontactemail.com](mailto:ColumbiaTriage@incontactemail.com)

Greenville Triage

[GreenvilleTriage@incontactemail.com](mailto:GreenvilleTriage@incontactemail.com)

Myrtle Beach Triage

[MyrtleBeachtriage@incontactemail.com](mailto:MyrtleBeachtriage@incontactemail.com)

Local Outreach

[socarolinalocaloutreach@landmarkhealth.org](mailto:socarolinalocaloutreach@landmarkhealth.org)

### Cheat Sheets:



[Charleston Cheat Sheet.pdf](#)



[Columbia Cheat Sheet.pdf](#)



[Greenville Cheat Sheet.pdf](#)



[Myrtle Beach Cheat Sheet.pdf](#)

## Ohio Valley / Kentucky Time Zone (EST)

OH, KY

**Ohio** = Greater Cleveland, Cleveland, Columbus

*\*Includes areas of Cincinnati (check Demographics in Ubiquity)*

**Kentucky** = Greater Cincinnati, Cincinnati

**Ohio Office**  
5151 Pfeiffer Rd  
Suite 350  
Blue Ash, OH 45242

**Phone:** (833) 358-2113  
**Fax:** (855) 299-2185

**Kentucky Office**  
3455 Mill Run Dr.  
Suite 310  
Hillard, OH 43026

**Phone:** (833) 358-2665  
**Fax:** (855) 362-0779

### Market Skills:

Greater Cincinnati Market  
Cleveland Columbus Market  
Kentucky Triage

### LM1 Clinical Skills:

Greater Cincinnati LM1 Clinical  
Cleveland Columbus LM1 Clinical  
Kentucky LM1 Clinical

### Triage Skills:

Greater Cincinnati Triage  
Greater Cleveland Triage  
Kentucky Market

### Emails:

**Outreach:** (380) 390-3746

Cleveland Call Center [CallCenterGreaterCleveland@landmarkhealth.org](mailto:CallCenterGreaterCleveland@landmarkhealth.org)

Cincinnati Call Center [Call\\_Center\\_Cincinnati@landmarkhealth.org](mailto:Call_Center_Cincinnati@landmarkhealth.org)

OH / Cleveland Triage [GreaterClevelandTriage@incontactemail.com](mailto:GreaterClevelandTriage@incontactemail.com)

OH / Cincinnati Triage [Ohiotriage@incontactemail.com](mailto:Ohiotriage@incontactemail.com)

KY / Cincinnati Triage [Kentuckytriage@incontactemail.com](mailto:Kentuckytriage@incontactemail.com)

Local Outreach Greater Cleveland [LH\\_Greater\\_Clev\\_CHAs@landmarkhealth.org](mailto:LH_Greater_Clev_CHAs@landmarkhealth.org)

Local Outreach Greater Cincinnati [LH\\_GC\\_CHAs@landmarkhealth.org](mailto:LH_GC_CHAs@landmarkhealth.org)

### Cheat Sheets:

 [Greater Cleveland Cheat Sheet.pdf](#)

 [Greater Cincinnati KY Cheat Sheet.pdf](#)

## Indiana Time Zone (EST)

Indianapolis, Fort Wayne

IN

**Indianapolis Office**  
7440 Woodland Drive  
Indianapolis, IN 46278

**Phone:** (866) 603-7608  
**Fax:** (833) 711-1337  
**Outreach:** (463) 204-0348

**Market Skills:**  
Fort Wayne Market  
Indianapolis Market

**Fort Wayne Office**  
1690 Broadway  
Ft. Wayne, IN 46802

**Phone:** (866) 603-7606  
**Fax:** (833) 983-2037  
**Outreach:** (260) 200-3383

**LM1 Clinical Skills:**  
Fort Wayne LM1 Clinical  
Indianapolis LM1 Clinical

### Emails:

Indianapolis Call Center  
Fort Wayne Call Center  
Indianapolis Triage  
Fort Wayne Triage  
Local Outreach

**Triage Skills:**  
Fort Wayne Triage  
Indianapolis Triage

[Call\\_Center\\_Indianapolis@landmarkhealth.org](mailto:Call_Center_Indianapolis@landmarkhealth.org)  
[Call\\_Center\\_FortWayne@Landmarkhealth.org](mailto:Call_Center_FortWayne@Landmarkhealth.org)  
[IndianapolisTriage@incontactemail.com](mailto:IndianapolisTriage@incontactemail.com)  
[FtWayneTriage@incontactemail.com](mailto:FtWayneTriage@incontactemail.com)  
[LH\\_GC\\_CHAs@landmarkhealth.org](mailto:LH_GC_CHAs@landmarkhealth.org)

### Cheat Sheets:



[Indianapolis Cheat Sheet.pdf](#)



[Fort Wayne Cheat Sheet.pdf](#)

## Des Moines Time Zone (CST)

IA

### Heartland Market, Des Moines

**Market Office**

1089 Jordan Creek Parkway  
Suite 200  
West Des Moines IA 50266

**Phone:** (515) 531-8013

**Fax:** (833) 983-2836

**Market Skills:**

Des Moines Market

**LM1 Clinical Skills:**

Des Moines LM1 Clinical

**Triage Skills:**

Des Moines Triage

**Emails:**

Call Center

[Call\\_Center\\_DesMoines@landmarkhealth.org](mailto:Call_Center_DesMoines@landmarkhealth.org)

Triage

[DesMoinesTriage@incontactemail.com](mailto:DesMoinesTriage@incontactemail.com)

Local Outreach

[IALocalOutreach@landmarkhealth.org](mailto:IALocalOutreach@landmarkhealth.org)

**Outreach:** (319) 208-2596

**Cheat Sheets:**

[Des Moines Cheat Sheet .pdf](#)

## Cedar Rapids Time Zone (CST)

IA

### Heartland Market, Cedar Rapids

**Market Office**

1089 Jordan Creek Parkway  
Suite 200  
West Des Moines IA 50266

**Phone:** (515) 531-8013

**Fax:** (888) 997-6077

**Market Skills:**

Cedar Rapids IA Market

**LM1 Clinical Skills:**

Cedar Rapids-IA LM1 Clinical

**Triage Skills:**

Cedar Rapids - IA Triage

**Emails:**

Call Center

[Call\\_Center\\_CedarRapids@Landmarkhealth.org](mailto:Call_Center_CedarRapids@Landmarkhealth.org)

Triage

[CedarRapidsIAtrriage@incontactemail.com](mailto:CedarRapidsIAtrriage@incontactemail.com)

Local Outreach

[IALocalOutreach@landmarkhealth.org](mailto:IALocalOutreach@landmarkhealth.org)

**Outreach:** (319) 208-2596

**Cheat Sheets:**

[Cedar Rapids Cheat Sheet .pdf](#)

## Arkansas Time Zone (CST)

AR

### Heartland Market

**Arkansas Office**  
425 W. Capitol Ave  
Suite 345  
Little Rock, AR 72201

**Phone** (501) 213-1032 (Admin)  
(501) 209-8671 (Clinical)

**Fax:** (855) 362-0782

### Market Skills:

Arkansas Market

### LM1 Clinical Skills:

Arkansas LM1 Clinical

### Triage Skills:

Arkansas Triage

**Emails:** **Outreach:** (913) 971-0282

Call Center [Call\\_Center\\_AR@landmarkhealth.org](mailto:Call_Center_AR@landmarkhealth.org)

Triage [arkansatriage@incontactemail.com](mailto:arkansatriage@incontactemail.com)

Local Outreach [AR\\_Local\\_Outreach@landmarkhealth.org](mailto:AR_Local_Outreach@landmarkhealth.org)

### Cheat Sheets:



[Arkansas Cheat Sheet.pdf](#)

## Kansas / Missouri Time Zone (CST)

KS / MO

### Heartland Market, Kansas City,

**Market Office**  
10870 Benson Dr.  
Suite 2160  
Overland Park, KS 66210

**Phone:** (833) 358-0017

**Fax:** (855) 299-2184

### Market Skills:

Kansas Market

Missouri Market

### LM1 Clinical Skills:

Kansas LM1 Clinical

Missouri LM1 Clinical

### Triage Skills:

Kansas Triage

Missouri Triage

**Emails:** **Outreach:** (913) 971-0282

Call Center [callcenterkc@landmarkhealth.org](mailto:callcenterkc@landmarkhealth.org)

Kansas Triage [kansatriage@incontactemail.com](mailto:kansatriage@incontactemail.com)

Missouri Triage [missouritriage@incontactemail.com](mailto:missouritriage@incontactemail.com)

Local Outreach [KS\\_MO\\_LocalOutreach@landmarkhealth.org](mailto:KS_MO_LocalOutreach@landmarkhealth.org)

### Cheat Sheets:



[Kansas City \(KS MO\) Cheat Sheet.pdf](#)

## Chicago Time Zone (CST)

IL

Illinois / IL Market

**Market Office**  
2655 Warrenville Rd.  
Suite 500  
Downers Grove, IL 60515

**Phone:** (773) 840-1339  
**Fax:** (855)-273-3924

**Market Skills:**  
Chicago Market  
**LM1 Clinical Skills:**  
Chicago LM1 Clinical  
**Triage Skills:**  
Chicago Triage

**Emails:**  
Call Center  
Triage  
Local Outreach

**Outreach:** (773) 840-1343  
[Call\\_Center\\_Chicago@Landmarkhealth.org](mailto:Call_Center_Chicago@Landmarkhealth.org)  
[ChicagoTriage@incontactemail.com](mailto:ChicagoTriage@incontactemail.com)  
[Chi\\_LocalOutreach@landmarkhealth.org](mailto:Chi_LocalOutreach@landmarkhealth.org)

### Cheat Sheets:

 [Chicago Cheat Sheet.pdf](#)

## St. Louis Time Zone (CST)

IL, MO

**Market Office**  
13655 Riverport Drive  
Maryland Heights, MO 63043

**Phone:** (855) 783-6877  
**Fax:** (866) 279-3314

**Market Skills:**  
St Louis Market  
**LM1 Clinical Skills:**  
St Louis IL LM1 Clinical  
**Triage Skills:**  
St Louis IL Triage

### Emails:

**Outreach:** (855) 783-7354

Call Center [Call\\_Center\\_StLouis@Landmarkhealth.org](mailto:Call_Center_StLouis@Landmarkhealth.org)  
St. Luis MO Triage [StLouisMOtrriage@incontactemail.com](mailto:StLouisMOtrriage@incontactemail.com)  
St. Luis IL Triage [StLouisILTriage@incontactemail.com](mailto:StLouisILTriage@incontactemail.com)  
Local Outreach [StLouis\\_LocalOutreach@landmarkhealth.org](mailto:StLouis_LocalOutreach@landmarkhealth.org)

### Cheat Sheets:

 [St. Louis Cheat Sheet.pdf](#)



## North California Time Zone (PST)

CA

### Nor Cal

**Bay Area Office**  
395 Oyster Point Blvd  
Suite 512  
San Francisco, CA 94080

**Phone:** (650) 826-2945  
**Fax:** (844) 832-6330

### Market Skills:

Bay Area Market  
Sacramento Market

### LM1 Clinical Skills:

Bay Area LM1 Clinical

### Triage Skills:

Bay Area Triage  
Sacramento Triage

**Sacramento Office**  
1451 Riverpark Dr  
Suite 260  
Sacramento, CA 95815

**Phone:** (916) 250-2057  
**Fax:** (844) 813-6742

### Emails:

**Outreach:** (650) 457-1662

|                         |  |
|-------------------------|--|
| Call Center             | <a href="mailto:Call_Center_Bay_Area@landmarkhealth.org">Call_Center_Bay_Area@landmarkhealth.org</a> |
| Bay Area Triage         | <a href="mailto:bayareatriage@incontactemail.com">bayareatriage@incontactemail.com</a>               |
| Brown and Toland Triage | <a href="mailto:brownandtolandtriage@incontactemail.com">brownandtolandtriage@incontactemail.com</a> |
| Sacramento Triage       | <a href="mailto:sacramentotriage@incontactemail.com">sacramentotriage@incontactemail.com</a>         |
| Local Outreach          | <a href="mailto:NorCal_LocalOutreach@landmarkhealth.org">NorCal_LocalOutreach@landmarkhealth.org</a> |

### Cheat Sheet:

 [NorCal \(Bay Area\) Cheat Sheet.pdf](#)

 [NorCal \(Sacramento\) Cheat Sheet.pdf](#)

## South California Time Zone (PST)

CA

### So Cal

**El Segundo  
/ Los Angeles Office**  
2101 Rosecrans Ave  
Suite 3230  
El Segundo, CA 90245

**Phone:** (323) 628-8670  
**Fax:** (855) 883-6300

**San Diego Office**  
9665 Chesapeake  
Suite 350  
San Diego, CA 92123

**Phone:** (877) 260-2261  
**Fax:** (844) 813-6746

### Market Skills:

El Segundo Market  
Inland Empire Market  
San Diego Market

### LM1 Clinical Skills:

El Segundo LM1 Clinical  
Inland Empire LM1 Clinical  
San Diego LM1 Clinical

### Triage Skills:

El Segundo Triage  
Inland Empire Triage  
San Diego Triage

### Inland Empire:

**Ontario Office**  
3401 Centre Lake Dr.  
Suite 650  
Ontario, CA 91761

**Phone:** (909) 566-0445  
**Fax:** (844) 452-2909

### Emails:

**Outreach:** (657) 400-5045

|                           |  |
|---------------------------|--|
| El Segundo Call Center    | <a href="mailto:Call_Center_El_Segundo@landmarkhealth.org">Call_Center_El_Segundo@landmarkhealth.org</a> |
| El Segundo Triage         | <a href="mailto:elsegundotriage@incontactemail.com">elsegundotriage@incontactemail.com</a>               |
| San Diego Call Center     | <a href="mailto:Call_Center_San_Diego@landmarkhealth.org">Call_Center_San_Diego@landmarkhealth.org</a>   |
| San Diego Triage          | <a href="mailto:sandiegotriage@incontactemail.com">sandiegotriage@incontactemail.com</a>                 |
| Inland Empire Call Center | <a href="mailto:Call_Center_IE@landmarkhealth.org">Call_Center_IE@landmarkhealth.org</a>                 |
| Inland Empire Triage      | <a href="mailto:inlandempiretriage@incontactemail.com">inlandempiretriage@incontactemail.com</a>         |
| Local Outreach            | <a href="mailto:SoCalLocalOutreach@landmarkhealth.org">SoCalLocalOutreach@landmarkhealth.org</a>         |

### Cheat Sheets:



[El Segundo Cheat Sheet.pdf](#)



[San Diego Cheat Sheet.pdf](#)



[Inland Empire Cheat Sheet.pdf](#)

## Louisiana / Mississippi Time Zone (CST)

LA / MS

Gulf Coast, New Orleans

**Market Office**  
One Galleria Blvd  
Suite 1420  
Metairie, LA 70001

**Phone:** (833) 362-6703  
**Fax:** (855) 362-0778  
**Outreach:** (504) 315-2295

### Market Skills:

Louisiana Market  
Mississippi Market

### LM1 Clinical Skills:

Louisiana LM1 Clinical  
Mississippi LM1 Clinical

### Triage Skills:

Louisiana Triage  
Mississippi Triage

### Emails:

Call Center [Call\\_Center\\_LA\\_MS@landmarkhealth.org](mailto:Call_Center_LA_MS@landmarkhealth.org)  
Louisiana Triage [louisianatriage@incontactemail.com](mailto:louisianatriage@incontactemail.com)  
Mississippi Triage [mississippitriage@incontactemail.com](mailto:mississippitriage@incontactemail.com)  
Local Outreach [LA\\_MS\\_LocalOutreach@landmarkhealth.org](mailto:LA_MS_LocalOutreach@landmarkhealth.org)

### Cheat Sheets:



[Gulf Coast \(LA MS\) Cheat Sheet.pdf](#)

## Denver Time Zone (MST)

CO

Colorado, Great Plains

**Market Office**  
1707 Cole Blvd  
Suite 100  
Golden, CO 80401

**Phone:** (855) 783-9545  
**Fax:** (855) 252-0511

### Market Skills:

Denver Clinical Market

### LM1 Clinical Skills:

Denver LM1 Clinical

### Triage Skills:

Denver Triage

### Emails:

**Outreach:** (833) 402-9298

Call Center [mailto:Call\\_Center\\_Denver@Landmarkhealth.org](mailto:mailto:Call_Center_Denver@Landmarkhealth.org)  
Triage [DenverTriage@incontactemail.com](mailto:DenverTriage@incontactemail.com)  
Local Outreach [HBMC-GreatPlainsOutreach@ds.uhc.com](mailto:HBMC-GreatPlainsOutreach@ds.uhc.com)

### Cheat Sheets:



[Denver Cheat Sheet.pdf](#)

## Georgia Time Zone (EST)

GA

Atlanta, Macon, Valdosta

### Atlanta Office

2100 RiverEdge Pkwy  
Suite 600  
Atlanta GA, 30328

**Phone:** (404) 282-0748

**Fax:** (844) 732-0498

### Market Skills:

Atlanta Market  
Macon Market  
Valdosta Market

### Atlanta Shipping Office

2100 RiverEdge Pkwy  
Suite 500 5th Floor  
Atlanta GA, 30328

### LM1 Clinical Skills:

Atlanta LM1 Clinical  
Macon LM1 Clinical  
Valdosta LM1 Clinical

### Macon Office

1000 Corporate  
Pointe Suite 202  
Warner Robins, GA 31088

**Fax:** (844) 732-0497  
*Medical Records*

**Fax:** (844) 536-8557

### Triage Skills:

Atlanta Triage  
Macon Triage  
Valdosta Triage

### Emails:

**Outreach:** (855) 784-1476

Call Center Atlanta

[Call\\_Center\\_Atlanta@Landmarkhealth.org](mailto:Call_Center_Atlanta@Landmarkhealth.org)

Call Center Macon

[Call\\_Center\\_Macon@landmarkhealth.org](mailto:Call_Center_Macon@landmarkhealth.org)

Call Center Valdosta

[Call\\_Center\\_Valdosta@landmarkhealth.org](mailto:Call_Center_Valdosta@landmarkhealth.org)

Atlanta Triage

[AtlantaTriage@incontactemail.com](mailto:AtlantaTriage@incontactemail.com)

Macon Triage

[MaconTriage@incontactemail.com](mailto:MaconTriage@incontactemail.com)

Valdosta Triage

[ValdostaTriage@incontactemail.com](mailto:ValdostaTriage@incontactemail.com)

Local Outreach

[Atlanta\\_LocalOutreach@landmarkhealth.org](mailto:Atlanta_LocalOutreach@landmarkhealth.org)

### Cheat Sheets:



[Atlanta Cheat Sheet.pdf](#)



[Macon Cheat Sheet.pdf](#)

## North Florida Time Zone (EST)

FL

Gainesville, Jacksonville, Orlando, Pensacola

### Gainesville Office

*No Market Address*

**Phone:** (833) 435-1759

**Fax:** (866) 731-1926

### Jacksonville Office

10151 Deerwood Park Blvd.  
Bldg. 300, Suite 310  
Jacksonville, FL 32256

**Phone:** (833) 435-1749

**Fax:** (866) 731-2058

### Orlando Office

6545 Corporate Centre Blvd  
Suite 240  
Orlando, FL 32822

**Phone:** (833) 435-1730

**Fax:** (866) 943-6552

### Pensacola Office

*No Market Address*

**Phone:** (833) 435-1723

**Fax:** (833) 886-3444

### Market Skills:

Gainesville Market  
Jacksonville Market  
Orlando Market  
Pensacola Market

### LM1 Clinical Skills:

Gainesville LM1 Clinical  
Jacksonville LM1 Clinical  
Orlando LM1 Clinical  
Pensacola LM1 Clinical

### Triage Skills:

Gainesville Triage  
Jacksonville Triage  
Orlando Triage  
Pensacola Triage





### Local Outreach:

Gainesville (833) 435-1760  
Jacksonville (833) 435-1752  
Orlando (833) 435-1731  
Pensacola (833) 435-1728

### Emails:

|                          |  |
|--------------------------|--|
| Gainesville Call Center  | <a href="mailto:Call_Center_Gainsville@landmarkhealth.org">Call_Center_Gainsville@landmarkhealth.org</a>         |
| Jacksonville Call Center | <a href="mailto:Call_Center_Jacksonville@landmarkhealth.org">Call_Center_Jacksonville@landmarkhealth.org</a>     |
| Orlando Call Center      | <a href="mailto:Call_Center_Orlando@landmarkhealth.org">Call_Center_Orlando@landmarkhealth.org</a>               |
| Pensacola Call Center    | <a href="mailto:Call_Center_Pensacola@landmarkhealth.org">Call_Center_Pensacola@landmarkhealth.org</a>           |
| Gainesville Triage       | <a href="mailto:GainesvilleTriage@incontactemail.com">GainesvilleTriage@incontactemail.com</a>                   |
| Jacksonville Triage      | <a href="mailto:JacksonvilleTriage@incontactemail.com">JacksonvilleTriage@incontactemail.com</a>                 |
| Orlando Triage           | <a href="mailto:OrlandoTriage@incontactemail.com">OrlandoTriage@incontactemail.com</a>                           |
| Pensacola Triage         | <a href="mailto:PensacolaTriage@incontactemail.com">PensacolaTriage@incontactemail.com</a>                       |
| Gainesville Outreach     | <a href="mailto:Jacksonville_LocalOutreach@landmarkhealth.org">Jacksonville_LocalOutreach@landmarkhealth.org</a> |
| Jacksonville Outreach    | <a href="mailto:Jacksonville_LocalOutreach@landmarkhealth.org">Jacksonville_LocalOutreach@landmarkhealth.org</a> |
| Orlando Outreach         | <a href="mailto:Orlando_LocalOutreach@landmarkhealth.org">Orlando_LocalOutreach@landmarkhealth.org</a>           |
| Pensacola Outreach       | <a href="mailto:Pensacola_LocalOutreach@landmarkhealth.org">Pensacola_LocalOutreach@landmarkhealth.org</a>       |

### Cheat Sheets:

 [Gainesville Cheat Sheet.pdf](#)  
 [Jacksonville Cheat Sheet.pdf](#)  
 [Orlando Cheat Sheets.pdf](#)  
 [Pensacola Cheat Sheet.pdf](#)

## South Florida Time Zone (EST)

FL

Miami, Tampa, Fort Myers

### Miami Office

955 South Federal Hwy.  
Suite 215  
Fort Lauderdale, FL 33316

**Phone:** (786) 840 3865

**Fax:** (833) 886-3441

**Outreach:** (786) 840-3861

### Market Skills:

Miami Market

Tampa Market

Fort Myers Market

### LM1 Clinical Skills:

Miami LM1 Clinical

Tampa LM1 Clinical

Fort Myers LM1 Clinical

### Triage Skills:

Miami Triage

Tampa Triage

Fort Myers Triage

### Tampa Office

5130 Sunforest Drive  
Suite 200  
Tampa, FL 33634

**Phone:** (813) 921-6706

**Fax:** (833) 886-3442

**Outreach:** (239) 955-6004

### Fort Myers Office

13751 Metropolis Avenue  
Ft. Myers FL 33912

**Phone:** (239) 955-6005

**Fax:** (833) 886-3443

**Outreach:** (833) 772-1779

### Emails:

Miami Call Center

[Call\\_Center\\_Miami@landmarkhealth.org](mailto:Call_Center_Miami@landmarkhealth.org)

Tampa Call Center

[Call\\_Center\\_Tampa@Landmarkhealth.org](mailto:Call_Center_Tampa@Landmarkhealth.org)

Fort Myers Call Center

[Call\\_Center\\_FortMyers@Landmarkhealth.org](mailto:Call_Center_FortMyers@Landmarkhealth.org)

Miami Triage

[MiamiTriage@incontactemail.com](mailto:MiamiTriage@incontactemail.com)

Tampa Triage

[TampaTriage@incontactemail.com](mailto:TampaTriage@incontactemail.com)

Fort Myers Triage

[FortMyersTriage@incontactemail.com](mailto:FortMyersTriage@incontactemail.com)

Miami Local Outreach

[Miami\\_LocalOutreach@landmarkhealth.org](mailto:Miami_LocalOutreach@landmarkhealth.org)

Tampa Local Outreach

[Tampa\\_LocalOutreach@landmarkhealth.org](mailto:Tampa_LocalOutreach@landmarkhealth.org)

Ft. Myers Local Outreach

[FTMyers\\_LocalOutreach@landmarkhealth.org](mailto:FTMyers_LocalOutreach@landmarkhealth.org)

### Cheat Sheets:



[Miami Cheat Sheet.pdf](#)



[Fort Myers Cheat Sheet.pdf](#)



[Tampa Cheat Sheet.pdf](#)

## Tennessee Time Zone (CST)

**TN**

### Nashville, Knoxville & Tri-Cities, Memphis, Chattanooga

#### Nashville Metro

210 Westwood Place  
Suite 110  
Brentwood, TN 37027

**Phone:** (615) 250-1963

**FAX:** (833) 983-2043

#### Knoxville

4315 Kingston Pike  
Suite 210  
Knoxville, TN 37919

**Phone:** (865) 229-4623

**FAX:** (833) 983-2043

#### Tri-Cities Metro

207 N. Boone Street  
Suite 9  
Johnson City, TN 37604

**Phone:** (423) 226-3753

**FAX:** (833) 983-2043

#### Memphis Metro

1840 Pyramid Place  
Memphis, TN 38132

**Phone:** (901) 250-1963

**FAX:** (833) 983-2043

#### Chattanooga Metro

1100 Market Street  
Floor 6  
Chattanooga, TN 37402

**Phone:** (423) 212-3266

**FAX:** (833) 983-2043

#### Market Skills:

Nashville Market  
Knoxville Market  
Memphis Market  
Chattanooga Market

#### LM1 Clinical Skills:

Nashville LM1 Clinical  
Knoxville LM1 Clinical  
Tri-Cities LM1 Clinical  
Memphis LM1 Clinical  
Chattanooga LM1 Clinical


#### Triage Skills:


Nashville Triage  
Knoxville Triage  
Memphis Triage  
Chattanooga Triage


#### Emails:

|  |  |
|--|--|
| Nashville Metro Triage                 | <a href="mailto:Nashvilletriage@incontactemail.com">Nashvilletriage@incontactemail.com</a>                 |
| Nashville Metro Call Center            | <a href="mailto:Call_Center_Nashville@landmarkhealth.org">Call_Center_Nashville@landmarkhealth.org</a>     |
| Knoxville/Tri-Cities Metro Triage      | <a href="mailto:Knoxvilletriage@incontactemail.com">Knoxvilletriage@incontactemail.com</a>                 |
| Knoxville/Tri-Cities Metro Call Center | <a href="mailto:Call_Center_Knoxville@landmarkhealth.org">Call_Center_Knoxville@landmarkhealth.org</a>     |
| Memphis Metro Triage                   | <a href="mailto:Memphistriage@incontactemail.com">Memphistriage@incontactemail.com</a>                     |
| Memphis Metro Call Center              | <a href="mailto:Call_Center_Memphis@landmarkhealth.org">Call_Center_Memphis@landmarkhealth.org</a>         |
| Chattanooga Metro Triage               | <a href="mailto:Chattanoogatriage@incontactemail.com">Chattanoogatriage@incontactemail.com</a>             |
| Chattanooga Metro Call Center          | <a href="mailto:Call_Center_Chattanooga@landmarkhealth.org">Call_Center_Chattanooga@landmarkhealth.org</a> |
| Tennessee Local Outreach               | <a href="mailto:TNLocalOutreach@Landmarkhealth.org">TNLocalOutreach@Landmarkhealth.org</a>                 |

#### Cheat Sheets:

 [Nashville Cheat Sheet.pdf](#)

 [Knoxville Tri-Cities Cheat Sheet.pdf](#)

 [Memphis Cheat Sheet.pdf](#)

 [Chattanooga Cheat Sheet.pdf](#)



## New England Time Zone (EST)

MA, ME, NH, RI

**Northwest Region** = Northwest Massachusetts, New Hampshire (Manchester), Maine  
**Southeast Region** = Rhode Island, Southeast Massachusetts

**Massachusetts Office**  
1400 Computer Dr  
Suite 301  
Westborough, MA 01581

**Phone:** (877) 255-3259

**Fax:** (844) 803-8107

**Maine Office**  
778 Main Street  
South Portland, ME 04106

**Phone:** (207) 249-6630

**Fax** (844) 803-8107

**Rhode Island Office**  
150 Chestnut St  
4<sup>th</sup> Floor, Suite 6,  
Providence, RI 02903

**Phone:** (877) 255-3259

**Fax** (844) 803-8107

### Market Skills:

Massachusetts Market  
New Hampshire Market  
Maine Market  
Rhode Island Market

### LM1 Clinical Skills:

Massachusetts LM1 Clinical  
New Hampshire LM1 Clinical  
Maine LM1 Clinical  
Rhode Island LM1 Clinical

### Triage Skills:

Massachusetts Triage  
New Hampshire Triage  
Maine Triage  
Rhode Island Triage

### Emails:

**Outreach:** (617) 804-2596

Call Center

[Call\\_Center\\_Boston@landmarkhealth.org](mailto:Call_Center_Boston@landmarkhealth.org)

Maine Call Center

[Call\\_Center\\_Maine@landmarkhealth.org](mailto:Call_Center_Maine@landmarkhealth.org)

Massachusetts Triage

[massachusettstriage@incontactemail.com](mailto:massachusettstriage@incontactemail.com)

Maine Triage

[MaineTriage@incontactemail.com](mailto:MaineTriage@incontactemail.com)

Rhode Island Triage

[rhodeislandtriage@incontactemail.com](mailto:rhodeislandtriage@incontactemail.com)

New Hampshire Triage

[newhampshiretriage@incontactemail.com](mailto:newhampshiretriage@incontactemail.com)

Northwest Local Outreach

[LH\\_NW\\_NE\\_CHAs@landmarkhealth.org](mailto:LH_NW_NE_CHAs@landmarkhealth.org)

Southeast Local Outreach

[LH\\_SE\\_NE\\_CHAs@landmarkhealth.org](mailto:LH_SE_NE_CHAs@landmarkhealth.org)

### Cheat Sheets:



[MA RI Cheat Sheet.pdf](#)



[Northwest New England Cheat Sheet.pdf](#)



[Southeast New England Cheat Sheet.pdf](#)

## Connecticut Time Zone (EST)

CT

Hartford, New Haven

**Connecticut Office**  
Mezz Level 20 Church St.  
Hartford, CT 06103

**Phone:** (877) 255-3259

**Fax:** (833) 983-2041

**Outreach:** (833) 596-3057

**Market Skills:**

Connecticut Clinical Market

**LM1 Clinical Skills:**

Connecticut LM1 Clinical

**Triage Skills:**

Connecticut Triage

**Emails:**

Call Center

[Call\\_Center\\_Boston@landmarkhealth.org](mailto:Call_Center_Boston@landmarkhealth.org)

Connecticut Triage

[Connecticuttriage@incontactemail.com](mailto:Connecticuttriage@incontactemail.com)

Local Outreach

[HBMC-CTCHAs@ds.uhc.com](mailto:HBMC-CTCHAs@ds.uhc.com)

**Cheat Sheets:**



[Connecticut Cheat Sheet.pdf](#)

## Detroit Time Zone (EST)

MI

**Detroit Office**  
26677 W. Twelve Mile Rd  
Suites 166 & 168  
Southfield MI 48034

**Phone:** (313) 306-2023  
**Fax:** (888) 442-6976  
**Outreach:** (717) 732-4764

**Market Skills:**  
Detroit Market  
**LM1 Clinical Skills:**  
Detroit LM1 Clinical  
**Triage Skills:**  
Detroit Triage

### Emails:

Detroit Call Center

[Call\\_Center\\_Detroit@Landmarkhealth.org](mailto:Call_Center_Detroit@Landmarkhealth.org)

Detroit Triage

[DetroitTriage@incontactemail.com](mailto:DetroitTriage@incontactemail.com)

Detroit Local Outreach

[LH\\_Detroit\\_CHA@Landmarkhealth.org](mailto:LH_Detroit_CHA@Landmarkhealth.org)

### Cheat Sheets:



[Detroit Cheat Sheet.pdf](#)

## East Michigan Time Zone (EST)

MI

East Michigan Areas = Lansing, Saginaw and Flint

**Saginaw Office**  
203 S. Washington Ave  
Suite 260-12  
Saginaw, MI 48607

**Phone:** (313) 306-2023  
**Fax:** (888) 442-6976

**Market Skills:**  
East Michigan Market  
**LM1 Clinical Skills:**  
East Michigan LM1 Clinical  
**Triage Skills:**  
East Michigan Triage

**Lansing Office**  
822 Centennial Way  
Suite 100  
Lansing, MI 48917

**Phone:** (833) 908-6733  
**Fax:** (888-442-6976

### Emails:

East Michigan Call Center

**Outreach:** (810) 256-0513

[Call\\_Center\\_EastMichigan@landmarkhealth.org](mailto:Call_Center_EastMichigan@landmarkhealth.org)

East Michigan Triage

[EastMichiganTriage@incontactemail.com](mailto:EastMichiganTriage@incontactemail.com)

East MI Local Outreach

[LH\\_MI-E\\_CHA@landmarkhealth.org](mailto:LH_MI-E_CHA@landmarkhealth.org)

### Cheat Sheets:



[East Michigan Cheat Sheet.pdf](#)

## West Michigan Time Zone (EST)

MI

### Detroit Office

77 Monroe Center St. NW  
Suite 600  
Grand Rapids, MI 49503

**Phone:** (616) 207-3534

**Fax:** (855) 999-9436

**Outreach:** (616) 207-4270

### Market Skills:

West Michigan Market

### LM1 Clinical Skills:

West Michigan LM1 Clinical

### Triage Skills:

West Michigan Triage

### Emails:

Call Center

[Call\\_Center\\_WestMichigan@landmarkhealth.org](mailto:Call_Center_WestMichigan@landmarkhealth.org)

Triage

[WestMichiganTriage@incontactemail.com](mailto:WestMichiganTriage@incontactemail.com)

Local Outreach

[hbmccwestmichiganchas@ds.uhc.com](mailto:hbmccwestmichiganchas@ds.uhc.com)

### Cheat Sheets:



[West Michigan Cheat Sheet.pdf](#)

## Upper Midwest Time Zone (CST)

**MN, WI**

Minnesota

Wisconsin = Green Bay, Milwaukee

### Green Bay Office

4650 W Spencer Street  
Suite 15  
Appleton, WI 54914

**Fax:** (844) 732-0499

*Medical Records*

**Fax:** (888) 618-3543

### Milwaukee Office

11220 W Burleigh St.  
Suite 100  
Wauwatosa, WI 53222

**Fax:** (844) 732-0499

*Medical Records*

**Fax:** (888) 618-3548

### Milwaukee Shipping Office

11220 W Burleigh Street  
Suite 139  
Wauwatosa, WI 53222

### Minnesota Office

8300 Norman Center Dr.  
Suite 230  
Bloomington, MN 55437

**Phone:** (833) 247-9591

**Fax:** (888) 618-3523

### Market Skills:

Minnesota Market

Green Bay Market

Milwaukee Market

### LM1 Clinical Skills:

Minnesota - LM1 Clinical

Green Bay LM1 Clinical

Milwaukee LM1 Clinical

### Triage Skills:

Minnesota Triage

Green Bay Triage

Milwaukee Triage

### Emails:

Green Bay Call Center

Milwaukee Call Center

Minnesota Call Center

Green Bay Triage

Milwaukee Triage

Minnesota Triage

Minnesota Local Outreach

Wisconsin Local Outreach

**Outreach:** (833) 247-9616

[Call\\_Center\\_GreenBay@Landmarkhealth.org](mailto:Call_Center_GreenBay@Landmarkhealth.org)

[Call\\_Center\\_Milwaukee@landmarkhealth.org](mailto:Call_Center_Milwaukee@landmarkhealth.org)

[Call\\_Center\\_Minnesota@landmarkhealth.org](mailto:Call_Center_Minnesota@landmarkhealth.org)

[GreenBayTriage@incontactemail.com](mailto:GreenBayTriage@incontactemail.com)

[MilwaukeeTriage@incontactemail.com](mailto:MilwaukeeTriage@incontactemail.com)

[MinnesotaTriage@incontactemail.com](mailto:MinnesotaTriage@incontactemail.com)

[Minnesota\\_LocalOutreach@landmarkhealth.org](mailto:Minnesota_LocalOutreach@landmarkhealth.org)

[Wisconsin\\_LocalOutreach@landmarkhealth.org](mailto:Wisconsin_LocalOutreach@landmarkhealth.org)

### Cheat Sheets:

 [Green Bay Cheat Sheet.pdf](#)

 [Milwaukee Cheat Sheet.pdf](#)

 [Minnesota Cheat Sheet.pdf](#)

## Arizona Time Zone (MST)

AZ

### Phoenix, Tuscon

#### Phoenix

2828 N. Central Avenue  
Suite 829  
Phoenix, AZ 85004

**Phone:** (602) 412-1040

**Fax:** (855) 299-2190

**Outreach:** (602) 412-1043

#### Market Skills:

Phoenix Market

Tucson Market

#### LM1 Clinical Skills:

Phoenix LM1 Clinical

Tucson LM1 Clinical

#### Triage Skills:

Phoenix Triage

Tucson Triage

#### Tuscon

6700 E. Speedway Blvd.  
Suite 105  
Tucson, AZ 85710

**Phone:** (520) 640-3744

**Fax:** (833) 983-2843

**Outreach:** (520) 640-3747

#### Emails:

Phoenix Call Center [Call\\_Center\\_Phoenix@Landmarkhealth.org](mailto:Call_Center_Phoenix@Landmarkhealth.org)

Tuscon Call Center [Call\\_Center\\_Tucson@Landmarkhealth.org](mailto:Call_Center_Tucson@Landmarkhealth.org)

Phoenix Triage [PhoenixTriage@incontactemail.com](mailto:PhoenixTriage@incontactemail.com)

Tuscon Triage [TucsonTriage@incontactemail.com](mailto:TucsonTriage@incontactemail.com)

Local Outreach [HBMC-ArizonaOutreach@ds.uhc.com](mailto:HBMC-ArizonaOutreach@ds.uhc.com)

#### Cheat Sheet:



[Phoenix Cheat Sheet.pdf](#)



[Tucson Cheat Sheet.pdf](#)

## Greater Northwest Time Zone (PST)

**WA, OR**

**Greater Northwest** = Spokane, Washington, and Portland OR, Vancouver WA

**Puget Sound** = Greater Seattle, Tacoma

### Greater WA Area:

**Federal Way Office**  
505 South 336th Street  
Suite 500  
Federal way, WA 98003

**Phone:** (877) 260-7647

**Fax:** (844) 529-8515

**Spokane Office**  
202 East Spokane Falls Blvd  
Suite 303  
Spokane, WA 99202

**Phone:** (877) 257-8561

**Fax:** (844) 529-8515

### Greater OR Area:

**Portland Office**  
5933 NE Win Sivers Dr  
Suite 310  
Portland, OR 97220

**Phone:** (503) 420-5852

**Fax:** (844) 276-4208

### Puget Sound (Greater Seattle / Tacoma)

**Northgate Office**  
2150 North 107th Street  
Suite 480  
Seattle, WA 98133

**Phone:** (877) 260-7647

**Fax:** (844) 529-8515

### **Emails:**

**Outreach:** (206) 899-1483

Greater NW Call Center

[CallCenterGreaterNorthwest@landmarkhealth.org](mailto:CallCenterGreaterNorthwest@landmarkhealth.org)

Puget Sound Call Center

[CallCenterPugetSound@landmarkhealth.org](mailto:CallCenterPugetSound@landmarkhealth.org)

Oregon Triage

[GreaterNorthwestORTriage@incontactemail.com](mailto:GreaterNorthwestORTriage@incontactemail.com)

Washington Triage

[GreaterNorthwestWATriage@incontactemail.com](mailto:GreaterNorthwestWATriage@incontactemail.com)

Puget Sound Triage

[PugetSoundTriage@incontactemail.com](mailto:PugetSoundTriage@incontactemail.com)

Greater NW Outreach

[GNWOutreach@landmarkhealth.org](mailto:GNWOutreach@landmarkhealth.org)

Puget Sound Outreach

[PugetSoundOutreach@landmarkhealth.org](mailto:PugetSoundOutreach@landmarkhealth.org)

### **Cheat Sheets:**



[Greater NW Cheat Sheet.pdf](#)



[Puget Sound Cheat Sheet.pdf](#)

### **Market Skills:**

Puget Sound Market

Puget Sound Market

Greater NW OR Market

### **LM1 Clinical Skills:**

Greater NW WA LM1 Clinical

Puget Sound LM1 Clinical

Greater NW OR LM1 Clinical

### **Triage Skills:**

Greater Northwest WA Triage

Puget Sound Triage

Greater NW OR Triage



## Oklahoma Time Zone (CST)

OK

Oklahoma City, Tulsa, Great Plains

### Oklahoma City

4801 Gaillardia Parkway  
Suite 200  
Oklahoma City, OK 73142

**Phone:** (855) 696-1424

**Fax:** (833) 983-2845

### Market Skills:

Oklahoma City Market

Tulsa Market

### LM1 Clinical Skills:

Oklahoma City LM1 Clinical

Tulsa LM1 Clinical

### Triage Skills:

Oklahoma City Triage

Tulsa Triage

### Tulsa

5272 S. Lewis Ave.  
Tulsa, OK 74105

**Phone:** (855) 443-4523

**Fax:** (888) 997-6078

### Emails:

Tulsa Call Center

Oklahoma City Call Center

Tulsa Triage

Oklahoma City Triage

Local Outreach

**Outreach:** (405) 461-1233

[Call\\_Center\\_Tulsa@Landmarkhealth.org](mailto:Call_Center_Tulsa@Landmarkhealth.org)

[Call\\_Center\\_OklahomaCity@Landmarkhealth.org](mailto:Call_Center_OklahomaCity@Landmarkhealth.org)

[TulsaTriage@incontactemail.com](mailto:TulsaTriage@incontactemail.com)

[OklahomaCityTriage@incontactemail.com](mailto:OklahomaCityTriage@incontactemail.com)

[HBMC-GreatPlainsOutreach@ds.uhc.com](mailto:HBMC-GreatPlainsOutreach@ds.uhc.com)

### Cheat Sheet:



[Oklahoma City Cheat Sheet.pdf](#)



[Tulsa Cheat Sheet.pdf](#)

## Texas Time Zone (CST)

TX

North Central Temple = Dallas, Fort Worth, Temple  
Houston = Houston

**North Central Office**  
6363 N State Highway 161  
Suite 350  
Irving, TX 75038

**Phone:** (833) 364-2886  
**Fax:** (888) 262-9948

### Market Skills:

Houston Market  
Dallas Market

### LM1 Clinical Skills:

Houston LM1 Clinical  
Dallas LM1 Clinical

### Triage Skills:

Houston Triage  
North Central Texas Triage

**Houston Office**  
14141 Southwest Freeway  
Sugar Land, TX 77478

**Phone:** (281) 356-0364  
**FAX:** (833) 711-1699

**Temple**  
9325 Tarver Drive  
Suite A102  
Temple, TX 76502

**Phone:** (833) 874-2581  
**FAX:** (888) 262-9948

### Emails:

Call Center

Houston Triage

North Central Triage

Houston Local Outreach

North Central Local Outreach

### Outreach: (469) 264-5788

[Call\\_Center\\_Texas@landmarkhealth.org](mailto:Call_Center_Texas@landmarkhealth.org)

[Houstontriage@incontactemail.com](mailto:Houstontriage@incontactemail.com)

[texasatriage@incontactemail.com](mailto:texasatriage@incontactemail.com)

[LHHoustonCHAs@landmarkhealth.org](mailto:LHHoustonCHAs@landmarkhealth.org)

[LHDFWTempleCHAs@landmarkhealth.org](mailto:LHDFWTempleCHAs@landmarkhealth.org)

### Cheat Sheets:



[North Central Texas Cheat Sheet.pdf](#)



[Temple Cheat Sheet.pdf](#)



[Houston Cheat Sheet.pdf](#)

## San Antonio Time Zone (CST)

TX

### South Texas

#### Market Office

21750 Hardy Oak Blvd  
Suite 15  
San Antonio, TX 78258

**Phone:** (855) 784-1436

**Fax:** (888) 342-3223

**Outreach:** (855) 784-1439

#### Market Skills:

San Antonio Market

#### LM1 Clinical Skills:

San Antonio LM1 Clinical

#### Triage Skills:

San Antonio Triage

#### Emails:

Call Center [Call\\_Center\\_SanAntonio@Landmarkhealth.org](mailto:Call_Center_SanAntonio@Landmarkhealth.org)

Triage [SanAntonioTriage@incontactemail.com](mailto:SanAntonioTriage@incontactemail.com)

Local Outreach [LHHoustonCHAs@landmarkhealth.org](mailto:LHHoustonCHAs@landmarkhealth.org)

#### Cheat Sheets:

 [San Antonio Cheat Sheet.pdf](#)

## Utah Time Zone (MST)

UT

#### Market Office

12921 South Vista Station Blvd.  
Suite 200  
Draper, UT 84020

**Phone:** (801) 997-6372

**Fax:** (844) 294-1138

#### Medical Records Fax:

(888) 741-9170

**Outreach:** (833) 800-9663

#### Market Skills:

Utah Market

#### LM1 Clinical Skills:

Utah LM1 Clinical

#### Triage Skills:

Utah Triage

#### Emails:

Call Center [Call\\_Center\\_Utah@optum.com](mailto:Call_Center_Utah@optum.com)

Triage [UtahTriage@incontactemail.com](mailto:UtahTriage@incontactemail.com)

Local Outreach [utahlocaloutreach@optum.com](mailto:utahlocaloutreach@optum.com)

#### Cheat Sheets:

 *(Pending)*