

CAPÍTULO 5

Exercícios 5.4

1. a) $\iiint_B xyz \, dx \, dy \, dz$

onde $B = \{(x, y, z) \in \mathbb{R}^3 \mid 0 \leq x \leq 2, 0 \leq y \leq 1 \text{ e } 1 \leq z \leq 2\}$.

$$\iiint_B xyz \, dx \, dy \, dz = \iint_K \left[\int_1^2 xyz \, dz \right] dx \, dy$$

onde $K = \{(x, y) \in \mathbb{R}^2 \mid 0 \leq x \leq 2, 0 \leq y \leq 1\}$. $\int_1^2 xyz \, dz = xy \left[\frac{z^2}{2} \right]_1^2 = \frac{3xy}{2}$.

Então, temos

$$\iint_K \left[\int_1^2 xyz \, dz \right] dx \, dy = \frac{3}{2} \int_0^1 \left[\int_0^2 xy \, dx \right] dy = \frac{3}{2}.$$

c) $\iiint_B \sqrt{1-z^2} \, dx \, dy \, dz$

onde $B = \{(x, y, z) \in \mathbb{R}^3 \mid 0 \leq x \leq 1, 0 \leq z \leq 1 \text{ e } 0 \leq y \leq z\}$.

$$\iiint_B \sqrt{1-z^2} \, dx \, dy \, dz = \iint_K \left[\int_0^z \sqrt{1-z^2} \, dy \right] dx \, dz$$

onde $K = \{(x, y) \mid 0 \leq x \leq 1, 0 \leq z \leq 1\}$.

$$\begin{aligned} \iint_K (z \sqrt{1-z^2}) \, dx \, dz &= \int_0^1 \left[\int_0^1 z \sqrt{1-z^2} \, dx \right] dz \\ &= \int_0^1 z \sqrt{1-z^2} \, dz = \left(-\frac{1}{2} \right) \frac{2}{3} \left[(1-z^2)^{\frac{3}{2}} \right]_0^1 = \frac{1}{3}. \end{aligned}$$

e) $\iiint_B dx \, dy \, dz$ onde $B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 + y^2 \leq z \leq 2x\}$.

A projeção no plano xy da interseção do parabolóide $z = x^2 + y^2$ com o plano $z = 2x$ é a circunferência $(x-1)^2 + y^2 = 1$.

Temos então

$$\iiint_B dx \, dy \, dz = \iint_K \left[\int_{x^2+y^2}^{2x} dz \right] dx \, dy \text{ onde } K \text{ é o círculo } (x-1)^2 + y^2 \leq 1.$$

Façamos $\begin{cases} x-1 = \rho \cos \theta \\ y = \rho \sin \theta \end{cases} \Rightarrow \begin{cases} (x-1)^2 + y^2 = \rho^2 \\ 0 \leq \theta \leq 2\pi \text{ e } 0 \leq \rho \leq 1. \end{cases}$

$$dx dy = \left| \frac{\partial(x, y)}{\partial(\rho, \theta)} \right| d\rho d\theta = \rho d\rho d\theta.$$

Estamos passando para coordenadas polares, com pólo no ponto $(1, 0)$.

$$\begin{aligned} \iint_K (2x - x^2 - y^2) dx dy &= \iint_K (1 - [(x-1)^2 + y^2]) dx dy \\ &= \int_0^{2\pi} \int_0^1 (1 - \rho^2) \rho d\rho d\theta = \frac{\pi}{2}. \end{aligned}$$

g) $\iiint_B dx dy dz$ onde $B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 + y^2 \leq z \leq 2x + 2y - 1\}$.

Vamos determinar a interseção dos gráficos $z = x^2 + y^2$ e $z = 2x + 2y - 1$.

$$\begin{aligned} \text{Temos } x^2 + y^2 = 2x + 2y - 1 &\Rightarrow x^2 - 2x + 1 + y^2 - 2y + 1 = 1 \Rightarrow \\ \Rightarrow (x-1)^2 + (y-1)^2 &= 1. \end{aligned}$$

Façamos $\begin{cases} x-1 = \rho \cos \theta \\ y-1 = \rho \sin \theta \end{cases} \quad 0 \leq \theta \leq 2\pi \text{ e } 0 \leq \rho \leq 1. \quad dx dy = \rho d\rho d\theta.$

Seja $K = \{(x, y) \in \mathbb{R}^2 \mid (x-1)^2 + (y-1)^2 \leq 1\}$. Temos

$$\begin{aligned} \iiint_B dx dy dz &= \iint_K \left[\int_{x^2+y^2}^{2x+2y-1} dz \right] dx dy = \\ &= \iint_K (1 - [(x-1)^2 + (y-1)^2]) dx dy = \int_0^{2\pi} \left[\int_0^1 (1 - \rho^2) \rho d\rho \right] d\theta = \frac{\pi}{2}. \end{aligned}$$

i) $\iiint_B x dx dy dz$

onde $B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 + y^2 \leq 4, x \geq 0 \text{ e } x + y \leq z \leq x + y + 1\}$.

$\iint_K \left[\int_{x+y}^{x+y+1} x dz \right] dx dy$ onde K é o conjunto dos pontos (x, y) tais que $x^2 + y^2 \leq 4, x \geq 0$.

$$\int_{x+y}^{x+y+1} x dz = [x z]_{x+y}^{x+y+1} = x$$

$$\iint_K x dx dy = \int_{-2}^2 \left[\int_0^{\sqrt{4-y^2}} x dx \right] dy = \int_{-2}^2 \left[\frac{x^2}{2} \right]_0^{\sqrt{4-y^2}} dy =$$

$$= \frac{1}{2} \int_{-2}^2 \underbrace{(4 - y^2)}_{\text{função par}} dy = \int_0^2 (4 - y^2) dy = \left[4y - \frac{y^3}{3} \right]_0^2 = \frac{16}{3}.$$

d) $\iiint_B x dx dy dz$ onde $B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 - y^2 \leq z \leq 1 - 2y^2\}$.

$x^2 - y^2 = 1 - 2y^2 \Leftrightarrow x^2 + y^2 = 1$. Então,

$$\iiint_B x dx dy dz = \iint_K \left[\int_{x^2 - y^2}^{1 - 2y^2} x dz \right] dx dy, \text{ onde } K \text{ é o círculo } x^2 + y^2 \leq 1.$$

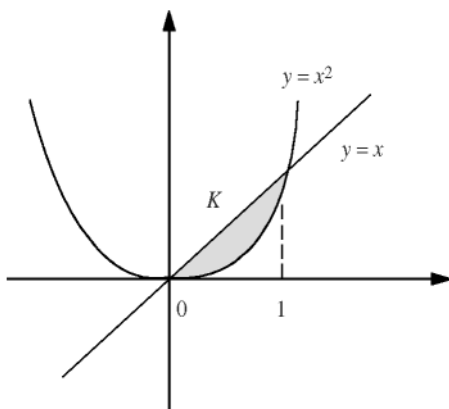
$$\int_{x^2 - y^2}^{1 - 2y^2} x dz = x [z]_{x^2 - y^2}^{1 - 2y^2} = x(1 - 2y^2 - x^2 + y^2) = x[1 - (x^2 + y^2)].$$

$$\iint_K x[1 - (x^2 + y^2)] dx dy = \int_0^{2\pi} \left[\int_0^1 (\rho \cos \theta)(1 - \rho^2) \rho d\rho \right] d\theta$$

$$= \int_0^{2\pi} \left[\cos \theta \int_0^1 \rho^2(1 - \rho^2) d\rho \right] d\theta = \int_0^{2\pi} \left(\frac{\rho^3}{3} - \frac{\rho^5}{5} \right)_0^1 \cos \theta d\theta$$

$$= \frac{2}{15} \int_0^{2\pi} \cos \theta d\theta = 0.$$

n) $\iiint_B x dx dy dz$, onde $B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 \leq y \leq x, 0 \leq z \leq x + y\}$.



$$\iiint_B x dx dy dz = \iint_K \left[\int_0^{x+y} x dz \right] dx dy =$$

$$= \iint_K (x^2 + xy) dx dy = \int_0^1 \left[\int_{x^2}^x (x^2 + xy) dy \right] dx$$

$$= \int_0^1 \left[x^2 y + x \frac{y^2}{2} \right]_{x^2}^x dx = \int_0^1 \left(\frac{3}{2} x^3 - x^4 - \frac{x^5}{2} \right) dx =$$

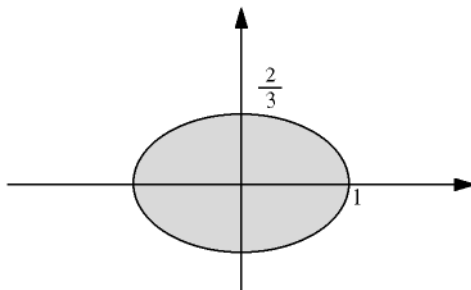
$$= \left[\frac{3}{2} \frac{x^4}{4} - \frac{x^5}{5} - \frac{x^6}{12} \right]_0^1 = \frac{3}{8} - \frac{1}{5} - \frac{1}{12} = \frac{11}{120}.$$

$p) \iiint_B 2z \, dx \, dy \, dz$, onde $B = \{(x, y, z) \in \mathbb{R}^3 \mid 4x^2 + 9y^2 + z^2 \leq 4, z \geq 0\}$.

Temos $0 \leq z \leq \sqrt{4 - 4x^2 - 9y^2}$

$$\iint_K \left[\int_0^{\sqrt{4 - 4x^2 - 9y^2}} 2z \, dz \right] dx \, dy = \iint_K (4 - 4x^2 - 9y^2) \, dx \, dy \quad \text{onde}$$

$$K = \{(x, y) \in \mathbb{R}^2 \mid 4x^2 + 9y^2 \leq 4\}.$$



Façamos a mudança de variável:

$$\begin{cases} 2x = \rho \cos \theta \\ 3y = \rho \sin \theta \end{cases} \quad 0 \leq \rho \leq 2 \quad \text{e} \quad 0 \leq \theta \leq 2\pi.$$

$$dx \, dy = \left| \frac{\partial(x, y)}{\partial(\rho, \theta)} \right| d\rho \, d\theta = \frac{\rho}{6} d\rho \, d\theta.$$

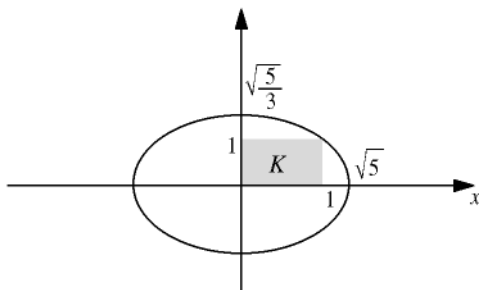
Temos então

$$\begin{aligned} \iint_K (4 - 4x^2 - 9y^2) \, dx \, dy &= \int_0^{2\pi} \int_0^2 (4 - \rho^2) \frac{\rho}{6} d\rho \, d\theta \\ &= \frac{1}{6} \int_0^{2\pi} \left[2\rho^2 - \frac{\rho^4}{4} \right]_0^2 d\theta = \frac{2}{3} \int_0^{2\pi} d\theta = \frac{4\pi}{3}. \end{aligned}$$

2. a) $B = \{(x, y, z) \in \mathbb{R}^3 \mid 0 \leq x \leq 1, 0 \leq y \leq 1 \text{ e } 0 \leq z \leq 5 - x^2 - 3y^2\}$.

A projeção de $z = 5 - x^2 - 3y^2, z \geq 0$, no plano xy é a região limitada pela elipse

$$5 - x^2 - 3y^2 = 0.$$



Então, temos

$$\begin{aligned} V &= \iiint_B dx \, dy \, dz = \iint_K \left[\int_0^{5-x^2-3y^2} dz \right] dy \, dx \\ &= \iint_K (5 - x^2 - 3y^2) \, dy \, dx, \text{ onde } K = \{(x, y) \in \mathbb{R}^2 \mid 0 \leq x \leq 1, 0 \leq y \leq 1\}. \end{aligned}$$

Portanto,

$$\begin{aligned} V &= \int_0^1 \left[\int_0^1 (5 - x^2 - 3y^2) \, dy \right] dx = \int_0^1 \left[5y - x^2y - y^3 \right]_0^1 dx \\ &= \int_0^1 (4 - x^2) \, dx = \left[4x - \frac{x^3}{3} \right]_0^1 = 4 - \frac{1}{3} = \frac{11}{3}. \end{aligned}$$

$$c) B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 + y^2 \leq z \leq 4\}.$$

$$V = \iiint_B dx \, dy \, dz = \iint_K \left[\int_{x^2+y^2}^4 dz \right] dy \, dx = \iint_K (4 - x^2 - y^2) \, dx \, dy$$

onde K é o círculo $x^2 + y^2 \leq 4$. Passando para coordenadas polares, temos

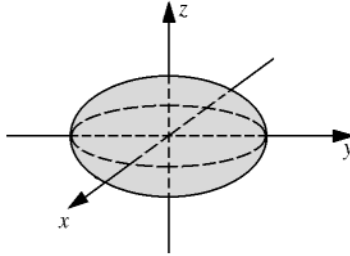
$$V = \int_0^{2\pi} \int_0^2 (4 - \rho^2) \rho \, d\rho \, d\theta = \int_0^{2\pi} \left[2\rho^2 - \frac{\rho^4}{4} \right]_0^2 d\theta = 4 \int_0^{2\pi} d\theta = 8\pi.$$

$$e) B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 + y^2 \leq 4 \text{ e } x^2 + y^2 + z^2 \leq 9\}$$

$$\begin{aligned} \iiint_B dx \, dy \, dz &= 2 \int_0^{2\pi} \int_0^2 (9 - \rho^2)^{\frac{1}{2}} \rho \, d\rho \, d\theta \\ &= 2 \int_0^{2\pi} d\theta \left(-\frac{1}{2} \right) \int_0^2 (9 - \rho^2)^{\frac{1}{2}} (-2\rho) \, d\rho \\ &= \frac{4\pi}{3} \left[-(9 - \rho^2)^{\frac{3}{2}} \right]_0^2 = \frac{4\pi}{3} (-5\sqrt{5} + 27). \end{aligned}$$

g) $B = \{(x, y, z) \in \mathbb{R}^3 \mid \frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} \leq 1 \ (a > 0, b > 0, c > 0)\}.$

A equação $\frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} = 1$ representa um elipsóide de centro na origem.



$$V = 2 \iint_K \left[\int_0^c \sqrt{1 - \frac{x^2}{a^2} - \frac{y^2}{b^2}} \, dz \right] dx \, dy = 2c \iint_K \sqrt{1 - \frac{x^2}{a^2} - \frac{y^2}{b^2}} \, dx \, dy.$$

Façamos $\begin{cases} x = a \rho \cos \theta & 0 \leq \theta \leq 2\pi \\ y = b \rho \sin \theta & 0 \leq \rho \leq 1. \end{cases}$

$$dx \, dy = ab\rho \, d\rho \, d\theta.$$

Temos então

$$\begin{aligned} V &= 2c \int_0^{2\pi} \left[\int_0^1 (1 - \rho^2)^{\frac{1}{2}} ab\rho \, d\rho \right] d\theta = 2abc \int_0^{2\pi} d\theta \cdot \left(-\frac{1}{2} \right) \int_0^1 (1 - \rho^2)^{\frac{1}{2}} (-2\rho) \, d\rho \\ &= 4abc\pi \cdot \left(-\frac{1}{3} \right) \left[(1 - \rho^2)^{\frac{3}{2}} \right]_0^1 = 4 \frac{abc\pi}{3}. \end{aligned}$$

h) $B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 + y^2 \leq z \leq 4x + 2y\}$

Determinando a projeção no plano xy da interseção de $z = x^2 + y^2$ e $z = 4x + 2y$:

$$x^2 + y^2 = 4x + 2y$$

$$x^2 - 4x + 4 + y^2 - 2y + 1 = 5 \Leftrightarrow (x - 2)^2 + (y - 1)^2 = 5.$$

Então

$$V = \iint_K \left[\int_{x^2 + y^2}^{4x + 2y} dz \right] dx \, dy = \iint_K (4x + 2y - x^2 - y^2) \, dx \, dy$$

onde K é o círculo $(x - 2)^2 + (y - 1)^2 \leq 5$.

$$\text{Temos } 4x + 2y - x^2 - y^2 = 5 - [(x - 2)^2 + (y - 1)^2].$$

Passando para coordenadas polares:

$$\begin{cases} x - 2 = \rho \cos \theta \\ y - 1 = \rho \sin \theta \end{cases}$$

$dx dy = \rho d\rho d\theta$, vem

$$V = \iint_K 5 - [(x-2)^2 + (y-1)^2] dx dy = \int_0^{2\pi} \left[\int_0^{\sqrt{5}} (5 - \rho^2) \rho d\rho \right] d\theta = \frac{25\pi}{2}.$$

i) A projeção do sólido $x^2 + z^2 \leq 1$ no plano xy é a faixa $-1 \leq x \leq 1$ e o círculo $x^2 + y^2 \leq 1$ está contido nesta faixa.

Volume = $2 \iint_K \left[\int_0^{\sqrt{1-x^2}} dz \right] dx dy$, onde K é o círculo $x^2 + y^2 \leq 1$. Passando para polares, vem

$$\begin{aligned} \text{Volume} &= 8 \int_0^{\frac{\pi}{2}} \int_0^1 \sqrt{1 - \rho^2 \cos^2 \theta} \rho d\rho d\theta \\ &= -\frac{8}{3} \int_0^{\frac{\pi}{2}} \left[\sec^2 \theta (1 - \rho^2 \cos^2 \theta)^{\frac{3}{2}} \Big|_0^1 \right] d\theta \\ &= -\frac{8}{3} \int_0^{\frac{\pi}{2}} (\sec^2 \theta \sin^3 \theta - \sec^2 \theta) d\theta. \end{aligned}$$

De $\int \sec^2 \theta d\theta = \operatorname{tg} \theta$ e $\int \frac{\sec^2 \theta}{\cos^2 \theta} \underbrace{\sin \theta d\theta}_{du} = \cos \theta + \frac{1}{\cos \theta}$ vem

$$\text{Volume} = \frac{8}{3} \lim_{s \rightarrow \frac{\pi^-}{2}} \int_0^s (\sec^2 \theta - \sec^2 \theta \sin^3 \theta) d\theta, \text{ ou seja,}$$

$$\begin{aligned} \text{Volume} &= \frac{8}{3} \lim_{s \rightarrow \frac{\pi^-}{2}} \left[\operatorname{tg} s - \frac{1}{\cos s} - \cos s + 2 \right] \\ &= \frac{8}{3} \lim_{s \rightarrow \frac{\pi^-}{2}} \left[\frac{\cancel{\operatorname{sen} s} - 1}{\cancel{\cos s}} - \cancel{\cos s} + 2 \right] = \frac{16}{3}. \end{aligned}$$

1) $B = \{(x, y, z) \in \mathbb{R}^3 \mid (x-a)^2 + y^2 \leq a^2, x^2 + y^2 + z^2 \leq 4a^2, z \geq 0 \ (a > 0)\}$.

$$V = \iiint_K \int_0^{\sqrt{4a^2 - x^2 - y^2}} dz dx dy = \iint_K \sqrt{4a^2 - x^2 - y^2} dx dy.$$

Façamos $\begin{cases} x = \rho \cos \theta \\ y = \rho \sin \theta. \end{cases}$

$$(x - a)^2 + y^2 \leq a^2 \Leftrightarrow x^2 + y^2 \leq 2ax \Leftrightarrow 0 \leq \rho \leq 2a \cos \theta, -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}.$$

Então,

$$\begin{aligned} V &= 2 \int_0^{\frac{\pi}{2}} \left[\int_0^{2a \cos \theta} \sqrt{4a^2 - \rho^2} \rho \, d\rho \right] d\theta = \left(-\frac{2}{3} \right) \int_0^{\frac{\pi}{2}} \left[(4a^2 - \rho^2)^{\frac{3}{2}} \right]_0^{2a \cos \theta} d\theta \\ &= \frac{2}{3} \int_0^{\frac{\pi}{2}} 8a^3 \, d\theta - \frac{2}{3} \int_0^{\frac{\pi}{2}} 8a^3 \sin^3 \theta \, d\theta = \frac{16a^3}{3} \left[\frac{\pi}{2} - \frac{2}{3} \right]. \end{aligned}$$

$$n) B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 + y^2 + z^2 \leq a^2 \text{ e } z \geq \frac{a}{2} (a > 0)\}.$$

$$\begin{aligned} V &= \iint_K \int_{\frac{a}{2}}^{\sqrt{a^2 - x^2 - y^2}} dz \, dx \, dy = \iint_K \left(\sqrt{a^2 - x^2 - y^2} - \frac{a}{2} \right) dx \, dy, \text{ onde } K \text{ é o círculo} \\ x^2 + y^2 &\leq \frac{3a^2}{4}. \end{aligned}$$

Em coordenadas polares, K é o conjunto dos pontos (θ, ρ) tais que $0 \leq \rho \leq a \frac{\sqrt{3}}{2}$ e $0 \leq \theta \leq 2\pi$. Então,

$$V = \iint_K \left(\sqrt{a^2 - x^2 - y^2} - \frac{a}{2} \right) dx \, dy = \int_0^{2\pi} \left[\int_0^{\frac{a\sqrt{3}}{2}} \left(\sqrt{a^2 - \rho^2} - \frac{a}{2} \right) \rho \, d\rho \right] d\theta = \frac{5a^3\pi}{24}.$$

$$p) B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 + 2y^2 \leq z \leq 2a^2 - x^2\}.$$

$$V = \iint_K \int_{x^2 + 2y^2}^{2a^2 - x^2} dz \, dx \, dy = \iint_K \underbrace{(2a^2 - x^2 - x^2 - 2y^2)}_{2(a^2 - (x^2 + y^2))} dx \, dy$$

onde K é o círculo $x^2 + y^2 \leq a^2$. (Veja: $x^2 + 2y^2 = 2a^2 - x^2 \Leftrightarrow x^2 + y^2 = a^2$.)

Passando para coordenadas polares,

$$V = 2 \int_0^{2\pi} \int_0^a (a^2 - \rho^2) \rho \, d\rho \, d\theta = \frac{a^4}{2} \cdot 2\pi = a^4\pi.$$

$$r) B = \{(x, y, z) \in \mathbb{R}^3 \mid 4x^2 + 9y^2 + z^2 \leq 4 \text{ e } 4x^2 + 9y^2 \leq 1\}.$$

$$V = \iint_K \left[\int_0^{\sqrt{4 - 4x^2 - 9y^2}} dz \right] dx \, dy = \iint_K (4 - (4x^2 + 9y^2))^{\frac{1}{2}} dx \, dy,$$

onde K é a região $4x^2 + 9y^2 \leq 1$.

Façamos:
$$\begin{cases} 2x = \rho \cos \theta \\ 3y = \rho \sin \theta \end{cases}$$

$0 \leq \theta \leq 2\pi, 0 \leq \rho \leq 1$ e $dx dy = \frac{\rho}{6} d\rho d\theta$.

$$\begin{aligned} V &= \iint_K (4 - \rho^2)^{\frac{1}{2}} \frac{\rho}{6} d\rho d\theta = \frac{1}{6} \int_0^{2\pi} \left[\left(-\frac{1}{2} \right) \int_0^1 (4 - \rho^2)^{\frac{1}{2}} (-2\rho) d\rho \right] d\theta \\ &= -\frac{1}{18} \int_0^{2\pi} \left[(4 - \rho^2)^{\frac{3}{2}} \right]_0^1 d\theta = \left(\frac{1}{18} \right) [3\sqrt{3} - 8] (2\pi) = \frac{\pi}{9} [8 - 3\sqrt{3}]. \end{aligned}$$

3. Seja $\delta(x, y, z) = x + y + z$.

$$M = \iint_K \left[\int_0^1 (x + y + z) dx \right] dy dz = \iint_K \left[\frac{x^2}{2} + xy + xz \right]_0^1 dy dz$$

onde K é o quadrado $0 \leq y \leq 1, 0 \leq z \leq 1$.

$$\begin{aligned} M &= \int_0^1 \left[\int_0^1 \left(\frac{1}{2} + y + z \right) dy \right] dz = \int_0^1 \left[\frac{y}{2} + \frac{y^2}{2} + yz \right]_0^1 dz \\ &= \int_0^1 (1 + z) dz = \left[z + \frac{z^2}{2} \right]_0^1 = \frac{3}{2}. \end{aligned}$$

4. Seja $\delta(x, y, z) = x + y$.

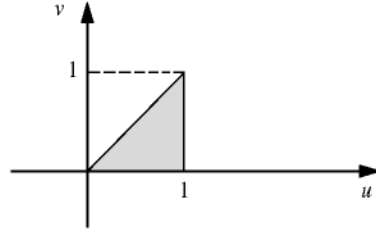
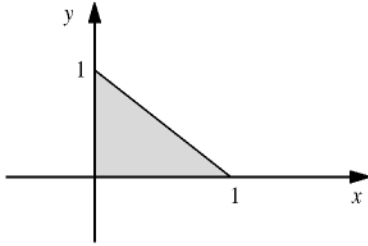
$$\begin{aligned} M &= \iiint_V (x + y) dx dy dz = \iint_A \left[\int_0^{1-x-y} (x + y) dz \right] dx dy \\ &= \iint_A (1 - x - y)(x + y) dx dy, \text{ onde } A \text{ é o triângulo} \end{aligned}$$

$x + y \leq 1, x \geq 0$ e $y \geq 0$

Façamos a mudança de variável:

$$\begin{cases} u = x + y \\ v = x \end{cases} \Leftrightarrow \begin{cases} x = v \\ y = u - v \end{cases} \quad dx dy = \underbrace{\left| \frac{\partial(x, y)}{\partial(u, v)} \right|}_{1} du dv$$

Esta mudança de variáveis transforma o triângulo de vértices $(0, 0)$, $(1, 0)$ e $(0, 1)$ no triângulo de vértices $(0, 0)$, $(1, 0)$ e $(1, 1)$.



$$\begin{aligned}
 M &= \int_0^1 \int_0^{1-x} (1-x-y)(x+y) dy dx = \int_0^1 \int_v^1 (1-u) u du dv \\
 &= \int_0^1 \left[\frac{u^2}{2} - \frac{u^3}{3} \right]_v^1 dv = \int_0^1 \left(\frac{1}{6} - \frac{v^2}{2} + \frac{v^3}{3} \right) dv = \left[\frac{1}{6} v - \frac{v^3}{6} + \frac{v^4}{12} \right]_0^1 = \frac{1}{12}.
 \end{aligned}$$

5. Seja $\delta(x, y, z) = 2z$.

$$\begin{aligned}
 M &= \iint_A \left[\int_c^2 2z dz \right] dx dy = \iint_A [z^2]_0^2 dx dy \\
 &= \iint_A 4 dx dy \text{ onde } A \text{ é o círculo } x^2 + y^2 \leq 4.
 \end{aligned}$$

Portanto, temos (passando para coordenadas polares):

$$M = \iint_A \int_0^2 4 \rho d\rho d\theta = \int_0^{2\pi} [2r^2]_0^2 d\theta = 8 \int_0^{2\pi} d\theta = 16\pi.$$

6. Seja $\delta(x, y, z) = k(x^2 + y^2)$, onde k é a constante de proporcionalidade.

$$\begin{aligned}
 M &= \iint_A \left[\int_{\sqrt{x^2+y^2}}^1 k(x^2 + y^2) dz \right] dx dy = k \iint_A [(x^2 + y^2) z]_{\sqrt{x^2+y^2}}^1 dx dy \\
 &= k \iint_A (x^2 + y^2) (1 - \sqrt{x^2 + y^2}) dx dy, \text{ onde } A \text{ é o círculo } x^2 + y^2 \leq 1.
 \end{aligned}$$

Passando para coordenadas polares,

$$M = \int_0^{2\pi} \int_0^1 \rho^2 (1 - \rho) \rho d\rho d\theta = k \int_0^{2\pi} \left[\frac{\rho^4}{4} - \frac{\rho^5}{5} \right]_0^1 d\theta = \frac{k}{20} \int_0^{2\pi} d\theta = \frac{k\pi}{10}.$$

Exercícios 5.5

1. a) $\iiint_B x dx dy dz$ onde $B = \{(x, y, z) \in \mathbb{R}^3 \mid x^2 + y^2 + z^2 \leq 4, x \geq 0\}$.

Passando para coordenadas esféricas:

$$\begin{cases} x = \rho \sin \varphi \cos \theta \\ y = \rho \sin \varphi \sin \theta \\ z = \rho \cos \varphi \end{cases}$$

$$\frac{\partial(x, y, z)}{\partial(\theta, \rho, \varphi)} = \rho^2 \sin \varphi \Rightarrow dx dy dz = \rho^2 \sin \varphi d\theta d\rho d\varphi$$

$$\text{com } -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}, 0 \leq \varphi \leq \pi, 0 \leq \rho \leq 2.$$

$$\begin{aligned} \iiint_B x dx dy dz &= \iiint_{B_{\theta\varphi\rho}} \rho \sin \varphi \cos \theta \cdot \rho^2 \sin \varphi d\rho d\theta d\varphi \\ &= \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \cos \theta d\theta \int_0^\pi \sin^2 \varphi d\varphi \int_0^2 \rho^3 d\rho = 4\pi. \end{aligned}$$

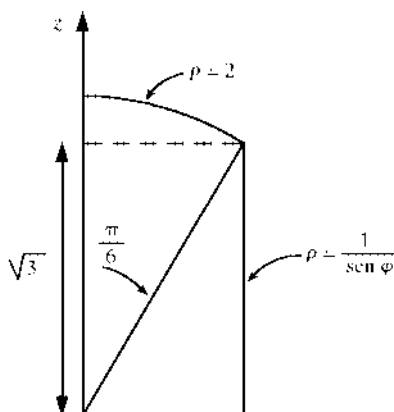
$$c) \iiint_B x dx dy dz \text{ onde } B = \{(x, y, z) \in \mathbb{R}^3 \mid \frac{x^2}{4} + \frac{y^2}{9} + z^2 \leq 1, x \geq 0\}$$

Passando para coordenadas esféricas,

$$\begin{cases} x = 2\rho \sin \varphi \cos \theta \\ y = 3\rho \sin \varphi \sin \theta \\ z = \rho \cos \varphi \end{cases} \quad \begin{aligned} &\text{com } -\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}, 0 \leq \varphi \leq \pi, 0 \leq \rho \leq 1 \\ &dx dy dz = 6\rho^2 \sin \varphi d\varphi d\rho d\theta. \end{aligned}$$

$$\begin{aligned} \iiint_B x dx dy dz &= \iiint_{B_{\theta\varphi\rho}} 2\rho \sin \varphi \cos \theta 6\rho^2 \sin \varphi d\varphi d\rho d\theta \\ &= 12 \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \cos \theta d\theta \int_0^1 \rho^3 d\rho \int_0^\pi \sin^2 \varphi d\varphi = 3\pi. \end{aligned}$$

$$f) \iiint \sqrt{x^2 + y^2 + z^2} dx dy dz, \text{ onde } B \text{ é a interseção da semi-esfera } x^2 + y^2 + z^2 \leq 4, z \geq 0 \text{ com o cilindro } x^2 + y^2 \leq 1.$$



O sólido é obtido pela rotação em torno do eixo z da figura acima.

Façamos a interseção da semi-esfera com o cilindro

$$\begin{cases} x^2 + y^2 + z^2 = 4 \Rightarrow z^2 = 3 \\ x^2 + y^2 = 1. \end{cases}$$

Passando para coordenadas esféricas:

$$\begin{cases} x = \rho \cos \theta \sen \varphi \\ y = \rho \sen \theta \sen \varphi \\ z = \rho \cos \varphi \end{cases}$$

$dx dy dz = \rho^2 \sen \varphi d\varphi d\rho d\theta$. Temos

$$\cos \varphi = \frac{\sqrt{3}}{2} \text{ e, portanto, } \varphi = \frac{\pi}{6};$$

$x^2 + y^2 = 1 \Leftrightarrow \rho^2 \sen^2 \varphi = 1 \Leftrightarrow \rho = \frac{1}{\sen \varphi}$, que é a equação da superfície cilíndrica $x^2 + y^2 = 1$ em coordenadas esféricas.

Temos então

$$\begin{aligned} \iiint \sqrt{x^2 + y^2 + z^2} dx dy dz &= \int_0^{2\pi} \int_0^{\frac{\pi}{6}} \int_0^2 \rho^3 \sen \varphi d\rho d\varphi d\theta \\ &+ \int_0^{2\pi} \int_{\frac{\pi}{6}}^{\frac{\pi}{2}} \int_0^{\frac{1}{\sen \varphi}} \rho^3 \sen \varphi d\rho d\varphi d\theta \\ &= \int_0^{2\pi} d\theta \int_0^{\frac{\pi}{6}} \sen \varphi d\varphi \int_0^2 \rho^3 d\rho + \int_0^{2\pi} \int_{\frac{\pi}{6}}^{\frac{\pi}{2}} \left[\int_0^{\frac{1}{\sen \varphi}} \rho^3 d\rho \right] \sen \varphi d\varphi d\theta \\ &= 2\pi \left[-\cos \frac{\pi}{6} + \cos 0 \right] \left[\frac{\rho^4}{4} \right]_0^2 + 2\pi \int_{\frac{\pi}{6}}^{\frac{\pi}{2}} \left[\frac{\rho^4}{4} \right]_{\frac{1}{\sen \varphi}}^{\frac{1}{\sen \varphi}} \sen \varphi d\varphi \\ &= 8\pi \left(-\frac{\sqrt{3}}{2} + 1 \right) + \frac{\pi}{2} \int_{\frac{\pi}{6}}^{\frac{\pi}{2}} \operatorname{cosec}^3 \varphi d\varphi \\ &= -4\sqrt{3} \pi + 8\pi + \frac{\pi}{2} \left[-\frac{1}{2} \operatorname{cosec} \varphi \cot \varphi + \frac{1}{2} \ln (\operatorname{cosec} \varphi - \cot \varphi) \right]_{\frac{\pi}{6}}^{\frac{\pi}{2}} \\ &= -4\sqrt{3} \pi + 8\pi + \frac{\pi}{2} \left[\sqrt{3} + \frac{1}{2} \ln (\sqrt{3} + 2) \right] \\ &= -\frac{7\sqrt{3}\pi}{2} + 8\pi + \frac{\pi}{4} \ln (\sqrt{3} + 2). \end{aligned}$$

(Utilizamos a fórmula de recorrência:

$$\int \operatorname{cosec}^n \varphi \, d\varphi = -\frac{1}{n-1} \operatorname{cosec}^{n-2} \varphi \cot \varphi + \frac{n-2}{n-1} \int \operatorname{cosec}^{n-2} \varphi \, d\varphi$$

veja Exemplo 7, Seção 12.10, Volume I, pág. 394.)

2. Seja o elipsóide $\frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} \leq 1$.

Passando para coordenadas esféricas:

$$\begin{cases} x = a\rho \sin \varphi \cos \theta \\ y = b\rho \sin \varphi \sin \theta \\ z = c\rho \cos \varphi \end{cases} \quad \text{com } 0 \leq \theta \leq 2\pi \text{ e } 0 \leq \varphi \leq \pi.$$

$$dx \, dy \, dz = \left| \frac{\partial(x, y, z)}{\partial(\rho, \theta, \varphi)} \right| = abc\rho^2 \sin \varphi \, d\rho \, d\varphi \, d\theta.$$

De $\frac{x^2}{a^2} + \frac{y^2}{b^2} + \frac{z^2}{c^2} \leq 1$ segue que $0 \leq \rho \leq 1$.

Temos $B_{\theta\varphi\rho} = \{(\theta, \varphi, \rho) \mid 0 \leq \theta \leq 2\pi, 0 \leq \varphi \leq \pi, 0 \leq \rho \leq 1\}$

Então,

$$\begin{aligned} V &= \iiint_B dx \, dy \, dz = \iiint_{B_{\theta\varphi\rho}} abc\rho^2 \sin \varphi \, d\rho \, d\varphi \, d\theta \\ &= abc \int_0^{2\pi} d\theta \int_0^\pi \sin \varphi \, d\varphi \int_0^1 \rho^2 \, d\rho = abc [\theta]_0^{2\pi} \cdot [-\cos \varphi]_0^\pi \cdot \left[\frac{\rho^3}{3} \right]_0^1 = \frac{4abc\pi}{3}. \end{aligned}$$

4. Seja o conjunto $B = \{(x, y, z) \in \mathbb{R}^3 \mid z \geq \sqrt{x^2 + y^2} \text{ e } x^2 + y^2 + z^2 \leq 2az \text{ (} a > 0 \text{)}\}$.

Da equação da esfera $x^2 + y^2 + z^2 = 2az$ segue que

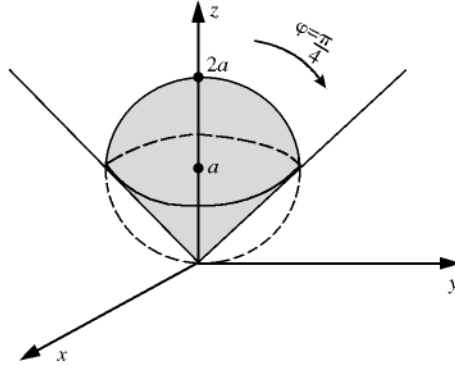
$$x^2 + y^2 + z^2 - 2az + a^2 = a^2, \text{ ou seja, } x^2 + y^2 + (z - a)^2 = a^2.$$

Portanto, a esfera tem centro em $(0, 0, a)$ e raio igual a a .

Em coordenadas esféricas, a equação da esfera $x^2 + y^2 + z^2 = 2az$ é $\rho = 2a \cos \varphi$ e a equação do cone $z = \sqrt{x^2 + y^2}$ é $z = \rho \sin \varphi$. De $\rho \cos \varphi = \rho \sin \varphi$ segue $\varphi = \frac{\pi}{4}$.

Portanto a região de integração (em coordenadas esféricas) é

$$B_{\theta\rho\varphi} = \left\{ (\theta, \rho, \varphi) \mid 0 \leq \theta \leq 2\pi, 0 \leq \rho \leq 2a \cos \varphi, 0 \leq \varphi \leq \frac{\pi}{4} \right\}$$



Temos então

$$\begin{aligned}
 V &= \iiint_B dx \, dy \, dz = \iiint_{B_{\theta\rho\varphi}} \rho^2 \sin \varphi \, d\rho \, d\varphi \, d\theta \\
 &= \int_0^{2\pi} \int_0^{\frac{\pi}{4}} \left[\int_0^{2a \cos \varphi} \rho^2 \sin \varphi \, d\rho \right] \sin \varphi \, d\varphi \, d\theta \\
 &= \int_0^{2\pi} d\theta \int_0^{\frac{\pi}{4}} \left[\frac{\rho^3}{3} \right]_0^{2a \cos \varphi} \sin \varphi \, d\varphi = 2\pi \int_0^{\frac{\pi}{4}} \frac{8a^3}{3} \cos^3 \varphi \sin \varphi \, d\varphi = \pi a^3.
 \end{aligned}$$

Exercícios 5.7

1.

$$I = \iiint_B r^2 \, dm, \text{ onde } r = \sqrt{x^2 + y^2} \text{ e } dm = \underbrace{\delta(x, y, z)}_k \, dx \, dy \, dz.$$

$$\begin{aligned}
 I &= \iiint_B (x^2 + y^2) k \, dx \, dy \, dz = k \iint_A \left[\int_0^{4-x-y} (x^2 + y^2) \, dz \right] dy \, dx \\
 &= k \iint_A (x^2 + y^2)(4 - x - y) \, dx \, dy \text{ onde } A \text{ é o triângulo}
 \end{aligned}$$

$$x + y \leq 4, x \geq 0, y \geq 0.$$

$$\begin{aligned}
 I &= k \int_0^4 \left[\int_0^{4-x} (4x^2 + 4y^2 - x^3 - xy^2 - x^2y - y^3) \, dy \right] dx \\
 &= k \int_0^4 \left[4x^2y + \frac{4y^3}{3} - x^3y - \frac{xy^3}{3} - \frac{x^2y^2}{2} - \frac{y^4}{4} \right]_0^{4-x} dx \\
 &= k \int_0^4 \left[4x^2(4-x) + \frac{4(4-x)^3}{3} - x^3(4-x) - \frac{x(4-x)^3}{3} - \frac{x^2(4-x)^2}{2} - \frac{(4-x)^4}{4} \right] dx =
 \end{aligned}$$

$$= \frac{k}{12} \int_0^4 (7x^4 - 64x^3 + 192x^2 - 256x + 256) dx = \frac{512}{15} k.$$

2. Vamos considerar o cubo $0 \leq x \leq L$, $0 \leq y \leq L$ e $0 \leq z \leq L$ e calcular o momento de inércia em relação ao eixo z . Temos $\delta(x, y, z) = k$ (cubo homogêneo),

$$r(x, y, z) = \sqrt{x^2 + y^2}, \quad dm = \delta(x, y, z) dx dy dz = k dx dy dz.$$

Então,

$$\begin{aligned} I &= \iiint_C r^2 dm = \iiint_C (x^2 + y^2) k dx dy dz \\ &= k \iint_A \left[\int_0^L (x^2 + y^2) dz \right] dx dy = kL \int_0^L \left[\int_0^L (x^2 + y^2) dx \right] dy \\ &= \frac{2}{3} kL^5 = \frac{2}{3} L^2 \underbrace{(kL^3)}_M. \end{aligned}$$

Então, $I = \frac{2}{3} L^2 M$, onde M é a massa do cubo.

4. Seja o cilindro homogêneo $(x - a)^2 + y^2 \leq a^2$ e $0 \leq z \leq h$.

$$a) \quad I = \iiint_B r^2 dm$$

onde $r = r(x, y, z)$ é a distância do ponto (x, y, z) à reta $x = a$ e $y = 0$. Então,
 $r^2 = (x - a)^2 + y^2$ e $dm = \underbrace{(x, y, z)}_k dx dy dz$ (cilindro homogêneo).

Em coordenadas cilíndricas, façamos:

$$\begin{cases} x - a = \rho \cos \theta \\ y = \rho \sin \theta \\ z = z \end{cases}$$

com $(\rho, \theta, z) \in B_{\theta\rho z} = \{(\rho, \theta, z) \mid 0 \leq \rho \leq a, 0 \leq \theta \leq 2\pi, 0 \leq z \leq h\}$.

Então, temos

$$\begin{aligned} I &= \iiint_B r^2 dm = \iiint_B r^2 k dx dy dz = \iiint_{B_{\theta\rho z}} \rho^2 k \rho d\rho d\theta dz \\ &= \int_0^{2\pi} d\theta \int_0^a \rho^3 d\rho \int_0^h dz = 2\pi \left(\frac{a^4}{4} \right) h = \frac{k\pi a^4 h}{2} = \frac{a^2}{2} \underbrace{(k\pi a^2 h)}_M. \end{aligned}$$

Então, $I = \frac{a^2 M}{2}$, onde M é a massa do cilindro.

$$b) I = \iiint_B (x^2 + y^2) dm, \text{ onde } dm = \underbrace{\delta(x, y, z)}_k dx dy dz.$$

Em coordenadas cilíndricas (tomando o pólo na origem),

$$\begin{cases} x = \rho \cos \theta \\ y = \rho \sin \theta \\ z = z \end{cases}$$

$$dx dy dz = \rho d\rho d\theta dz.$$

Temos,

$$(x - a)^2 + y^2 = a^2 \Leftrightarrow \rho = 2a \cos \theta.$$

Então $B_{\rho\theta z}$ é dado por $0 \leq \rho \leq 2a \cos \theta$, $-\frac{\pi}{2} \leq \theta \leq \frac{\pi}{2}$, $0 \leq z \leq h$.

$$\begin{aligned} I &= \iiint_B (x^2 + y^2) k dx dy dz = k \iiint_{B_{\rho\theta z}} \rho^2 \cdot \rho d\rho d\theta dz \\ &= k \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2a \cos \theta} \left[\int_0^h \rho^3 dz \right] d\rho d\theta = kh \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \int_0^{2a \cos \theta} \rho^3 d\rho d\theta \\ &= kh \int_{-\frac{\pi}{2}}^{\frac{\pi}{2}} \left[\frac{\rho^4}{4} \right]_0^{2a \cos \theta} d\theta = 8a^4 hk \int_0^{\frac{\pi}{2}} \cos^4 \theta d\theta = \frac{3a^2}{2} (\underbrace{\pi a^2 hk}_M). \end{aligned}$$

Então, $I = \frac{3Ma^2}{2}$, onde $M = k\pi a^2 h$ é a massa do cilindro.

6. Temos

$I_{CM} = \frac{Ma^2}{2}$ é o momento de inércia em relação à reta que passa pelo centro de massa ($x = a$) (Exercício 4 item a , desta seção)

$I = \frac{3Ma^2}{2}$ é o momento de inércia em relação a um eixo paralelo (eixo Oz), a uma distância $h = a$ (Exercício 4 item b , desta seção).

Portanto, pelo teorema de Steiner,

$$\underbrace{\frac{Ma^2}{2}}_{I_{cm}} + Mh^2 = \frac{Ma^2}{2} + Ma^2 = 3 \underbrace{\frac{Ma^2}{2}}_I.$$

(Pelo teorema de Steiner, $I = I_{cm} + Mh^2$.)

7. Centro de massa da semi-esfera homogênea $x^2 + y^2 + z^2 \leq R^2$ e $z \geq 0$ ($R > 0$).

Precisamos calcular apenas z_c tendo em vista a simetria do corpo em relação ao eixo Oz .

Temos

$$z_c = \frac{\iiint_B xk \, dx \, dy \, dz}{\iiint_B k \, dx \, dy \, dz} = \frac{\iiint z \, dx \, dy \, dz}{\iiint dx \, dy \, dz}$$

Passando para coordenadas cilíndricas: $\begin{cases} x = \rho \cos \theta \\ y = \rho \sin \theta \\ z = z \end{cases}$

$$x^2 + y^2 = \rho^2 \Rightarrow z^2 \leq R^2 - \rho^2$$

$$\begin{aligned} \iiint_B dx \, dy \, dz &= \int_0^{2\pi} \int_0^R \int_0^{\sqrt{R^2 - \rho^2}} \rho \, dz \, d\rho \, d\theta \\ &= \int_0^{2\pi} \int_0^R (R^2 - \rho^2)^{\frac{1}{2}} \rho \, d\rho \, d\theta = \frac{2\pi R^3}{3}. \\ \iiint z \, dx \, dy \, dz &= \int_0^{2\pi} \int_0^R \int_0^{\sqrt{R^2 - \rho^2}} \rho z \, dz \, d\rho \, d\theta \\ &= \int_0^{2\pi} \left[\int_0^R \frac{(R^2 - \rho^2)}{2} \rho \, d\rho \right] d\theta = \frac{\pi R^4}{4}. \end{aligned}$$

$$\text{Então, } z_c = \frac{\pi R^4}{4} \cdot \frac{3}{2\pi R^3} = \frac{3R}{8}.$$

Centro de massa da semi-esfera homogênea $\left(0, 0, \frac{3R}{8}\right)$

Por coordenadas esféricas,

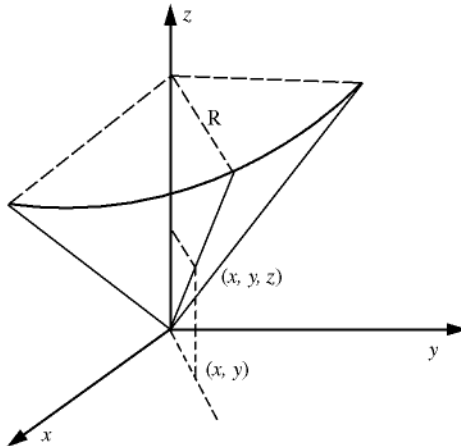
$$\begin{aligned} \iiint dx \, dy \, dz &= \left(\frac{1}{2}\right) \int_0^{2\pi} \int_0^\pi \int_0^R \rho^2 \sin \varphi \, d\rho \, d\varphi \, d\theta \\ &= \left(\frac{1}{2}\right) \left[\int_0^R \rho^2 \, d\rho \right] \cdot \left[\int_0^\pi \sin \varphi \, d\varphi \right] \cdot \left[\int_0^{2\pi} d\theta \right] \\ &= \left(\frac{1}{2}\right) \cdot \left[\frac{\rho^3}{3} \right]_{- \cos \varphi}^\pi \cdot \left[\theta \right]_0^{2\pi} = \left(\frac{1}{2}\right) \cdot \left(\frac{R^3}{3}\right) \cdot 2 \cdot 2\pi = \frac{2\pi R^3}{3} \\ \iiint z \, dx \, dy \, dz &= \int_0^{2\pi} \int_0^{\frac{\pi}{2}} \int_0^R (\rho \cos \varphi) \rho^2 \sin \varphi \, d\rho \, d\varphi \, d\theta \end{aligned}$$

$$\begin{aligned}
&= \left[\int_0^{2\pi} d\theta \right] \cdot \left[\int_0^R \rho^3 d\rho \right] \cdot \left[\int_0^{\frac{\pi}{2}} \sin \varphi \cos \varphi d\varphi \right] \\
&= [\theta]_0^{2\pi} \cdot \left[\frac{\rho^4}{4} \right]_0^R \cdot \left[\frac{\sin^2 \varphi}{2} \right]_0^{\frac{\pi}{2}} = 2\pi \cdot \frac{R^4}{4} \cdot \frac{1}{2} = \frac{\pi R^4}{4} \\
z_c &= \frac{3R}{8}. \text{ Centro de massa: } \left(0, 0, \frac{3R}{8} \right).
\end{aligned}$$

9. a) O centro de massa está no eixo z tendo em vista a simetria do corpo.

Então, $x_c = y_c = 0$ e

$$z_c = \frac{\iiint_B zk \, dx \, dy \, dz}{\iiint_B k \, dx \, dy \, dz}, \text{ onde } B \text{ é o cone.}$$



A equação do cone obtém-se por semelhança de triângulos:

$$\frac{z}{h} = \frac{\sqrt{x^2 + y^2}}{R}$$

Portanto, B é o cone $\frac{h}{R} \sqrt{x^2 + y^2} \leq z \leq h$.

Em coordenadas cilíndricas,

$$M = \iiint_B dx \, dy \, dz = \iiint_{\rho\theta z} \rho \, d\rho \, d\theta \, dz =$$

$$\begin{aligned}
&= \int_0^{2\pi} \int_0^R \left[\int_{\frac{\rho h}{R}}^h \rho \, dz \right] d\rho \, d\theta = \int_0^{2\pi} \left[\int_0^R \left(h - \frac{\rho h}{R} \right) \rho \, d\rho \right] d\theta \\
&= \int_0^{2\pi} \left[\frac{h\rho^2}{2} - \frac{h}{R} \frac{\rho^3}{3} \right]_0^R d\theta = \int_0^{2\pi} \left(h \frac{R^2}{2} - \frac{hR^2}{3} \right) d\theta \\
&= \frac{hR^2}{3} \int_0^{2\pi} d\theta = \frac{\pi R^2 h}{3}.
\end{aligned}$$

$$\begin{aligned}
\iiint_B z \, dx \, dy \, dz &= \iiint_{B_{\rho\theta z}} z \rho \, dz \, d\rho \, d\theta = \int_0^{2\pi} \int_0^R \left[\int_{\frac{\rho h}{R}}^h z \, dz \right] \rho \, d\rho \, d\theta \\
&= \frac{h^2 R^2 \pi}{4}.
\end{aligned}$$

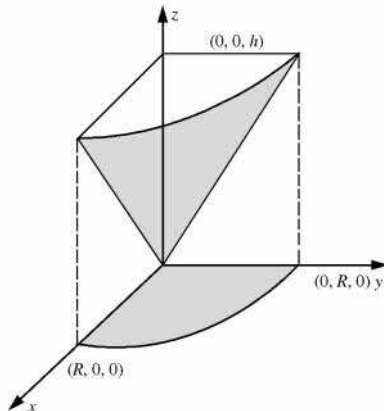
Portanto, $z_c = \frac{\pi R^2 h^2}{4} \div \frac{\pi R^2 h}{3} = \frac{3}{4} h$.

Centro de massa: $\left(0, 0, \frac{3}{4} h \right)$.

$$\begin{aligned}
b) \, I &= \iiint_B (x^2 + y^2) \, dm = k \int_0^{2\pi} \int_0^R \int_{\frac{h\rho}{R}}^h \rho^2 \rho \, dz \, d\rho \, d\theta \\
&= \int_0^{2\pi} \left[\int_0^R \left(h\rho^3 - \frac{h\rho^4}{R} \right) d\rho \right] d\theta \, k = \frac{hR^4 \pi k}{10}.
\end{aligned}$$

Então, $I = \frac{3}{10} R^2 M$, onde $M = \frac{\pi R^2 h k}{3}$ é a massa do cone.

10. Supondo que o eixo seja o eixo y ,



$$\begin{aligned}
I_y &= \iiint_B r^2 \, dm = \iiint_B (x^2 + z^2) k \, dx \, dy \, dz = k \iiint_{B_{\rho\theta z}} (\rho^2 \cos^2 \theta + z^2) \rho \, dz \, d\rho \, d\theta \\
&= k \int_0^{2\pi} \int_0^R \left[\int_{\frac{h\rho}{R}}^h (\rho^3 \cos^2 \theta + \rho z^2) \, dz \right] d\rho \, d\theta = \frac{3M}{5} \left(h^2 + \frac{1}{4} R^2 \right),
\end{aligned}$$

onde M é a massa do cone.

$$\text{Então, } I_y = \frac{3M}{5} \left(h^2 + \frac{1}{4} R^2 \right).$$

11. Vamos considerar a esfera com centro na origem e trabalhar em coordenadas cilíndricas.

$$\begin{cases} x = \rho \cos \theta \\ y = \rho \sin \theta \\ z = z \end{cases} \quad dx \, dy \, dz = \rho \, d\rho \, d\theta \, dz$$

$$dm = \frac{\delta(x, y, z)}{k \sqrt{x^2 + y^2 + z^2}} \, dx \, dy \, dz, \text{ ou seja, } dm = k \sqrt{R^2 - \rho^2} \, dx \, dy \, dz.$$

Temos

$$\begin{aligned}
M &= \iiint dm \\
&= k \int_0^{2\pi} \int_0^R \int_0^{\sqrt{R^2 - \rho^2}} \sqrt{R^2 - \rho^2} \, dz \, \rho \, d\rho \, d\theta \\
&= k \int_0^{2\pi} \int_0^R (R^2 - \rho^2) \rho \, d\rho \, d\theta = \frac{k\pi R^4}{2}.
\end{aligned}$$

$$\begin{aligned}
\iiint_B z \, dm &= k \int_0^{2\pi} \int_0^R \int_0^{\sqrt{R^2 - \rho^2}} \sqrt{R^2 - \rho^2} \, z \, dz \, \rho \, d\rho \, d\theta \\
&= \frac{k}{2} \int_0^{2\pi} \int_0^R (R^2 - \rho^2)^{3/2} \rho \, d\rho \, d\theta = \frac{k\pi R^5}{5}.
\end{aligned}$$

$$z_c = \frac{k\pi R^5}{5} \div \frac{k\pi R^4}{2} = \frac{2}{5} R. \text{ Pela simetria do corpo } x_c = y_c = 0.$$

$$\text{Centro de massa } \left(0, 0, \frac{2}{5} R \right).$$

$$\left(\text{Em coordenadas esféricas: } \iiint z \, dm = \int_0^{2\pi} \int_0^{\frac{\pi}{2}} \int_0^R k\rho^4 \cos \varphi \sin \varphi \, d\varphi \, d\theta = \right.$$

$$\begin{aligned}
&= k \left[\int_0^R \rho^4 d\rho \right] \cdot \left[\int_0^{\frac{\pi}{2}} \cos \varphi \sin \varphi d\varphi \right] \left[\int_0^{2\pi} d\theta \right] \\
&= k \left[\frac{\rho^5}{5} \right]_0^R \left[\frac{\sin^2 \varphi}{2} \right]_0^{\frac{\pi}{2}} [\theta]_0^{2\pi} = \frac{k\pi R^5}{5}.
\end{aligned}$$

12. Seja I_y o momento de inércia do cone circular reto de altura h e raio da base R em relação ao eixo y . (Exercício 10)

Seja r a reta que passa pelo centro de massa e é paralela ao eixo y .

$$\left(\text{Centro de massa: } \left(0, 0, \frac{3}{4}h \right) \right)$$

$$I_y = I_r + Md^2, \text{ onde } d = \frac{3}{4}h$$

$$I_r = I_y - M \left(\frac{3}{4}h \right)^2$$

$$I_r = \frac{3M}{5} \left(h^2 + \frac{1}{4}R^2 \right) - \frac{9}{16}Mh^2 \Rightarrow I_r = \frac{3M}{80}(h^2 + 4R^2).$$

Seja s o diâmetro da base do cone paralelo ao eixo dos y .

Pelo teorema de Steiner,

$$I_s = I_r + M \cdot \left(\frac{1}{4}h \right)^2 = \frac{3}{80}M(h^2 + 4R^2) + \frac{1}{16}h^2M = \frac{M}{20}(2h^2 + 3R^2).$$