

Mess Menu

DAY	BREAKFAST	LUNCH	SNACKS (L)	DINNER
MONDAY	Sambhar Idly/ Omelette(L),(Bread, Butter/Jam),Sprouts, Tea/Milk(L),Cornflak es/Bournvita	Rajma, Lauki, Plain & Butter Roti, Plain Rice, Salad, Achaar, Chach (L), Papad (L)	Chowmein, Ketchup, Tea/Coffee	Malai Kofta, Arahar Dal, Plain Rice, Plain & Butter Roti Salad, Achaar, Boondi Laddoo (L)
TUESDAY	Upma/ Chhola-Kulcha,(Br ead,Butter/Jam) Sprouts, Tea/Milk(L),Cornf lakes/Bournvita	Mater Paneer, Masoor Dal, Plain & Butter Roti, Plain Rice, Salad, Achaar, Raita (L)	Vermicelli Poha Chutney, Tea/Coffee	Aaloo Tamatar, Puri, Pulao, Moong Dal, Salad, Achaar Gulab Jamun (L)
WEDNESDAY	PavBhaji/BoiledEgg(L),(Bread,Butter/Jam) , Sprouts, Tea/Milk(L),Cornflak es/Bournvita	Mix Veg, Dal Makhani, Plain & Butter Roti, Plain Rice, Salad, Achaar, Chach (L)	Dabeli/Aloo Gonda, Chutney, Tea/Coffee	Sev Tamatar sabji,Mix Dal, Rice, Plain & Butter Roti, Salad, Achaar, Seviyan (L)
THURSDAY	PlainParatha,Aloo Chana,Omelette(L),Bread,Butter/J am,Sprouts,Tea/M ilk(L),Cornflakes/ Bournvita	Kadhi Pakora, Aloo Jeera, Plain Rice, Plain & Butter Roti, Salad, Achaar, Papad (L)	Aloo Sandwich Chutney Tea/Coffee	Aloo Patta Gobhi Matar, Masoor Dal, Plain & Butter Roti, Fried Rice, Salad, Achaar, Custard (L)
FRIDAY	ShambharBada/Boile dEgg(L),(Bread,Butte r/Jam),Sprouts,Tea/M ilk(L),Cornflakes/Bo urnvita	Gatta Masala, Urad Dal, Pulao, Plain & Butter Roti, Salad, Achaar, Plain Curd (L)	Dal Kachori Chutney, Tea/Coffee	Palak Paneer, Lobiya Daal Plain & Butter Roti,Jeera Rice, Salad, Achaar, Papad (L) ,Sooji Halwa (L)
SATURDAY	Poha(withNamkee n)/Omelette(L), (Bread,Butter/Jam) ,Sprouts,Tea/Milk(L),Cornflakes/Bour nvita	Masala Paratha, Matar Sabzi, Garlic Chutney, Pulao, Salad, Achaar, Plain Curd (L)	Macroni, Ketchup, Tea/Coffee	Dry Kala Chana, Arhar Dal, Plain & Butter Roti, Jeera Rice Salad , Achaar, Besan Laddoo (L)
SUNDAY	Samosa (2 Pc), Jalebi/ Omelette(L),Chutney ,(Bread,Butter/Jam),S prouts,Tea/Milk(L),C ornflakes/Bournvita	Chole Bhature, Fried Mirchi, Jeera Rice, Salad, Achaar, Raita (L)	Biscuit/ Aalu-Kulcha, Tea/Coffee	Loki Kofta, Dal Tadka, Plain & Butter Roti, Jeera Rice, Salad, Petha (L)