

Morning Routine

Michael Walsh

Date	Start	Stop	Interruptions	Total	Comments
09/12/2012	09:00:00	09:10:00		0.10	Wake up from my alarm
09/12/2012	09:10:00	09:15:00		0.05	Get out of bed
09/12/2012	09:15:00	09:30:00		0.15	Eat breakfast
09/12/2012	09:30:00	09:35:00		0.05	Have a shower
09/12/2012	09:35:00	09:55:00		0.20	Get dressed
09/12/2012	10:00:00	10:00:00		0.05	Leave for University