

Week 1

Question:

It is a common concept that listening to Mozart before doing work improves your ability to do so than without listening to Mozart.

What do you think would happen if someone had listened to something they had a personal preference to opposed to Mozart and what factors would you think would affect this?

Answer:

Improved performance links to the preference of sound, depending on the individual's attention to the lyrics. If someone is listening to music with lyrical content that they have an clear understanding of then it will impair and worsen the ability to study regardless of whether they enjoy the music or not as it interferes with information you are trying to study. Opposed to whether they purely just like the sound of the music then it will do the opposite and improve studying.

Reference: <http://www.edutopia.org/blog/dont-listen-music-while-studying-david-cutler>