

Subject

I have chosen to create a question based on how comfort zone affects learning.

Question

An academic study (Butler 1988) looked at the different kinds of feedback received on how student's attitude and their level of achievement was effected, which lead to debates as to how different factors can effect students especially their comfort zone.

It was noted that if a student didn't feel comfortable, then their work and attitude would be heavily effected, resulting in them being less motivated to complete their work.

Another study looked at the effects of working within a comfort zone by grouping a small selection of students to take a test, after which they were asked as to how they felt working within that kind of environment.

Their answers were studied, taking into account how many were positive, negative or neutral and how well each student did on the test. This would reveal how comfortable each student felt, whether the environment they worked in could be considered a comfort zone and how much it affected their work.

The following table summarises the students' answers following the test:

Student	Test Results	Comment
1	60%	Neutral
2	96%	Positive
3	100%	Positive
4	20%	Negative
5	42%	Negative

From looking at the table, did the students comfort zone affect how well they did in the test?

Answer

Yes

Explanation

Working within an environment you consider comfortable allows you to not only feel comfortable, but also more confident in what you are doing. If you were in, for example, a packed classroom with 30+ students, you may find it harder to concentrate and relax which in turn could make you anxious. As a result, working within a comfort zone can make a difference, even if other factors can come into play.