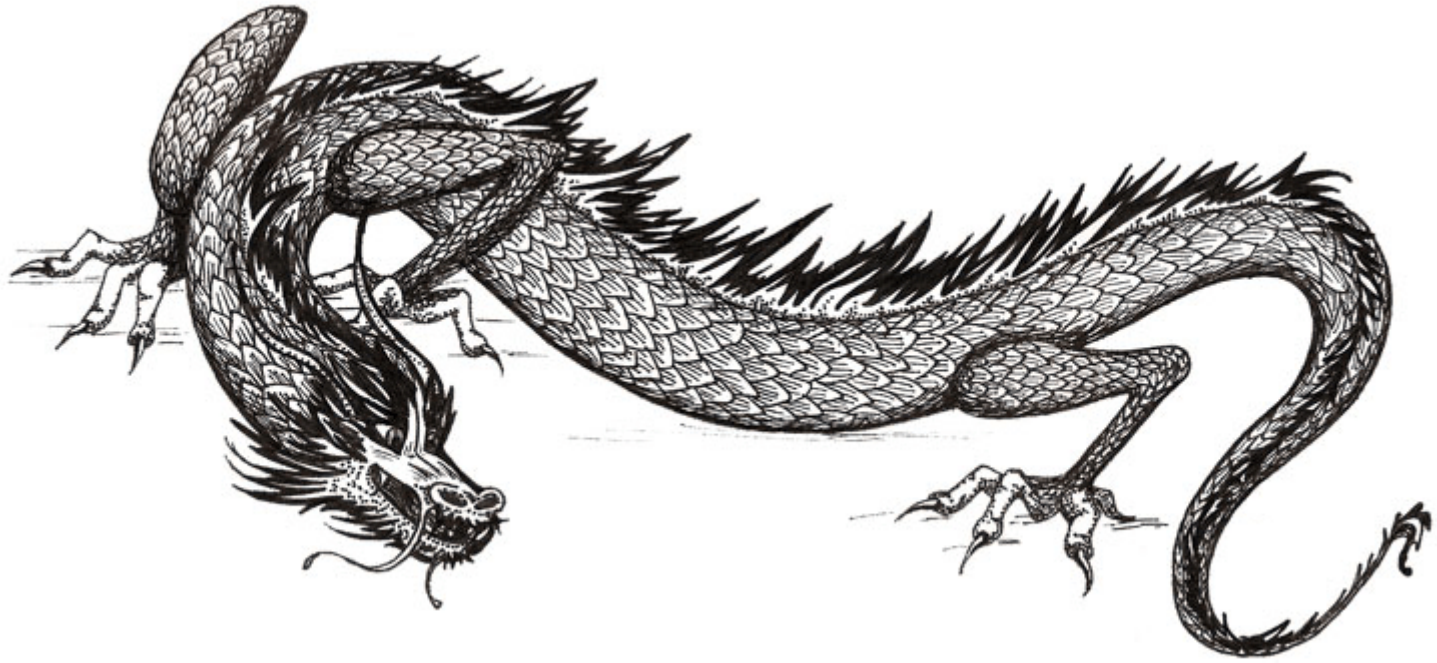


动量与学习率

主讲：龙良曲

Outline

- momentum
- learning rate decay

Momentum

$$w^{k+1} = w^k - \alpha \nabla f(w^k).$$

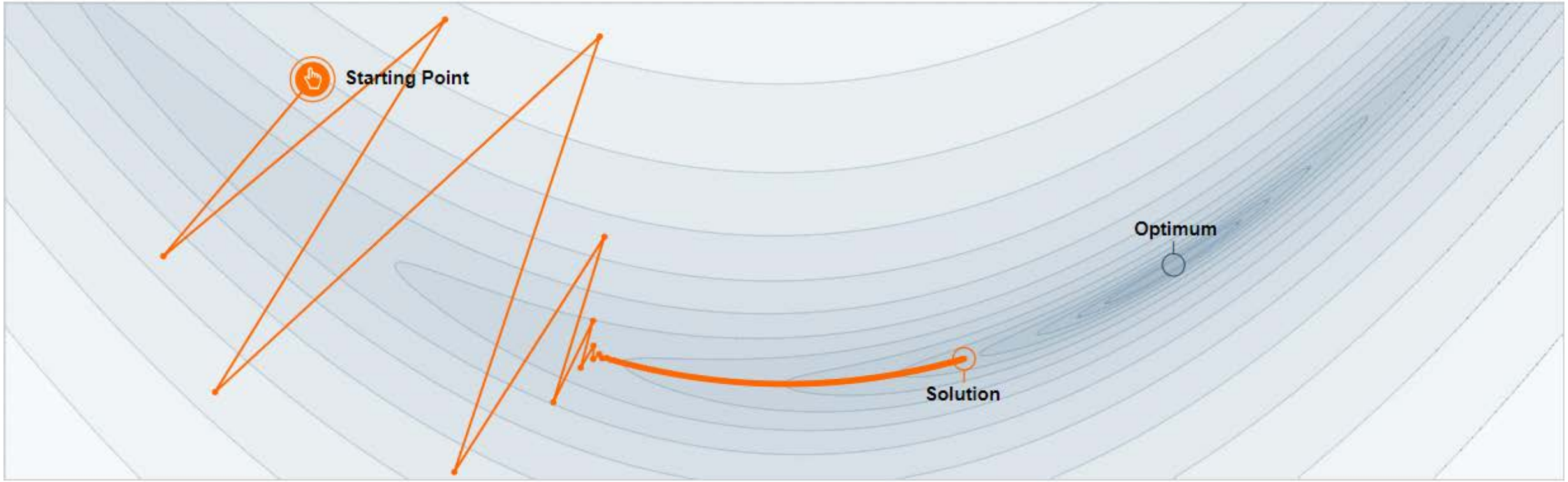
$$z^{k+1} = \beta z^k + \nabla f(w^k)$$
$$w^{k+1} = w^k - \alpha z^{k+1}$$

更新方向不仅与当前梯度有关，还与前一次更新方向有关

（不容易陷入局部最优）

https://distill.pub/2017/momentum/

No momentum



Step-size α = 0.0038

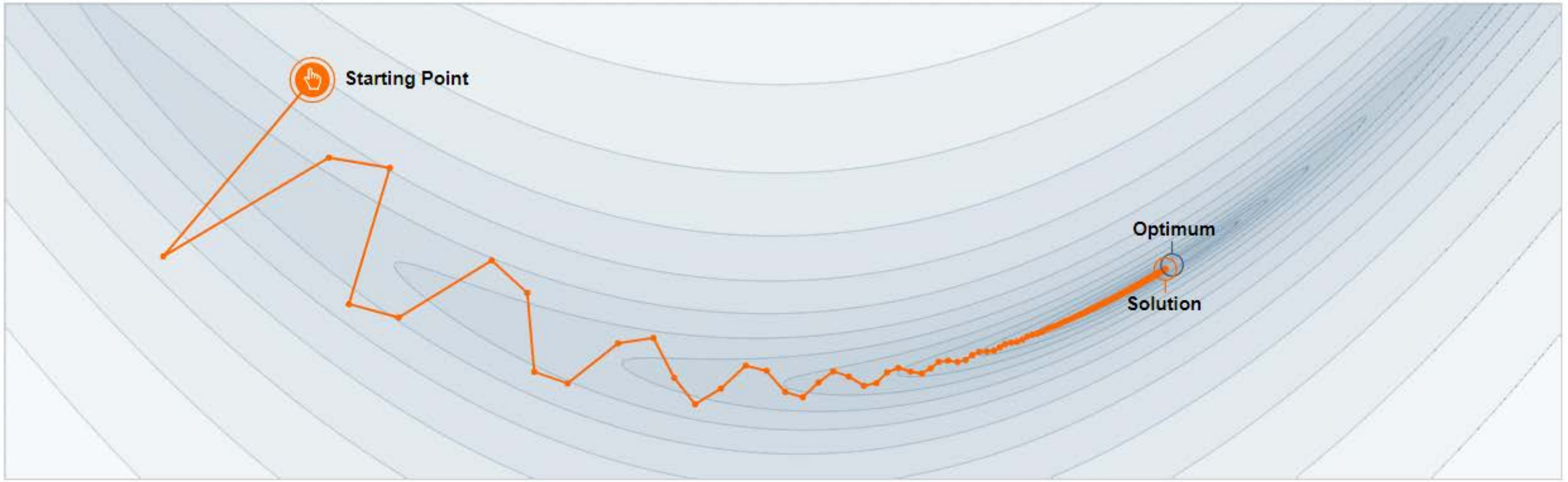
0 0.003 0.006

Momentum β = 0.0

0.00 0.500 0.990

We often think of Momentum as a means of dampening oscillations and speeding up the iterations, leading to faster convergence. But it has other interesting behavior. It allows a larger range of step-sizes to be used, and creates its own oscillations. What is going on?

With appr. momentum



Step-size α = 0.0038

0 0.003 0.006

Momentum β = 0.78

0.00 0.500 0.990

We often think of Momentum as a means of dampening oscillations and speeding up the iterations, leading to faster convergence. But it has other interesting behavior. It allows a larger range of step-sizes to be used, and creates its own oscillations. What is going on?

Momentum

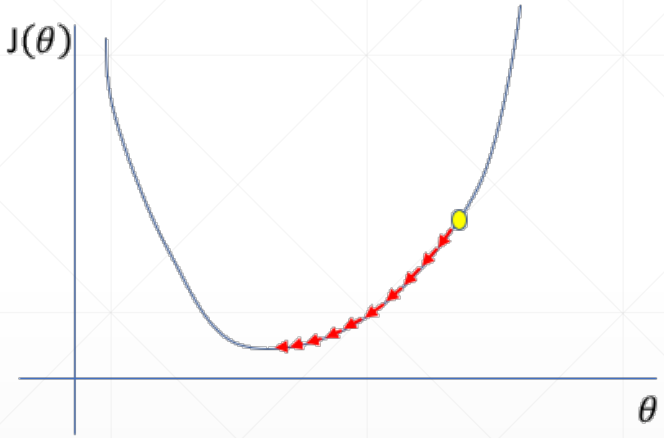
```
optimizer = SGD(learning_rate=0.02, momentum=0.9)
optimizer = RMSprop(learning_rate=0.02, momentum=0.9)

optimizer = SGD(learning_rate=0.02,
    beta_1=0.9,
    beta_2=0.999)
```

Adam

内含momentum优化策略

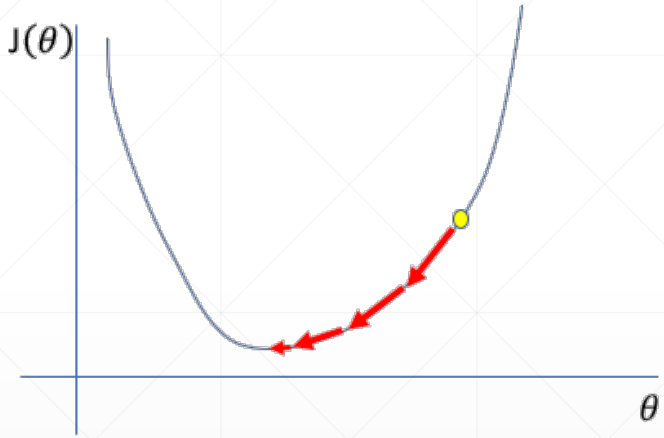
Learning rate tunning

Too low



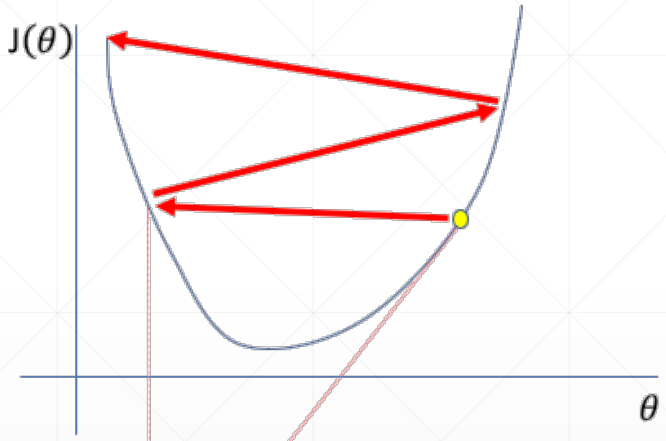
A small learning rate requires many updates before reaching the minimum point

Just right



The optimal learning rate swiftly reaches the minimum point

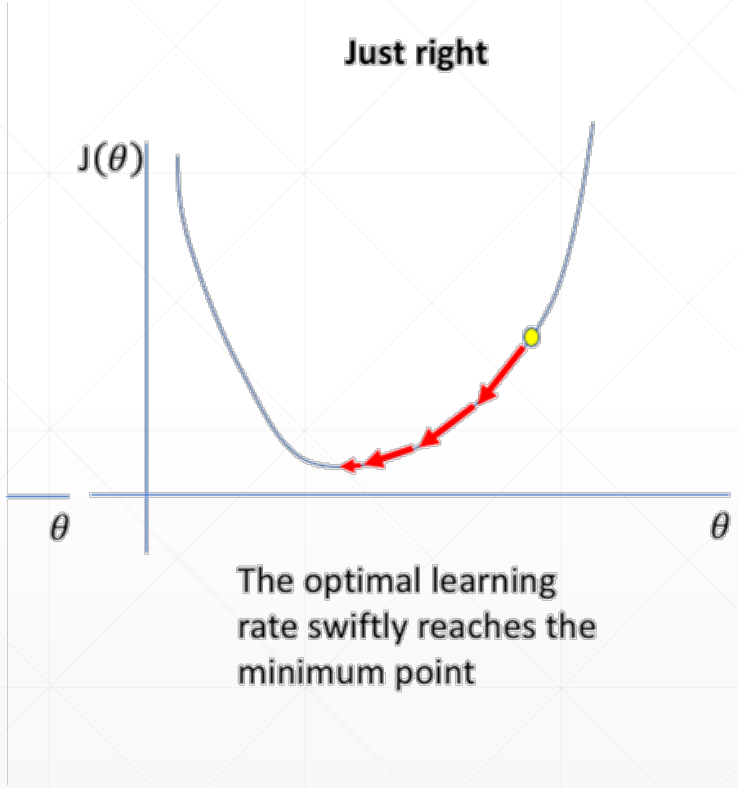
Too high

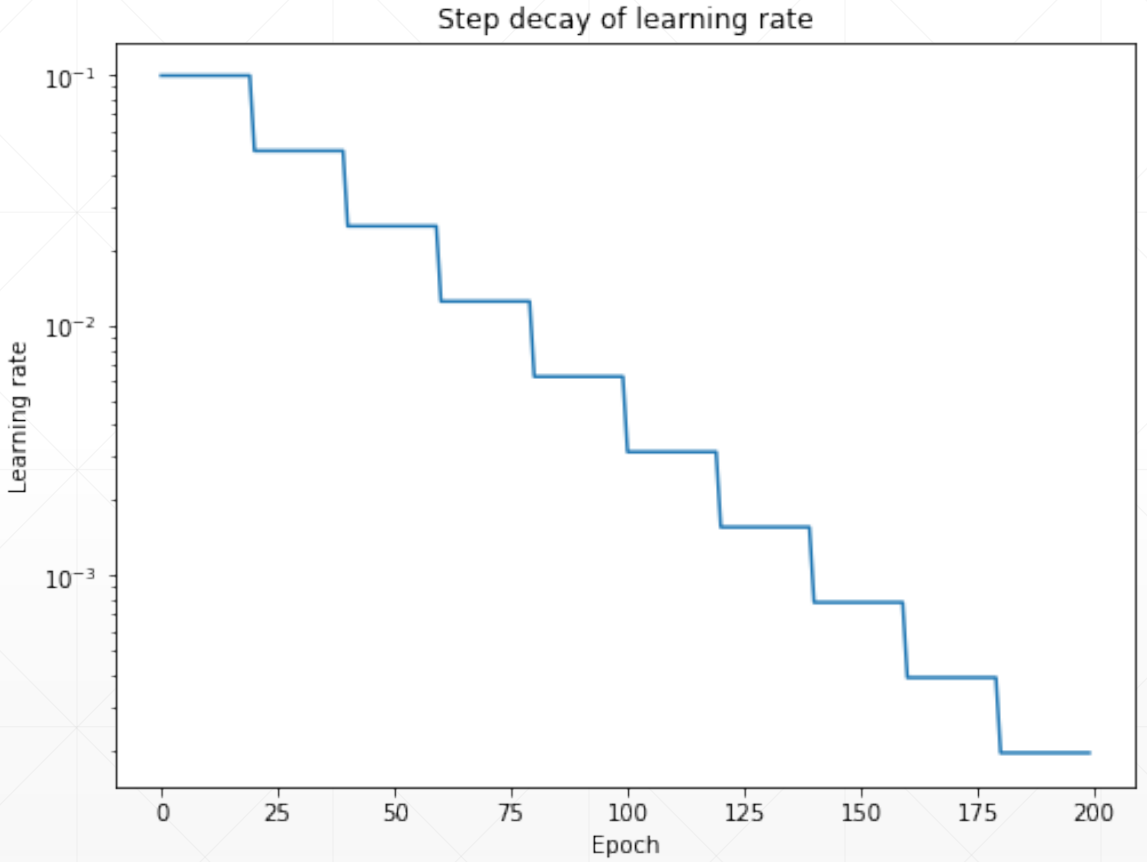


Too large of a learning rate causes drastic updates which lead to divergent behaviors


Andrej Karpathy
@karpathy
3e-4 is the best learning rate for Adam, hands down.
408 11:01 AM - Nov 24, 2016
124 people are talking about this

Learning rate decay






Loss
5
4
3
2
1
Drop Learning Rate

Adaptive learning rate

```
optimizer = SGD(learning_rate=0.2)

for epoch in range(100):
    # get loss

    # change learning rate
    optimizer.learning_rate = 0.2 * (100-epoch)/100

    # update weights
```

下一课时

Early Stopping, Dropout

Thank You.