

1. **abdomen:** the part of your body below your chest where your stomach and intestines are
2. **abrasion:** an area on the surface of your skin that has been injured by being rubbed against something hard
3. **acute:** A feeling that is very severe or intense; an acute illness or disease quickly becomes very serious
4. **arthritis:** painful inflammation and stiffness of the joints; a disease that causes the joints of your body to become swollen and very painful
5. **atrophy:** to waste away of an organ or part; if a part of the body atrophies or is atrophied, it becomes weak because of lack of use or lack of blood
6. **blister:** a swelling on your skin containing clear liquid, caused, for example, by a burn or continuous rubbing
7. **bone:** one of the hard parts that together form the frame of a human; one of the structures composing the skeleton
8. **bone fracture:** an injury in which a bone in your body is broken
9. **bruise:** purple or brown mark on your skin that you get because you have fallen, been hit etc; to injure (tissues) without breaking the skin, usually with discoloration.
10. **burn (noun):** an injury caused by exposure to heat, electrical, chemical, or radioactive agents.
11. **cartilage:** a strong substance that can bend, which is around the joints in your body and in your outer ear
12. **checkup:** a general medical examination that a doctor or dentist gives you to make sure you are healthy
13. **chiropractic:** the treatment of physical problems by pressing on and moving the bones in someone's back and joints
14. **cramps:** a severe pain that you get in part of your body when a muscle becomes too tight, making it difficult for you to move that part of your body
15. **crutch(es):** one of a pair of long sticks that you put under your arms to help you walk when you have hurt your leg
16. **cure:** (noun) a medicine or medical treatment that makes an illness go away; (verb) the act of making someone well again after an illness
17. **diagnose (diagnosis):** to find out what illness someone has, or what the cause of a fault is, after doing tests, examinations etc
18. **dose:** the amount of a medicine or a drug that a person should take; a specific quantity of a therapeutic drug or agent taken at any one time or at specified intervals
19. **extremity:** a limb, such as a arm or leg, farthest from the trunk
20. **hurt:** (verb) to feel pain in part of your body; ache;
21. **ibuprofen:** a drug that relieves pain and reduces inflammation: used to treat arthritis and muscular strains
22. **inflammation:** a painful redness or swelling of a part of the body that results from an infection, injury, or illness.
23. **injury:** a wound or damage to part of your body caused by an accident or attack
24. **itch:** an irritation or tickling sensation of the skin causing a desire to scratch
25. **joint:** a part of the body that can bend because two bones meet there (e.g., knee, elbow)
26. **ligament:** a band of strong tissue in a person's body which connects bones
27. **limb:** arms and legs.
28. **muscle:** an organ, composed of muscle tissue, that contracts to produce a particular movement.
29. **muscular system:** All the muscles of the body collectively, especially the voluntary skeletal muscles.
30. **pain:** the sensation (feeling) of acute physical hurt or discomfort caused by injury, illness, etc
31. **painkiller:** a medicine which reduces or removes pain
32. **paralyzed:** unable to move and with no feeling
33. **prognosis:** a doctor's opinion of how an illness or disease will develop
34. **pus:** a thick yellowish liquid that forms in wounds when they are infected
35. **rash:** a lot of red spots on someone's skin, caused by an illness
36. **rib:** the 12 pairs of curved bones that surround the chest
37. **scoliosis:** an abnormal lateral curvature of the spine
38. **skeletal system:** The framework of the body, consisting of bones and other connective tissues, which protects and supports the body tissues and internal organs.
39. **sprained:** (of a joint) having been injured by a sudden twisting or wrenching of its ligaments
40. **stiff:** moving with pain or difficulty; if someone or a part of their body is stiff, their muscles hurt and it is difficult for them to move
41. **swollen:** a part of your body that is swollen is bigger than usual, especially because you are ill or injured
42. **symptom:** something wrong with your body or mind which shows that you have a particular illness
43. **tablet:** a small round hard piece of medicine which you swallow; a pill
44. **tendon:** a strong cord in a person's body which joins a muscle to a bone.