

## PART XIII SPORTING SAFETY AND CONDITIONS

- 13.1.001 Riders shall submit to blood tests organised by the UCI to determine their haematocrit level.
- 13.1.002 If the blood analysis shows a haematocrit level in excess of 50%, the rider shall be deemed unfit for competition cycling and may not participate in cycling races. His licence shall be withdrawn.
- The maximum level of haematocrit is 50% for a man and 47% for a woman.**
- 13.1.003 Any rider summoned to undergo a blood test and who fails to present or who refuses to undergo the blood test shall be deemed unfit for competition cycling and may not participate in cycling races. His licence shall be withdrawn.
- 13.1.004 The haematocrit level shall be measured by means of the “Coulter Counter Act-8” portable device using a blood sample of 4 about millilitres.
- 13.1.005 The blood tests and analyses shall be carried out by an independent institute. The sports safety and conditions commission (SSCC) or its chairman shall also designate a medical inspector.
- 13.1.006 A blood test shall be organised if so decided by the SSCC or its chairman.
- 13.1.007 The chairman of the SSCC shall determine the place and time of blood tests.
- 13.1.008 The chairman of the SSCC shall determine who shall submit to a blood test according to a given criterion (UCI individual classification, general classification of a stage race, etc.). He may also determine a number of riders and the team or teams from which the riders will be drawn by lots. He shall inform the medical inspector thereof. If necessary, the medical inspector may draw lots in the presence of the person in charge **of the institute**. The number of riders drawn shall be equal for all the teams designated.

Riders who, in the past, have refused a blood test or whose haematocrit level exceeded the **maximum level**, as well as any riders subject to a blood test outside competitions, may be designated by name.

- 13.1.009 The medical inspector shall draw up a list of riders to be tested. This list shall be deemed to tally with the designations determined by the chairman of the SSCC, and the medical inspector does not need to provide any proof of such designations.

No rider summoned may plead that he was not designated or drawn in accordance with the above provisions.

- 13.1.010 If need be, and in the absence of the chairman of the SSCC, the medical inspector may on the spot amend the decisions of chairman as referred to in clauses 13.1.007 and 13.1.008 above in order to ensure the proper conduct of the blood tests.
- 13.1.011 A rider designated to undergo a blood test shall be summoned by being given a form containing the elements summarised in the model in clause 13.1.027 below. The form, **in duplicate**, shall be given either to the rider or to his team manager or the team leader, who shall then be responsible for summoning the riders of his team. The rider, the team manager or the team leader shall sign the original to acknowledge having received it. Should any of them refuse, this shall be mentioned on the summons.
- 13.1.012 The riders shall present at the test premises no later than the time indicated in the summons. If not, the rider shall be deemed unfit to participate in cycling races.
- 13.1.013 The riders shall carry their licence and present it to the medical inspector. If a rider is not in possession of his licence, his identity shall be noted on the basis of such data as is available.

Once the analysis has been completed and provided that it shows a haematocrit level not exceeding **the maximum level**, the licence shall be returned to the rider or his team.

- 13.1.014 About 4 millilitres of blood shall be drawn from the arm of each rider **by the institute doctor** or by some other qualified person under his supervision. On the request of the rider, this may be done by his own team doctor in the presence of the institute doctor and *a sine qua non* that **he strictly complies with the procedure established by the SSCC**. If not, or if the blood sample was not able to be taken the first time, the blood will be taken **by the institute doctor**.
- 13.1.015 The sample shall be given an anonymous code when the blood is taken.
- 13.1.016 The blood samples shall be analysed together after the last blood test, using the "Coulter Counter Act -8" portable device. If the result of an analysis of a sample shows an haematocrit value **exceeding the maximum level**, the rider concerned can be present at a further analysis of his sample. The rider can come with a person of his choice or find himself a deputy, bearer of a written authorisation.
- The rider in question or his deputy will ensure to be present at the analysis premise at the end of the first analysis. In all cases, a second analysis will be conducted, even if the rider or his deputy is not present.
- 13.1.017 A record shall be kept of the blood sampling operations containing the elements summarised in the model shown in clause 13.1.028 below.

The rider may countersign the record. If he does not do so, the reason shall be mentioned by the medical inspector.

13.1.018 After the sample has been analysed, the haematocrit level shall be noted in the record by **the person in charge of the institute** who shall then sign it and have it countersigned by the medical inspector.

13.1.019 The rider shall be informed of the haematocrit level recorded by the "Coulter Counter Act-8" portable device in the manner he indicated in the record.

All the results of the blood analyses shall be communicated to the chairman of the SSCC.

At the request of the rider and in accordance with the manner indicated by him, the chairman of the SSCC will forward to him as soon as possible a list of his parameters.

13.1.020 The medical inspector shall hand the trade teams or respective teams the list of riders whose haematocrit level does not exceed **the maximum level** as well as the licence of those riders.

13.1.021 Any rider who did not present, who refused the blood test or whose examination indicates a haematocrit level in excess of **the maximum level** may not participate in the cycling races. His name shall be communicated to his trade team or team and to the commissaires panel by means of a form containing the elements shown in the model shown in clause 13.1.029 below. The rider shall receive a copy of this through his trade team or team. In addition, his national federation shall be informed of this as soon as possible by the SSCC.

His licence shall be withdrawn by the medical inspector or shall be handed to the commissaires panel or to his national federation as soon as possible.

The names of the riders who cannot **take part shall be published in a communiqué** from the commissaires panel.

13.1.022 The blood samples can be picked by the riders in person, on presentation of their code number and until one hour after the end of the analysis. The sample will then be immediately destroyed in their presence, by the person in charge **of the institute** or the medical inspector.

The remaining samples become the property of the UCI. They will be examined for scientific research on the health of riders. The results of this research will be anonymous and will not result in any sanctions whatsoever, or in a communication in the media or publication.

13.1.023 Riders referred to in clause 13.1.021 above and who wish to resume competition cycling shall, in writing, request the SSCC at UCI headquarters in Lausanne to conduct another blood test. This test shall be conducted by **an institute recognised by the UCI**, which has carried out the first analyses, at the expense of the rider concerned but not until fifteen days have elapsed since the blood test from which the rider was absent, that he refused or which showed a haematocrit level **in excess of the maximum level**. The rider may resume competition cycling, on his sole responsibility, if the test shows a haematocrit level **not in excess of the maximum level**.

In all other cases, the rider will be able to compete again only if an ulterior test shows an haematocrit value not exceeding **the maximum level**. Any ulterior test is submitted to the same conditions above-mentioned and can be carried out fifteen days at the earliest after the previous test.

- 13.1.024 The participation of a rider in a race who has been found or declared to be unfit to participate in a cycling event shall be deemed null and void. The rider shall be penalised by a fine of between CHF 1,000 and 5,000 per race or stage, notwithstanding any penalties that may be applied for other offences committed at the time of his abusive participation.
- 13.1.025 Any trade team or team that enters a rider deemed unfit according to the provisions above shall be penalised by a fine of CHF 10,000 per offence.
- 13.1.026 Any trade team, team or other body entering its riders in a race on the world or continental calendar must inform the chairman of the SSCC, at least 7 days before the start of the race, of the name, address and telephone and fax numbers of the hotel where its riders participating in the race are lodged and shall mention their names.
- 13.1.027 **The SSCC establishes the procedures and conditions for the execution of the current regulations.**
- 13.1.028 **The national federations can perform, under their sole responsibility, blood tests and declare a rider unfit according to the following conditions:**
1. **The National Federation must adopt a national regulation identical to the present model, apart from the fact that UCI and SSCC must be replaced by the applicable national bodies - apart from articles 13.1.014 and 13.1.027 - and possibly adapt the amounts of fines;**
  2. **The federation must adopt the procedures and conditions stipulated by the SSCC;**
  3. **Only the regulation, procedures and conditions stated above will be applied in this domain;**
  4. **With the exception of national championships, the controls cannot be organised at world or continental calendar races.**
  5. **The controls must be performed by persons or institutes recognized by the SSCC.**
  6. **The certificate issued to a rider by the competent national body which states that the rider has a natural haematocrit level higher than 50% for men or 47% for women, is only valid in the country of the Federation; an international certificate can only be issued by the SSCC according to the conditions which it sets.**
  7. **The national federation will be responsible for the remaining samples mentioned in article 13.1.022 and will ensure that this measure is respected by every person or institute concerned. It will inform the UCI of the scientific research. The Federation could also give the remaining samples to the UCI.**

13.1.029 Model declaration of incapability.

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## DECLARATION OF INCAPABILITY

For the attention of the Chief Commissaire: \_\_\_\_\_

For the attention of the Trade Team's Sports Director: \_\_\_\_\_

For the attention of the rider (via his Sports Director): \_\_\_\_\_

After analyse of the blood sample taken on

RIDER

\_\_\_\_\_

We inform you that the haematocrit value of this rider exceeds 50 %.

Consequently, we hereby declare this rider incapable to start at a cycling event and we withdraw his licence.

The duration of the incapability is 15 days minimum from the date below. The above-mentioned rider can present himself at the IUML as from the end of this duration to submit to a re-examination which he will have requested in writing to the Safety and Sporting Conditions Commission at the UCI head office.

We invite the Sports Director to give an exemplary of this declaration to the concerned rider.

Place: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of the Examining Doctor: \_\_\_\_\_

Signature of the Medical Inspector: \_\_\_\_\_

To acknowledge receipt:

Signature of the Chief Commissaire: \_\_\_\_\_

Signature of the Sports Director: \_\_\_\_\_

## 13.1.030 Model certificate of the test certificate.

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**BLOOD TEST**

## Test certificate

1. Date: \_\_\_\_\_

2. Place: \_\_\_\_\_

3. Surname and first name of the rider: \_\_\_\_\_

4. Trade team: \_\_\_\_\_

5. Licence number: \_\_\_\_\_

6. Presentation time: \_\_\_\_\_

7. Time of sampling: \_\_\_\_\_

8. If so, time  
- of refusal: \_\_\_\_\_  
- of recorded absence: \_\_\_\_\_

9. Bottle code: \_\_\_\_\_

10. Author of sampling: \_\_\_\_\_

11. I confirm that the sample was taken in accordance with the UCI Regulations.

Rider's signature: \_\_\_\_\_

Assistant's name and signature: \_\_\_\_\_

12. Results

Manuscript: \_\_\_\_\_

Able to ride: yes ☐ no ☐

The examining doctor:

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Institute: \_\_\_\_\_

The Medical Inspector:

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

The rider wishes to receive his results

☐ the same day  
☐ by mail  
☐ not at all