WSU-BSOM

Residency Application Guide

Table of Contents

Timeline:

This timeline can change. For the most up-to-date information please go to http://medicine.wright.edu/student-life/career-advising/applying-for-residency.

Date	Event
May 1st	Tokens issued for ERAS
June 1st	San Francisco Match-Ophthalmology registration opens
June 2nd	MyERAS opens
June 19th	Use token in MyERAS deadline, so we can upload your documents
September 1st	Deadline for requesting convocation photos
September 6th	Applications may be submitted to programs in ERAS
September 7th	San Francisco Match Ophthalmology CAS deadline
September 15th	Residency programs begin receiving ERAS applications
September 15th	San Francisco Match transcripts can be uploaded
September 15th	Registration opens for NRMP (this is a registration for the match process, not the application process)
October 1st	MSPE letters are released to programs (ERAS and San Francisco match)
November 30th	NRMP Early Registration Ends ($50 late fee after this)
January 5th	San Francisco Ophthalmology Rank List deadline
January 13th	San Francisco Ophthalmology Match results
January 15th	NRMP Rank order list entry begins
February 24th	Deadline for NRMP Rank lists
Monday of the third week in March	Supplemental Offer and Acceptance Program (SOAP) begins
Friday of the third week in March	Match Day

Military Match

Early summer	Joint Services Graduate Medical Education Selection Board (JSGMESB) releases list of residencies for the next year
September	(JSGMESB) application closes. Interview with military residency programs
October	Interview with military residency programs, deadline for providing STEP 2 CK and CS
November/December	Receive results of military match via email

Curriculum Vitae (CV)

- Should be completed before your M3 year- you will use it for research opportunities, to send to letter writers for letters of recommendation and for VSAS applications if you choose to do an away rotation
- Your CV is a record of all of you academic, research, volunteer, work experience and institutional service throughout your graduate and undergraduate career. **Length does not matter as long as all of the information is pertinent.**
- **Make sure your CV is error free- have someone check it and make sure that it gives the impression you intended it to.**
- Your CV is a marketing document and the front page is the most important- make sure you use it effectively.
- Everyone's CV will not be the same. It will depend on what they value. For some, research will follow education, for others it may be leadership or work experience.
- Weed out non-pertinent college activities, keep all research experience
- Make sure to account for breaks in your education
- Do not include: age, gender, height/weight, race/ethnicity, social security number, marital status, name of spouse/significant other, children, religion or description of health.
- Avoid unfamiliar acronyms
- All sections should be in reverse chronological order, use the same date format for the entire C.V.
- Use action verbs to start bullet points, use numerical data when possible, use anticipated if something has not happened, but will (not hope it will), and list publications that have been accepted, not just submitted

Careers in Medicine CV Sample #2

Use a date spread, program directors are looking for gaps

GEORGIA WASHINGTON
99 Johnson Drive
Shawnee Mission, KS 66202
(913) 555-9876
washingtong@ku.edu

Start with your contact information

EDUCATION

2006–Present
University of Kansas School of Medicine, Kansas City, KS
Doctorate of Medicine, Anticipated 2010

1999–2003
University of Missouri–Kansas City (UMKC), Kansas City, MO
Bachelor of Science in Psychobiology

Education next, reverse chronological order, School, city and state, then Doctorate of Medicine Candidate, class of ___

RESEARCH

2009
Department of Obstetrics/Gynecology, KU School of Medicine
Mucin Gene Research—Mentor Name, Title and Department

Evaluated the human mucin (MUC) gene and its effect on endometrial cells; reviewed patient charts, extracted data of patients with a history of endometrial cancer, and entered data into database.

2009
Department of Obstetrics/Gynecology, KU School of Medicine
Placenta Previa—Mentor Name, Title and Department

Led retrospective trial evaluating incidence of placenta previa in patients with prior versus prior trials of labor.

Good example of research section, be consistent with dates, if you left justify do all of them that way

2002–2003
Department of Psychology-Behavioral Neuroscience, UMKC
Neuronal Degeneration—Mentor Name, Title and Department

Examined neuronal degeneration in embryonic rat brains and assisted in the mapping of degeneration patterns.

PUBLICATIONS

Name, **Your Name**. Etanercept exerts beneficial effects on articular cartilage biomarkers of degradation and turnover in patients with ankylosing spondylitis. Journal of Rheumatology. 32(10):1911-7, October 2008.

Name, **Your Name**, More Names. Results from an open-label extension study of etanercept in ankylosing spondylitis. Arthritis & Rheumatism. 51(2):302-4, April 2007.

Name, **Your Name**, More Names. Cytokines in the seronegative spondyloarthropathies and their modification by TNF blockade: a brief report and literature review. Annals of the Rheumatic Diseases. 62(12):1128-32, December 2006.

Publications in APA format

Names, **Your Name**. The use of topical tacrolimus (FK506) in cutaneous manifestations of autoimmune diseases. Journal of Clinical Rheumatology. 9(5):310-315, October 2006.

Name, **Your Name**, More Names. Treatment of systemic lupus erythematosus associated type B insulin resistance syndrome with cyclophosphamide and mycophenolate mofetil. Arthritis and Rheumatism, 48(4): 1067-1070, April 2006.

WORK EXPERIENCE

2003–2006
Clinical Research Coordinator
Department of Medicine, University of Misso

Include, especially if gaps in education, work experience more than 1 year or pertinent to medical career

Assisted in the development and conduction of multiple clinical trials in rheumatoid arthritis, systemic lupus erythematosus, and ankylosing spondylitis; participated in IRB submission, recruitment of patients, conduction of study visits, venipuncture, and database entry.

2000–2003
Office Assistant/Front Desk Supervisor
On Campus Housing, Rieber Residency Hall, UMC

Managed staff of 20 students who provided assistance and information to residents; performed administrative duties such as payroll, staff scheduling, payment of residency hall invoices, and student room assignments; responsible for handling emergency situations in the residency hall.

PRESENTATIONS & POSTERS

I would put presentations after publications

Name, **Your Name**. Anti-TNF therapy with etanercept (Enbrel) does not affect serum TH-1 inflammatory cytokine profiles in patients with ankylosing spondylitis. Annual European Congress of Rheumatology "EULAR 2006", Lisbon, Portugal, 2006.

Name, **Your Name**, Name. Etanercept suppresses serological markers of articular cartilage degradation/turnover in patients with ankylosing spondylitis. Annual European Congress of Rheumatology "EULAR 2006", Lisbon, Portugal, 2006.

ACTIVITIES & SERVICE

These are activities that you did something in, not just joined, and can talk about for more than 5 minutes

2009–present
KU School of Medicine Academic Societies Program–Blackwell Society

Assistant Director
Conducted clinical skills training for first- and second-year medical students; oversaw educational, social, and community service events for the society; mentored first-, second-, and third-year medical students.

2009–present
Obstetrics & Gynecology Interest Group

Clinical Director
Coordinated all clinical opportunities for interest group members such as shadowing residents on the labor floor, observing gynecologic surgeries, and following physicians in their private offices.

Department of Community Service (DOCS)

A student-run community outreach effort of the School of Medicine. This program offers students and faculty the opportunity to practice their clinical skills while providing screening service and health education to underserved rural communities. Services include a free weekly clinic and eight annual health fairs.

2008–2009 Executive Training Director
Coordinated a team of trainers and supervised the training of all medical students who participated in DOCS events as well as coordinating the training of all medical students in venipuncture skills.

2007–2008 Site Director, Eudora Health Fair
Planned and supervised all aspects of a health fair serving more than 150 patients, including budget, physician recruitment, student assignments, and patient care.

2006–2007 Pediatric committee member, Parkville Health Fair
Assisted in the recruitment and organization of referral physicians for the families who attended the health fair to assist families in finding a "health care home."

2006–present Health Fair Volunteer
Participated in the Eudora, Tonganoxie, Lecompton, Parkville, and Weston health fairs run by DOCS.

KU School of Medicine Student Government

2010 Class of 2010 Fundraiser
The class fundraiser is an annual event executed by each class to raise funds for graduation.

2008 Fundraising committee member
Assisted with planning and executing the fundraiser show; helped raise funds for affiliated raffle.

2007 Fall Ball Committee Chairperson
Supervised the organization of the ball and the budget; led committee in planning and execution of the school's annual evening social event.

2007 Logistics committee member
Assisted with planning and executing class fundr _r.

2006–present
KU Medical Women's Group

This student organization educates students about women health issues across medical specialties.

Add dates here

PROFESSIONAL AFFILIATIONS

American Medical Student Association

American Medical Association

American College of Obstetrics and Gynecologists

Choose a style for the entire CV. Make sure you put the dates in the same location and format each entry on your CV the same.

Away Rotations

Should you do an away rotation?
- Some specialties expect that you will do an away rotation including: Dermatology, Emergency Medicine, Orthopedic Surgery, Ophthalmology, Otolaryngology, Neurosurgery, Plastic Surgery, PM&R, Radiation Oncology, and Urology.
- **Emergency Medicine** requires a minimum of two standard letters of evaluation (SLOE). The standard letter of evaluation submitted on your behalf by the BSOM Department of Emergency Medicine is a departmental letter so it can only count as one letter. You will need to do at least one away in order to get a second letter. Some of these rotations open before VSAS officially starts so prepare early.
- There are risks and benefits to doing away rotations and these may vary depending on your specialty and application package. Meet with an advisor before making your decision to make sure that you understand these risks and benefits.
- You can usually do up to two rotations at each program if desired, but most people only do one.
- Room and Board is not provided, some places can give you suggestions, however.

Timing of Away rotation applications
- The majority of these applications open in March and April, but some of them may be as early as December. Application deadlines also vary.
- It is a good idea to go on VSAS before December to look at the programs you are considering and see what they require for the application and what their timeline is like. You may find that they do not have a schedule ready for this year yet, but you can find this information by looking at last year's schedule.
- Not all programs use VSAS. For example, CWRU and CCF Ortho have their own application process. Students should reach out to prospective rotation sites far in advance to figure out the requirements. Along those lines, there may be application fees (CWRU and CCF are both a non-refundable $150 with no guarantee of securing a rotation) and requirements, like a urine drug screen and different immunizations, in addition to those required by BSOM.

Mask Fitting Test
- Wright State University Respiratory Protection Program provides mask fitting through the Environmental Health and Safety Office. To schedule a mask fitting click this link and midway down the page is a link to schedule a fit test. The appointment is 30 minutes and the contact person is Denise Kramer 937- 775-2623 or denise.kramer@wright.edu. Her office is WSU Dayton Campus- Biological Sciences II, Room 047. https://www.wright.edu/facilities-management-and-services/environmental-health-and-safety/respiratory-protection or to schedule http://wsuehs.simplybook.me/sheduler/manage/event/1/unit/1
- **For the mask fitting, for at least 30 minutes before your appointment time make sure: you do not eat anything, do not chew gum, do not smoke, and you must arrive clean shaven. Respect Denise Kramer's time, if you must cancel- call and make sure you give as much notice as possible.**

Background checks
- Background checks are available in CastleBranch. You are the only one that can scan and upload your background check.

Immunizations
- Go to New Innovations and access your Immunizations Tab. Transfer the information onto your immunization forms and if you need a physician signature you can have any physician or clerkship director sign it. Then you would scan and upload the document. **In order to upload this document, you will have had to already apply to one program.** Your application will show "Pending Home School Verification" until this information has been verified. VSAS will then send your application information to be verified by Student Affairs. Once this information has been verified a new bottom will be available for immunization upload. After this form has been uploaded your application will show "Pending Home School Release." Applications are routinely released on each business day.

VSAS (Visiting Student Application Service)

- After VSAS uploads the student roster, you will receive an email authorizing access to VSAS
- Once you have been authorized in VSAS you will get an email from VSAS with login instructions, you will use your AAMC login information. https://services.aamc.org/20/vsas/. You will receive 10 authorizations to start with, but you can request more. From this home page you can search and review

each institution's requirement including any fee information and the date on which the home institution will begin receiving applications.

- Enter all your profile information

- Next enter your Core clerkship completion dates. You will also upload your C.V., your immunization records and your photo. Student Affairs will upload your convocation photo, but if you want another photo you can upload it. If you need assistance with uploading your documents, see the VSAS folder on the Career Essentials Pilot page. Request a transcript upload when you are ready to apply so you get the most up-to-date one possible. Student Affairs will upload your malpractice insurance letter, your date of OSHA training and your date of BLS training.

Core Clerkships

Internal Medicine	06/24/2016
Surgery	12/18/2015
Pediatrics	10/16/2015
Ob/Gyn	08/21/2015
Psychiatry	02/12/2016
Family Medicine	03/25/2016
Neurology	03/05/2017
Emergency Medicine	04/02/2017

- Students can search for electives and save them using the electives tab. Students can only apply to electives that they have saved. If there is no save button it is because the elective is not yet available for that student or the host institution has not started to receive applications.

- Applying for electives: **Check the boxes of the saved electives for which you plan to apply. Click on apply.**
- Apply to Selected Electives. Arrange the electives in order of your preference. Provide host institution with any additional information they need or documents they require and then enter credit card information and confirm the data. You will assign your documents to each institution you apply to.
- **You must certify your profile before you can apply to electives. It is recommended that you certify early, as soon as you complete your basic information and clerkship dates. You can continue to upload documents after you certify.**
- Use the tracking tab to view all of your submitted applications and their status. You can accept or decline elective offers, resolve schedule conflicts, and drop pending applications. You may also reorder your preference and change your preferred dates.
- **Check your email frequently to see the status of your applications.**

| ← | Summary | Scheduled Electives (3) | Elective Offers (3) | Pending Apps. (36) | Denied/Ineligible Apps. (3) | Declined Offers (2) | Dropped Electives (1) | → |

Track the status of your applications, accept/decline elective offers, and review your visiting student schedule.

View your applications by "school" to modify your elective ordering of preference, or your answers to the school specific questions.

Status ▲	Count
Scheduled Electives	3
Elective Offers	3
Pending Apps.	36
Denied/Ineligible Apps.	3
Declined Offers	2
Dropped Electives	1
Cancelled Electives	1

print   export   rows:7

1. Malpractice insurance- uploaded by student affairs
2. Letter of Good standing-uploaded by student affairs- see a sample screen shot above
3. Transcript- uploaded by student affairs- after a written request by the student
4. Letter of recommendation- uploaded by student, but if letter writer wants confidentiality, can by uploaded by student affairs and marked not visible to student
5. Photo- convocation photo uploaded by student affairs, can be replaced by student
6. Curriculum vitae (CV)- uploaded by student
7. Immunization forms- uploaded by student
8. STEP score report- uploaded by student
9. Proof of personal health insurance- uploaded by student only if you need to upload card, verification that we require all students to have insurance is done by student affairs
10. Background check- uploaded by student, download from Castlebranch
11. BLS card- uploaded by student if proof of card needed, otherwise student affairs verifies completion every two years
12. Mask fit- student uploads
13. OSHA and HIPAA verification- done by student affairs see above screen shot, student affairs verify the dates on your application
14. ACLS verification- student needs to take care of and upload

Sample VSAS Institutional Information

Institution Information - U of Texas Medical Branch SOM

Additional Application Requirements

General Information:
UTMB does not offer off block elective rotations. No exceptions will be made.
Visiting students should not contact departments.
Some departments may have additional specific requirements, see bottom of this page.
Applications will not be considered if required documents are missing. The application will be noted as ineligible.
All documents must be uploaded to VSAS. We will not accept any documents that are faxed or emailed.
$100 processing fee per course due 10 days after acceptance email is received from UTMB Staff (not the VSAS notification)
All requirements must be completed before the application will be considered.
Visiting Student Eligibility Requirements for your school to complete via the VSAS verification form:
Must be in good academic standing
Have completed required clinical clerkships by the starting date of the desired elective
Have a passing score on the USMLE STEP 1 or COMLEX-USA Level 1 exam
Be covered by malpractice insurance (minimum $25,000/$75,000 required)
Be covered by personal health insurance
Have current BLS or ACLS certification
Have current OSHA certification
Have passed a Mask Fit test
Criminal Background Check
Additional Documentation Required:
Student: It is your responsibility to upload the following documents to VSAS.

UTMB Immunization Form, including actual copies of all required lab titers. For specific immunization requirements please review the UTMB Student Health Immunization Requirements policy at http://www.utmb.edu/studenthealth/documents/immunizationrecord.pdf
Toxicology Screen - 5 Panel - must list at least the drugs listed below & have been tested within the past 24 months.
    Amphetamines, Cocaine, Opiates, PCP, Marijuana (THC)
Additional Specific Department/Course Requirements:
ANESTHESIOLOGY - ANEU 4003, 4014: Written statement why you chose this specialty and UTMB
OPHTHALMOLOGY - All Courses: USMLE Score Report for Step 1 exam, upload to VSAS
SURGERY - Plastic - SURU 4008, 4009: Current Curriculum Vitae (CV), upload to VSAS

If applying for an elective at the Austin Campus:

Letter of interest as to why this elective and why UTMB ; USMLE Step 1 and/or COMLEX scores; CV

If you have questions, please contact the Office of Enrollment Services via email at enrollment.services@utmb.edu or by phone at 409 772-1215.

Availability

Does the institution accept MD students for elective opportunities?

> YES

What is the maximum number of weeks MD students can take electives?

> 16

Does the institution accept DO students for elective opportunities?

> YES

Fees

Does this institution charge processing fees to MD students?

> YES, $100 per elective course (non-refundable)

Does this institution charge processing fees to DO students?

> YES, $100 (US) or $200 (International) per elective course (non-refundable)

Is the processing fee charged per elective?

> YES

Is there a tuition fee?

> NO

Is tuition charged per elective?

> NO

Are additional fees applicable after completion of an initial elective period?

> NO

Is there an additional required fee for host institution health plan?

> NO

Other

Amount of Malpractice Required for Visiting Students

> YES, $25,000/$75,000

Does host institution provide a malpractice insurance policy?

> NO

Is the malpractice insurance fee charged per elective?

> NO

Important Dates

- Catalog Published: End of April
- Applications Accepted: May 02
- Applications Processed: May 16

Documents

Host's Immunization Form

VSAS Application Requirements

✔ Photograph
✔ Curriculum Vitae
✔ Transcript
✔ Host's Immunization Form

Institution Websites

- Institution Website
- Visiting Student Website
- Elective Catalog
- Standard Health Requirements

Institution Contact

Name	Robert Lacour
Title	
Office Name	Enrollment Services
Room Number	
Address	301 University Boulevard Galveston, TX 77555-1305
Email	enrollment.services@UTMB.EDU
Phone	(409) 772-1215
Fax	(409) 772-5056

If the school requires a letter of recommendation, you can upload it under the supplemental documents section. If it requires a "school official" to upload it, then please contact Student Affairs. Some schools may also require essays or personal statements.

FEES: The cost through VSAS is $35.00 for the first school and then $10.00 for each subsequent school. There may also be acceptance fees charged by each school

ERAS (Electronic Residency Application Service)

- **Supported Browsers:** Latest versions of Chrome, Firefox and Internet Explorer 10 and 11, **NOT SAFARI**
- **Tokens:** You will be sent one in early May, if you did not and were supposed to, contact som_eras@wright.edu please use your token ASAP.
- **AAMC ID Number:** The number assigned to you when you applied to medical school. If you do not know this number, please contact Student Affairs. If you do not use your original number, you will be assigned a new one, which can cause tracking problems.
- Application Fee: up to 10 programs $99.00, 11-20 programs $12.00 each, 21-30 programs $16.00 each, 31 or more programs $26.00 each. You will be charged this fee, along with the NBME fee to release your STEP scores after you apply to programs on September 15th.
- ERAS does not retain documents for reuse in subsequent seasons. ERAS does not set program deadlines or requirements as they are set by the individual programs.
- Once you certify and submit your application, you cannot make any changes other than the personal information.

Practice Token

Help ?

Token ID: ▇▇▇▇▇▇▇

Please go to MyERAS to register practice Token

Close

MyERAS Register a new token

AAMC ID:
Email: lear

ERAS Electronic Token

Enter token

Continue

-

MyERAS ERAS 2017 Season

AAMC ID: 10
Email: leann

ERAS Electronic Token

Medical School Graduation Information

Country *	United States
School *	Wright State University Boonshoft School of Medicine
Degree Year *	
USMLE ID	Enter USMLE ID

☐ I understand and agree to the AAMC Privacy Notice and the AAMC policies Regarding the Collection, Use and Dissemination of Resident, Intern, Fellow and Residency, Internship, and Fellowship Application Data (attached policy, PDF), and to the transfer of my personal data to those residency programs in the United States and Canada that I select through my application, and to other third parties as stated in the Privacy Policies.

Cancel   Continue

- **First we will start on the application: Here is the overview screen. Start this application early and make sure you have it proofread.**

- **The first screen is straightforward biographical information. Program directors will either interpret grammar, spelling and capitalization errors as a rushed application or a person who does not pay attention to detail. Proofread and ask someone else to review your application.**

Indicates required fields.   Help

Contact Information

First Name *	Leann	Preferred Phone *	
Middle Name		Mobile Phone	
Last Name *	Poston	Alternate Phone	
Previous Last Name		Fax	
Suffix	--Select--	Pager	
Preferred Name		Email *	leann.poston@wright.edu Update email
Last 4 digits of SSN			

Address

Current Mailing Address

Address 1 *	Wright State University
Address 2	3640 Colonel Glennn Hwy
Country *	United States
State *	Ohio
City *	Dayton
Postal code	45335

Next: The rest of the Biographical information. Make sure you complete the hobbies and interest section thoughtfully. List hobbies that show initiative, perseverance and skill. Exclude hobbies that show you may be easily distracted.

After you select yes to NRMP, the couple's match option will open you

Next is your education section:

And then the awards section:

Next up is the training and work section. Unless you are a re-applicant, training is not applicable. For the work experience enter all clinical and teaching experience as work and all extra-curricular activity and committees served on as volunteer. Make sure that you include your dates. Skip hours per week unless it is significant. Make sure you include your supervisor- it makes it more credible. You do not have to include reasons for leaving. There is a pull down- menu for you to select work, research or volunteer experience.

Next is the licensure and additional questions section. Watch the additional questions section, because all should be no except for one yes. Speeding is a minor misdemeanor in Ohio and a few other states. Here is the statement from the AAMC when I investigated it.

The response from the AAMC:

There are many differences state by state in prosecution trends, the types of offenses considered to be misdemeanors or felonies, sentencing guidelines, and so on. Some states also have laws that prohibit employers from considering certain types of background information, and although ERAS collects the information, many residency programs do not view misdemeanor history for applicants. For clarity, the questions about criminal history are intended to capture factually what would appear on a criminal history check; there are no exclusions for certain types of offenses.

Publications section

Publications ✕

* Indicates required fields

Publication Type: * ✓ --Select--
Peer Reviewed Journal Articles/Abstracts
Peer Reviewed Journal Articles/Abstracts(Other than Published)
Peer Reviewed Book Chapter
Scientific Monograph
Other Articles
Poster Presentation
Oral Presentation
Peer Reviewed Online Publication
Non Peer Reviewed Online Publication

Leann Poston
AAMC ID: 10422892
Email: leann.poston@wright.edu

When you go to add an entry, you will get a drop down menu to choose

Publications *

This page allows multiple entries for each of your publications. To add a publication, click the Add Entry button and fill in the required information. When you're done, click the Save button. If you have no publications, please click the none button.

+ Add Entry   None

After you complete the entire applications and have someone proofread it, you are ready to certify and submit it. You cannot apply to programs until this is completed. Once you certify and submit, you cannot reverse this action.

The Photo:

You will be asked to provide a photo for your residency application. The residency program directors use the photo both for identification purposes as well as a visual reminder of who you are when they prepare their rank order lists. Photos will be uploaded to myERAS by the **applicant.**

Photo requirements from ERAS:
- Photos must not exceed 2.5 x 3.5 inches in size; the file size cannot exceed 100 KB; and the resolution should be 150 dpi
- File type: JPG/JPEG or PNG
- Photo must be in color.
- It must show a full front view of the person's head and shoulders, with full face centered in the middle of the photograph.
- It must have a plain white or light colored background. Dark colored backgrounds do not display very well in the program's software.

What to wear: The program directors expect to see you dressed in professional business attire, similar to what you would be wearing on your residency interviews.

Photo requirements: They expect your photo to be of professional quality- a clear image, not grainy or pixelated. No not crop your photo out of a larger photo. Do not upload an informal photo. Passport photos and mall booth photos tend to be grainy or glossy in finish as well as smaller than the recommended size. You may take your own photo, but make sure it meets the same requirements as a professional photo. You may request your convocation photo from greg.kojola@wright.edu but if you are not in interview attire for that photo it is recommended that you do not use it. Another thing to consider is that residency program directors are looking for people to take care of their patients, if you look more informal or three years younger than your competition, that may be detrimental.

Final thoughts: There is no way to know how your photo affects your residency application. Most people will quickly deny it has any effect on their perception of you as a candidate, but remember unconscious bias is something we are not aware of.

This is the first screen you will see in my ERAS

MyERAS ERAS 2017 Season - Residency ▾

Leann Poston
AAMC ID: 10422092
Email: leann.poston@wright.edu

Application		Documents		Programs		Resources
Personal Information	Incomplete	Uploaded but Unassigned LoRs	0	Saved Programs	0	Please visit our Tools for Residency Applicants for useful information on the ERAS process.
Biographic Information	Incomplete	Unassigned Personal Statements	0	Programs Applied to	0	
Education	Incomplete	MS Transcript	Not Uploaded			
Experience	Incomplete					Contact ERAS
Licensure	Incomplete	MSPE (Dean's Letter)	Not Uploaded			ERAS Support Contact Form
Publications	Incomplete					(202) 862-6264
		Photo	Not Uploaded			Monday - Friday 8am - 6pm ET
View/Print Application	View/Print CV					

upload photo

When you click on "not uploaded by photo" this is what you will see next:

MyERAS ERAS 2017 Season - Residency ▾

Leann Poston
AAMC ID: 10422092
Email: leann.poston@wright.edu

Documents
Personal Statements
Letters of Recommendation
Additional Documents

Additional Documents

Help ❓

Document	Status	Actions
USMLE Transcript	⚠ Not Authorized	Select ▾
Medical Student Performance Evaluation (MSPE)	⚠ Not Uploaded	No Available Action
Medical School Transcript	⚠ Not Uploaded	No Available Action
Photo	⚠ Not Uploaded	Select ▾

Choose upload

Use the pull down menu next to photo and select upload photo:

Upload image ✕

Please select a photo that meets the requirements below.

- File Type: JPG/JPEG or PNG
- Maximum File Size: 150 KB
- Maximum Dimensions: 2.5 in. x 3.5 in.
- Maximum Resolution: 150 DPI

Select an image file   Preview

Browse

Close   Upload

See below if you need to resize your photo

You are not done with the photo section! You must then assign the photo to your programs after you choose them. The dropdown menu has both assign and upload as options.

Common mistake to forget this step

To upload your picture into ERAS, the picture needs to have a specific size and resolution. This will most likely require you to change the dpi (dots per inch) on the picture. To do so, you can go to the below link and download this free software of paint.net. (This software is not the equivalent of the regular paint program)

http://www.getpaint.net/index.html

Need to resize in a PC?

Paint comes as an app in windows 10

Resizing Photos for ERAS - Mac

1. Open your photo in Preview (the default photo viewing application on Mac)
2. Click Tools, then choose Adjust Size
3. ERAS has specific requirements for the photo in order for it to be uploaded.

File Type: JPG/JPEG or PNG
Maximum File Size: 100 KB
Maximum Dimensions: 2.5 in. x 3.5 in.
Maximum Resolution: 150 DPI

To achieve this, we must adjust:

Resolution: 96.00 pixels/inch

Width 2.5 inches

OR

Height 3.5 inches

The width/height are proportionate. The width will change when the height is typed in, and vice-versa. Set the height to 3.5. If it width exceeds 2.5, set the width to 2.5.

Need to resize in a MAC?

Letters of Recommendation (LOR)

- See the tips for asking for letters of recommendation on Career Essentials Pilot page. Programs differ on their LOR requirements, but in general most programs require three LOR with at least two from their specialty. In addition to this, some specialties require a "chair letter" including: Internal Medicine, IM/PEDS, OB/GYN, Orthopedic Surgery, Otolaryngology, Plastic Surgery, and Urology and it is recommended for general Surgery.
- Make an appointment with your letter writer and provide him/her with your personal statement draft, ERAS cover sheet and CV. Make sure your letter writers clearly know what specialty they are writing a letter for or if you want a generic letter that can be used for more than one specialty.
- Choose your letter writers carefully. Ask your letter writer early if you want them to take the time to write you a good letter. Make sure you ask for your letter in person and ask if they feel that they know your work well enough to write you a strong letter. If they hesitate, ask someone else.
- You cannot edit an author entry after you finalize it in ERAS. You must create a new author entry into ERAS and make a new cover sheet.
- ERAS rule: maximum of 4 letters of recommendation per residency program. **You may have more than 4 letters, but only 4 letters can be assigned to each individual program**
- You cannot un-assign a letter of recommendation once you assign it to a program.
- For ERAS programs, your letter writer or their designee uploads the letter to https://www.aamc.org/services/eras/282520/lor_portal.html , for the San Francisco match the Medical School uploads the letter som_eras@wright.edu. For the Urology match, you send the letters directly to them.

-

Add Letter of Recommendation

✕

*Indicates required field.

Put either M.D. or Dr., but not both

LoR Author Name: *   Leann Poston M.D.

LoR Author Title/Department: *   Assistant Dean/Student Affairs

Specialty to which this letter will be assigned: Use if applying to more than one specialty

Note: Specialty field will only be viewable to applicants, their Designated Dean's Office and the LoR Author - not programs.

Additional LoR Information *

unless you are a reapplicant you will not use this choice

○ This LoR Author is a Program Director in a current/previous residency or fellowship where I am/was a (Applicant Residents/Fellows only)

○ This LoR Author is a Department Chair where I completed my clerkship training. Group departmental letters must be signed by the team composing the letter.

Department chairs only

○ None of the above.

Everyone else

I waive my right to view my Letter of Recommendation: *   ○ Yes   ○ No

Cancel   **Save**

Help ❓

Letters of Recommendation

In order for an LoR Author to upload a letter on your behalf, you MUST complete the following steps for **each** LoR that you intend to use during the application season.

1. Click *Add New* to enter and save LoR information.
2. Confirm the LoR entry by marking the associated checkbox and selecting *Only checked* in the Confirm drop down list.
   Note: You may only edit and/or delete a LoR entry prior to confirming.
3. Select *Print Letter Request Form* in the associated Action column and provide the form to your LoR Author.

+ Add New

Search by Name, Title/Dept., or Specialty   🔍

1 LoRs Selected   Confirm ⊙

☐	LoR Information	Specialty	Letter ID	Status	Actions
☑	Leann Poston M.D. - Assistant Dean/Student Affairs 👁	Use if applying to more than one specialty		⚠ Not Confirmed for Upload	Select ▾

Next use the pull-down menu to confirm for upload, you will need to enter your ERAS password

Letters of Recommendation

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3. Select *Print Letter Request Form* in the associated Action column and provide the form to your LoR Author.

+ Add New

You will get a PDF to send to letter writer which includes upload directions and this letter ID number

Search by Name, Title/Dept., or Specialty

0 LoRs Selected   Confirm ➡

	LoR Information	Specialty	Letter ID	Status	Actions
☐	Leann Poston M.D. - Assistant Dean/Student Affairs ✐	Use if applying to more than one specialty	5LDTYYBEE	☁Confirmed for Upload - 11/02/2016 ⓘ	Select ▾

Next choose print

- The next step is to assign your LORs to your programs.
- Only LORs that have been uploaded can be assigned. Once you assign a LOR to a program you cannot undo this action. LORs can be assigned to any saved or applied to programs from the LOR page by choosing ASSIGN in the pull-down menu.
- When assigning LORs, programs with a disabled checkbox already have the maximum of 4 LORs assigned to them.

Letters of Recommendation

In order for an LoR Author to upload a letter on your behalf, you MUST complete the following steps for **each** LoR that you intend to use during the application season.

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2. Confirm the LoR entry by marking the associated checkbox and selecting *Only checked* in the Confirm drop down list.
   Note: You may only edit and/or delete a LoR entry prior to confirming.
3. Select *Print Letter Request Form* in the associated Action column and provide the form to your LoR Author.

+ Add New

After this LOR is uploaded, assign will be available as a choice in the actions menu

Search by Name, Title/Dept., or Specialty

0 LoRs Selected   Confirm ➡

	LoR Information	Specialty	Letter ID	Status	Actions
☐	Leann Poston M.D. - Assistant Dean/Student Affairs ✐	Use if applying to more than one specialty	5LDTYYBEE	☁Confirmed for Upload - 11/02/2016 ⓘ	Select ▾

Check the box to select the letter, choose assign and then assign it to the programs that you choose for that letter

-

Step 2 CK and Step 2 CS

- We strongly encourage you to take Step 2 CK as soon as you finish year 3. There are some residency programs that will not offer interviews without a score. See Factors important to residency program directors, handout under overview documents, Career Essentials.
- Take Step 2 CS after completing Dr. Binder's MS-4 OSCE
- You must pass both CK and CS in order to graduate and receive your diploma
  - o If you fail, contact Laura Johnson and Student Affairs
  - o You need to contact someone within five business days if you fail.
- To register for STEP 2 CK and CS you need to go to the NBME website. After the NBME receives your online application, you will need to be verified by the Office of Student Affairs prior to setting up your testing dates. Verifications are done after your registration information is received by the Office of Student Affairs.
- You will receive a scheduling permit of confirmation from the NBME approximately 4-6 weeks after your application has been processed. At that time, you will contact Prometric, Inc. (www.prometric.com) to schedule your STEP 2 CK or CS examination test dates.
- You must have your scheduling permit and an unexpired, government-issued form of identification that includes both your photo and your signature, i.e. driver's license or passport. The name on your ID must be an exact match for the name you used to register for the exam.
- If you need accommodations- **If you wish to request any accommodations during the test administration, you must provide additional information required by the NBME Office that includes specific, current documentation related to the requested accommodation. If you have any questions about this, please contact the Student Affairs office prior to registering for Step 2.**
- Once you have released your USMLE scores, assigned it to a program and paid the transcript fee, ERAS will send transcript requests to the NBME. Exam transcript requests are usually processed in the same day.

USMLE on the ERAS application:

Additional Documents

Authorize the release of USMLE Help ❓
scores. You will be charged on
your ERAS bill. It is a one-time
charge.

Document	Status	Actions
USMLE Transcript	⚠ Not Authorized	Select ▾
		🔒 Authorize Release
Medical Student Performance Evaluation (MSPE)	⚠ Not Uploaded	No
Medical School Transcript	⚠ Not Uploaded	No Available Action
Photo	⚠ Not Uploaded	Select ▾

-

USMLE Release Permission

After you authorize the release of your ✕
scores, you will then assign them to your
programs. Each time you take a new
exam, you will need to resend it.

* Indicates required fields

USMLE ID [   ] 📅

Do you authorize the NBME to transmit your USMLE transcript to designated programs? *

◯ Yes ◯ No

- Select **Yes** if you want your examination results sent to the programs as you designated in the Programs section.
- Select **No** if you do not want your examination results sent to the programs you designated.

Notes:
- If applicable, passing NBME Part scores will be mailed to the programs you designated.
- FLEX scores are not available through ERAS. For FLEX scores, please contact the Federation of State Medical Boards at
  www.fsmb.org

Proceed to the Programs tab to assign your transcript to programs. For more information, go to the MyERAS User Guide.

There is only one charge for releasing USMLE
scores even when you need to rerelease them.

[Cancel] [Save]

- After you submit your ERAS application, you can "mouse over" the USMLE transcript wording on your ERAS dashboard and it will tell you which scores have been released and if you click on it, it will open a submenu that shows all of the programs the scores were sent to.
- Program requirements for USMLE score: increasingly residency programs are requiring STEP 2 CK scores to be back before they invite students for interviews. To be most competitive, take STEP 2 CK before August 31st and schedule you STEP 2 CS as soon as feasible after your OSCE.

Transcripts:
Your transcript will be uploaded by the Office of Student Affairs and Admissions. FERPA regulations prohibit sending a copy of the transcript by email and hard copies need to be formally requested and embossed with a seal. However, you are welcome and encouraged to view your transcript before it is released to programs on September 15th. If you make an appointment on TTSU, you can view it on the Dean's workstation.

The Medical Student Performance Evaluation (MSPE) or Dean's Letter

- This letter is a letter of evaluation, not a letter of recommendation. The purpose of the letter is to provide an honest and objective summary of the student's personal attributes, experiences and academic accomplishments based to the greatest degree possible, on verifiable information and summative evaluations.
- The MSPE contains information about the student's medical school performance, not pre-medical
- The main categories of the MSPE include: Identifying information, Noteworthy Characteristics, Academic History, Academic Progress, Summary and Medical School Information.
- **The noteworthy characteristics: the purpose of this section is to help residency programs review applicants holistically to achieve a residency class that brings a diverse set of background experiences, characteristics and perspectives. (AAMC) You are to provide a maximum of three characteristics highlighting your most noteworthy characteristics. This section should be in a bulleted list with each bullet containing no more than two sentences. Significant hardships and challenges can be included**. This is the section you, the student, will contribute. Think about your "brand" and consider what characteristics most effectively demonstrate this brand.
- The MSPE does not specify which specialty you are applying to
- You will be able to review your MSPE and make any corrections in factual information before it is uploaded. The narrative assessments from your preclinical and clinical courses are not edited for content by either the Office of Student Affairs or by the student.
- The MSPE process happens in September and students should respond quickly when contacted to review your MSPE since 100 of them need to be done at the same time. MSPEs may not be loaded into ERAS until late on September, 30th.
- It is an LCME requirement that MSPEs cannot be released before October 1st.

Applying for more than one specialty:

Every student must carefully consider their competiveness for their chosen specialty. **The more people that you get advice from the better.** Some people give more conservative advice others tell you "to take a chance". You need to listen to all of these opinions. It is a risk to apply to more than one specialty. If one specialty discovers that you have applied to another specialty they may take your application less seriously. On the other hand, if you have a dream specialty and you would rather apply to a second specialty than take a chance on the SOAP, it may be worth it. To apply to two specialties, you complete one ERAS application, you write a personal statement for each specialty and you assign specialty specific letters of recommendation to each specialty. You then apply to programs in both specialties and interview in both specialties. At the end, you can rank both specialties and leave it up to the algorithm to determine what you will be doing.

Interviewing

- The majority of interviews are scheduled from October through January.
- Try not to schedule your top choice interviews first.
- Treat EVERYONE with respect, you never know who will be on your interview selection committee.
- Review your C.V., ERAS application and personal statement before you go on the interview.
- Prepare your list of questions before you go on the interview, for additional questions see the interview folder on Career Essentials Pilot page.
- Be on time- if you arrive to the city early, investigate the transportation options and go to the hospital the day before your interview to find your way around.
- Get the names and pronunciation of your interviewers from the residency coordinator.
- After your interview, write down your perceptions, the answers to the questions you asked and rank the programs.
- **Hiring decisions are made in the first 30 seconds of the interview- the rest of the interview is to confirm that decision.**
- Practice interviewing before your interview. Schedule a mock interview. The interviewers will not remember so much what you said, but how they felt about you when you interviewed. Do a mock interview and get an independent opinion on how you are perceived. If you cannot do a mock interview, ask and answer questions with your webcam taping and then play it back and see what you think.
- Bring copies of your C.V., personal statements and copies of any publications with you when you interview.
- Think about your "brand" before you go. What are the top five things you want the interviewer to know about you?
- Make sure you answer every question with integrity and in a professional manner.
- Make sure you dress as a professional future physician, not as a medical student.

Men:

Dress Shirts:
- solid colors, preferably white
- long-sleeved, tucked in, and buttoned all the way up
- wear an undershirt

Tie:
- Conservative pattern
- Hang to belt line

Belt:
- Leather – match color and finish of shoes, small buckle

Socks and Dress Shoes:
- Dark colors that match attire (no white socks)
- Over the calf, so no skin is ever visible
- Shine shoes (no scuff marks)

Women:

Makeup:
- Conservative an natural looking - less is more

Blouse:
- Solid color or white

Suits:
- Keep skirt within 3 inches of knees

Nails:
- Neutral polish or none at all
- Remove cracked or peeling polish

Hosiery/Socks:
- Flesh toned nylons or dark trouser soc
- No "runs"
- Required with skirt

Shoes:
- 1-2 inch heel or nice flats (no open toe)
- Match color to outfit

- **Research your programs:** check to see if there are any WSU-BSOM graduates there, research some of the latest issues in the specialty you are interested in, determine the priorities of the program you are interested in (leadership, community involvement, research, teaching, etc), know what is unique about the program, research the community, city and the faculty.
- **Responding to the interview offer**- respond as quickly as possible, some programs make more offers than they have slots, confirm the time and location the week before the interview, make every effort to attend the dinner the night before
- **Canceling the interview**- do it in a professional way, give at least a week's notice (preferably two weeks) unless it is an emergency, DO NOT NO SHOW OR CANCEL THE NIGHT BEFORE.

Feature	Rating	Comments
Education		
Program Philosophy		
Accreditation		
Overall curriculum		
Rotations/electives		
Rounds (educational vs. work)		
Conferences		
Number & Variety of Patients		
Hospital Library		
Resident Evaluations		
Board Certification of graduates		
Attending Physicians/Teaching Faculty		
Number of full-time vs. part-time		
Research vs. teaching responsibilities		
Clinical vs. teaching skills		
Availability/approachability		
Preceptors in clinic		
Subspecialties represented		
Instruction in patient counseling/education		
Hospital (s)		
Community or university hospital		
Staff physician's support of program		
Availability of consultative services		
Other residency programs		
Type(s) of patients		
Hospital staff (nursing, lab, path, etc.)		
Current House Officers		
Number per year		
Medical schools of origin		
Personality		
Dependability		
Honesty		
Cooperation/ get along together		
Compatibility/ can I work with them?		

Feature	Rating	Comments
Work Load		
Average number of patients (rotation, clinic)		
Supervision – senior, house officer, attending		
Call schedule		
Rounds		
Teaching/conference responsibility		
"Scut work"		
Time for conferences		
Clinic responsibilities		
Benefits		
Salary		
Professional dues		
Meals		
Insurance (malpractice, health, etc.)		
Vacation		
Paternity/Maternity/sick leave		
Outside conferences/books		
Moonlighting permitted		
Surrounding Community		
Size and type (urban/suburban/rural)		
Geographic location		
Climate and weather		
Environmental quality		
Socioeconomic/ethnic/religious diversity		
Safety (from crime)		
Cost of living (housing/food/utilities)		
Housing (availability and quality)		
Economy (industry/growth/recession)		
Employment opportunities (for spouse)		
Child care and public school systems		
Culture (music/drama/arts/movies)		
Entertainment – restaurants/area attractions		
Recreation – parks/sport/fitness facilities		
Program's Strengths		
Program's Weaknesses:		

The Medical Student's Guide to Residency Selection 2008-2009, American Academy of Family Physicians, Division of Medical Education.

- Evaluate each program after you interview there. You will not remember the answers to your questions at each program after you have been to a few interviews.
- **Things to not do**! – talk badly about other people, programs, faculty or applicants; try to hide something in your record; lie or overstate; be rude to anyone; make excuses; not attend any event on the interview day.

Communication

- There is a message center in My ERAS.
- All new messages will be bolded.
- Students cannot initiate messages with programs they have applied to.
- Program directors may contact you by MyERAS message center, by email, telephone or regular mail.
- Check your email regularly.
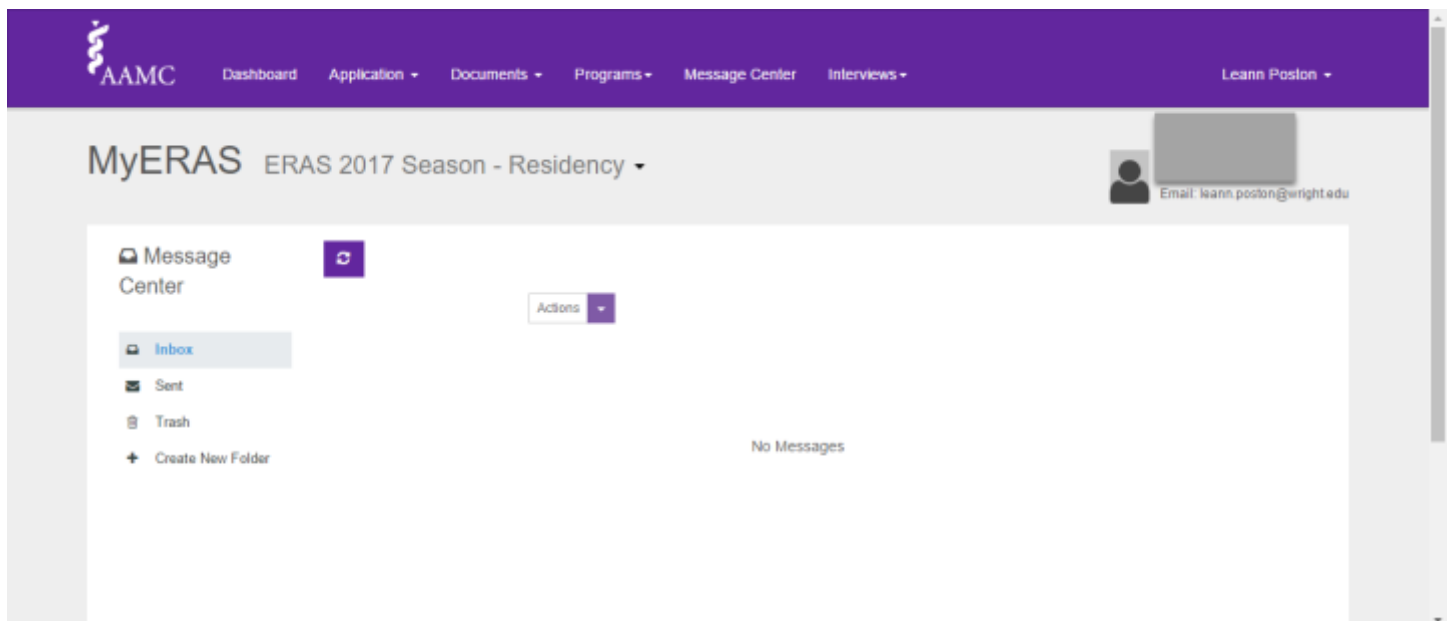
The Personal Statement

- Use your personal statement to introduce yourself to your interviewers.
- Write a focused essay, about four paragraphs in length, that covers the basics:
    - The first paragraph should introduce you to the reader.
    - The second paragraph should let them know how you decided on the specialty.
    - The third paragraph should use your research, extracurricular and work experiences to show why this is the right specialty for you as well as what you will contribute to the community. Make sure you use numbers whenever possible to demonstrate the depth of your involvement.
    - The fourth paragraph should be about your long-term goals. Conclude by tying everything back to your specialty of choice.
- If you have a "red flag": take full responsibility, provide plausible explanations, and assure them it will not happen again.
- Use your own words, do not rely on quotes.
- Do not regurgitate your C.V.in your personal statement.
- Your personal statement must be in plain text. You may not use HTML, bold, italics, underline, or text color.
- Your personal statement should be around 500 words and less than one page. Vary your sentence structure and do not start every sentence with "I".
- Read your personal statement out loud or better yet, ask someone else to read it out loud to you. It is much easier to hear whether it flows well this way.
- Have your personal statement checked for grammar and structure by someone, but also have it checked by someone in the specialty you are applying to make sure it fits with the culture of that specialty.
- **Do not plagiarize your personal statement or any part of it.**
- **You may edit your personal statement even after it has been assigned to programs, but there is no guarantee they will download the updated version.**
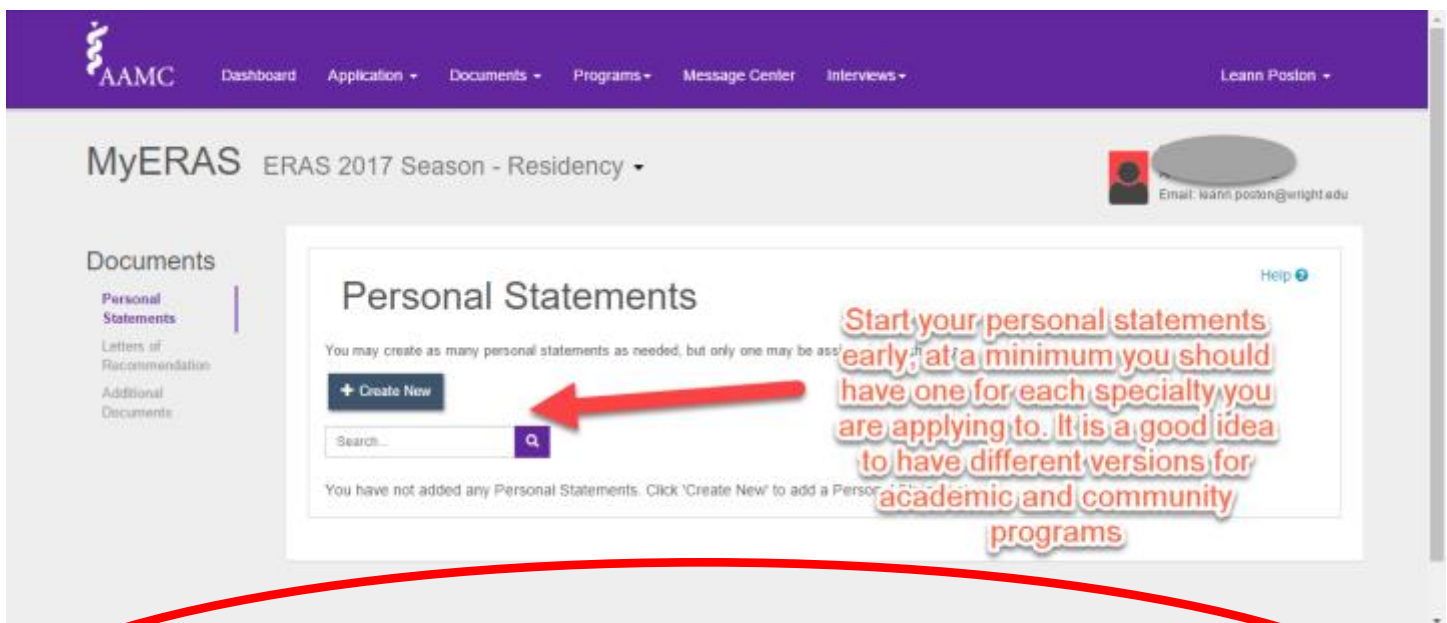
Every personal statement, your photo, USMLE scores and your letters of recommendation must all be assigned to programs. Uploading your photo and personal statement and having your letters of recommendation uploaded puts them in the software, but does not give the program access. The MSPE, the application and the transcript are automatically sent to the programs. If you add programs after September 15th, you will need to assign the documents to these programs. It is not automatic.

National Residency Match Program(NRMP): this is a separate registration from ERAS. Go to www.nrmp.org starting on September 15th at noon and register for the match. You will need your AAMC user name and password. Once you have your NRMP number, go back to the ERAS registration and enter your NRMP number into your ERAS application in the biographical information. You may only register for the match if you are on-cycle and available to start residency on July of that match Season. If you do not register by November 30th, there is a $50.00 late fee. You will submit your rank order in February. Make sure that you rank every program you are willing to go to and none of the programs you are not. You are contractually obligated to go to the program you match at. The NRMP algorithm is to the student's advantage. Rank your programs in the order that you would want to go to them, do not try to "game the system".

Searching for Programs: You can search for programs on FRIEDA https://www.ama-assn.org/life-career/search-ama-residency-fellowship-database. This site is run by the AMA and program directors can submit the information they would like applicants to see. You can go to ACGME to search for programs and check accreditation status https://www.acgme.org/. You can also go to Careers in Medicine where they are developing an ever-increasing database of programs. https://www.aamc.org/cim/.

Military Scholarship Students: Military branches have a selection/match process, see http://www.militarygme.org. This is handled by the Joint Services Graduate Medical Education Selection Board. Army and Navy use ERAS and the Air Force has its own system. Service specific decisions regarding any possible deferment to NRMP. You will apply in early summer and find out in mid-December. MSPE will be sent on October 1st. If you are deferred to a civilian residency you will continue in the NRMP for the March match. Remember the November 30th deadline. HPSP students should talk with Dr. Toussaint to review the process.

San Francisco Match: for second year positions in Ophthalmology and a few Plastic Surgery programs. For this match, you will submit: the application, undergraduate college transcripts, medical school transcript and MSPE, USMLE scores (you will need to request these from the NBME), 3-4 letters of recommendation, and your list of programs. The San Francisco match mails your application to your programs. The application deadlines can vary by program. If you successfully match, you will match for a PGY 1 position in the regular match. If you are unsuccessful, you can match in an alternate specialty in the regular match.

Urology Match: The only specialty with its own match system. Most urology programs now use ERAS. This is an early match like the San Francisco Match.

If you require more detailed information, please check the appropriate folder on Career Essentials Pilot page.

Thank you note

1. **Statement of appreciation** for the opportunity to interview, and for the interviewer's time.
2. Statement indicating that you enjoyed meeting the interviewer.
3. Statement of interest/enthusiasm for the position.
4. Brief statement of why you are a good fit for the program.
5. Reference to a point raised or topic discussed during the interview.
6. Intent to rank program highly (optional, this must be truthful, if stated).
7. Final statement of thanks.
8. Emphasize how your qualities, skills or strengths match the program needs.
9. The best suggestion for how to send these thank you notes: send an email thank you note within 24 hours of the interview (before they complete your application file) and a handwritten one after that.
10. The subject line for your email thank you should be Thank you-residency interview.
11. A thank you note should follow the norms of a business letter and be sent on professional stationery.
12. Make sure your thank you note does not hurt your chances of making a good impression. Avoid the following: poor readability, informality, misspelled words/poor grammar, making manual corrections to the letter, bragging or overassertive, focusing entirely on yourself or giving too much information.
13. Send a thank you note to each person who interviewed you as well as the program coordinator.
14. Include your AAMC ID# with your signature.

The Successful Match 200 Rules to Succeed in the Residency Match Rajani Katta M.D. And Samir P. Desai M.D.

Do not use hey, use professional title

Statement of appreciation for interviewers time

Statement of interest/ enthusiasm

Brief statement of why you are a great fit, reference the interview

Final statement of thanks

Include your AAMC ID# with your signature

Make no grammar or spelling mistakes
Send your letter within 24 hours

Abbreviations and Terms

AAMC: Association of American Medical Colleges

ERAS: Electronic Residency Application Service: AAMC system for applying to most residency programs

NRMP: National Residency Matching Program: ERAS applicants and Programs rank each other

SF Match: San Francisco Match- Application service for some Ophthalmology and Plastic Surgery Programs

Advanced residency positions: starts 1-2 years after the match and require a preliminary year first. The following programs offer advanced positions, some may also offer categorical: Anesthesiology, Child Neurology, Dermatology, Neurology, Ophthalmology, PM&R, Plastic Surgery, Radiation Oncology, Radiology and Urology.

Career Advisor: a person who is available to work with medical students on the application process. C.V. review should be done prior to the M3 year. Planning first three blocks of M4 year and plans for away rotations should be completed by Jan-Feb of M3 year. Personal Statement and plans for LORs should be completed by end of June in M3 year. Help with the ERAS application available from June-Sept. Mock interview practice available anytime. Please schedule 1 hour for this.

Categorical Residency Position: A categorical position is one which offers full residency training required for board certification in that specialty. Training is 3-5 years in length.

Early Match: Ophthalmology, Urology and all programs run by the military are early math. Ophthalmology uses the San Francisco match. Urology applicants match is run by the American Urological Association and the application is through ERAS. Ophthalmology applications are due in July and Urology applications are due in September.

Match Day: Held on the Friday of the 3rd week in March. When all US seniors find out where they matched.

MSPE: A letter of evaluation which describes the students' performance in medical school. It is released to residency programs on October 1st.

Physician Match: training in specialty programs reserved for physicians with prior graduate medical education and who can enter advanced training in the year of the match.

Preliminary Residency Positions: offer 1-2 years of training before entry into an advanced residency program. Many Internal Medicine and Surgery training programs offer a Preliminary Residency position.

Rank Order Lists: A ranked order of programs submitted by applicants to the NRMP before the deadline (last week in February).

Primary Care Categorical: offered by some Medicine and Pediatrics programs.

Standard Letter of Evaluation (SLOE): Required by Emergency Medicine and Plastic Surgery.

SOAP (Supplemental Offer and Acceptance Program): begins on the Monday of Match week, administered by the NRMP. Students who have not matched submit applications to mini-matches held on a daily basis.

Specialty Advisor: an advisor in the specialty of your choice. Should review competitiveness data with you, read your personal statement and review your residency program list.

Transitional Residency Positions: an alternative to a preliminary year. Offers experiences in Surgery, Medicine, Pediatrics and other specialties. Gives a broader exposure than a Preliminary year.

Useful Links

Wright State dates https://medicine.wright.edu/student-life/career-advising/applying-for-residency
Careers in Medicine https://www.aamc.org/cim/
ERAS http://www.aamc.org/eras
FREIDA https://www.ama-assn.org/life-career/search-ama-residency-fellowship-database
NRMP (National Residency Matching Program) www.nrmp.org
AUA (American Urological Association) www.auanet.org
San Francisco Match www.sfmatch.org
USMLE (United States Medical Licensing Exam) www.usmle.org
NBME (National Board of Medical Examiners) www.nbme.org
Military Match www.militarygme.org
Visiting Student Application Service (VSAS) www.aamc.org/students/medstudents/vsas
VSAS tutorials: https://students-residents.aamc.org/attending-medical-school/article/vsas-guides-and-tutorials/
ACGME: https://www.acgme.org/

Recommended reading:

Katta, R., & Desai, S. P. (2016). The successful match 2017: Rules for success in the residency match. Md2B.