



CYBERFRATTM
AN ERM COMMUNITY



CYBER SECURITY AWARENESS MONTH



#OctoberAwarenessMonth

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GET OUT OF THE MINDSET THAT “IT CAN’T HAPPEN” TO YOU

Protect yourself and your information. If you’re vulnerable to attacks by cyber criminals, you could also be putting your family, friends, and company at risk.





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AUDIT YOUR PASSWORD

Make sure they're strong and contain an assortment of characters. Change them regularly. Don't use the same password for multiple sites.





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BE CAUTIOUS WHILE USING PUBLIC WI-FI

Don't use unsecured or public Wi-Fi networks to conduct personal business like online shopping, medical appointments or records management, or banking.





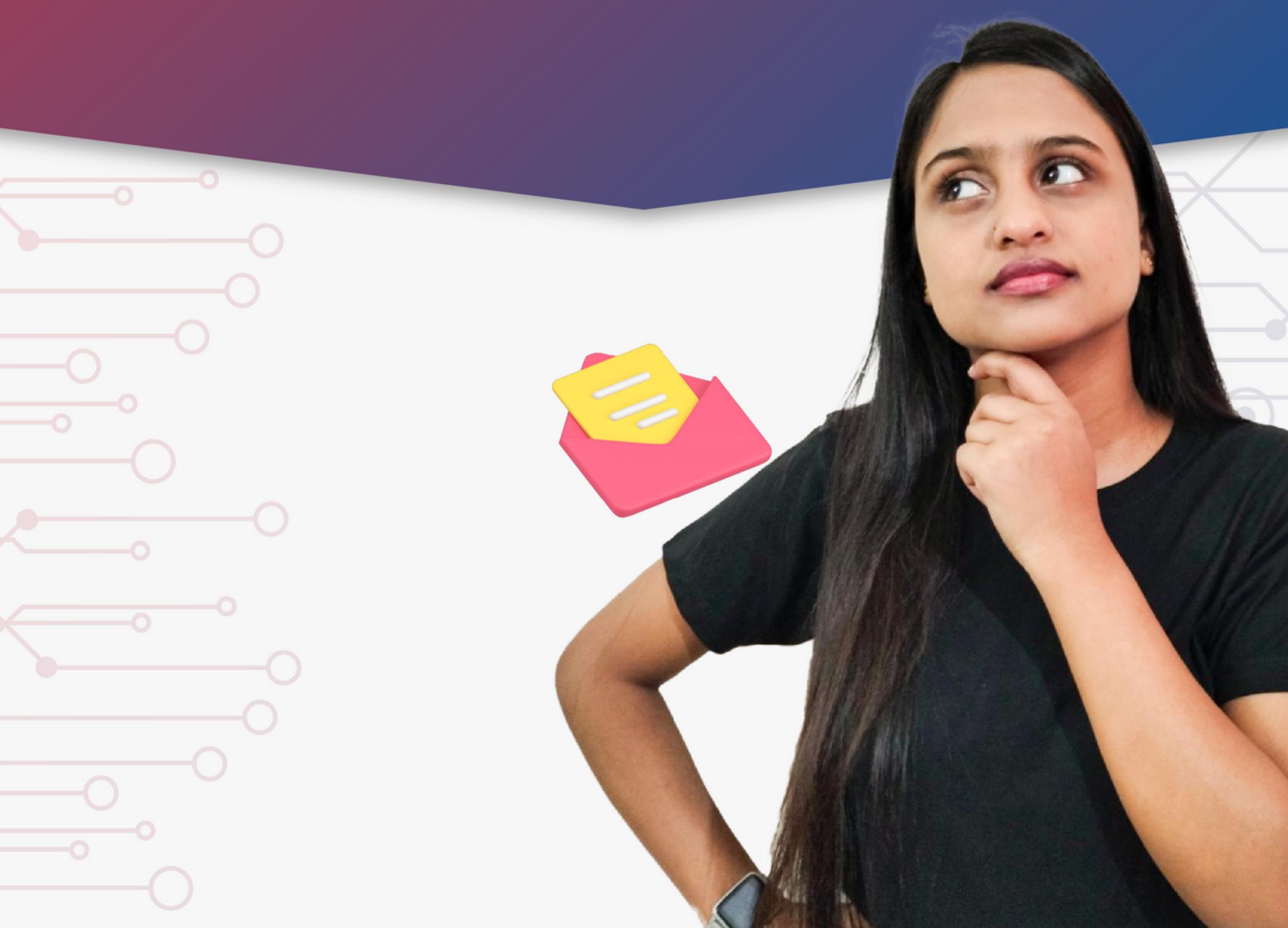
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DON'T
“SEE ATTACHED.”

Don't open email attachments you weren't expecting to receive. If in doubt, call the person who sent it to make sure it's okay.





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COVER YOUR WEBCAM

Use a piece of opaque tape (such as painter's tape or masking tape) to cover your webcam anytime you're not specifically using it. Cyber criminals can use webcams to get all kinds of information of yours.





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NEVER SHARE PASSWORDS

You might feel good or sometimes forced by sharing password. But keep in mind that it's always risky to share password with your family, friends, peers or anyone. Always say no while someone asking for password.





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REGULARLY UPDATE YOUR BROWSERS

Keep your Internet browsers and any related plugins updated to make sure you're using the latest version.





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SECURE YOUR NETWORKS

Make sure your home Wi-Fi network uses a strong password. Update all devices connected to the network, and refresh the passwords frequently.





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TRUST NO ONE

Take a closer look at your Facebook friends list, LinkedIn connections, Twitter followers, and other social networks to ensure there are no suspicious accounts following you & trying to harvest your personal information.

Don't accept unknown requests.





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LOCK IT UP

Lock your phone, computer with a strong password. Whether you use your devices for work purposes, or access your bank accounts, medical records on them, or even if you just have phone numbers – protect them.





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PROTECT YOUR SYSTEMS

Make sure antivirus, firewall, and ad-blocker solutions are patched & updated on regular basis.





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SET UP 2FA

2FA is two-factor authentication and it requires you to link your accounts to your cell phone and/or email address to verify your identity when you sign in.

Use it on everything. We're serious.





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CHECK YOUR BANK STATEMENTS & SET UP FRAUD ALERTS

When criminals steal your bank account information, they often make small charges first (200 here, 5000 there) before going for the big bucks. Make sure you can account for every dollar spent, when, and where.





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CLEAN UP YOUR APPS

What apps do you have installed on your phone and computer? Are you still using them? Go through and remove anything you're not using (and updating!) frequently.





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CONTROL APP ACCESS

Shiny new apps are everywhere!
Get into the habit of not installing
any apps unless they come from
the official app store.





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DISABLE AUTO-CONNECT

It can be super useful for your phone to automatically connect to your home Wi-Fi or your car's Bluetooth, but that's not a good thing when you're traveling or in public. Make sure your Wi-Fi auto-discovery function is off, and Bluetooth is off.





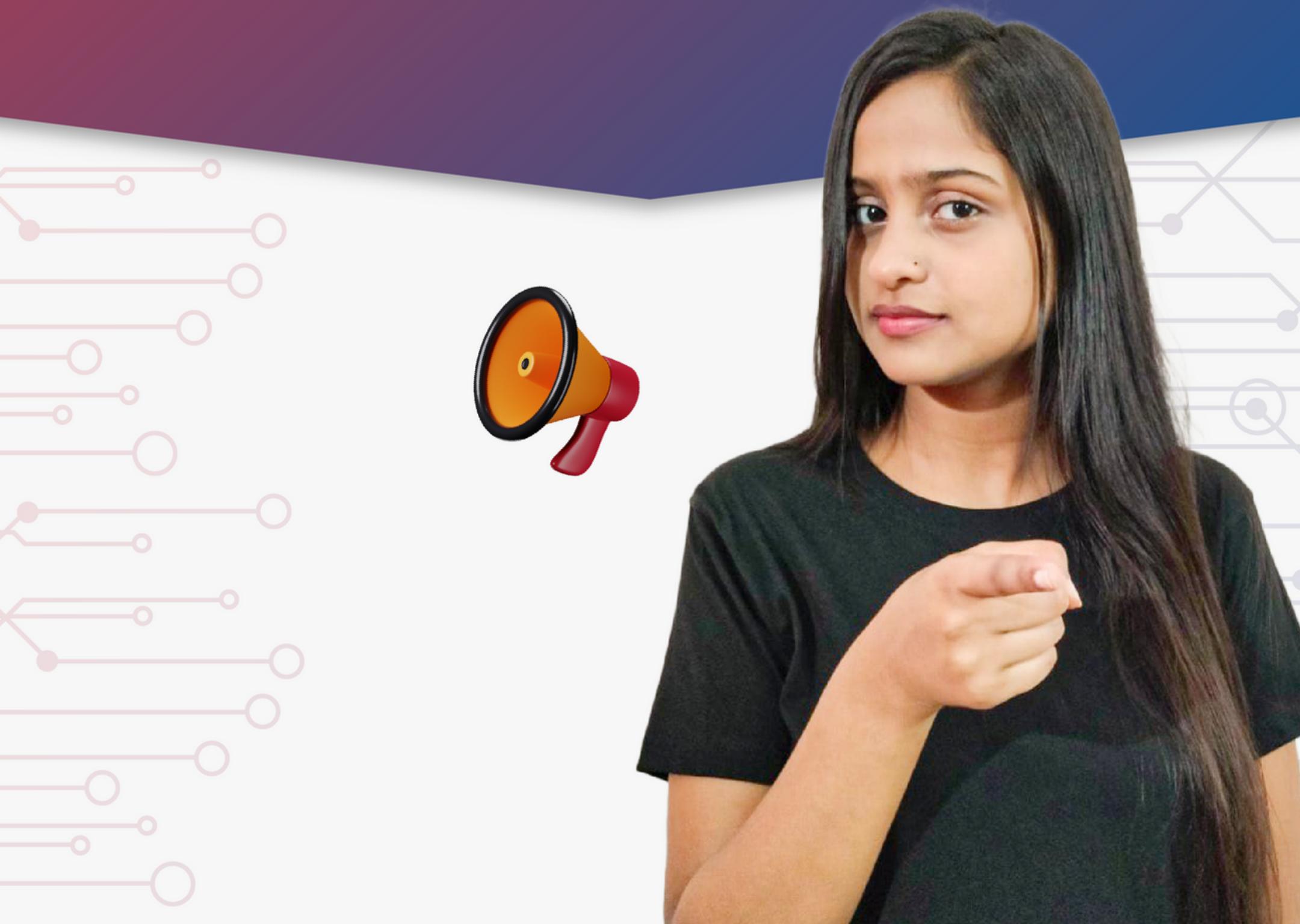
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REACH OUT

Even if you're on top of your security game (kudos!), chances are you know someone who could use some help. Pull together some resources that have been helpful for you and share them with people who could use them.





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BE WARY

Whether it's a USB device you found in the parking lot, or a phone call claiming your Apple ID has been compromised or your Windows system needs to be updated – think twice before you follow that path.





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BACK UP YOUR DATA

You can't afford to lose photographs, documents, personal information. Back up frequently & at multiple locations. For storing critical information or irreplaceable files use a removable hard drive that you have as back up if you become victim to a ransomware attack.





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UPDATE YOUR SOFTWARE

Make sure your software is updated regularly. Even if you have automatic updates enabled, check in! Check in updates for video games, smart TV, smart home technology like Nest thermostats. Also new IoT appliances like that fancy refrigerator.





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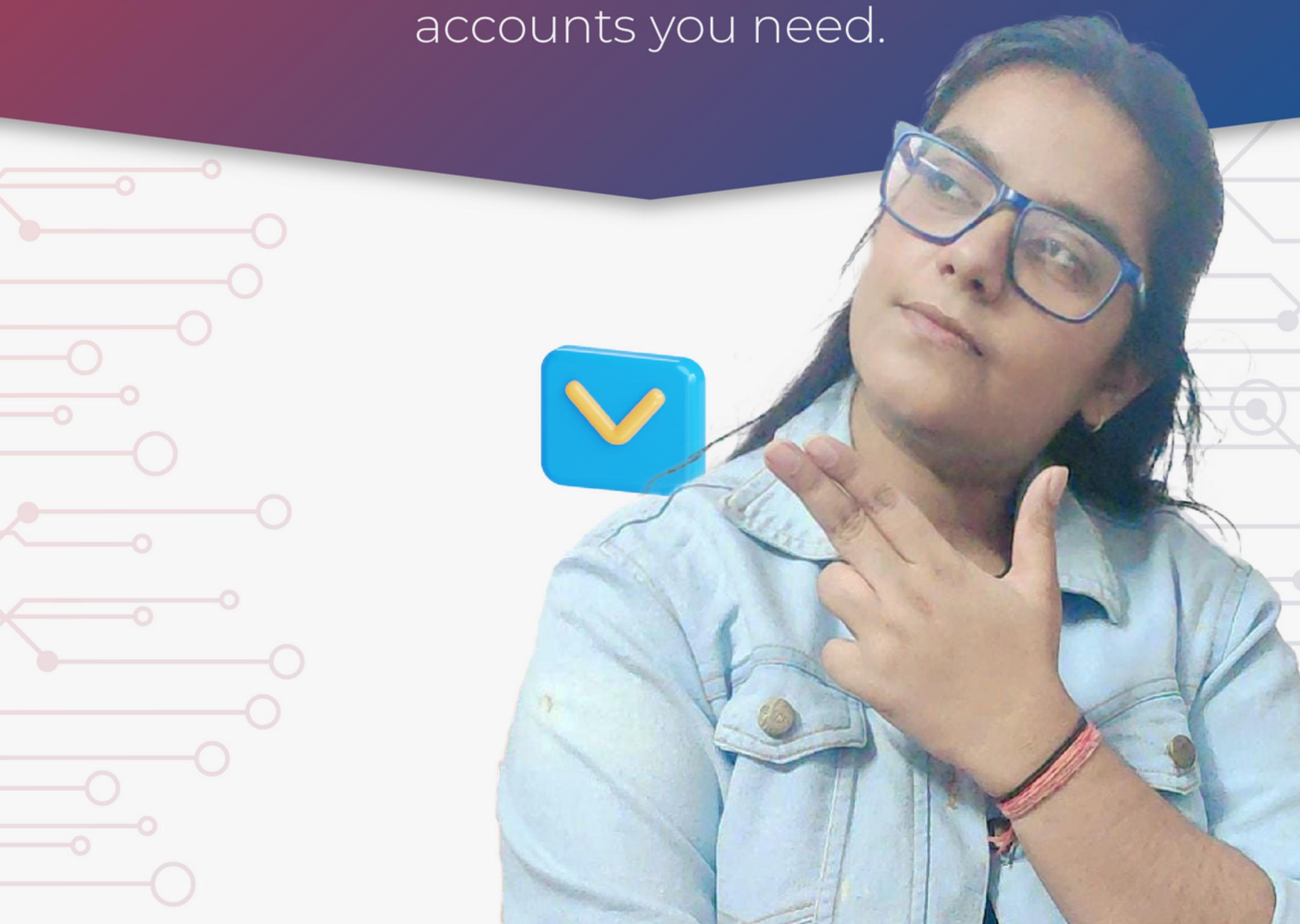
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CHECK YOUR EMAIL ACCOUNTS

Forgotten about that old rocketmail.com account from 2003?

A cybercriminal could still get it & use your name to get information from your family, friends, & others. Go through your email accounts, delete what you don't use anymore, & set up strict security measures for the accounts you need.





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MONITOR ACTIVITY

Check the activity logs for your accounts, like social media and banking, on a regular basis, and immediately select the “end session” option for any locations, dates, and/or times you don’t immediately recognize.





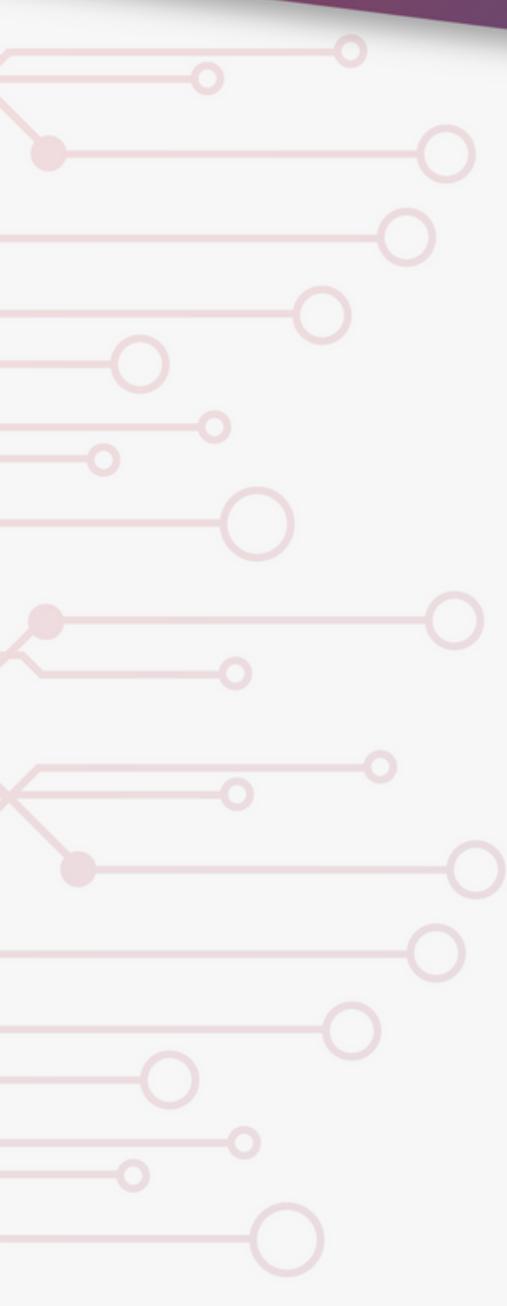
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DON'T CLICK LINKS FROM SUSPICIOUS SOURCES

Don't click short links from unknown or questionable sources. Cyber criminals can use these to mask the real location of a link and you could end up with a malware infection.





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HAVE A LIFE VEST

If you've changed jobs, email addresses, phone numbers, your email and account recovery options may be out dated. This increases the chances of you getting locked out of your accounts & cyber criminals getting into accounts. Check and update the recovery email addresses, phone numbers, and physical addresses associated with your accounts.





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BE CARD SMART

We know how easy it is to click “Save my payment information”. when you purchase something online, be very careful. Does the site use https? Does the company specify how they’re protecting your credit card information? Is the app regularly providing security updates? If it doesn’t feel right, don’t save your credit card information.





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BE SKEPTICAL

If it sounds too good, too sensational, or too urgent to be true, it probably is! Cyber criminals are always searching for ways to get you to click, open, allow, and share. Scamming is as old as time. Make sure you're aware of what kind of scams are happening, and check before you share your information with anyone offering you something.





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TAKE CHARGE

If a new software or app is asking for admin rights to your system, you're allowed to second-guess it. Check what access it's asking for, look in documentation for reasons why, and contact a support team if possible. Remember that you can always say NO!





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TRACK LOCATION SERVICES

Turn off location services when you're not using it. Don't check in on social media at the airport, on vacation, at home or business; even if you believe your accounts are private, the information could still be compromised by cyber criminals.





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DISCONNECT

It's good advice for life in general, but it's especially good advice for security. Disconnect your phone and computer from the Internet when you're not using them.





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CREATE AN ALTERNATE YOU

Newsletters, sweepstakes, fantasy sports galore! Consider creating an alternate email address for public-facing accounts. Many email providers will allow you to create forwards and filters, so you can view the information you want. Companies holding your data only have access to your alternate, public-facing email address.





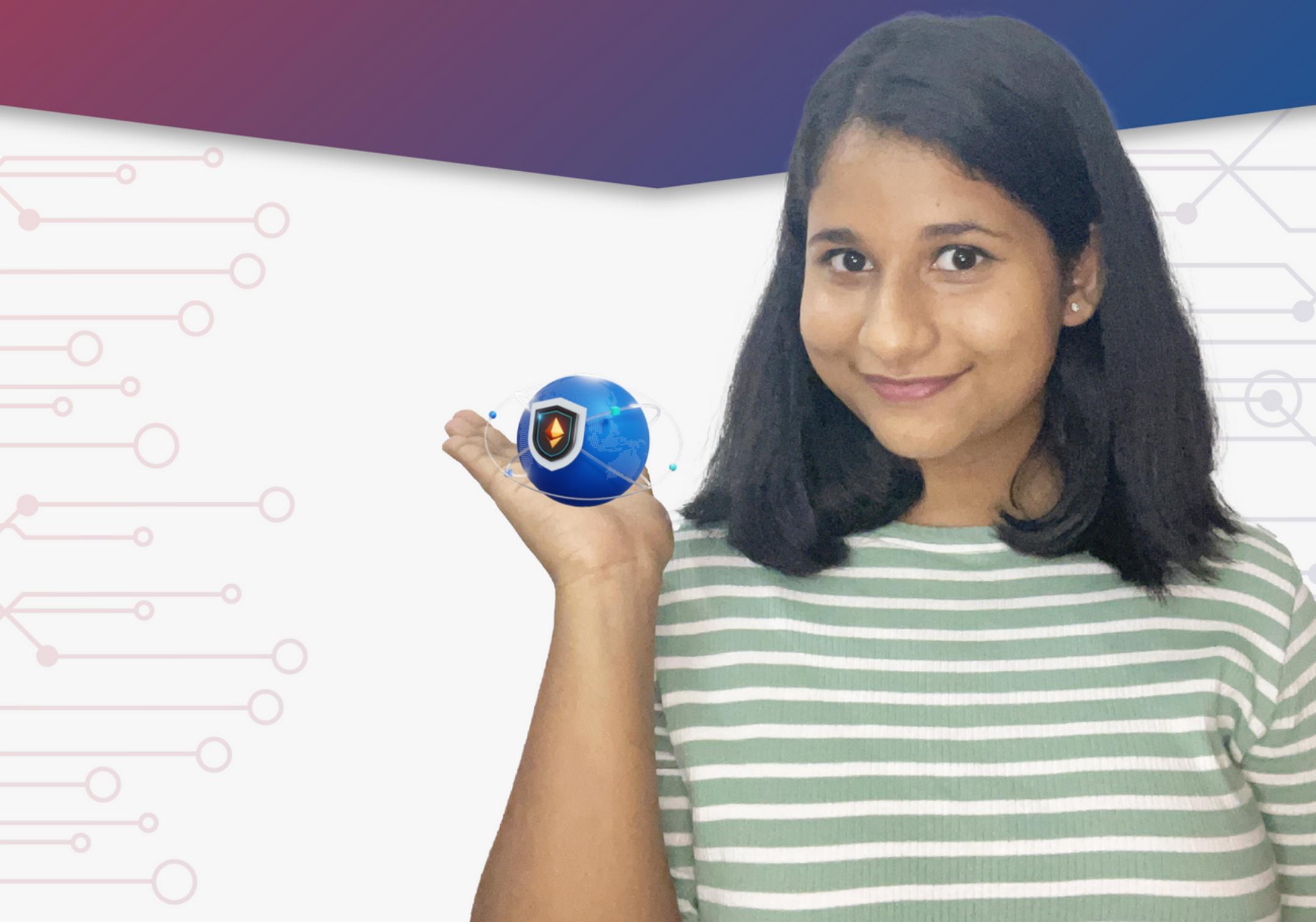
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CREATE A SECURITY PLAN

Take everything you have learned this month and create a checklist for yourself of do's and don'ts, reminders for regular backups and updates, and tips for passwords and everyday cyber security.





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