#### Official NSOP Plan

Entrance: 0645 AM, NLT 7:00

End: 1630

- 1. Entrance: 6:45 7:45 (1 hour)
  - Volunteers will arrive and be briefed on expectations for each position
  - Volunteers will set up equipment such as tables, chairs, computers, presentations, rooms and the auditorium.

# 2. Arrival of Cadets: 8:00 - 9:00 (1 hour) (will start upon first cadet arrival)

- A) Cadets will arrive at the main building under the breezeway where they will line up into three lines for Height/Weight
  - Height and weight personnel will log the individual's height in Inches, weight in Lbs, and check off if they are in weight standards.
- B) After Height/Weight, Cadets will proceed to the Check-in tables
  - (5 Check-in tables total, last table is payment table)
  - Cadets with Green wristbands will proceed to check in table
  - Check-in table will mark off the individuals for accountability, validate contacts/info, check for required documents, and be provided a flight.
  - Cadets who don't have a sports physical will be given a Blue Wristband.
  - Cadets who don't pay the landing fee will be given a Red Wristband.
  - Cadets will proceed to the last table to provide NSOP payment (\$60) and sport physical payment (\$10) if needed.
- C) After completion of payment, cadets will proceed to the left side auditorium until all cadets have been processed through the check in.
- D) Roll call will occur to ensure everyone is accounted for.

(1 hour, 0900: completion of check-in)

# 3. NCO TIME: (0910 - 11:10) (2 hours)

After roll call, cadets will either stay to complete paperwork or transition to the computer labs to become an active cadet.

- Cadets will stay in the Left Side Auditorium with SSgt Barnes to complete Paperwork (Left Side Auditorium)
- Cadets who have all the documents will proceed with SSgt Taylor to upload them into WINGS and go from applicant to an active cadet.

#### 10 Minute Transition

- 4. Right side Auditorium: 11:20 12:10 (50 Minutes)
  - Cadets will be divided into respective flights/seating arrangements (11:20)
  - Once everyone is in the auditorium, the room will be called to attention, air force song plays, cadets will be seated, Briefings will begin. (11:25)
  - Briefings (35 min total)
    - Col Cyrus Briefing (2 min)
    - Speech from wingstaff (2 min)
    - Group Organization (25 min)
      - Honor Guard
      - Victory
      - i5
      - Booster Club
      - Arnold Air Society
    - Uniform wear/Expectations (5 min)
  - Once Briefings are over, the room will be called to attention and Cadre/NCOs will depart from the room. Cadets assisting with setting up Sombrilla will depart once Cadre leaves. (12:00)
  - Cadets will be provided a small break to stretch and ask any questions (10 min)
  - Once time is over, Cadets will transition to the Sombrilla for Lunch (12:10)

#### 10 Minute Transition

- 5. Lunch at Sombrilla: 12:20 12:50 (30 min)
  - Lunch will be provided by Booster Club at the Sombrilla. Booster club along with volunteers will ensure the pizza is ready for cadets upon arrival.
  - Stands for each organization will be set up so cadets can inquire/sign up

## 10 Minute Transition

# 6. Group Rotations: (45 minute per rotation)

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13:00 - 13:45 (Rotation 1)
13:55 - 14:40 (Rotation 2)
14:50 - 15:35 (Rotation 3)
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There will be Three Rotations consisting of Sport physical/GLP, LRS, Campus Tour and Q/A

- Golf Hotel goes to Sport Physical/GLP  $\rightarrow$  LRS  $\rightarrow$  Campus Tour
- (Station 1,2,3)
- India Juliette goes to LRS → Campus Tour → Sport Physical/GLP
- (Station 2,3,1)
- Kilo Lima goes to the Campus Tour and Q/A  $\rightarrow$  Sport Physical/GLP  $\rightarrow$  LRS
- (Station 3,1,2)

## Rotation 1: Sport Physicals/GLP

- The third station will consist of Sport Physicals located in (Room #) for those with blue wristbands
- Cadets who have their sports physical completed will be in a separate environment doing GLP's

## Rotation 2: LRS

 Cadets in this rotation will cycle through LRS in order to get their tape measurements and sizing. We will have one classroom designated to LRS and LRS volunteers will be able to aid Mr. Llano in setting up the room during the morning.

## Rotation 3: Tour, Cadet Q&A

- The second station will be a small campus tour led by an experienced cadet where new cadets will get to see the campus. In particular, the cadets will be led to sites on campus that pertain to ROTC. (DET, MB, etc.) \*Cadets will not need to travel all the way to the rec fields, but can be shown the general location from the route. During this time will be an opportunity for new cadets to ask the cadet guides any questions that they may have not already had answered from a cadet perspective.

#### 10 minute Transition

#### 7. Finale (15:45 - 16:00)

- Both Rotations will return to the MB, Breakout occurs where final words will be shared and new cadets will be dismissed.

## 8. Back-Up Physical Time/ Clean Up (16:00 - 16:30)

- Recruits who haven't gotten the chance to complete their sports physical will have a 30 min time period towards the end of NSOP. Sport Physical volunteers will be on standby.
- This time will also be utilized to haul equipment and clean up.