

Good (GOD) Recruits!

We are Cadet Sophia Osborne Mahiques and Cadet Taha Al Luhaibat. We are going to be the NSOP (New Student Orientation Program) Leaders for Spring 2025! We can't wait to meet all of you on January 17th during orientation.

Hopefully you all have received the initial email (check your student email). Please ensure you read the email and complete all the taskers, specifically sports physicals, forms and WINGS.

Additionally, below is a link to a Pre-NSOP form. Fill this out before NSOP to make the in-processing steps faster and smoother.

Link: <https://forms.gle/At37ZfAxhm8qBCuF9>

We understand that AFROTC may be a new and overwhelming experience at first. We want to give you any and all information you may need. Below is a little how the weekly life at AFROTC is and how Uniform of Day (UOD) is:

Physical Training (PT) - Tuesdays & Thursdays, 0600 - 0700:

PT is held twice a week, Tuesdays and Thursdays. At PT, you will typically workout while also strengthening your teamwork and standardization skills within your flight. The workouts given typically include cardio and calisthenics. The effort put into your PT is really important to perform well in your Physical Fitness Diagnostic (PFD) and Physical Fitness Assessment (PFA), which are both done once a semester. Aside from PT, we recommend working out outside of PT to maintain high scores and improve yourself physically. During PT sessions, you are required to wear Modified PTGs, which include:

- Black Shorts
- Grey Shirt
- White socks
- Workout/running shoes(any color)
- Black watch

Aerospace Studies Class (ASC) - Tuesdays or Thursdays:

ASC is led by your cadre instructor and consists of lessons regarding history of the Air Force and Space Force, uniform wearing, leadership and followership skills, and more that are essential to being a cadet and future officer. This is typically a good time to learn and work with other classmates who you may not see during your usual flight or squadron. Participation is super important and professionalism is expected. Review your AS class syllabus to see more, including who your instructor is and the location of your classroom.

Leadership Lab (Llab) - Thursdays, 1600-1745:

Llab is held once a week and contains most of the military training. It is created to be an intense environment where you are challenged to think critically. Llab has different locations it can be held week to week, and can contain various activities like Open Ranks Inspections (ORIs), wing

photos, briefings or more. Every activity is meant to mold you into a better active follower and leader.

The above are considered Practical Military Training (PMT). PMT are arranged every week to let you become better cadets and future officers. Expectations are high for new recruits, so remember to maintain professionalism all the time. Most, if not all PMT events, will be spent within your flight to get to know them and arrange events with each other outside of PMT. On PMT days (excluding PT sessions), the uniform is:

- Khaki Pants
- Det Polo
- Black socks
- Black dress shoes
- Black watch
- Black backpack with minimal logos

Why Uniforms Matter

Uniforms are an essential part of AFROTC as they reflect your attention to detail, discipline, and commitment to the core values of the Air Force. Following the uniform guidelines will help you integrate smoothly into the program and display the professionalism expected of future officers.

Reach out to either C/Osborne Mahiques at sophia.osbornemahiques@my.utsa.edu or C/Al Luhaibat at taha.alluhaibat@my.utsa.edu if you have any more questions. Be on the lookout for more information from us. Thank you!

Good (GOD) Recruits!

The day for NSOP is coming up. Don't forget it'll be on January 17th. NSOP is meant to be a professional environment, in that sense you are expected to look and act your best. The Uniform of the Day (UD) is Business Casual (No shorts or t-shirts). Do plan to wear comfortable closed-toes shoes as you will be walking around campus. Ensure you have accommodations completed before this event.

Additionally, you will be provided a detachment polo at NSOP. When wearing the polo, you are required to wear khaki pants. If you do not already own a pair, consider going shopping for a pair sooner than later.

We are so excited to meet you! More information regarding location, parking and more will be sent soon in our final email. If you have any questions, feel free to reach out. Thank you!

As we get closer to the NSOP date, below is a list of required items needed on the day of NSOP:

- \$60 Landing fee
 - For your t-shirt and polo
- Laptop
- Black/Blue pen
- Backpack
- ORIGINAL Birth Certificate
 - naturalization certification or current US passport is fine
- ORIGINAL SSN Card
 - signed
- DD Form 4
 - For prior service members
- DD 214
 - For prior service members
- Completed Sports Physical
 - Can't be date before 17 December 2024
 - Use 'AFROTC Form 28' or what physician gives you
- WINGS Password and username
 - TYPED on printer paper
 - Look at slides on how to create a WINGS account
- Selective Service Number
 - males only
 - if unknown, google selective service number registration and register
- SAT/ACT Scores
- ALL College Transcripts
- JROTC/Eagle Scout/CAP Certificate

In addition to all the required materials to bring, ensure you complete all the required documentation sent through a 'DocuSign' email prior to NSOP. Don't wait until the last minute to get everything done.

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