DONEGood (GOD) Recruits!

I hope you're all doing well and feeling ready to take on the first week of AFROTC! As we step into this new journey together, it's important to understand the standards for the uniforms you'll need to wear. Below are the uniform requirements for Week 1:

Physical Training (PT) – Tuesdays & Thursdays, 0600-0700 During PT sessions, you are required to wear Modified PTGs, which include:

- Black Shorts
- Grey Shirt
- White socks
- Workout/running shoes(any color)
- Black watch

PT sessions are designed to challenge you physically while reinforcing teamwork and standardization within your flight. Be sure to arrive on time, properly dressed, and ready to give your best effort!

Practical Military Training (PMT) Day – Tuesdays & Thursdays On PMT days (excluding PT sessions), the uniform is:

- Khaki Pants
- Det Polo
- Black socks
- Black dress shoes
- Black watch
- Black backpack with minimal logos

This attire will be worn during activities such as Aerospace Studies Class (ASC) and Leadership Lab (LLAB). Ensure your uniform is clean, properly fitted, and meets the standards of professionalism expected of all cadets.

Why Uniforms Matter

Uniforms are an essential part of AFROTC as they reflect your attention to detail, discipline, and commitment to the core values of the Air Force. Following the uniform guidelines will help you integrate smoothly into the program and display the professionalism expected of future officers.

If you have any questions about these uniforms or need clarification, please don't hesitate to reach out. Preparation is key, so be sure to have everything ready to go before the first week begins.

Let's start this semester strong and look sharp while doing it!