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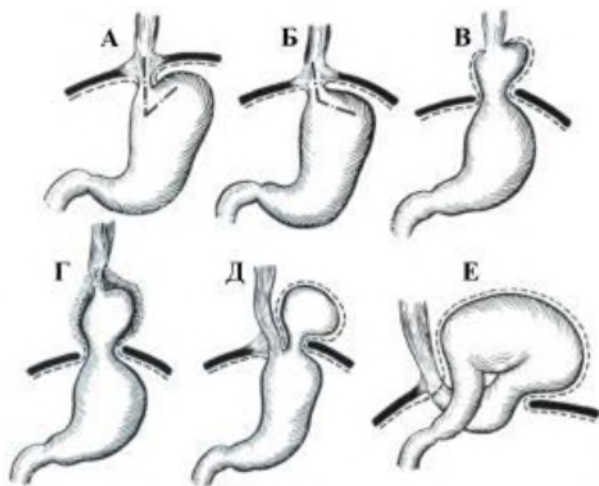


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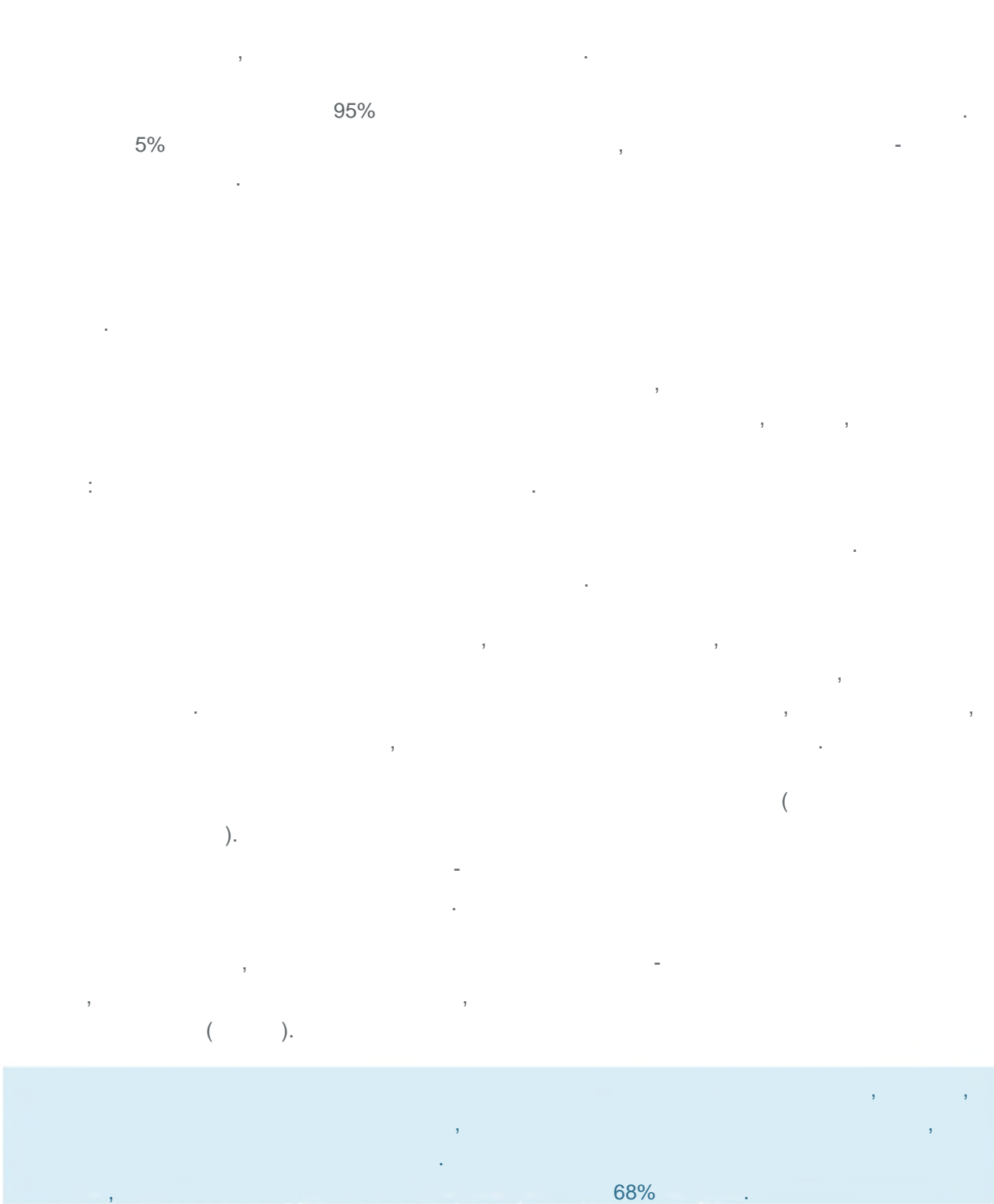


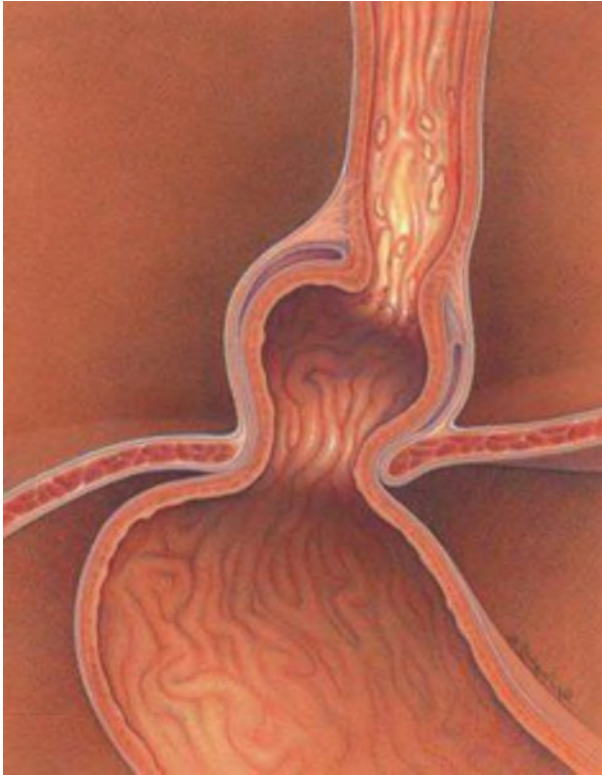
Скользкая грыжа (их еще называют осевыми или аксиальными) пищеводного отверстия диафрагмы характеризуется свободным перемещением

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1. The first part of the text discusses the importance of maintaining a healthy diet and lifestyle to prevent cardiovascular disease. It emphasizes the role of diet in maintaining a healthy weight and reducing the risk of heart disease. The text also mentions the importance of regular exercise and avoiding smoking and alcohol.

2. The second part of the text discusses the importance of regular medical check-ups and the use of medication to manage blood pressure and cholesterol levels. It mentions that regular check-ups can help detect potential problems early and that medication can help keep blood pressure and cholesterol levels under control.

3. The third part of the text discusses the importance of stress management and the role of mental health in overall health. It mentions that stress can contribute to heart disease and that managing stress through techniques like meditation and yoga can help reduce the risk of heart disease.

4. The fourth part of the text discusses the importance of family history and genetic factors in determining the risk of heart disease. It mentions that if a person has a family history of heart disease, they may be at a higher risk of developing the condition themselves.

5. The fifth part of the text discusses the importance of patient education and the role of healthcare providers in providing information and support to patients. It mentions that healthcare providers should provide patients with information about their condition and the importance of following their treatment plan.

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У половины пациентов грыжа пищеводного отдела

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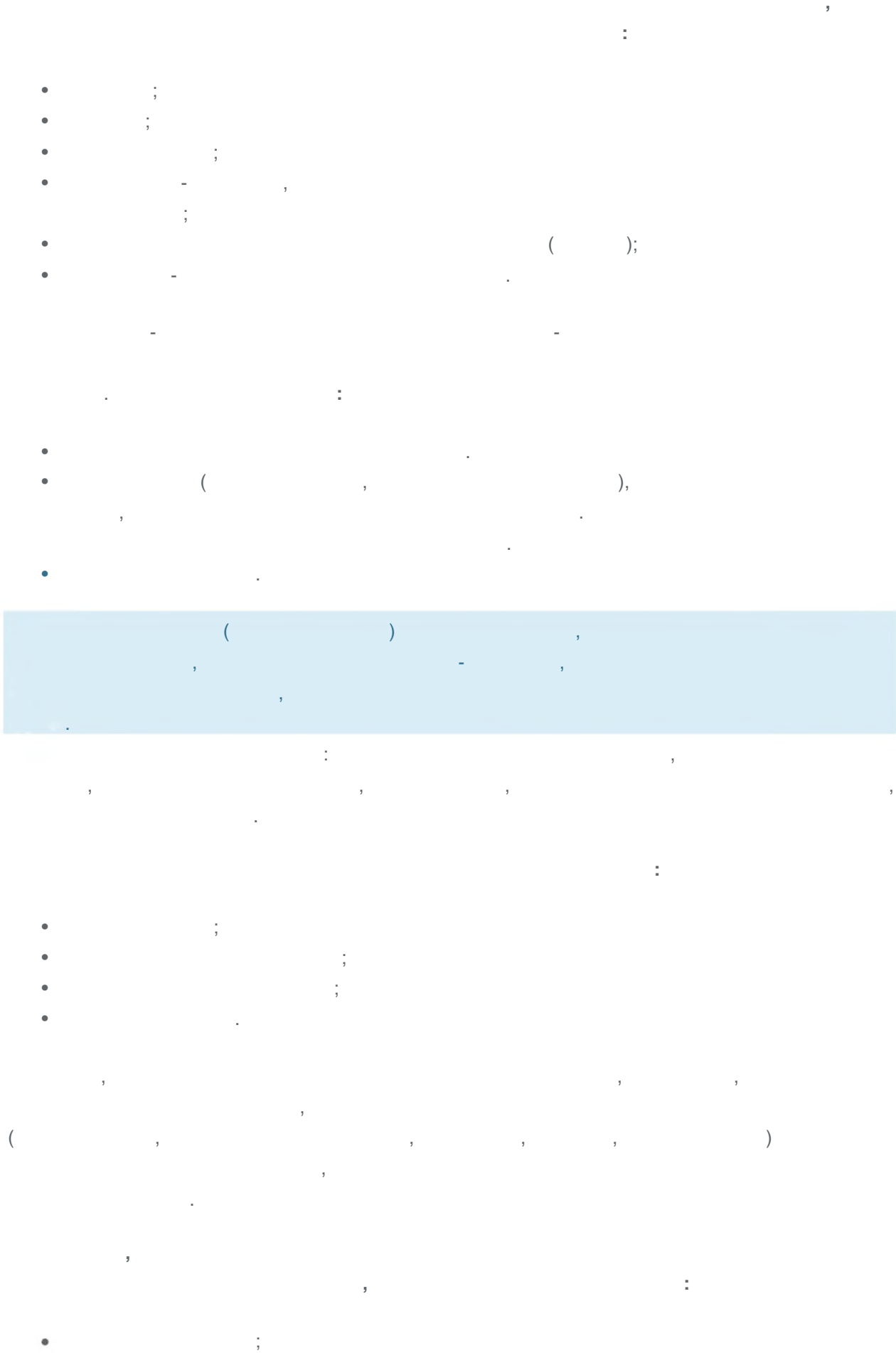
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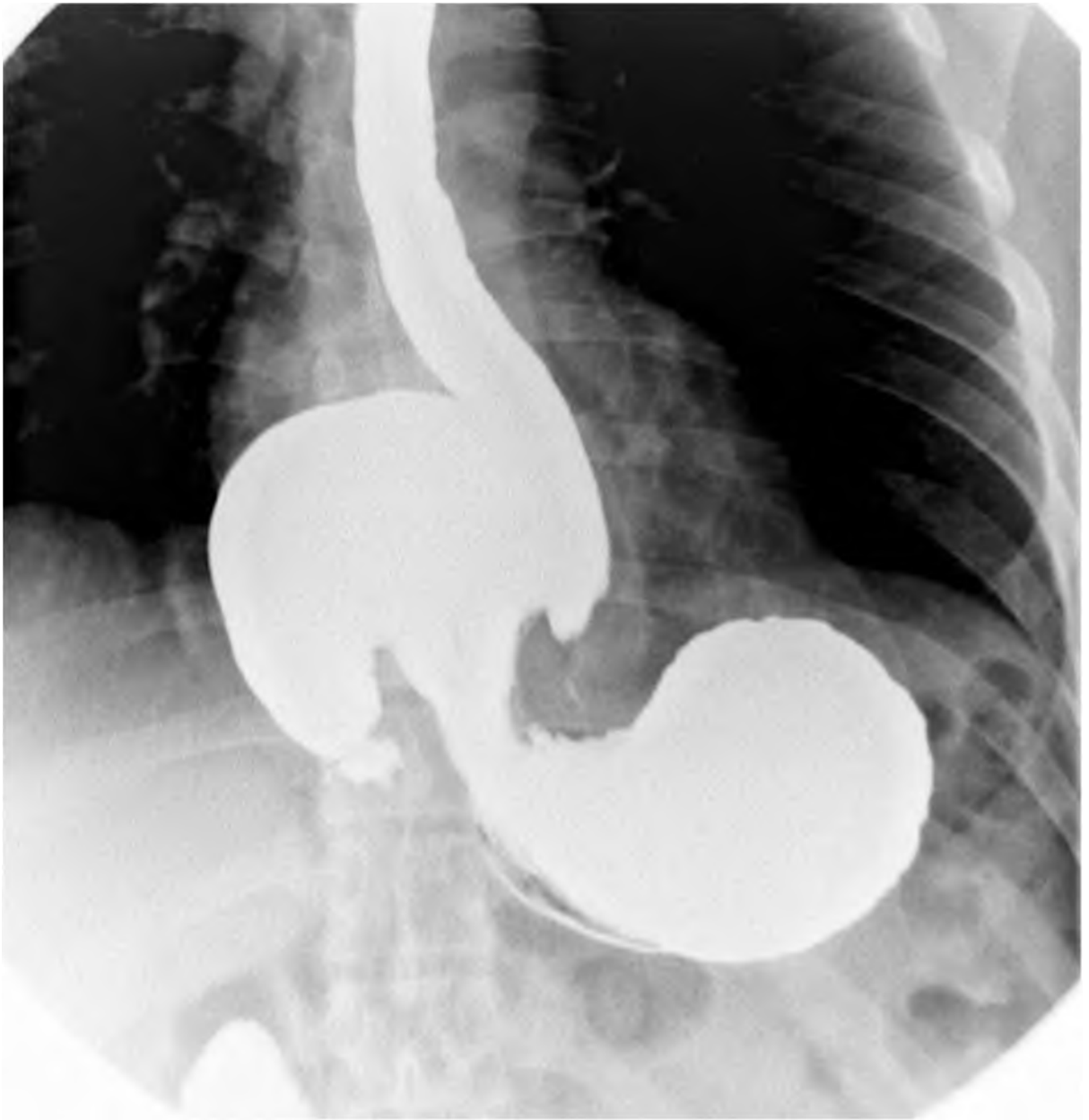
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