

# Lecture 6: Kidney exchange

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# Introduction

As of January, 2016 there are in the US a bit more than 100,000 people waiting for a kidney transplant.

Each year,

- ▶ nearly 4,000 patients become too sick to receive a transplant;
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There are two possibilities to get a kidney:

- ▶ From a deceased donor.

Managed using a waiting list that takes into account:

- ▶ Waiting time
- ▶ State of the patient
- ▶ other factors (e.g., location, availability of the patient, etc).

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- ▶ 11,570 transplants from deceased donors;
- ▶ 5,537 transplants from living donors.

Donations from the deceased are “easy”: once we have a kidney we just have to identify the compatible patient with the highest priority.

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# Kidney compatibility

Two factors determine whether a kidney is compatible for a patient:

- ▶ Tissue type compatibility

Relates to the immunological system (set of markers on cells used to detect what is foreign).

Can be controlled for using immunosuppressants.

- ▶ Blood type compatibility

The blood comes in different types, depending on some proteins we have (or don't have) on our red cells.

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**Cannot** be bypassed.

# Blood types

There are 4 major blood types: A, B, AB and O. They correspond to some proteins ( “markers” ) on our red cells:

- ▶ A type blood → red cells have the marker A
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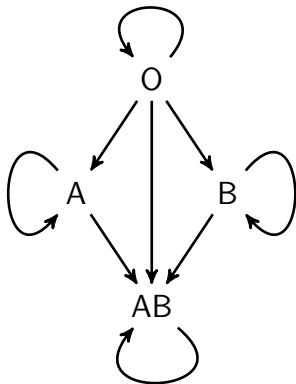
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$X \longrightarrow Y$  means  
type X can give to type Y

- ▶ O can only receive from O.
- ▶ A can receive from O and A.
- ▶ B can receive from O and B.
- ▶ AB can receive from O, A, B, and AB.

# Questions

When a donor's kidney is not compatible with the patient:

- ▶ Can we do something with the kidney?
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# List exchange

A first solution is to implement **list exchanges** (a.k.a. indirect exchanges).

If a the kidney of a patient's donor is not compatible with the patient, then:

- ▶ Treat the kidney as a deceased kidney: give it to the highest priority compatible patient in the waiting list;
- ▶ Give the patient a high priority position on the waiting list.

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# Drawback

List exchanges is harmful for type O patients:

- ▶ Such patients can only receive a type O kidney;
- ▶ Very few type O kidneys will be offered by a living donor:

If the donor in a patient-donor pair is of type O it will usually be possible to give her kidney to the patient **in the pair**. That is, patient-donor pairs with a O donor do not usually show up in kidney exchange programs.



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# Trading kidneys

The basic idea of trading kidneys is very simple.

- ▶ Alice (a patient) and Arthur (her donor), but his kidney is not compatible for her;
- ▶ Bob (a patient) and Barbara (his donor), but her kidney is not compatible for him;
- ▶ However, Barbara kidney's is compatible for Alice, Arthur's kidney is compatible for Bob.



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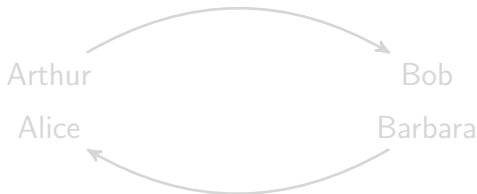
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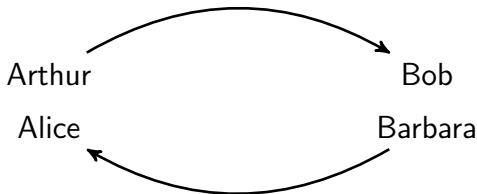
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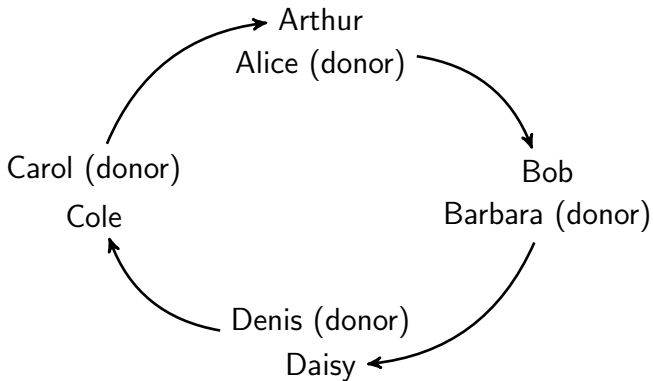
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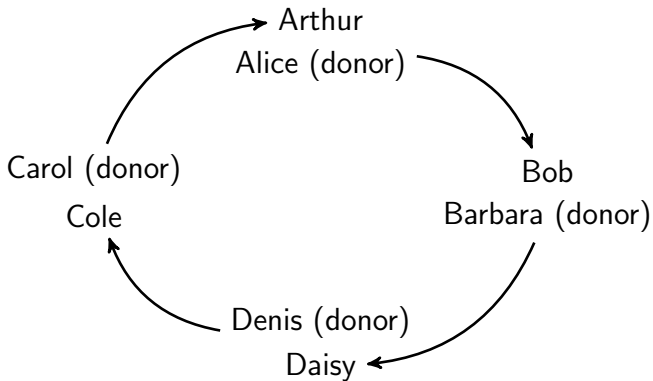


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The difficulty lies in combining in the same mechanism

- ▶ trades;
- ▶ the waiting list.

It looks like a problem of assigning objects (i.e., kidneys) with **mixed endowment** where we would have:

- ▶ **Private endowments**: donors' kidneys are “privately held” by the patients;
- ▶ **Public endowments**: kidneys from deceased donors.

But it is **different** from a (classic) problem with mixed endowment: kidneys from deceased donors cannot be considered as available (but not yet assigned).

→ kidneys from deceased donors are not part of the public endowment.

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# The kidney exchange algorithm

We first need to describe the model:

- ▶ We have a **set of patients**. Some come with a donor, others come alone.
- ▶ There is a **set of kidneys** (proposed by the living donors).
- ▶ Each patient has a (strict) **preference relation** over kidneys and the option of entering the waiting list.

Those preferences are **not about taste**, but rather about the fitness relation between the patient and the kidney.

For a patient, a kidney is **acceptable** if it is compatible for the her. Otherwise the kidney is **unacceptable**.

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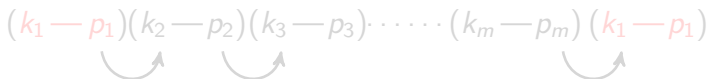
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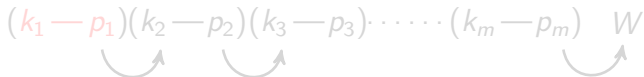
The core idea of the algorithm is like for the **Top Trading Cycle** algorithm: each patient points to the most preferred kidney (or the waiting list if all kidneys are unacceptable).

We can have two types of situations:

- ▶ A **cycle** between donor-patient pairs  $(k_i, p_i)$ ,  $i = 1, \dots, m$ :



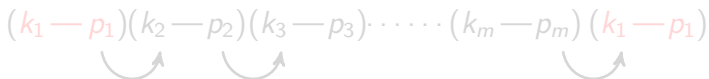
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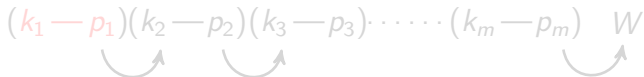
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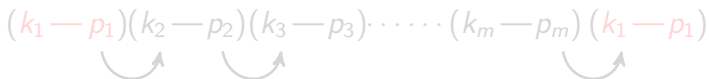
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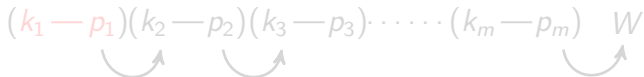
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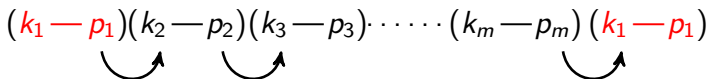
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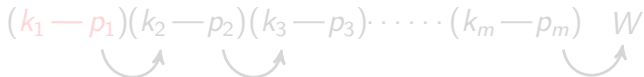
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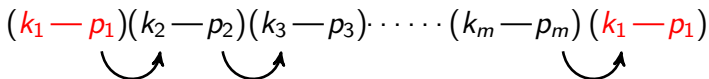
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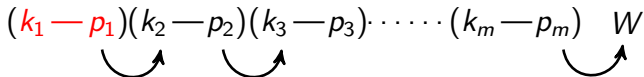
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# Top Trading Cycles and Chains

The algorithm is a multistep procedure where all steps are identical. For each  $h = 1, 2, \dots$ , proceed as follows

- ▶ **Step h.1**

Each patient points to her most preferred acceptable kidney.

If there are no acceptable kidney the patient points to the waiting list.

- ▶ **Step h.2**

If there are one or more cycles, proceed as follows, for each cycle:

- ▶ each patient is assigned the kidney she is pointing to;
- ▶ all patients and all kidneys (once re-assigned) are removed from the problem.

Then to to step **(h+1)**

If there are no cycle, go to step **h.3**



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The algorithm is a multistep procedure where all steps are identical. For each  $h = 1, 2, \dots$ , proceed as follows

- ▶ **Step h.1**

Each patient points to her most preferred acceptable kidney.

If there are no acceptable kidney the patient points to the waiting list.

- ▶ **Step h.2**

If there are one or more cycles, proceed as follows, for each cycle:

- ▶ each patient is assigned the kidney she is pointing to;
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Select **one** chain and allocate kidneys in the following way:

- The last patient in the chain is added to the waiting list;
- The other patients in the chain (if any) are assigned the kidney they are pointing to.

For all patient involved in the selected chain, the assignment is **final**.

A **chain selection rule** determines whether the selected chain is removed from the problem.

Go to step **(h+1)**.

- The algorithm stops when all patients have been either assigned to a kidney or added to the waiting list.

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# Remarks

## Proposition (Roth, Sönmez and Ünver, 2005)

*For finite number of patients and kidneys there must always exist either a cycle or a chain.*

→ At each step (cycle or chain) the number of remaining patients decreases. So the algorithm eventually stops.

The algorithm describes a **family** of algorithms: it depends on the **chain selection** rule we chose to apply.

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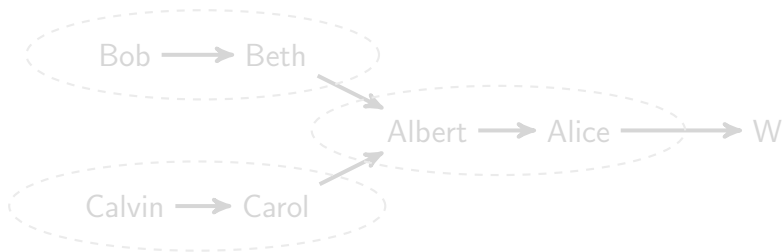
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**First issue:** Each donor-patient pair can be in only **one** cycle. But a pair can be part of several chains.

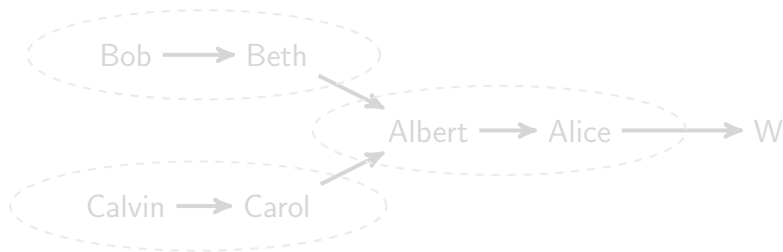


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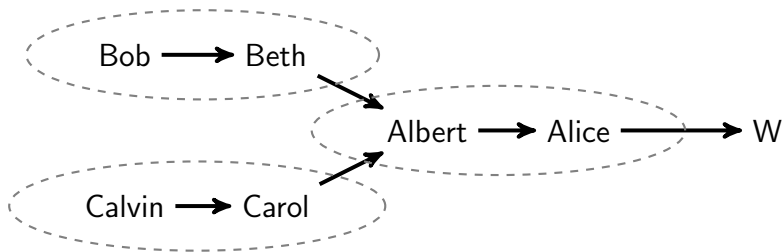
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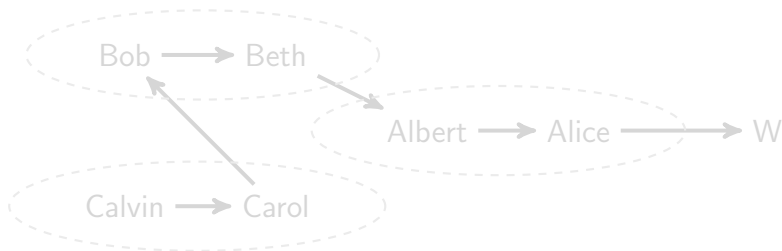


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Should we remove from the problem all the patients and kidneys involved in a chain?

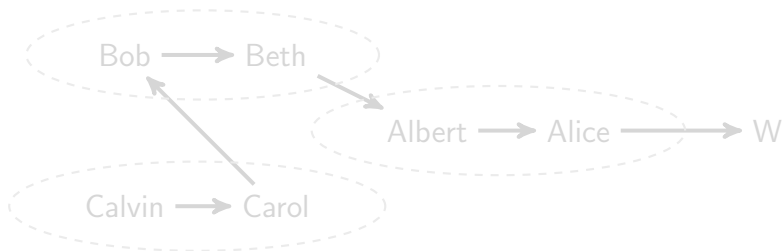
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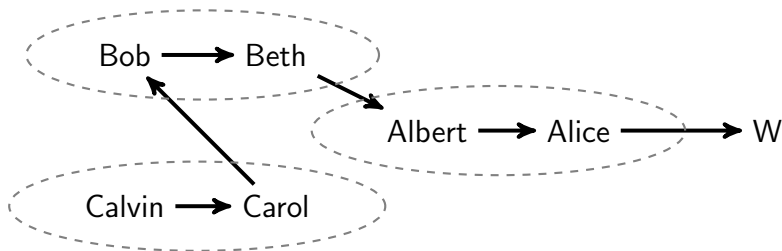
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Roth, Sönmez and Ünver propose and analyze different selection rules:

**Rule a** Choose the smallest chains and remove from the problem the patients and kidneys in those chains once the assignment is determined.

**Rule b** Choose the longest chain and remove remove from the problem the patients and kidneys in that chain (pick one chain at random if it is not unique).

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**Rule f** Prioritize patient-donor pairs so that pairs with a type O donor have a higher priority (than the pairs whose donor is not of type O). Then choose the chain that starts with the highest priority pair.

If the starting pair in the chain has a type O donor then remove from the problem the patients and kidneys in that chain. Otherwise keep in the problem all the patients and donors that are in the chain.

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## Definition

A kidney exchange mechanism is **efficient** if, for any problem (set of patients, donors and their preferences) it always selects an assignment such that:

There does not exist another assignment that is weakly preferred by all patients (and strictly preferred by at least one patient).

## Theorem

*Consider a chain selection rule such that any chain selected at a nonterminal step remains in the procedure (and thus the kidney of the first donor in the chain remains available for the following steps).*

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# Incentives

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# On the number of exchanges

The Top Trading Cycles and Chains algorithm seems to be a good way to increase the number of transplants.

But in real-life settings this algorithm cannot be used as it is: the cycles may involve too large a number of patient-donor pairs.

Exchanges require that surgeries for

- ▶ Extractions of donors' kidneys
- ▶ Transplantations of the kidneys

all occur **at the same time**. Otherwise, a donor may refrain from donating once her patient received a kidney.

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How much do we loose?

In standard assignments problems this question can be difficult (if not impossible to answer).

For kidney exchange, *most* of the preferences is given by blood type: there is a strong structure on the preferences.

Roth, Ünver and Sönmez show that if there is no restriction on the length of cycles then the **maximum length of a cycle** is equal to **number of blood types**.

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The distribution of blood types may also play a role: O–A, O–B or O–AB are more frequent than A–O, B–O or AB–O pairs. (X–Y means patient of type X, donor of type Y).

Simulations suggest that up to 3-way there the gain becomes marginal.

# pairs	2-way	up to 3-way	up to 4-way	unrestricted
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In other words:

- ▶ the logistics of kidney exchange drastically reduces the number of pairs that can be involved in an exchange.
- ▶ The specificities of kidney transplants almost eliminate the need to worry about logistic constraints.

# Take-away

- ▶ Kidneys for transplants can come from deceased donors and living donors.
- ▶ Most living donors show up with a patient (e.g., relative, friend). But often the donor's kidney is not compatible with the patient.
- ▶ In almost all countries it is prohibited to sell or buy a kidney.
- ▶ An assignment mechanism can be used to redistribute kidneys (from living donors) to patients.

We have a **kidney exchange**, no need to put a price on kidneys.

- ▶ The kidney exchange problem differs from the traditional assignment problem with mixed endowments:
  - ▶ patients that have a living donor have a **private endowment** (the kidney).
  - ▶ Kidneys from deceased donors are **not** public endowment: they are not available yet. We replace it with a **waiting list**.
- ▶ The **Top Trading Cycles and Chains** (TTCC) algorithm manages at the same time:
  - ▶ The exchange of kidneys from living donors
  - ▶ The waiting list for kidneys from deceased donors.
- ▶ The TTCC algorithm defines a **family** of algorithms. Variations depend on the **chain selection rule**:
  - ▶ Which chain (leading to the waiting list) is selected;
  - ▶ Whether the chain is removed once selected.

- ▶ With some chain selection rules TTCC is **efficient**. Some chain selection rules also guarantee **strategyproofness**.
- ▶ Simultaneity of the exchange can create hurdles. We need  $2k$  simultaneous surgeries for a  $k$ -way exchange.
- ▶ Blood types are the main parameters deciding kidney compatibility. Statistical analysis show that allowing for 4-way (or more) exchanges does not increase significantly the number of exchanges.